



Faculty of Health Sciences



100★

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE



MONTHLY EVENTS AND NEWS BULLETIN

NOVEMBER 2023 | ISSUE 35 | VOLUME 3





Faculty of
Health Sciences

7,7 and 7,6

The epicenter is in the Pazarcık and
Elbistan districts of Kahramanmaraş.

EARTHQUAKE

06.02.2023

#Get well soon
Turkiye

**It is necessary to overcome pride in
successes and to resist despair in disasters.**

Mustafa Kemal ATATÜRK

2023

NOVEMBER

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

1-7 November: Revolution of Turkish Alphabet Week



29 October - 4 November: Red Crescent Week



2-8 November: International Week for Children with Leukemia



3 -9 November: Organ Donation and Transplant Week



10 November: Ataturk Commemoration Day



10 - 16 November: Atatürk Week



20 November: World Children's Day



24 November: Teacher Appreciation Day



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THE TURKISH ALPHABET REVOLUTION



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They asked Confucius, "If you took over the administration of a country, where would you start?" and the famous thinker gave the following answer, which will be one of his important anecdotes; "The first thing I would do would be, of course, to review the language. Because if language is imperfect, words cannot express thought well. Duties and services cannot be performed properly if the thought cannot be expressed well. In places where duty and service cannot be performed properly, customs, rules and culture are broken. If customs, rules and culture are corrupted, justice will go astray. If justice goes astray, the people who are bewildered will not know what to do or where it will lead. That is why nothing is as important as language!.."

When the Republic of Turkey was founded, the written language was still incomprehensible to the people. The Arabic-origin alphabet caused difficulties in reading and writing, and it caused difficulties because it was not suitable for the phonetic structure of Turkish. For this reason, the number of literate people was very low.

Atatürk knew that it would not be enough to save a nation only on the battlefield, that it was very important to save the people from ignorance, that is, to fight against ignorance. It was obvious that the basic condition for fighting ignorance was a new letter system. An easy and simple alphabet was needed for literacy to spread quickly. For this reason, the Alphabet Revolution, which was deemed necessary, aimed to make it possible for a large part of the society to learn to read and write quickly.

With the instruction of Mustafa Kemal Pasha, a commission was established for the preparation of the Turkish Alphabet. After the work of the said commission, Mustafa Kemal made a speech in Sarayburnu on the evening of 8-9 August 1928 and announced to the Turkish people that the new alphabet would be used from now on:

"Friends, our rich harmonious language will show itself with new Turkish letters. ... New Turkish letters should be learned quickly. Teach citizens, women, men, porters, boaters. Know this as patriotic and nationalist duty. While doing this duty, consider that if ten percent of a nation or a society can read and write and eighty percent cannot, then those who are human should be ashamed of it."

After that, a mobilization was started for the dissemination of new Turkish letters. Mustafa Kemal himself went on country tours to teach the new alphabet, and started teaching the new script to the people in the provinces of Tekirdağ, Bursa, Çanakkale, Sinop, Samsun, Amasya and Sivas. The revolution took place in a short period of three months.

It is the ability to read and write that brings the light of enlightenment to every corner of the country and makes revolutions understandable and livable.

This is how progress is made.

Happy 95th anniversary of the alphabet revolution.



Sağlık Bilimleri
Fakültesi

"As the first Englishman to be imprisoned in my own country for advocating women's suffrage, may I express my deepest sympathy on the death of the President of Turkey. What he did for women in his own country will be remembered with eternal gratitude by feminists the world over. Long live the Republic of Turkey based on the ideals of Kemal Atatürk! "

Letter written by women's rights activist Bayard
Simmons on the death of Atatürk, 11.11.1938



1881-1938∞
WITH RESPECT

IGU RECTOR PROF. DR. BAHRI SAHIN MET WITH PALESTINIAN STUDENTS



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“There is a glorious resistance in Palestine”

Istanbul Gelisim University Rector Prof. Dr. Bahri Sahin met with Palestinian students with the "Independent Palestine" event. Stating that there are 208 Palestinian students studying at IGU, Sahin said, "We are with you financially and morally with all our means."

Revealing Israel's response to its occupation of the Palestinian people and its unprecedented policy of persecution, Istanbul Gelisim University (IGU) organized an "Independent Palestine" event to support Palestinian students. Stating that history will not forget those who remained silent about this massacre, IGU Rector Prof. Dr. Bahri Sahin said, "As both our university and Turkey, we condemn the massacre and genocide committed by the Israeli state and we do not remain silent. We have 208 Palestinian students studying at our university. Your pain is our pain. We gathered to hear requests and concerns. We are with you financially and morally with all our means."

