



# MONTHLY EVENTS AND NEWS BULLETIN



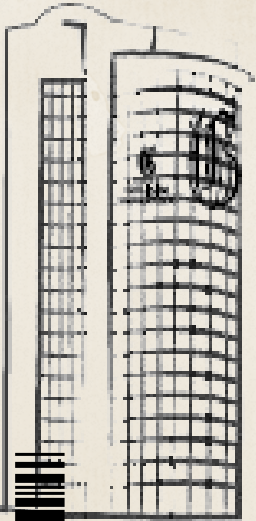
Faculty of  
Health Sciences



# 100

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

**JUNE 2024 | ISSUE 42 | VOLUME 4**



İSTANBUL GELİŞİM ÜNİVERSİTESİ





Faculty of  
Health Sciences

It is necessary to overcome pride in successes and to resist despair in disasters.

Mustafa Kemal ATATÜRK

04-17

WE HAVE NOT  
FORGOTTEN



6 FEBRUARY 2023

# June



Faculty of  
Health Sciences



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20  
24

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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

5 June: World Environment Day



6 June: Dietitian Day



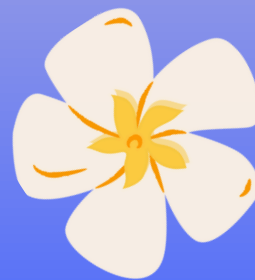
14 June: World Blood Donor Day



16 June: Father's Day



16-19 June: Eid-al-Adha



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## Faculty of Health Sciences



Kurumsal Değişim ve Dönüşüm

Etki Sıralamaları

Sürdürülebilirlik

Dijital Dönüşüm

İç Kalite Güvencesi Mekanizmaları

# LEADERSHIP

Kamuoyunu Bilgilendirme ve Hesap Verebilirlik

# MANAGEMENT

Misyon ve Stratejik Amaçlar

# QUALITY

Performans Yönetimi

Finansal Yönetim

Süreç Yönetimi

Paydaş Yönetimi

Uluslararasılaşma

# RUR 2024 Results Announced:

*IGU has risen 23 places in the  
overall ranking!*



According to the results announced by Round University Ranking (RUR), one of the institutions ranking universities in the world, Istanbul Gelisim University rose 23 places in the world with 1099th. IGU, on the other hand, ranked 48th among universities in Türkiye and 18th among foundation universities.

Continuing to progress with the vision of "World University", Istanbul Gelisim University (IGU) has achieved significant success in the international arena and increased its place in the RUR 2024 World Universities Ranking by 23 steps compared to last year. According to the list published by the RUR Rankings Agency for 15 years, IGU ranked 48th in Türkiye and 18th among foundation universities in Türkiye this year.

Round University Ranking (RUR), one of the prestigious organizations ranking world universities, announced the results of 2024. RUR, which evaluates the leading universities around the world according to a total of 20 indicators under the headings of teaching, research, international diversity and financial sustainability, bases its ranking on certain criteria. When determining the scores of universities, teaching and research dimensions are reflected in the total score as 40 percent, and international diversity and financial sustainability indicators are reflected in the total score as 10 percent.

According to the ranking explained in the indicators of Teaching, Research, International Diversity and Financial Sustainability, IGU ranked 1113th in the world in the 'Teaching' indicator and 15th among foundation universities in Türkiye. While maintaining its place in the 'Research' indicator last year, it ranked 1017th in the world ranking and 16th among foundation universities by increasing its score. IGU, which achieved global success with its internationalization strategies, continued its success in the 'International Diversity' indicator and ranked 730th in the world and 16th among the foundation universities in Türkiye, while it ranked 1106th in the world and 16th in the foundation universities in the 'Financial Sustainability' indicator.



# IGU'S BIG THE SUCCESS: 1ST IN THE 'ACCESSIBLE AND CLEAN ENERGY' CATEGORY!

World universities ranking organization Times Higher Education (THE) Impact Ranking 2024 was announced. Among the 2152 universities in the ranking, Istanbul Gelisim University (IGU) ranked 6th in the "Accessible and Clean Energy" category by increasing its success ranking from 12th last year to 6th this year, while it ranked 1st among the foundation universities in Türkiye.

A total of 2152 universities were evaluated with the addition of 447 universities to the number of applications, which was 1705 last year in the Times Higher Education (THE) ranking, the world's leading higher education rating agency based in the UK. Türkiye ranked 2nd in the Times Higher Education (THE) 2024 ranking, where 92 universities were rated.

Advancing with the vision of World University, IGU ranked 27th in Türkiye and 7th among the foundation universities in the Times Higher Education (THE) Impact Ranking 2024 list, IGU also ranked in the 801-1000 band worldwide.

In the ranking carried out in line with the 17 categories determined by the United Nations within the scope of the Sustainable Development Goals (SDG), Istanbul Gelisim University attracted great attention in 4 different categories with its studies in the field of education, innovative projects and contributions to society. IGU has achieved the following significant achievements:

*6th in Türkiye in SDG-7 Accessible and Clean Energy category, 1st among foundation universities in Türkiye and 101-200th in the world,*

*12th in Türkiye in SDG-17 Partnerships for Purposes category, 5th among foundation universities in Türkiye, 401-600 worldwide,*

*28th in Türkiye in the SDG-3 Health and Quality Life category, 9th among foundation universities in Türkiye, 601-800th worldwide,*

*26th in Türkiye in the SDG-10 Reducing Inequalities category, 9th among foundation universities in Türkiye, 401-600 in the world,*

*In the Impact Ranking, IGU ranked 27th in Türkiye, 7th among the foundation universities in Türkiye, and 801-1000 worldwide.*

*"We are committed to continuing our work on energy efficiency"*



Abdülkadir GAYRETLİ, Chairman of the Board of Trustees of Istanbul Gelisim University, pointed out that IGU ranks 1st among the foundation universities in Türkiye in the 'Accessible and Clean Energy' category. Gayretli continued his words as follows: "While supporting the practices for the effective use of natural resources, we are proceeding with sensitivity on energy and waste management with a universal sense of responsibility. We remain committed to continuing our important work on energy efficiency and climate change."

