



ISTANBUL
GELISIM
UNIVERSITY

IGVS

Monthly Press Release

November

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myo.gelisim.edu.tr

Dear Young People,

Istanbul Gelişim Vocational School, which started its education life in 2008, started to publish a monthly E-Bulletin as of 2021. We are very happy to bring you the November issue of our e-bulletin and to share with you the developments in our Vocational School. I believe you will enjoy reading our bulletin and I present my greetings and respect with the hope of meeting you in a new issue.

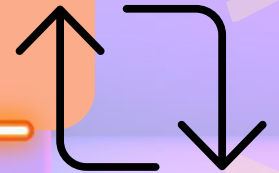
You can follow all the developments in our Vocational School on our social media channels.

***Director of IGVS
Assist. Prof. İsmail Cem AY***

Facebook:
igumyo



Twitter:
igumyo



Instagram:
igumyo



ISTANBUL GELISIM UNIVERSITY IS 16TH IN THE WORLD AND 1ST IN TURKEY IN THE FIELD OF "QUALITY EDUCATION"!

Times Higher Education (THE), the ranking institution of world universities, has been announced the Impact Ranking of 2022. Among the 1180 universities in the world, Istanbul Gelisim University (IGU) increased its success ranking, which was 24 last year, to 16th place in the category of "Quality Education" by increasing 8 steps this year. It continued to maintain its success last year, ranking 1st among Turkish universities.

The success of Istanbul Gelisim University (IGU) was ranked in five different categories in line with the United Nations Sustainable Development Goals, in the list of 1406 universities, which are listed in the 2022 ranking of the UK-based, world's leading higher education rating agency, Times Higher Education (THE). In the Impact Ranking 2022 list, Istanbul Gelisim University (IGU) increased its degree from 24th to 16th among 1180 world universities in the "Quality Education" category, while maintaining its 1st place among Turkish universities.

5 ACHIEVEMENTS FROM 5 DIFFERENT CATEGORIES

In the ranking carried out in line with the categories in 17 fields determined by the United Nations within the scope of the Sustainable Development Goals (SDG), Istanbul Gelisim University is among the universities of Turkey, with its studies in the field of education, innovative projects and its contributions to the society;

- SDG4: Ranked 1st in Turkey in the Quality Education category,
- SDG7: Ranked 4th in Turkey in Accessible and Clean Energy category,
- SDG3: Ranked 12th in Turkey in the category of Healthy and Quality Life,
- SDG6: Ranked 12th in Turkey in the category of Clean Water and Sanitation
- SDG17: Ranked 24th in Turkey in the Partnerships for Purposes category, it proved itself in many areas such as lifelong learning practices, community-oriented learning, personal development opportunities, quality and sustainability of the education provided.



"IN THE INTERNATIONAL RANKING, WE HAVE INCREASED OUR SUCCESS 8 STEPS!"

Abdulkadir Gayretli, Chairman of the Board of Trustees of Istanbul Gelisim University (IGU), who made a statement about the ranking in which the effects of ecological, economic and environmental sustainability practices on society according to the United Nations 17 Sustainable Development Goals are aimed, stated that while Istanbul Gelisim University was among the top 100 universities in the "Quality Education" category in the past years but today it is in the 16th place in the world ranking and he said:

"Istanbul Gelisim University has added a new one to its national and international successes with its growing experience and strong tradition over the years. In the 2022 rating of Times Higher Education (THE), one of the most respected higher education rating institutions in the world, we moved up 8 places from our 24th place in the "Quality Education" category in the world ranking, to 16th this year. This rating, which we received from a reputable organization, makes us proud and motivates us for years to come. We are preparing for the future by being open to continuous development for this purpose. By hosting many national and international large scale projects within our university, we are shaping scientific achievements and the future."