"Being in unity and solidarity shows that it is time to join hands"

Listening to the feelings and thoughts of Palestinian students, Rector Prof. Dr. Bahri Sahin stated that the demands of the students will be resolved as soon as possible, "Palestine is not only the problem of our brothers in Palestine, Palestine is the problem of all humanity. We do not find it surprising that the opponents of Islam do not speak out about the slaughter of Israel, but we find it incomprehensible that the Islamic community would do the same. Our Palestinian brothers are resisting, young and old, with their baby swaddled in their arms. This incident shows that the time has come for the Islamic world to be in unity and solidarity and to join hands."

Stating that the Palestinian people have shown successful resistance despite all the absences and impossibilities, Prof. Dr. Senol Durgun, Head of the Department of Political Science and Public Administration of IGU Faculty of Economics, Administrative and Social Sciences, said, "Palestine is under intense bombardment. We are in an unimaginable predicament. The Middle East's topography is clearly marked by ongoing persecution and suffering, but in my opinion, the place closest to the light is also the one facing the worst darkness. The situation shows this. There is a glorious resistance in Palestine today."

BLOOD DONATION FROM OUR UNIVERSITY TO THE TURKISH RED CRESCENT

Turkish Red Crescent, or officially known as the Turkish Red Crescent Society, founded on June 1, 1868, is one of the distinguished institutions that has been in existence for years with the aim of assisting humanitarian aid and promoting social solidarity. It is the largest humanitarian aid organization in Turkey.

Together with the Red Crescent, a blood donation event was organized at our faculty between 13.11.2023 and 17.11.2023 in order to meet the need for blood and to raise social awareness by developing people's awareness of responsibility about blood donation.

Our academic and administrative staff showed great interest in all week donation event.

We congratulate all our students, administrative and academic staff, who are socially responsible and aware of helping people in need, for their sensitivity.





"SCABIES AFFECTS HUNDREDS OF MILLIONS OF PEOPLE EVERY YEAR"



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Making statements about "Scabies Disease", which spreads rapidly and reduces the quality of life of people, Public Health Specialist Asst. Prof. Nurten ELKİN also added: "Scabies is an important public health problem that affects hundreds of millions of individuals in the world every year. Hygiene should be taken into consideration especially in public transportation and crowded environments. Personal items such as towels, linens, underwear should never be shared."

Scabies, an infectious disease caused by *Sarcoptes scabiei*, with itching on the skin, can be seen in all age groups. Stating that scabies is a significant public health problem, Istanbul Gelisim University (IGU) Faculty of Health Sciences, Public Health Specialist Asst. Prof. Nurten Elkin: "It is more common especially in places such as schools, dormitories and nursing homes. Just as the disease is transmitted by close contact from person to person for 15-20 minutes, the use of the same pillows, quilts, sheets and common clothes is a major risk factor. "

"Personal belongings should never be shared"

The diagnosis of scabies can often be delayed because it can be confused with many skin diseases such as fungal infections, insect bites and hair follicle inflammations, especially eczema. It is especially important to identify itching at night and increasing with heat in order to distinguish scabies. Public Health Specialist Asst. Prof. Nurten Elkin, "Itching is mostly seen in skin folds such as between the fingers and toes, wrists, armpits, belly button circumference, waist, nipple and groin area. Contamination occurs through close contact. Particular attention should be paid to hygiene in crowded environments, especially in public transportation. Personal items such as towels, linens, underwear should never be shared."

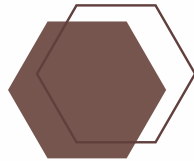
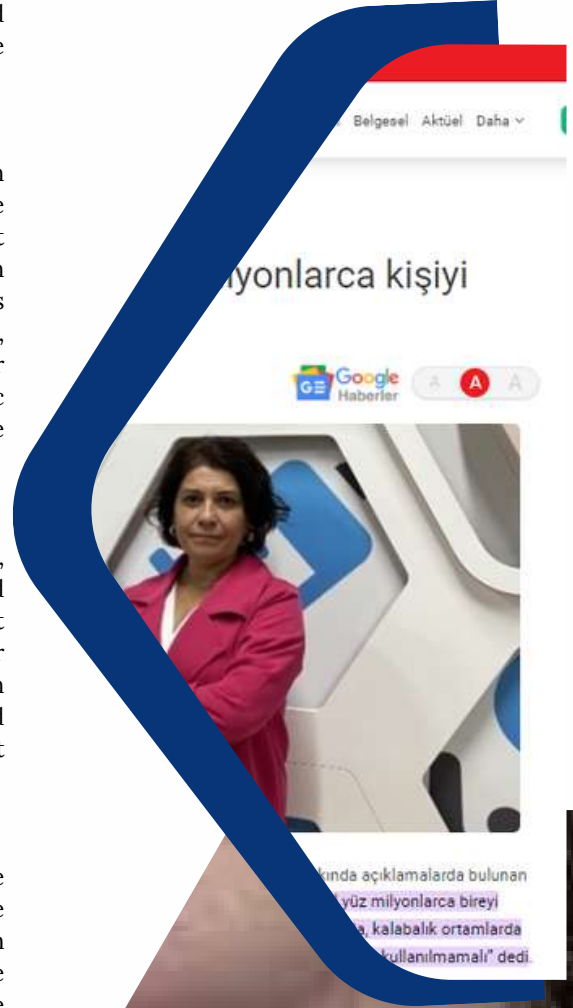
"Drug treatment and hygiene measures should be taken"