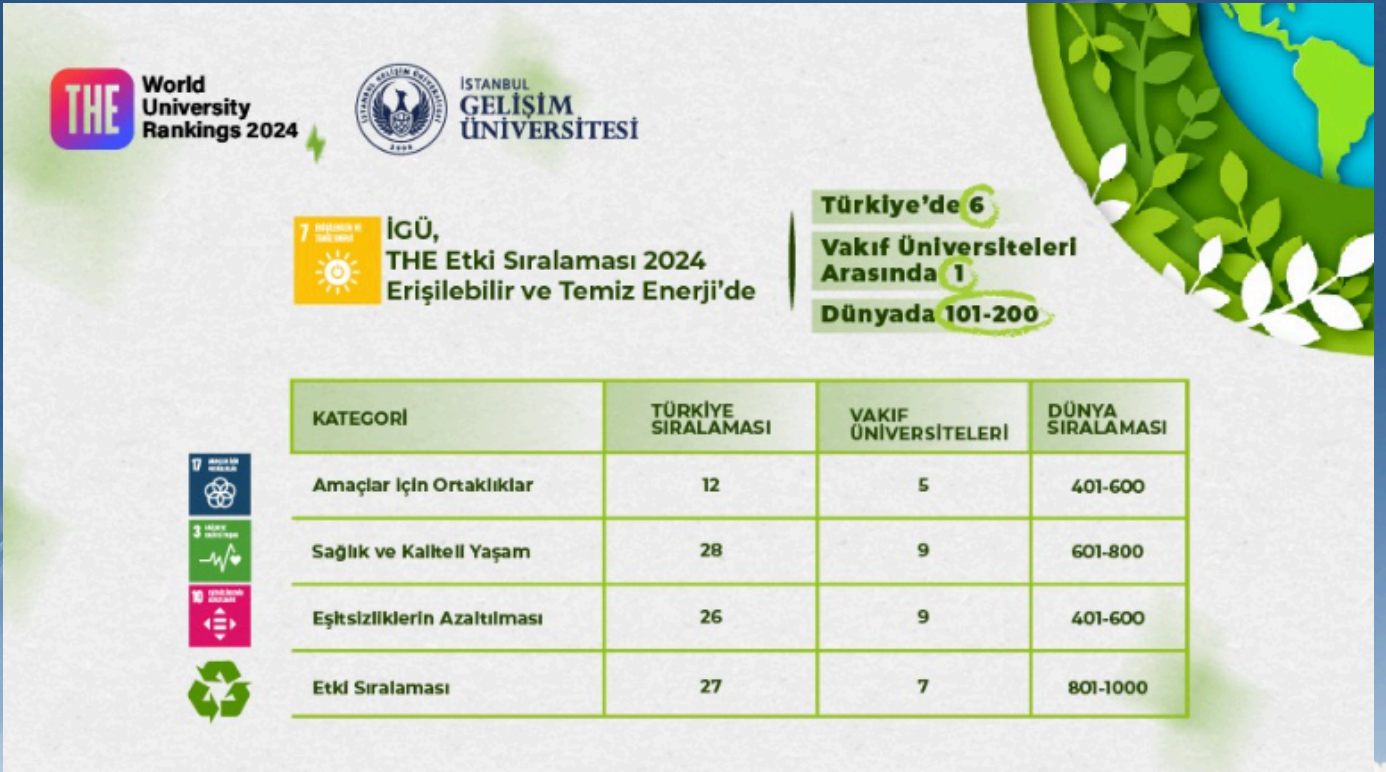
*"We prioritize sustainability studies in all areas"*

According to the United Nations 17 Sustainable Development Goals, Istanbul Gelisim University (IGU) Rector Prof. Dr. Bahri ŞAHİN made statements about the ranking which is aimed to evaluate the effects of ecological, economic and environmental sustainability practices on society. Prof. Dr. Bahri Şahin said, "As Istanbul Gelisim University, we develop projects by focusing on sustainability studies in all areas, especially environmental sustainability, with the aim of leaving a more livable world for future generations and achieving permanent success. We implement projects that provide added value in the field of university-industry cooperation, science, technology and employment in a way that benefits the society by adopting the 'Sustainable Development Goals'. Council of Higher Education (YÖK) Chairman Prof. Dr. Erol ÖZVAR: "I fully believe that we will further increase our achievements in the future by focusing on the internationalization, academic productivity and research quality of our university and proceeding with responsible production and consumption awareness."

*"The steps we have taken together with world-renowned leaders are very valuable for a sustainable future"*



Participating in the 2024 THE Global Sustainable Development Congress held on June 10-13, 2024 at Queen Sirikit National Convention Center in Bangkok, the capital of Thailand, IGU Vice-Rector for Quality, Accreditation and Internationalization Prof. Dr. Arda ÖZTÜRKCAN: "It is the second international the event I attended this year after THE Asian Universities Summit. Our participation in congresses such as Greenmetrics, Zero Waste and THE and our breakthroughs in this field have brought many achievements to our university in the field of sustainability. In line with our goals, the steps we have taken by meeting with world-renowned leaders for a sustainable future by participating in 2024 THE Global Sustainable Development Congress are very significant. Vice President of the Council of Higher Education (YÖK) Prof. Dr. Halim Haldun GÖKTAŞ announced that GSDC 2025 will be carried out in Istanbul. I would like to thank YÖK for this success."



# Happy Dietitian Day on June 6th!



Faculty of  
Health Sciences

Asst. Prof. Merve BAYRAM

Every year on June 6th, we celebrate Dietitian Day to honor the contributions of dietitians in promoting healthy eating and lifestyle habits in the community. We take pride in celebrating this special day to express our gratitude to the dietitians who play a crucial role in building a healthy society.

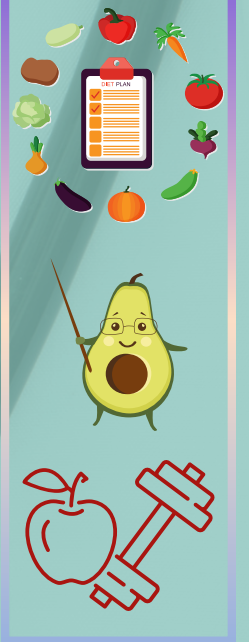


## The Role and Importance of Dietitians

Dietitians use their expertise to improve the eating habits of individuals and communities, protect health, and prevent diseases. They play a critical role in providing nutrition education and counseling, creating disease-specific nutrition plans, and promoting healthy lifestyle habits. Dietitians are key to creating a healthy society. With their support, individuals can adopt healthy eating habits and improve their quality of life.

## Education at Istanbul Gelisim University's Department of Nutrition and Dietetics

At Istanbul Gelisim University, we provide high-quality education in the field of nutrition and dietetics, training the dietitians of the future. Our curriculum is designed in accordance with International Core Education and the accreditation of AHPGS (Accreditation Agency for Study Programs in Health and Social Sciences). This ensures that our students receive education at international standards and are well-prepared for their professional lives. In addition to theoretical courses, we place great importance on practical applications. Our students have the opportunity to apply their theoretical knowledge in practice through various field studies and summer internships. This way, they gain real-world experience and are better prepared for their professional lives after graduation. Furthermore, our expert academic staff provides individual support to students, fostering their professional and personal development.



## Happy Dietitian Day to Our Students and Graduates!

As the Department of Nutrition and Dietetics at the Faculty of Health Sciences, Istanbul Gelisim University, we wholeheartedly celebrate the Dietitian Day of our dietitian candidate students and graduates on June 6th. We are grateful for your contributions to community health and your dedicated work. Your efforts to raise healthy generations are always appreciated.

We wish our dietitian candidate students and graduates a happy Dietitian Day on June 6th and a year filled with health and success!



**Faculty of  
Health Sciences**

## ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSİS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSİS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSİS can sign up for free after graduating. Our graduates can become a member of METSİS free of charge. Our graduates who are members of METSİS can update their personal profiles and follow our job postings.