"WE SUPPORT SUSTAINABLE DEVELOPMENT GOALS"

Stating that they continue to work to achieve better every year with the slogan of "Be Open to Development!" Abdulkadir Gayretli emphasized that 65 programs within the university are accredited by international accreditation institutions and that they will continue to provide education at international standards. Stating that they are the first Turkish university to teach sustainability as a compulsory course, Gayretli said, "Under the leadership of Prof. Dr. Erol Özvar ,The President of the Higher Education Institution (YÖK), we want universities to be leading institutions in raising qualified manpower and creating knowledge and technology accumulation in line with Turkey's development goals, and we support sustainable development goals. We have made education and research our mission for the future of the world and humanity. We continue to work by giving importance to sustainability in order to leave a better world to future generations and to achieve lasting success."

Times Higher Education (THE), Impact Ranking (Impact Ranking) 2022 list can be found [here](#).



Among the Top 500 Universities Worldwide in the Field of Engineering and Ecological Sciences!



SCIMAGO
INSTITUTIONS
RANKINGS

The Spain-based ranking organization, SCImago (SIR), which ranks the universities from the point of view of the social effect indicators on the basis of their research performances, innovation printouts and web visibilities , announced its ranking list of international universities for 2022. While the Istanbul Gelisim University ranked among the first 500 universities worldwide in the field of Engineering and Ecological Sciences, it succeeded to rank on the 721st best university among 4.364 universities in general ranking.

One of the leading ranking organizations internationally, SCImago (SIR), which evaluated the web visibilities for 2021 of the research and innovation activities of the universities between the years of 2016-2020, published and announced the list of the leading international universities for 2022. While the Istanbul Gelisim University ranked among the top 500 universities within the field of Engineering and Ecological Sciences, it took place on the 721st best university among a total number of 4.364 universities internationally.

On the 24th Rank in the Fields of Economics, Econometrics and Finance

140 universities from Turkey took place in the SCImago 2022 list where the scientific performances of the Universities were evaluated in 19 different fields. While the Istanbul Gelisim University was listed on the 24th rank among the universities in Turkey at the research and innovation printouts, made in the fields of Economics, Econometrics and Finance, it occupied the 33rd rank at the list in the field of Engineering. The IGU, listed on the 16th rank in Turkey at the field of Ecological Sciences, occupied the 58th rank among the Middle Eastern universities and 351st rank, however, among the OECD universities.

[Click to access the SCImago 2022 world university rankings.](#)



Happiness at Gelisim!

Istanbul Gelisim University **students' satisfaction** has been certified by TSI.

Istanbul Gelisim University registered its quality with the ISO 10002 Customer Satisfaction Management System Certificate given by the Turkish Standards Institute. It successfully completed the inspection carried out by TSI on 18-19-20 July 2022.

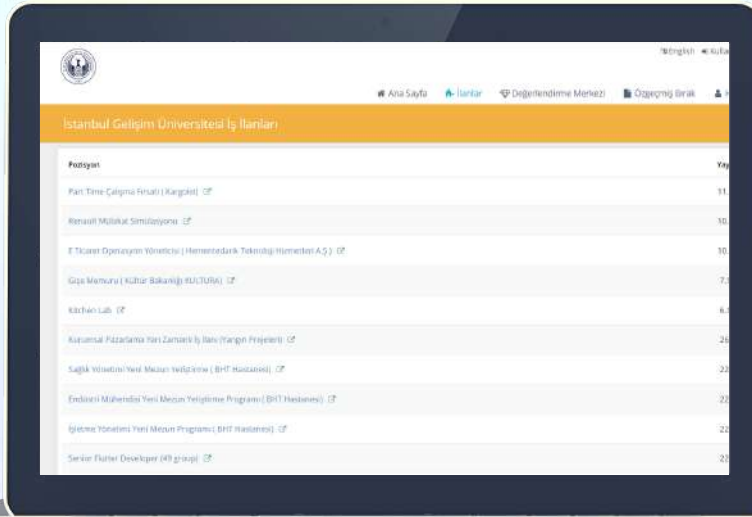
TSI APPROVED STUDENTS' SATISFACTION WITH THIS CERTIFICATE

With the Student Satisfaction and Complaint Management System carried out by the Dean of Students of Istanbul Gelisim University, it is aimed to manage the requests, expectations and complaints of the students more efficiently and to increase the satisfaction level in the services and activities offered to the students. IGU, which has achieved success both with the trainings it gives to its employees and the workshops it organizes and by evaluating and resolving the complaints and suggestions from the students through two different programs, was entitled to receive the certificate approved by the Turkish Standards Institute by meeting all the standards. [Click](#) to access detailed information.