Stating that scabies definitely requires medical treatment, Asst. Prof. Elkin said, "Scabies is not a disease that heals or passes on its own. Drug treatment and hygiene measures should be taken. In cases where hygiene measures are not taken, treatment may be insufficient and the disease picture may recur. After starting the drug treatment, everything that comes into contact with the skin, such as clothes, pillow-quilt covers, shoes, etc. worn in the last 3 days should be placed in a plastic bag for 3 days, closed and kept airless or washed at a temperature of at least 60 degrees."

Practices that are not based on scientific evidence must be avoided!

Stating that any application should be avoided without the approval of the physician in the treatment, Asst. Prof. Nurten Elkin: "The application of some mixtures such as bleach, carbonate, vinegar and ash, which are not based on scientific evidence, will not be effective in treatment, as well as may cause the development of some allergic or eczematous lesions, and in the meantime, the contagiousness of the disease will continue. Treatment for scabies usually relieves symptoms within a few days and improves the condition, but itching and irritation on the skin can sometimes last longer. In cases where scabies is not treated, the infection may progress and symptoms may worsen. It can also be transmitted from infected people to others, so treatment is of the utmost importance."

[Click for news.](#)





Faculty of
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100

**NEWS FROM THE
FACULTY OF HEALTH
SCIENCES**



A DELEGATION FROM INDONESIA AT FHS

Dr. Erna Garnia from Sekolah Tinggi Analis Bakti Asih- (STABA), an institute for the development of analytical science in West Java, Indonesia, focusing on medical laboratory technology, and her accompanying delegation visited Istanbul Gelisim University Faculty of Health Sciences Dean's Office with the aim of increasing cooperation through institutional capacity building and exchange of experiences. The aim of this meeting was to explore potential areas of cooperation, exchange ideas and create a roadmap for a successful partnership. In line with this purpose, during the meeting with our Dean Prof. Dr. Rifat MUTUŞ, ideas were exchanged on what can be done between the two institutions and it was stated that the necessary work will be initiated to sign a protocol between the two institutions.



PROCEEDINGS



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Erzurum Technical University, Faculty of Health Sciences, organized the second 'II. International Congress on Health Sciences and Multidisciplinary Approaches' on November 24-25, 2023. Asst. Prof. Mehmet KARTAL participated in the congress with an oral presentation titled 'The Importance of Radiological Anatomy in Veterinary Medical Education.



BOOK CHAPTER

Asst. Prof. Mehmet KARTAL from the Department of Physiotherapy and Rehabilitation at our faculty has published a section titled 'Claustrum' in the book 'International Academic Studies and Theoretical Knowledge in the Field of Health Sciences-II,' for which he has overseen the publication of IKSAD Publications.



The book titled 'Is Labyrinth Artificial Intelligence a Solution or a Deadlock,' which includes a section written by Research Assistant Ebru DURUSOY, has been published.

Book Study



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Discovering Architectural Heritage in the Centennial Year of the Republic: Architect Mualla Eyübođlu

As the centennial year of the Republic of Turkey draws to a close, a research project rediscovering the legacy of one of Turkey's first female architects, Mualla Eyübođlu, has been published by the Istanbul Research Institute under the title "Building and Repairing: Architect-Restorer Mualla Eyübođlu (1919-2009)". Edited by Asst. Prof. Yonca Güneş YÜCEL, a faculty member in the Department of Social Work, the work illuminates the rich professional life of the pioneering female architect from the 1940s to the 1980s.