### What Are the Steps to Join METSİS?

1. Use the web interface at [metsis.gelisim.edu.tr](https://metsis.gelisim.edu.tr) to log in
2. You can follow the postings in the open positions box.
3. To apply for the positions, you can establish an account from the "new candidate" box.
4. You can view job posts after making an account on the top page and apply for positions that interest you.



Instagram -  
[igu\\_mezunlarkoordinatorlugu](https://www.instagram.com/igu_mezunlarkoordinatorlugu)



LinkedIn -  
IGU ALUMNI AND  
MEMBERS COORDINATOR

**MC**

MEZUN CARD

Dear IGU Alumni,  
Alumni who want to benefit from the opportunities of our university and the discount rates we provide from the companies we have contracted with will be sufficient to fill out the form. When your card is ready, you can pick it up from the Alumni and Membership Coordinator's Office on the 3rd floor of Block K.





## Faculty of Health Sciences



Program Tasarımı, Değerlendirmesi ve Güncellenmesi

Programın Ders Dağılım Dengesi

Ders Kazanımlarının Program Çıktılarıyla Uyumu

Öğrenci İş Yüküne Dayalı Ders Tasarımı

Programların İzlenmesi ve Güncellenmesi

# EDUCATION

Eğitim ve Öğretim Süreçlerinin Yönetimi

# INSTRUCTION

Öğrenci Merkezli Öğrenme, Öğretme ve Değerlendirme

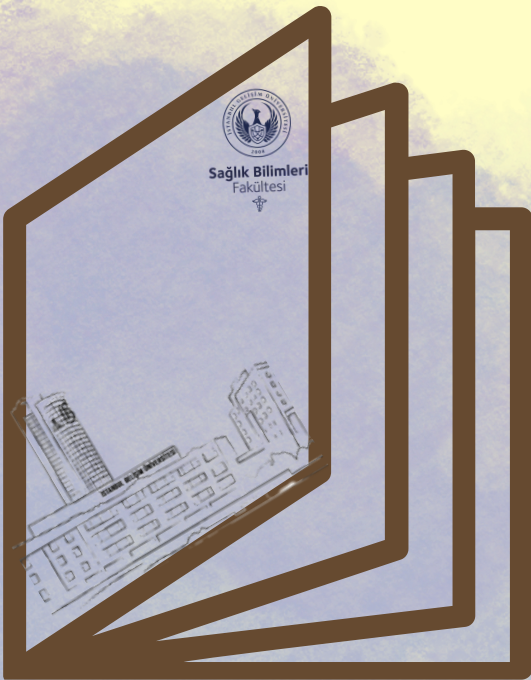
Öğrenme Kaynakları ve Akademik Destek Hizmetleri

Öğretim Kadrosu

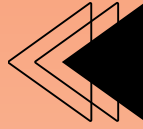
Öğretim Yetkinlikleri ve Gelişimi

Eğitim Faaliyetlerine Yönelik Teşvik ve  
Ödüllendirme

*Promotion Brochures*  
**of Our**  
**Departments**



# Nutrition And Dietetics



**Department of Nutrition and Dietetics**  
**Promotion Brochure**

ISTANBUL GELISIM UNIVERSITY  
EST. 2008

Faculty of Health Sciences

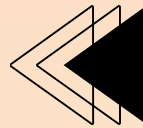
Faculty of Health Sciences  
Department of Nutrition and Dietetics

“The Department of Nutrition and Dietetics aims to bring together passionate young individuals with the science of nutrition, which is the key to a healthy life, and to train pioneering dietitians.”

Asst. Prof. H. Merce BAYRAM  
Head of Department of Nutrition and Dietetics

**Click the link!**

# Child Development



**Department of Child Development**  
**Promotion Brochure**

ISTANBUL GELISIM UNIVERSITY  
EST. 2008

Faculty of Health Sciences

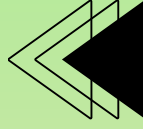
Faculty of Health Sciences  
Child Development Department

Healthy children are the foundation of a healthy society. Let's not forget, that happy children are the result of unconditional love, tolerance, and effort... Every child and family they touch is the fundamental motivation and happiness of healthcare workers.”

Asst. Prof. Nurten ELKIN  
Head of the Child Development Department

**Click the link!**

# Speech And Language Therapy.



**Department of Language and Speech Therapy**  
**Promotion Brochure**

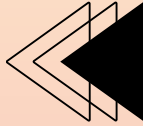
Faculty of Health Sciences  
Department of Speech and Language Therapy

“ The Department of Speech and Language Therapy aims to train qualified therapists for the health sector by providing students with high standards of education, protecting public health, scientifically based solution of speech and language problems, and clinical problem solving skills based on professional ethical values. ”

Asst. Prof. Dr. Deniz Yıldız  
Head of Department of Speech and Language Therapy

**Click the link!**

# Occupational Therapy.



**Department of Occupational Therapy**  
**Promotion Brochure**

Faculty of Health Sciences  
Department of Occupational Therapy

“ The Occupational Therapy Department brings together passionate young people working to make people's everyday lives more independent and fulfilling. This department emphasizes the science and practice of occupational therapy to promote health and well-being. ”

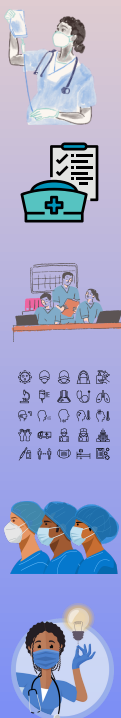
Asst. Prof. Çağrı ERTÜRK  
Head of Occupational Therapy Department

**Click the link!**

# Physiotherapy and Rehabilitation



# Nursing

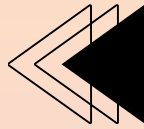




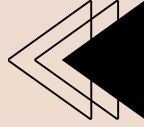
# Audiology



# Perfusion



# Health Management



Department of Health Management  
Promotion Brochure

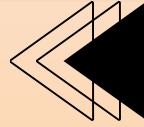
Faculty of Health Sciences  
Department of Healthcare Management

“ The Department of Health Management aims to train health managers who will ensure that health services are carried out in the best possible way with the knowledge, skills, equipment and competencies it provides to students. ”

Dr. Öğr. Üyesi Bumin Çağatay AKSU  
Head of Department of Healthcare Management

Click the link!

# Social Work



Department of Social Work  
Promotion Brochure

Faculty of Health Sciences  
Social Work Department

“ Social work demonstrates the influence of social policies in preventing and addressing social issues, enhancing competencies for social functioning across individuals, families, groups, and societies, and promoting social well-being and quality of life. ”

Prof. Dr. Ismet Galip YOLCUOĞLU  
Head of the Social Work Department

Click the link!

# SCAMPER Brainstorming

An event titled “SCAMPER Brainstorming Workshop” was held as part of the Healthy Development Platform, in collaboration with the Istanbul Gelişim University Department of Child Development and the Office of Student Affairs.