OUR JOB AND INTERNSHIP PORTAL IS ONLINE!



<https://gelisim.hrpeak.com>



Dear Students,

Please click to access the HRPEAK system, which is the platform where job and internship postings are shared by our Istanbul Gelişim University Career and Alumni Office, and where our students and graduates can prepare their CVs individually.



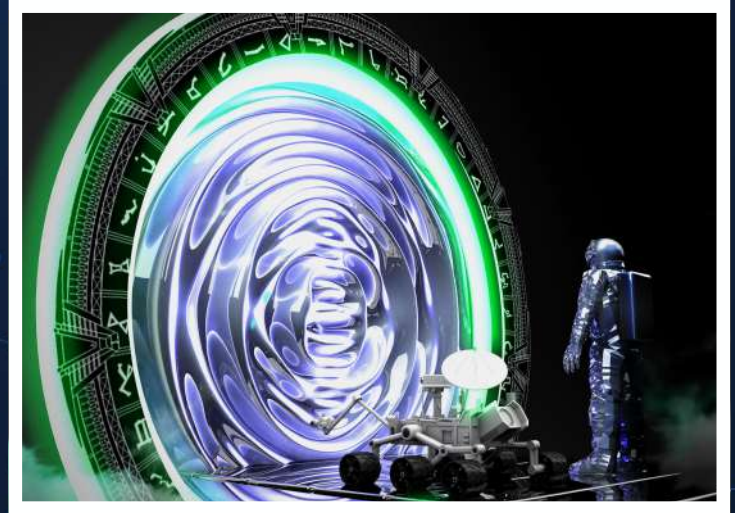
OUR ACADEMICS WRITE...

Lect. Metin ŞAHİN
Computer Programming
Program

Transportation of the Future



The transportation process that starts with crawling; has shown a rapid development to land, sea, air and space vehicles. Regardless of the transportation environment, there is usually a density. Underground transportation (metro), sea bus, air taxi etc. used in applications. As an alternative to density; public transport, cycling, walking, etc. approaches are preferred. Today, photons can be irradiated. When this structure is applied to living and inanimate objects, although a very big step has been achieved scientifically, it will mean a great innovation in transportation. At this stage, some problems today; light interference, frequency mixing, generation of harmonics, illegal signal listening, imitation, blocking, etc. as well as there will be more variations. During the teleportation phase – the process and the object (living and non-living) – copying can also occur. This, like today's cyber attacks and cyber wars, will be expressed by different names on the basis of their practitioners (computer hackers). From a legal point of view (such as today's space law), new formations will take place. Just as innovations in every sense bring with them many changes and these can extend from national to international and even beyond, this situation should be accepted in the structure of nature.





The concept of the way transportation vehicles go today can also be expressed in teleportation as follows; Progress of the traveling object on the light with its vehicle in addition to direct irradiation. In this case, it can be stated that whatever is in question should change the mass and volume ratios. From this it follows naturally that the volume should be increased. Although this situation is applicable to some substances today, it cannot be applied to others. (Especially living and some inanimate substances.) This situation can turn into different forms such as making the roadway suitable for the road structure or making the road structure suitable for the one that will travel.

Today, this approach first started with the adaptation of the vehicle to the road structure. (This approach is a reference situation. Without the environment, the vehicle that will travel there cannot naturally be.) However, the physical, chemical, etc. of the environment. forms can be changed. For example; interfering with the structure of the direction of a spacecraft in this sense (for special substances and their various states) so that it can go faster. The constant increase in the number of living things, regardless of the species, will cause not only the problems of sharing and accessing natural resources, but also negativities in many ways. (However, the determining factor here is scientific thought and its extension, science and technology.)