2023

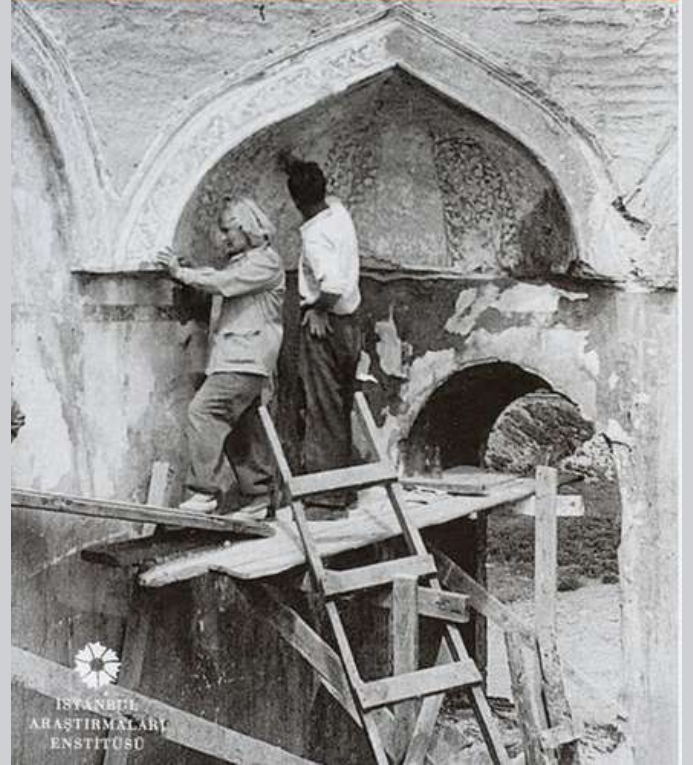
Authors Işıl Çokuğraş and C. İrem Gençer, both architect-academics, compile autobiographical notes, letters, family photographs, professional notebooks, drawings, and photographs of buildings from Eyübođlu's personal archive. The book provides a detailed examination of Eyübođlu's contributions to significant projects of the Republic, such as the Village Institutes, and her role in the restoration of historic buildings in Istanbul. Coinciding with the centennial of the Republic and referencing November 25th as a significant date in the history of women's struggles, the work sheds light on the architectural and restoration philosophy of the era while helping us understand Eyübođlu's professional approach, her impactful works, and her legacy.



Kurmak ve Onarmak

Mimar-Restoratör Mualla Eyübođlu (1919-2009)

Işıl Çokuğraş, C. İrem Gençer



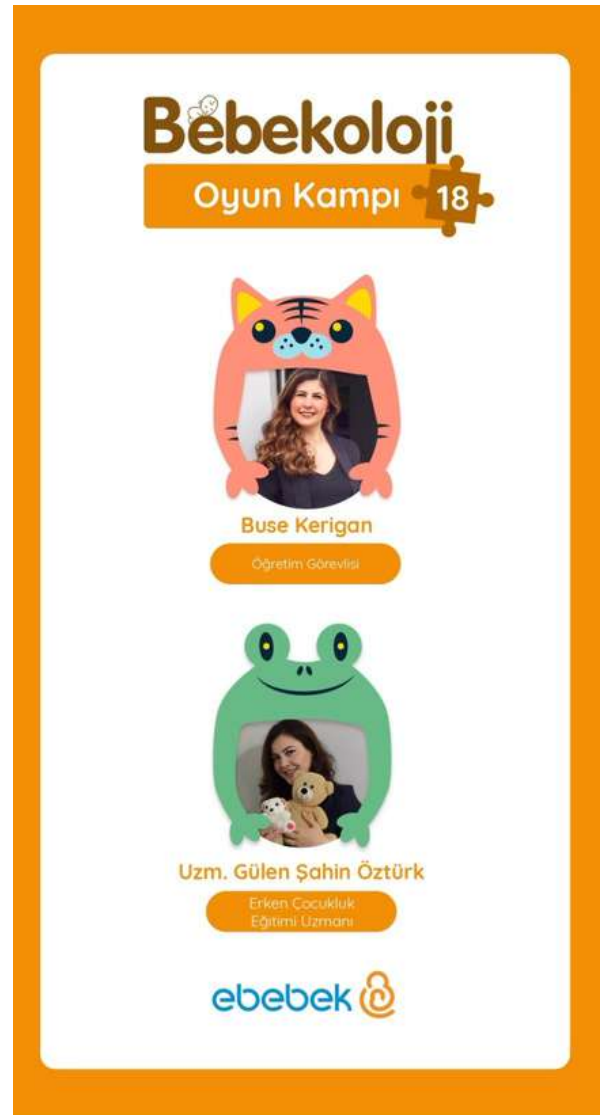
AN ONLINE SEMINAR ON “CHOOSING BOOKS FOR BABIES” TOOK PLACE AT THE 18TH BABYOLOGY PLAY CAMP IN COLLABORATION WITH E-BEBEK.

Lecturer Buse KERİGAN, one of the lecturers of Istanbul Gelişim University, Faculty of Health Sciences, Department of Child Development, shared information about the subject of “Choosing Books for Babies” at the 18th Babyology Play Camp with E-bebek on Tuesday, October 24, 2023.

The event, held on an online platform, provided an opportunity for parents and students to come together, offering information about book selection during the babyhood period. The presentation emphasized the cognitive, emotional, social, and language development of children through reading, and provided recommendations to parents on instilling the habit of reading in children. Kerigan, highlighting that parents play the most significant role in cultivating a habit of reading in children, discussed various activity types that can be prepared for children in a home environment.