The event, held on May 14, 2024, between 14:00 and 16:00, commenced with a speech by Istanbul Gelişim University's Addiction Prevention Coordinator and Head of the Department of Child Development, Asst. Prof. Nurten ELKİN. Elkin touched upon creativity, creative thinking, and health topics, then handed over the floor to the workshop facilitator, Research Assistant Hatice Zelal BİNGÖL. With the active participation of students, the workshop focused on enhancing creative thinking and problem-solving skills.

The event began with Res. Asst. Hatice Zelal BİNGÖL providing general theoretical information about the SCAMPER technique. After conveying the basic principles of the SCAMPER (Substitute, Combine, Adapt, Modify, Put to another use, Eliminate, and Reverse) creative thinking method to the students, the workshop transitioned to the practical part. Bingöl distributed paper and pens to the students and asked them to draw or write the first thing that came to mind when they heard the word "Child." Then, each student passed their drawing or writing to the person next to them. After everyone shared their thoughts, what was written and drawn on the papers was read aloud, followed by a collective evaluation.

In the next stage, students were divided into groups of 5, and each group was shown a rake object. Within the framework of the SCAMPER technique, groups were tasked with answering various questions and evaluating the rake object from different perspectives. During this process, each group attempted to find creative and innovative answers to the given questions and wrote them down on a paper. After completing their work, one representative was selected from each group to present their findings to the other participants, enabling discussion and evaluation of different groups' approaches and solutions.

The SCAMPER Brainstorming Workshop contributed to students' development of creative thinking skills and provided an interactive learning environment. At the end of the event, Research Assistant Hatice Zelal BİNGÖL thanked all the students for their participation and emphasized the importance of creative thinking.



Istanbul Gelişim Üniversitesi'nde SCAMPER Beyin Fırtınası Atölyesi gerçekleştirildi - Sağlık Bilimleri Fakültesi ...  
Istanbul Gelişim Üniversitesi'nde SCAMPER Beyin Fırtınası Atölyesi Gerçekleşti

# 20 May Child Development Day was Celebrated

**Istanbul Gelişim University, Faculty of Health Sciences, Department of Child Development Turkish-English Section, organized an event titled "Celebrating May 20th Child Development Professionals Day" with the contributions of academic staff and students on May 20th, between 10:00 and 15:00 at the E Block Tusi Conference Hall.**

The event, moderated by Child Development Department Lecturer Buse KERİGAN, commenced with the National Anthem and a moment of silence. The opening speech was delivered by the Head of the Child Development Department, Asst Prof. Nurten ELKİN. ELKİN elaborated on the significance of Child Development Day, discussed the department's areas of work, and its opportunities. Following ELKİN's speech, Asst. Prof. Abdullah Yüksel BARUT from the Faculty of Health Sciences was invited to the stage.



BARUT emphasized the importance of the Child Development Department, which trains Child Development Professionals closely involved in the education and development of children, for the future of our country. After highlighting the significance of the day, BARUT, Professor Dr. William MOSIER, contributed to the day by discussing the working areas of child development professionals. MOSIER also shared his experiences and stressed the importance of specializing through postgraduate education in the field. Following this, Prof. Dr. Makbule Meziyet ARI joined via video conference to discuss the significance of the day and the department's working opportunities.

After Professor Dr. Makbule Meziyet ARI's speech, Lecturer Buse KERİGAN conducted a creative drama workshop. Participants engaged in the "Human Bingo" game to get to know each other and have fun, followed by a quiz competition. Lecturers Bedriye ÇELİK KANCA and Buse KERİGAN provided codes to participants who correctly answered the quiz questions, enabling them to find hidden gifts in the faculty building. After the quiz, Prof. Dr. Nefise Semra ERKAN spoke about the history and importance of the Child Development Department. ERKAN was presented with a plaque by Deputy Dean Dr. Abdullah Yüksel BARUT after her speech.





After Prof. Dr. Semra ERKAN, Lecturer Bedriye ÇELİK KANCA gave a speech titled "Why Should We Read Children's Books?" In her speech, ÇELİK KANCA talked about why she chose to become a child development professional and discussed her career path towards becoming an academician. She also explained the importance of the Child Development Department and the significance of the day to the participants. Following Lecturer Bedriye ÇELİK KANCA, Research Assistant Hatice Zelal BİNGÖL delivered a speech titled "Toys and Children." BİNGÖL discussed what to consider when selecting children's toys, the essential elements of a toy, its contributions to child development, and educational material design. She also shared her experience with the patent process of the toy she designed and highlighted what to consider during this process. After BİNGÖL's speech, Research Assistant Rabia Ceren ATEŞ talked about "Becoming a Child Development Professional in Special Education," sharing the working conditions of child development professionals in special education institutions and their experiences working with children with special needs. Following ATEŞ, Research Assistant Şebnem ÇELİK delivered a speech titled "Effective Communication with Children." ÇELİK discussed the communication methods that experts working with children should know and apply when communicating with children, as well as the factors that hinder communication.



After the speeches by the department's academic staff, plaques were presented to the speakers by the Head of the Department, Assistant Professor Nurten ELKİN, and Professor Dr. Semra ERKAN.



# Child Development Lecturers Attended the DIR Floortime Introductory Training



Faculty of  
Health Sciences

The faculty members of the Child Development Department attended the "Introduction to the DIR Floortime Model" training held at Istanbul Gelisim University E Block Tusi Conference Hall.

The "Introduction to the DIR Floortime Model" training, held at Istanbul Gelisim University E Block Tusi Conference Hall on May 17-18, was attended by faculty members from the Child Development Department. The training, aimed at addressing the emotional and developmental needs of children, was conducted by Audiology and Speech Disorders Specialist Çiğdem ERGÜL.

The training was organized by the IGU Continuing Education Application and Research Center and was attended by faculty members from the Faculty of Health Sciences Child Development Department, including Lecturer Bedriye ÇELİK KANCA, Research Assistant Hatice Zelal BİNGÖL, Research Assistant Rabia Ceren ATEŞ, and Research Assistant Şebnem ÇELİK. The event attracted significant interest from IGU students and faculty members.

The DIR Floortime Model is recognized as a promising approach, especially for children with autism spectrum disorder (ASD) and other developmental challenges. It is considered a valuable tool for professionals working in child development and related fields. Trainings in this model contribute to the growth of healthier and happier children. Through this training, the faculty members and students of the Child Development Department gained important knowledge for their professional development.



Çocuk Gelişimi Öğretim Elemanları DIR Floortime Giriş Eğitimine katıldı - Sağlık Bilimleri Fakültesi - Çocuk...