Not in the next centuries, but in the next decades, faster and more advanced processes will be experienced in terms of space sciences. From this point of view, when we look further than the planet we live in, common values such as representing the living species will come to the fore. Problems encountered in this sense will lead to the formation of more livable common values, at least in terms of vitality. Just like running from a dark environment to a place where a bright light comes from, or reaching a medicine that will cure a disease. The same is true for traffic 100%. This approach is inherent in living things and is always valid. Considering that today's technology is insufficient for transportation in big cities, especially at certain days and hours, and it is known that the living environment is the Earth, naturalness can be found in the presence of living life and inanimate matter, starting from the nearest natural satellite and the nearest planet, with the cooperation of international institutions and organizations. will move it here.



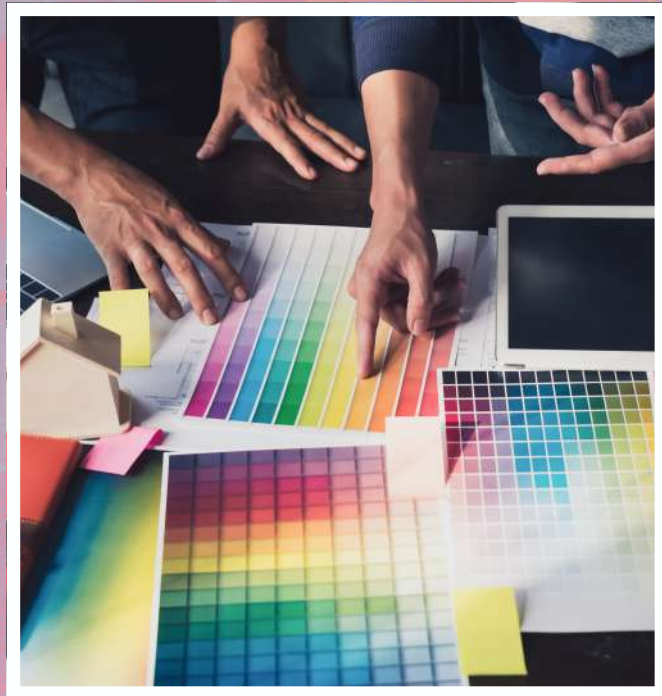
However, this situation should be as stated by the sentence "the captain who left his ship last". In this sense, priority should be given to those who are in need of diversity. In this way, the density of transportation will be moved to new celestial bodies after a certain stage. However, although transportation is a common problem, it will turn into different forms in the future. Just as it continues and will continue to exist together with the solutions of the problems brought by the achieved science and technology.

OUR WORLD IN THE 21ST CENTURY WITH ART AND DESIGN

Assist. Prof. Dr. Nuran ÖZTÜRK
Interior Design Program

In our age, based on which subjects do artists and designers produce their works and projects? What are the criteria that determine their priorities in material preferences? What are the basic formations of the 21st century, which are the source of artists and designers who always try to see ahead of time and shape the designs that can keep their unique characteristic identities alive without being caught in the globalization standards of our world? These questions formed the main idea of our article. When we go back 30-40 years from today; In 1987, we can say that the World Commission on Environment and Development used the concept of 'sustainability' officially for the first time.

The report published by the Commission has been a declaration that should be in the first place in order for our world to provide healthy, environmentally friendly and the best living conditions for all living things for future generations. What we will talk about next is the works of architect William McDonough and chemist Michael Braungart that can raise awareness in the field of art and design with the concept of 'cradle to cradle' after the UN Rio summit in 1992, which significantly supports the issue of sustainability.