Examples of books that can be read according to age groups were provided within the presentation. After discussing different types of books, information was given about another book reading technique, "Interactive Book Reading." Towards the end of the presentation, details were provided on how to read a book using interactive techniques, emphasizing points to consider during reading. An example book reading process was demonstrated.

Following the presentation, questions from parents were answered, and a sample book list that could serve as an example was shared.





Asst. Prof. Nurten ELKİN



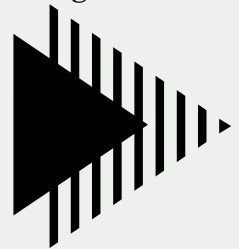
“Healthy Life and Addictions” event was held

An event titled 'Healthy Living and Addictions,' coordinated by the Istanbul Gelişim University Addiction Prevention Coordination and Student Dean's Office in collaboration, was conducted with Coordinator Asst Prof. Nurten ELKİN serving as the trainer.

The event took place on the 17th floor of the Gelişim Tower Student Center, with the participation of students from the Faculty of Engineering and Architecture.

Asst. Prof. Nurten ELKİN in her speech, defined a healthy lifestyle, highlighted the behaviors associated with a healthy lifestyle, and discussed what should be considered to develop these behaviors. She emphasized the concept of addiction, various types of addiction, and preventive measures against addiction. Additionally, she addressed students' questions during the event.

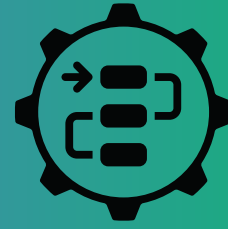
14:00 - 15:00 / 2 NOVEMBER 2023



Psychological Resilience and Addiction



Faculty of
Health Sciences



HEALTHY DEVELOPMENT

Psychological Resilience and Addiction

Thursday
November 16, 2023
14:00 - 15:00

Gelisim Tower
Student Center - 17th Floor

TRAINER
Asst. Prof. Nurten ELKIN
Asst. Prof. Hasan KUTUK



The event titled 'Psychological Resilience and Addictions,' organized in collaboration with Istanbul Gelişim University's Addiction Prevention Coordination and Student Dean's Office, presented Coordinator Asst. Prof. Nurten ELKİN and Asst. Prof. Hasan KÜTÜK as instructors.

The event took place on the 17th floor of Gelişim Tower Student Center on November 16, 2023, at 2:00 pm. Students from the Faculty of Health Sciences, Child Development Department participated in the event. Asst. Prof. Nurten ELKİN, in her speech, emphasized the importance of protective factors for addictions, with a particular focus on the concept of Psychological Resilience.

She then handed over the floor to Asst. Prof. Hasan Kütük.

Asst. Prof. Hasan KÜTÜK explained the concept of Psychological Resilience, ways to enhance psychological resilience, and its importance with examples during his speech. Subsequently, he answered students' questions related to the topic.



Faculty of
Health Sciences



İSTANBUL
GELİŞİM
ÜNİVERSİTESİ

Seminer

ERGOTERAPİDE TEORİKTE KLİNİÇE VAKA ANALİZİ 1

17 Kasım, 2023
Cuma

14.30

B blok 206



KATILIMCI
İrem Ceyhan

gelisim.edu.tr @gelisimedu @igugelisim



İGÜ

SES

Sağlık Bilimleri
Fakültesi

Sağlık Bilimleri
Fakültesi



OCCUPATIONAL THERAPY CASE ANALYSIS

On November 7th, a seminar took place with a guest Occupational Therapist Irem CEYHAN, engaging with students from the Occupational Therapy Department.

On November 17, 2023, occupational therapy students received great interest in the seminar where guest speaker Occupational Therapist Irem CEYHAN explained case studies in the field of hand rehabilitation.

Clinical case analyzes are of great importance in occupational therapy education. Occupational Therapist Irem Ceyhan was hosted to improve the cynical skills of occupational therapy students who have the opportunity to work in different fields after graduation.