Çocuk Gelişimi Öğretim Elemanları DIR Floortime Giriş Eğitimine Katıldı

IGU





# Case Analysis Training with Specialist Physiotherapist Melike BEKİ at Istanbul Gelisim University Occupational Therapy Department

On May 23, 2024, the Istanbul Gelisim University Occupational Therapy Department hosted a significant event. The event, titled “Case Analysis II: From Theory to Practice in Occupational Therapy: Ayres Sensory Integration and DIRFloortime” aimed to enhance understanding of the transition from theoretical knowledge to practical application in occupational therapy through case analyses. The special guest was Specialist Physiotherapist Melike BEKİ. Event Topic and Content: Melike BEKİ provided a detailed explanation of the Ayres Sensory Integration Therapy and DIRFloortime approaches, reinforcing the theoretical foundations with examples.

**Event Purpose and Gains:** The event offered occupational therapy students and professionals the opportunity to learn how to translate theoretical knowledge into practical applications. Participants gained in-depth knowledge about these approaches through case analyses and learned how to integrate this information into their professional practices.

At the end of the event, Melike Beki was thanked for her valuable contributions.

[Click for The News.](#)

# VISIT FROM MEDICANA HEALTH GROUP TO FINAL YEAR NURSING STUDENTS



Faculty of  
Health Sciences

Emine Burcu Demiralp, Nursing Services Manager, Hilal Dursun, Human Resources Manager, and Gizem Güngördü, Training Nurse from Medicana Health Group, visited the final year students Department of the Nursing at Istanbul Gelişim University Faculty of Health Sciences.

Medicana Health Group visited the final year students Department of the Nursing at Istanbul Gelişim University Faculty of Health Sciences to provide future healthcare professionals with important information about the profession. This visit was organized to contribute to the professional development of the students and to inform them about current practices in the sector.

During the visit, experienced nurses and managers from Medicana Health Group explained various aspects of the nursing profession to the students. Detailed information was given on topics such as the daily routines of nurses, communication and care processes with patients, emergency management, ethics, and patient rights. Additionally, attention was drawn to the points that students should consider when planning their careers after graduation.

Officials from Medicana Health Group emphasized the importance of the nursing profession in the healthcare sector and conveyed to the students the knowledge and skills required to be a good nurse. They highlighted that the nursing profession is not only based on technical knowledge but also empathy, patience, and communication skills, illustrating the importance of these values in professional life with examples.

The students stated that gaining more information about the profession and meeting experienced professionals in the sector increased their motivation. Medicana Health Group stated that it will continue to organize such events to contribute to the training of qualified nurses in the health field. Emphasizing the importance of supporting future nurses, the group announced that it will continue similar visit programs for students.

At the end of the visit, Medicana Health Group answered the students' questions, supported them in preparing their resumes, and offered job opportunities. This visit was an important step for the professional development of IGU Nursing Department students and facilitated the establishment of a strong bond between Medicana Health Group and the students.







## Faculty of Health Sciences



Araştırma Süreçlerinin Yönetimi

Araştırma Kaynakları

İç ve Dış Kaynaklar

Doktora Programları

Doktora Sonrası İmkanlar

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Değerlendirilmesi

# THE SYMPOSIUM ON SOCIAL SERVICES AND URBAN JUSTICE DISCUSSIONS-I WAS HELD!



The "SYMPOSIUM ON SOCIAL SERVICES AND URBAN JUSTICE DISCUSSIONS I" event, organized by the Social Work Department of the Faculty of Health Sciences at Istanbul Gelisim University, the Social Work Club, and the Social Responsibility Research and Application Center, was held on June 5, 2024, at the Mehmet Akif Conference Hall.

The event commenced with a moment of silence and the National Anthem, followed by opening speeches from the Head of the Social Work Department Prof. Dr. İsmet Galip YOLCUOĞLU; Vice Dean of the Faculty of Health Sciences Asst. Prof. Abdullah Yüksel BARUT; and Rector Prof. Dr. Bahri ŞAHİN.



In the symposium consisting of 10 sessions, speeches were delivered by Prof. Dr. İsmet Galip Yolcuoğlu, Dean of the Faculty of Architecture at Yeditepe University Prof. Dr. Ece Ceylan BABA, Associate Professor in the Department of Public Administration and Political Science at Istanbul University Doç. Dr. Pınar Pelin GİRİTLİOĞLU, Deputy Mayor and Urban Planner of Şişli Hakan KARADEMİR, Head of the Sociology Department at Esenyurt University Dr. Betül TANSEL, Lecturer in the Social Work Department at Esenyurt University Dr. Evren BAYRAMLI, and faculty members from the IGU Social Work Department Asst. Prof. Emrah TÜNCER, Asst. Prof. Derya KAVGAOĞLU, Asst. Prof. Yonca Güneş YÜCEL, Asst. Prof. Fatma Sila AYAN, Lecturer Kerem AYDEMİR, Lecturer Berk Efe ALTINAL, Research Assistant Fatma Türkan ÖZIRMAK, Research Assistant Aslihan Kübra SAKARYA, and Research Assistant Onur Zeki Anılğan.

At the event, after experts in their fields presented current discussions on urban issues and social services, second-year students from the Social Work Department delivered utopia presentations. These presentations, created as part of the "Urbanization, Urban Issues, and Social Work" course, addressed challenges in urban areas and imagined an ideal urban life. A competition was held to select the most appreciated utopia.

Following the presentations of the Balance Utopia, Inca Integrity Utopia, Hatay Tolerance Utopia, and Horanta Land Utopia, the Inca Integrity Utopia, prepared by students Çağla Ilgın, Gazal Umut, Merve Albayrak, Mürvet Ezenci, Sude Bayar, and Vuslat Özgü Toprakçeken, was chosen as the most appreciated utopia. Awards were presented, and the event was concluded.

# URBANIZATION, SOCIAL SERVICES, AND UTOPIAS: A SYMPOSIUM EXPERIENCE

Mürvet EZENCİ

Second-Year Social Work Student



The symposium, "Social Work and Urban Justice Discussions-I," organized by the social work department, was held on Wednesday, June 5, 2024. The primary objective of the symposium was to examine urbanization from the perspective of social work and review urban justice from multidisciplinary viewpoints. Professor Pelin Pınar Giritlioğlu, a member of Istanbul University's Political Science Department, joined us to provide a presentation on the topic of urban justice. She contributed to our understanding of how urban experiences change within the framework of citizen participation and democratic ideals. In the afternoon session, Professor Ece Ceylan Baba, Dean of the Faculty of Architecture at Yeditepe University, gave us a presentation on utopias. This was the second focus point of the symposium because, in the afternoon session, second-grade social work students showcased their utopia projects, with the public voting to select the winner. As a participant and a member of the winning team in the competition, I wanted to share some insights about the symposium and the preparation process for the utopia projects.

Initially, these projects started as an in-class activity for the 'Urbanization, Urban Issues, and Social Work' course taken by second-year social work students. The enthusiasm and dedication shown in these efforts prompted the consideration that the insights of specialists in the fields related to 'Utopias and Urbanization' would be valuable. The utopias competition, originally intended to take place just within the university, expanded into a significant symposium that involved faculty members from various universities and the urban designer Deputy Mayor of Şişli, Mr. Hakan Karademir.