The last subject we discussed is the concept of calm city life that emerged in Italy in 1999 under the name of 'Cittaslow'. Artists and designers, who reveal the original form and form with aesthetic concerns, reflecting their feelings and thoughts, produce their works within the framework of these three main topics. The materials they choose are preferred from transformation materials that do not threaten the world. Other items emphasized on the importance of the material issue can be listed as follows:



Creating designs with sustainable energy sources, ensuring that societies continue their lives together in a healthy and minimum consumption, making people actively realize their responsibilities towards all other living things, emphasizing the achievements of cultural differences, revealing their formation by always knowing the importance that unused materials are not waste or surplus, but materials whose requirements are needed etc. If we want to illustrate our article with artists or designers, we can talk about the works of Andy Warhol, one of the most important representatives of the Pop Art movement in the 1980s, which underlines the need to be opposed to the consumption culture of the period. Warhol's "Marilyns" is one of the artist's best-known works on the subject. In this work, the artist has tried to reproduce his paintings with the printing technique. If we want to give an example from the classical architectural art, we can consider Architect Sinan, who is the genius of the age, in terms of his knowledge of the material, his knowledge of the terrain, and the quality of his works to meet the social psychology, sociological structure and needs. While concluding our text, we can say that in the light of these examples we shared; The sensitivity of artists and designers has always been in the nature of dreaming of a healthy life standard for humanity and aiming to maintain the world's vital construction uninterruptedly.

CLUBS

TALK!

AWARENESS AND
TRAVEL CLUB



Awareness and Travel Club is a student club established under Istanbul Gelisim University Health, Culture and Sports Department. Club consultancy is carried out by Lect. Onur KORU, Head of Justice Program at Istanbul Gelisim University, Istanbul Gelisim Vocational School. The aim of our club is to carry out awareness-raising activities while organizing various excursion activities. The main activity and purpose of existence of the club is to raise awareness in some areas. Travel activities are thought to be a tool to achieve this goal. Although our club was founded by Istanbul Gelisim Vocational School, Justice students, it is open to all university students.

Our club's fields of activity are as follows:

- Making travel programs in Istanbul,
- Making out-of-state travel programs,
- Organizing winter trips,
- Organizing camp programs,
- To enrich travel activities with awareness.



OUR EVENTS

The Place of Mechatronics in the Industry Event was Held



IGVS Mechatronics Program academician Lecturer Kübra Erdoğan organized an event titled "The Place of Mechatronics in the Industry". Muhammed Abdullah ÖZVER, Burak GÜL, Burak BALCI and Yunus Emre ÇAĞLAR from the Mechatronics Engineers Association were the guests. In the event, information was given about the place of Mechatronics in the sector, internship opportunities, the effect of choosing an internship place on professional life and the issues to be considered while preparing a CV. In addition, the guests shared their experiences with our students about researching the subject of a project and writing a project. Please [click here](#) for more information.

Maritime and Port Management Students Met with the Industry

The 2nd year students of the Marine and Port Management program attended the international yacht and boat fair "Crvptom Bosphorus Boat Show" organized at Pendik Marin Turk Istanbul City Port, supported by YATED and attended by more than 150 national and international companies and more than 500 brands, within the scope of the "International Maritime Convention" course.

Following the entrance, the GISBIR (Shipbuilding Manufacturers Association) stand was visited and information about GISBIR was presented to the students by the authorities. Immediately after, the products that comply with the SOLAS requirements produced in our country were seen on site at the stands of GEPA and ONURSAN companies, which manufacture and sell products within the scope of SOLAS-74 and its amendments contract, which is one of the International Contracts, and detailed information was given to the students by the company owner. Please [click here](#) for more information.



GastroTalks Interview Held

The GastroTalks conversations, which was held for the fourth time this month, was held with the participation of chefs from Istanbul's famous kitchens. Explaining what the students of the Gastronomy Department should do when they start their careers, the chefs also touched on what the companies they work with pay attention to in their kitchens.

GasroTalks 4, hosted by Istanbul Gelisim University Gelisim Vocational School Pastry and Bakery Program, was held with the participation of Executive Chef Özgür Üstün, Head Chef Okan Aydemir, Executive Chef Arif Madakbaş, Executive Chef Şafak Erten and Executive Chef Mehmet Faruk Yardımcı. In the conversation, the chefs talked about the difficulties they faced when they started their career and gave advice to the students. Please [click here](#) for more information.