Occupational Therapy Beyond Borders



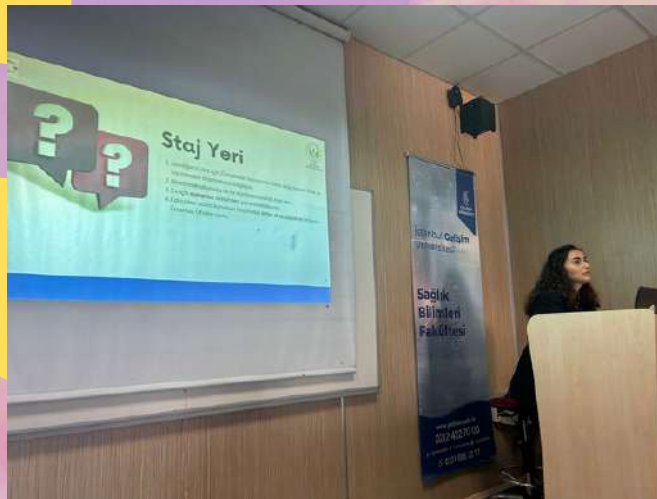
Faculty of
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On Thursday, November 16, Res. Asst. Hulya YAMAN from the Occupational Therapy Department conducted a seminar titled 'Becoming an Trainee Occupational Therapist Abroad.'

During the seminar, IGU Occupational Therapy students were provided with insights on seeking internship opportunities abroad, the application and acceptance process, visa procedures, work life, grant allowances, and concluded with a Q&A session.

Research Assistant Hulya YAMAN shared her own experiences and journey abroad, guiding occupational therapy students in the process.



Congress Participation

Lecturers and students of the department participated in the International V. Child Development Congress on 15-17 November 2023.

Istanbul Gelisim University Faculty of Health Sciences, Department of Child Development faculty members and students participated in the V. International Child Development Congress held by Hacettepe University on 15-17 November 2023. Prof. Dr. N. Semra Erkan, Prof. Dr. M. Meziyet Arı, Prof. Dr. William Mosier, Buse Kerigan, Bedriye Çelik Kanca, Kevser Tuğba Çınar Karasu, Kübra Aldırmaz and Hatice Zelal Bingöl participated.



The congress was attended by the faculty members of the department;

- Prof. Dr. William Mosier “Posttraumatic Stress Disorder (PTSD) in Children: The Significance of Adverse Childhood Experiences (ACEs)”
- Prof. Dr. M. Meziyet Arı and Şeyda Akkuş Şengür “Investigation of the Differentiation between Parent-Child Relationship and Social Problem Solving Skills of 48-72 Month-old Children”
- Prof. Dr. M. Meziyet Arı and Vesile Nazlı Topçak “Investigation of Child Raising Attitudes of Mothers with and without Child Development Education”
- Lec. Buse Kerigan and Res. Asst. Hatice Zelal Bingöl “The Effect of Parents Level of Commitment to Nature on Children Biophilia Level”
- Lec. Bedriye Çelik Kanca, Res. Asst. Kevser Tuğba Çınar Karasu, Koçer Karasu and Prof. Dr. M. Meziyet Arı “Investigation of the Effect of Parents; Attitudes and Mindfulness Levels on Self-Compassion Levels of 9-12 Year Old Children “
- Res. Asst. Kübra Aldırmaz and Asst. Prof. Didem Elitez “The Relationship of Parental Attitudes Perceived by Adolescents with Gender Roles and Violence”

participated in the congress with papers titled.



With the aim of celebrating the 100th anniversary of our Republic under the theme "Children in Every Aspect," the International 5th Child Development Congress was organized in collaboration with researchers, public institutions, and representatives from the private sector working with children, families, and communities from Turkey and abroad. The congress, held at Hacettepe University from November 15 to 17, 2023, provided a platform for sharing valuable studies that prioritize the high benefit of children and families through collaboration.



CONGRESS PARTICIPATION

In recognition of the significance and importance of the year 2023, the Department of Health Management at Istanbul Sabahattin Zaim University hosted the inaugural '1st National Health Management Student Congress' in Istanbul on November 17-18, 2023. The congress, organized for the first time and collaboratively hosted by several universities, centered around the theme "What Awaits Health Management Students in the 100th Anniversary of our Republic? Being a Health Manager in the Digital Age."

Our university's Faculty of Health Sciences, Department of Health Management Asst. Prof. Aslı KAYA represented our university at the congress as the session chair and with the students of the Department of Health Management.



Academic Studies

At the 7th International Economics and Finance Conference held by IGU on October 5-6, 2023, Asst. Prof. Aslı KAYA, a faculty member, presented an oral paper titled 'A Rising Value: What Health Tourism Brings to the Economy.' The presentation focused on the economic and non-economic gains of health tourism.

At the 7th International EMI Entrepreneurship & Social Sciences Congress held in Tashkent, Uzbekistan, on November 7-10, 2023, Asst. Prof. Aslı KAYA, from our faculty presented an oral paper titled 'Examining Theses Related to Health and Manager Words with Bibliometric Analysis.'

At the International Symposium on Current Approaches in High-Risk Infants held on November 25-26, 2023, our faculty member, Research Assistant Hulya YAMAN, presented a poster titled 'The Impact of Reflex Integration on Cognitive and Motor Skill Development in High-Risk Infants.'