It is worth emphasizing at this point that urban problems do not solely arise from the lack of planning and resources in the city. Problems arise because urbanization is planned independently of the participation of urban residents, i.e., the citizens living in the city. Therefore, the existence of such a symposium was necessary to reflect its internal dynamics. The preparation process for this symposium and competition, which participants from outside the university could attend by invitation and vote, was, however, inadvertently painful and exhausting.

Of course, as social work students, we do not look at the city like technical scientists do. We approach the city not as engineers, architects, or urban planners, but rather as social scientists, citizens, and experts who contemplate and debate the potential for a life that is both accessible and sustainable. With this perspective, our students either idealized an existing city or created a utopia from scratch, adding their unique viewpoints and experiences to the city.



"Utopia" refers to a designed, ideal, and interesting place that does not actually exist. As the definition suggests, our students worked on how to transform a city into their own "ideal city model" without disconnecting from reality, but also without allowing the sharp edges of reality to limit them.

It would unfortunately be inaccurate to say that such group projects are not difficult. You cannot expect a group of people to agree on everything while working on a project, even if they agree on many things. Differences in life experiences, expectations, and their own understanding of an ideal city will inevitably lead to conflicts. The important thing is not to ignore these conflicts and create a safe route, but to dive right into their hearts. This also generates some intriguing ideas. Reflecting on my personal experience, I can likely identify the two most challenging aspects: scheduling time for group work and reaching consensus on projects. While the differences in individual lives make it difficult to work together, the need for plenty of conversation and discussion to agree on projects is a factor that makes it difficult for the team to form a dynamic together from the beginning. However, it's important to remember that if you adopt a specific goal as a principle and strive to achieve it, you can comprehend the need for these discussions and proceed accordingly.



Some people can cope with stress more easily, while for others, stress is unbearable. Therefore, at times, you may find yourself oscillating between saying, "This is just an assignment" and "This could potentially become the principles of an urban plan in the future." While working on this project, we found ourselves saying both things. It wasn't easy; we're talking about a three-month effort. The competition prize wasn't what motivated us; it wasn't the gift card that would allow us to buy a few books, but rather the concept of an ideal city that piqued our curiosity. Throughout the semester, the utopia books we read along with the course material and Kürşat Bumin's book "Demokrasi Arayışında Kent" (City in Search of Democracy) served as our guides at this time. We started by asking ourselves what an ideal city should be like. We started our work by compiling our answers to this question and noting the common ones. The repetition of these points was no coincidence; it was a result of our own urban experiences and observations. In this way, our perspectives on the city actively contributed to the project.



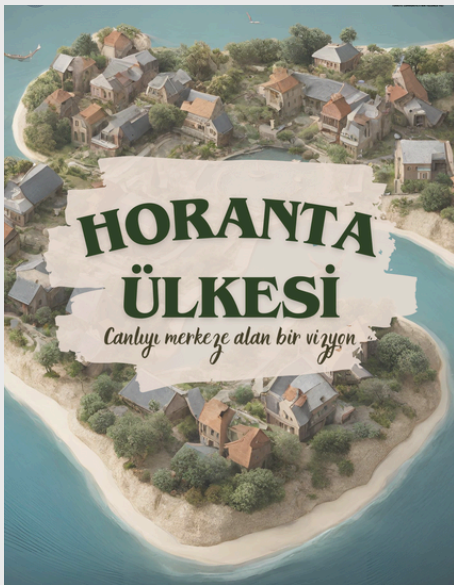
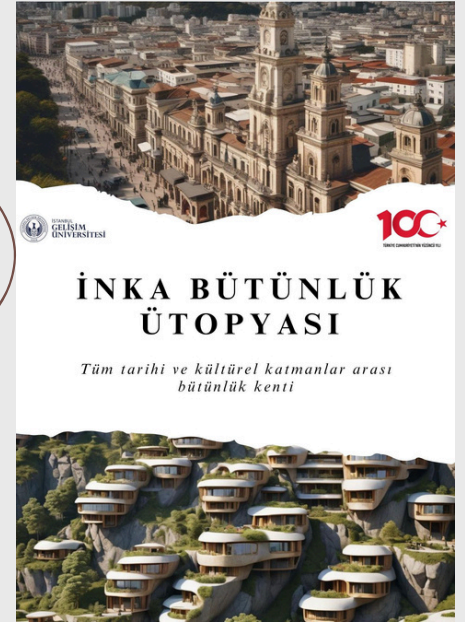
While designing a city, we proceeded with a more humanistic perspective rather than a technical one. The key elements of our design included accessible housing suitable for individuals with different needs in the community, as many accessible public spaces as possible, accessible parks, gardens, cultural buildings, and public service institutions such as hospitals, schools, and municipal buildings accessible from all points. Additionally, a non-complex urban layout and a modern city with clean and renewable energy for a sustainable living standard were prominent features. But was it enough to just draw and write these elements? Unfortunately, the answer is no.

A community living in a city has different needs, especially if it is a cosmopolitan and crowded city. At that point, we realized that it is inevitable to evaluate the city not only on the level of daily living practices but also in terms of legal frameworks and services.

Yes, we are not technical scientists. Although we emphasize organic architecture when describing the city, it is because it appears to be a suitable plan for sustainability. When we look at the city, we focus on the reorganization of societal welfare, the coexistence of individuality without separating from collective consciousness, the accessibility of social services for all segments of society, and ensuring that education, healthcare, and legal services are inclusive and equally accessible to everyone regardless of language, religion, gender, sexual orientation, or financial differences.

Society is not homogeneous but heterogeneous. Social work experts, who work with members of society with various differences and unique needs, must operate without disconnecting from the reality of this heterogeneous structure. This distinct feature of society is what makes it unique. A homogeneous society loses its individual consciousness and moves solely with a collective consciousness and understanding, becoming a lost society. A heterogeneous society, composed of individuals with their own beliefs, culture, and life dynamics, has countless desires and needs. Working out how to idealize a city within a societal understanding can be a real challenge. However, this approach can create an environment where a more peaceful society can be formed, free from discrimination and polarization, where needs are met, and where people can truly come together on common ground.

When we look at the city, we focus on the reorganization of societal welfare, the coexistence of individuality without separating from collective consciousness, the accessibility of social services for all segments of society, and ensuring that education, healthcare, and legal services are inclusive and equally accessible to everyone regardless of language, religion, gender, sexual orientation, or financial differences.



In this context, it is worth recalling Rousseau's words, "Buildings create a city, but it is the citizens who make a society." The citizens live in the city and deserve a system to fully exercise their city rights. City rights can be expressed as the ability of citizens to benefit from the city and to have a say in changes and regulations in a participatory manner. If an individual encounters difficulties even in accessing their city's public spaces, then the engineers and institutions responsible for granting access to these areas have assumed responsibility. However, an ideal city should not be like this.



From this integrative and comprehensive perspective of social work, when we aimed to design a utopia, such a product emerged. One of our mottos here was to create a utopian city that truly everyone would want to live in. And we feel the justified pride of this both from the feedback we have received and from presenting the winning utopia of the competition.