Between November 6-8, 2023, at the 8th National Rheumatologic Rehabilitation Congress held in Antalya at the Atatürk Conference Hall of Akdeniz University, Research Assistant Ebru DURUSOY participated as a session chair.

"BEST NARCOTICS POLICE MOTHER PROJECT"

SEMINAR WAS HELD



Sağlık Bilimleri
Fakültesi

Within the scope of the cooperation between Istanbul Gelişim University Anti-Addiction Coordinatorship and Avcılar District Police Department, the "Best Narcotic Police Mother Project" seminar was held.

Held on October 25, 2023, at the TUSI Meeting Hall with the participation of faculty members and students, the seminar began with the opening speech by Asst. Prof. Nurten ELKİN, the Coordinator of Istanbul Gelişim University's Addiction Prevention Coordination. Elkin mentioned that within the framework of the Higher Education Council's (YÖK) Addiction Prevention Action Plan, the university established the Addiction Prevention Coordination to raise awareness, create necessary consciousness, and provide guidance for students regarding addiction-related issues, aiming to protect them from addiction.

Asst. Prof. Nurten ELKİN added that one of the institutions collaborating under the Higher Education Council's Addiction Prevention Action Plan is the Ministry of Interior, and the "Best Narcotics Police Mom Project" is a project affiliated with the Ministry of Interior. She explained that the project aims to raise awareness, especially among mothers and prospective mothers, about all types of addiction, with a focus on substance addiction, and to provide accurate and essential information to youth through the narcotics youth module. Following this, guest speaker Police Officer Berivan Dalkılıç, serving in the Drug Crimes Combat Department and Drug Monitoring Center at the Provincial Police Department, gave a presentation. Describing narcotics, outlining risk factors in drug use, and explaining the relationship between drug use and addiction with examples, Dalkılıç used short films and videos to make the topic more engaging. The session concluded with a question-and-answer session.

Police Officer Derya Ertürk from Avcılar District Police Department also spoke, addressing questions from the participants. The event concluded with Asst. Prof. Nurten ELKİN presenting a plaque to the speaker Berivan Dalkılıç.



HAPPY GERONTOLOGISTS DAY ON NOVEMBER 21ST!



Gerontology, the science of aging and old age, named by Russian scientist Ilya Mechnikov, who received the Nobel Prize in Medicine in 1903, was established in Turkey in 2006 at Akdeniz University and provided education within our university between 2019-2023. November 21st is celebrated as National Gerontologists Day, marking the first opportunity for gerontologists to work in the public sector, according to the decision made by the Ministry of Family, Labor, and Social Services on November 21, 2019. In the fourth year of celebrating Gerontologists Day, the joy of 100 gerontologists appointed in secondary public hospitals nationwide demonstrates the rapid development of the profession and the increasing need for health services for the elderly.

From the perspective of gerontology, this signifies that aging is recognized as a lifelong process, and steps should be taken to address problems arising from social inequalities during the aging process. Increasing environmental factors that enable people to age actively and healthily should be emphasized. Simultaneously, social policies and solidarity supporting care insurance that embrace chronic patients and those in need of care, typically concentrated in the population aged 80 and above, should be implemented. These initiatives are considered key solution attempts, and efforts in this regard should be urgently initiated.





Faculty of
Health Sciences



November 24th
Happy Teacher's
Day



WHO IS WHO?

Prepared by
Res. Asst. Semanur OKTAY

MUSTAFA ÖZ

This is the story of how the **Republic** transformed a village child into a world-famous medical doctor.



Mustafa Öz was born on a snowy day, October 3, 1925, in a two-room adobe house in the district of Bozkır in Konya, Turkey. His childhood was marked by poverty, growing up with his father, mother, and eventually losing 7 out of 11 siblings. The 1930s meant scarcity for Turkey, with lighting provided by gas lamps, water drawn from wells, and siblings wearing shrunken clothes. Children had to make their own toys. Mustafa Öz and his family experienced their share of these hardships in Bozkır. However, from this adobe house filled with hardships, three professors and an associate professor would emerge.

For impoverished children who completed primary school in Bozkır, the fate was to become an apprentice. They would learn a trade, such as becoming a blacksmith or a tailor, to support their families. Mustafa wanted to pursue education. The Öz family was poor; the only money they had was the 2 liras earned from renting out the horse they owned. Mustafa's mother, Fatma, found a way to send him to Konya to take the scholarship exam. Mustafa passed the exam and entered the state dormitory. He worked while studying, wore hand-me-down jackets from acquaintances, and even made blankets out of those jackets. Conditions were tough, but Mustafa always ranked first in school, clawing his way to success with determination.

Mustafa's high school years were marked by achievements, and he eventually gained admission to Istanbul University Faculty of Medicine. His education, which started with difficulties, would continue with more challenges. Mustafa couldn't afford to buy books, and the only resource he had to succeed was the notes he took in class. He didn't complain; facing adversity was not something unfamiliar to him.