When you look at the final four projects that made it to the competition finals, which were initially evaluated based on classroom presentations, you'll see four very different projects. This alone demonstrates how diverse our views of the city and our urban experiences are. The work environment is heterogeneous, with different interpretations of the same topic. I believe that everyone who worked tirelessly to bring each project together deserves huge applause. All of our student colleagues made very valuable and special contributions. Bringing together the entire semester into a single presentation and summarizing it in just a few minutes was challenging enough. Therefore, I hope that the young minds behind these projects will go on to do very special and valuable work in the future.








I would like to first express my gratitude to Assoc. Prof. Emrah Tüncer, who taught us urbanization throughout the semester and was instrumental in the development of these projects, as well as to all of our department's faculty members. The trees donated to the TEMA Foundation on behalf of the winning team are a wonderful example of the sustainable and genuinely livable city model that we have emphasized from the beginning. We hope that this symposium, held for the first time this year, will continue in the coming years, hosting larger projects and advocating for a groundbreaking understanding of urbanization. Who knows? It may even pave the way for defining principles and methods for creating an ideal city in the future.

ÜTOPYA SUNUM YARIŞMASI BİRİNCİSİ  
5 HAZİRAN DÜNYA ÇEVRE GÜNÜ  
DOLAYISIYLA  
İĞÜ-SBE SOSYAL HİZMET BÖLÜMÜ  
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ADET FİDAN BAĞIŞLAMIŞTIR.

GELECEK KUŞAKLARA DAHA GÜZEL  
BİR ÇEVRE BIRAKMAK ÜZERE YAPILAN  
BU KATKIYA VESİLE OLDUĞUNUZ İÇİN  
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## Faculty of Health Sciences



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Webometrics

University Ranking by Academic Performanc

UI GreenMetric

Olgunluk Düzeyi

# Zero Waste

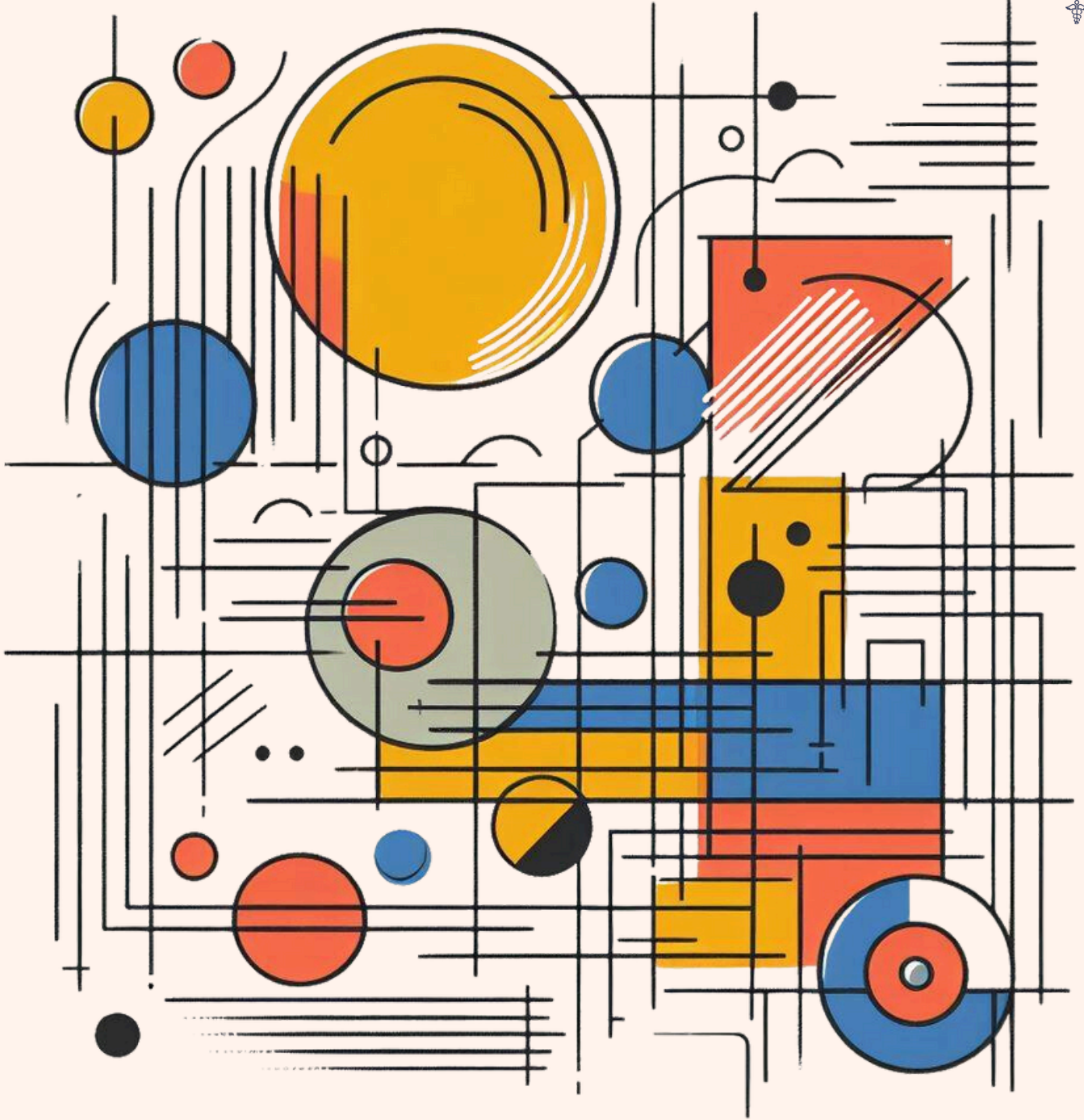
In May-June, Block B, Faculty of Health Sciences was awarded the "Most Successful Campus of the Month" certificate by implementing the "Zero Waste Project" in the most effective and best way.







Faculty of  
Health Sciences



# CULTURE ART LITERATURE

**WHO IS  
WHO?**

Prepared by;  
Res. Asst.  
Semanur OKTAY



Faculty of  
Health Sciences  


# THE INDOMITABLE WARRIOR OF SOCIAL MEDICINE

## *Dr. Erdal Atabek*



**“Do we change life? Does life change us? If we can manage it, we change life. If we cannot manage, life will overwhelm us and drag us along. Perhaps this is the most important thing we need to learn and teach.”**

***Dr. Erdal ATABEK***





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*“How old are you really?*

*If you have read Socrates, you must be 2500 years old.*

*If you know Galilee, you are 800 years old.*

*If you love Beethoven, you are 240 years old.*

*If you understand the industrial age, add 300 years.*

*If you know agricultural culture, add 10 thousand  
years to your age.*

*How old are you actually? "If you look at your birth  
certificate, you will be wrong, it has nothing to do with  
reality."*

**Dr. Erdal Atabek**

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Dr. Erdal Atabek was born in Adapazarı in 1930. Atabek, whose parents were teachers, spent his childhood in the districts of the Marmara region due to his parents' profession. Erdal Atabek was always a successful student. Immediately after graduating from Kabataş High School with first place, he started studying at Istanbul University Faculty of Medicine. Atabek, who will devote his life to the struggle for health rights, started working as an assistant at IU Faculty of Medicine, Institute of Physiology, after graduating from the Faculty of Medicine. Atabek, who later became an Internal Medicine Specialist, served in the Psychosomatic Diseases Specialist field.