He passed to the second grade. Among the courses he had to take was an anatomy course. Taking notes for the course in question was not enough. Mustafa needed the Anatomy Atlas. Poverty was in front of him once again... Mustafa did not give up, he sat down and wrote a letter to the President of the period, İsmet İnönü: *"The state provided secondary and high school education. Thanks to our government, it provides shoes, clothes and a place to sleep, but I do not have an Anatomy Atlas. Can you provide it to me?"* asked. The one who asked had one face and the one who didn't give had two faces black... The response was not too late. Mustafa would keep the anatomy atlas and stethoscope given to him throughout his life.

The state took Mustafa from his two-room adobe house in Bozkır, educated him, gave him a place to sleep, gave him books... Mustafa graduated, did his compulsory service and his national duty. Next was to achieve his dreams, Mustafa wanted to go to America. He applied everywhere for assistantships. The answer that would be the turning point in his life came from Cleveland. He went to America in 1955 without knowing a word of English. He would stay in America for many years, where he planned to stay for a short period of time... He completed his master's degree, received the title of general surgeon, completed his thoracic and cardiovascular surgeon specialization, and rose from the director of surgical training to the position of president as a professor. He became one of America's most sought-after doctors.

Mustafa was from Bozkır. He stayed in the USA for 54 years, but he never felt like he was there. He always dreamed of returning to Turkey. He never forgot his past. He built a student dormitory in Bozkır so that students could study comfortably, he turned his house into a health center, he always had a spoon in his hand and steppe folk songs on his tongue...

Prof. Dr. Mustafa Öz made Turkey happy with his professional achievements and became our source of pride. He passed away in February 2019, at the age of 94. He handed over the flag to his son, Mehmet Öz.



OUR GUEST OF THIS MONTH

Asst. Prof. Bahar Nur AKDOĞAN

1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?

Equality

2-Which of the inventions would you like to be the inventor of?

Polio Vaccine

3-If you could witness any event in the past or future, which event would you choose?

The colonisation of humanity on a planet other than Earth.

4-If you were to write a book, what would it be named?

"My life"

5-If they made a movie about your life, which actor/actress would you like to play you?

Emma Watson

6-What are the 5 words that best describe you?

Disciplined - Patient - Hardworking - Cold-blooded - Humanist

7-What kind of talent would you like to have?teleport

Ability to stay under water for a long time with a single breath

8-Who is your hero?

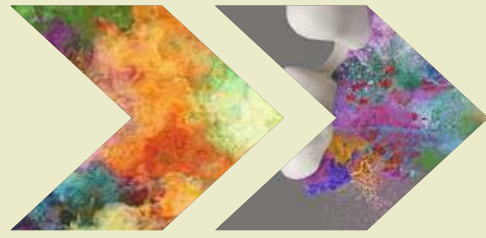
Jonas Edward Salk

9-Who is your favorite author?

Yaşar Kemal

10-What word would be the summary of the years you lived?

Happiness



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue.



**Faculty of
Health Sciences**

ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSİS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSİS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSİS can sign up for free after graduating. Our graduates can become a member of METSİS free of charge. Our graduates who are members of METSİS can update their personal profiles and follow our job postings.

What Are the Steps to Join METSİS?

1. Use the web interface at metsis.gelisim.edu.tr to log in
2. You can follow the postings in the open positions box.
3. To apply for the positions, you can establish an account from the "new candidate" box.
4. You can view job posts after making an account on the top page and apply for positions that interest you.



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IGU ALUMNI AND
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MEZUN CARD

Dear IGU Alumni,
Alumni who want to benefit from the opportunities of our university and the discount rates we provide from the companies we have contracted with will be sufficient to fill out the form. When your card is ready, you can pick it up from the Alumni and Membership Coordinator's Office on the 3rd floor of Block K.





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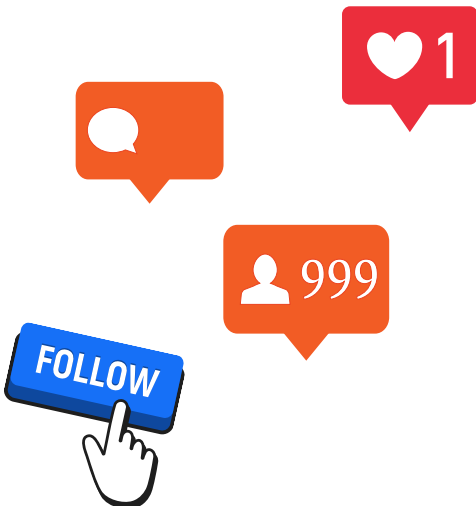
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Faculty of Health Sciences

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