Dr. Atabek was one of the leading figures in the struggle for health rights. Throughout his career, he was the President of the Turkish Medical Association (1965), Chairman and Member of the Special Expertise Commission in the Five-Year Development Plans (1972–1978), General Directorate of the Social Insurance Institution (1975), First Undersecretary of the Ministry of Social Security (1976), Founder and Manager of Family Schools. He worked devotedly in such positions as an Instructor (1980).

He was versatile. While performing his duties, he was also closely interested in social problems, took initiative for the country's problems and suggested solutions. He worked as a columnist in newspapers. Many of his articles were appreciated by the society, read and shared. In addition to his column writing, he wrote 24 books, especially in the field of health sociology and addressing social problems! The works in question attracted wide attention and went through multiple editions. Dr. Atabek read and wrote a lot throughout his life. In addition to his work in the national field, he also made a name for himself internationally by giving family, youth and culture conferences in countries such as Germany, Sweden, Denmark and the Netherlands.

In order to get to know Dr. Atabek, an important and outstanding achievement of Turkish medicine, perhaps we should look at his writings, read his writings and think... We should think and criticize... We should think and take action...

***“Market medicine has reduced humans to an object of examination. New medicine that sees people with MRI reports and laboratory results. Health services are managed according to the cost-benefit calculation of privatized medicine. A new world of health where everything is offered to those who have money and nothing is given to those who don't have money. Consumer economy medicine, where protecting health is forgotten and only diseases are taken into consideration. Japanese family physicians receive a monthly allowance from the families they care for. However, this payment is paid as long as all family members are healthy. If even one person in the family gets sick, the money paid to the doctor is stopped, and payment starts again after the patient recovers. Thus, the Japanese doctor would collect the family's allowance for health, not illness. I guess this practice does not exist in today's Japan. Nowadays, diseases are increasing day by day... Medicines whose consumption is increasing day by day... Health-damaging factors that are ignored... The reshaping of medicine in this new world dominated by money... Indeed, this is not MEDICINE. Really, is the problem only in medical science?”***

Dr. Erdal Atabek passed away in May 2024, at the age of 94. He left his mark as a good Atatürkist and health and human rights advocate... He will always be remembered well for his writings, achievements and stance. May you rest in peace...

# OUR GUEST OF THIS MONTH

**Fatma ÇELEBİ (Kat Görevlisi)**

**1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?**

**Justice**

**2-Which of the inventions would you like to be the inventor of?**

**Plane**

**3-If you could witness any event in the past or future, which event would you choose?**

**I would like to witness the events of Hz. Muhammad's time.**

**4-If you were to write a book, what would it be named?**

**Life**

**5-If they made a movie about your life, which actor/actress would you like to play you?**

**Fatma Girik**

**6-What are the 5 words that best describe you?**

**Emotional, Harmonious, Meticulous, Friendly, Calm**

**7-What kind of talent would you like to have?**

**I'd like to be a painter**

**8-Who is your hero?**

**My mum**

**9-Who is your favorite author?**

**Mehmet Akif Ersoy**

**10-What word would be the summary of the years you lived?**

**Emotional**



Note: We designed it like this because she did not want his photo to be placed.

It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to the lecturer or staff for each subject.

Global, globalization, becoming stateless, loss of ideology, homogenization...  
Is that really the case?

Today, one of the complaints of previous generations is the loss of the sense of nationalism. But is this sense of nationalism innate, is the sense of belonging innate? Let's address this question by starting from the earliest humans. Did the advanced creature known as modern humans (which needs to be praised, because simply writing "human" might not inflate one's chest, nor seem intriguing) have these feelings from the very beginning, or were these concepts created by humans in their quest for more land, for more valuable land? If we evaluate it from the perspective of beliefs, it cannot be said that the first humans, Adam and Eve, who were on a world where no other human had set foot before them, were sent to a particular dynasty, country, or federal state. Therefore, how can we clearly explain the point at which these borders became so significant that humans started killing each other for them, and this was considered sacred? How can the dominance of humans over other humans be explained?

Why were sacred books sent only to certain regions? From this perspective, could it be a coincidence that they were sent to places where human feelings were most corrupted, and where the oppression of humans by other humans continues unchanged even today? Is nationalism, despite the sacred books, a concept held by those who try to dominate the world? Is globalization about homogenization, becoming stateless, and the loss of ideology, or is it the result of this ideological loss leading to the notion that the world belongs to all of us? Perhaps the ability of the entire world to find a common voice is an unforeseen outcome of the economic power created by previous generations who filled the definition of globalization. We can see this in the later generations. The formal condemnations by states in the past might not matter to people today. Supporting Palestine to help the people there often involved accepting an imaginary figure who looked like a white European and offering so-called support through symbolic actions presented to the media, rather than providing real, tangible support. Here is a video link that explains what I mean.

<https://youtu.be/zKcGgYnm6Bs?si=3ytLdP6KBVzkzEq7s>

Indeed, weren't the countries that published the Balfour Declaration the same ones that created this contradiction? Today, individual activism movements that once existed in Eurovision and many universities around the world have now become mass movements. Thanks to the development of technology and the freedom to access news instantly from any desired source (with the unpredictable contributions of global powers), the world is no longer about the fragmentation of countries and the takeover by global powers. Instead, it can be seen as countries coming together in one place, in a vast global village where they support each other, with borders dissolving. This might necessitate redefining globalization—who knows.

Here, we should also touch upon "We Brought Death to the World, My Darling" and "Obligation." Different countries, different authors, but the problems are global. This global nature can be seen in the changing definition of life in every aspect. With curiosity about the new definition of globalization, I leave this topic here to be reopened later.

**Nursel Beyaztaş**

Department of Gerontology and Perfusion



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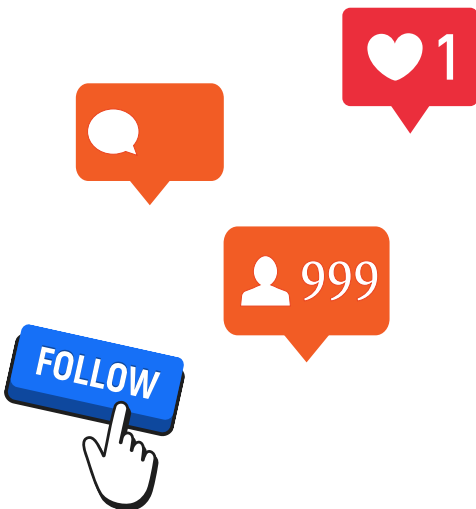
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