NEWS FROM IGVS



A commemoration ceremony was held for the Great Leader Mustafa Kemal ATATÜRK at IGMYO on the 84th anniversary of his physical departure from us.

Atatürk commemoration ceremony was held at IGMYO on Thursday, November 10, 2022. Administrative and academic staff as well as our students accompanied the ceremony, which took place in the garden of IGMYO at 09.05.



We commemorate the Great Leader Mustafa Kemal ATATÜRK with love and respect on the 84th anniversary of his death.



Assist. Prof. Dr. Ekrem SÜZEN, Head of Civil Air Transport Management Program, and Lect. Remzi SIZAN, Head of Civil Aviation Cabin Services Program, visited MC Aviation A.Ş. in Atatürk Airport General Aviation Terminal. During the visit, ideas were exchanged on issues such as what the industry expects from educators and what is considered in recruitment. In addition, subjects such as internship agreements and external stakeholder agreements were also discussed. Please [click here](#) for more information.



Lect. Asli Muslu Can from Istanbul Gelisim Vocational School Food Technology Program gave an oral presentation on the subject of "Pectin Extraction from Apple Cider Vinegar Production Residue" at the International Maldia Health Sciences Congress organized by İnönü University Faculty of Health Sciences.

The article titled "Production and Analysis of a Two-Axis Food Liquid Pouring Machine", of which IGVS Electronics Technology Program Lecturer Ali ÇETİNKAYA is one of the authors, has been published in the journal named Dergipark IJET (International Journal of Engineering Technologies). [Click](#) to access.

The article titled "Pipe Damages Occurred in the 2011 Christchurch, New Zealand Earthquake and Comparison with Models", of which IGVS Civil Technology Program lecturer Muhammet CEYLAN is one of the authors, was published in the Bulletin of the Istanbul Branch of TMMOB Chamber of Civil Engineers, in the issue 174/2022-5. [Click](#) to access.

IGVS, Air Logistics Program Lect. Atilla AYDIN's article titled "Structural Analysis of the Turkish Airline Transportation Sector" was published in the Journal of Business and Economic Studies. [Click](#) to access.

Lect. Gonca Yilmaz, from the Human Resources Program of Istanbul Gelisim Vocational School, made a presentation with the title of "Circular Economy and Sustainability" with the term Erasmus+ KA 154 2021 R1, which was accepted by the Turkish National Agency for the Presidency of EU Affairs of the Ministry of Foreign Affairs.

IGVS Air Logistics Program lecturer Atilla AYDIN's article titled "Analysis of the Place of the Logistics Sector in the Turkish Economy with the Input-Output Model" was published in Istanbul Gelişim University Journal of Social Sciences. [Click](#) to access.

A graduate of Istanbul Technical University, Maritime Faculty, Maritime Transportation Engineering, a long-distance Captain Dr. Ramazan Açıkgöz started to work as an Assist. Prof. Dr. at Istanbul Gelişim University, Marine and Port Management Program.

Assist. Prof. Dr. Ercan AYKUT and Lect. Sena TAŞ from IGVS Academicians have applied for a patent. Information about the patent is below:

- Invention Title: A PROGRAM THAT AUTOMATICALLY CALCULATES THE START AND FINISH DATE OF THE STUDENTS WHO WILL DO THE INTERNSHIP
- Application number: 2022/016413
- Applicant: Assist. Prof. Dr. Ercan AYKUT - Lect. Sena TAŞ

A graduate of Istanbul Technical University Maritime Transportation Engineering Department of Maritime Transportation Engineering in 1986, Ramazan AÇIKGÖZ, a long-distance captain, received a doctorate on "Occupational Safety and Employee Health on Turkish Fishing Ships" and master's theses on "The Model of Turkey's Fulfillment of Obligations as a Flag and Port State and Ensuring Efficiency".

[Click here](#) for the source and the rest of the news.

The paper titled "Carbon Footprint and Climate Change", co-authored by IGVS Academicians, was presented at the 4th International Conference on Applied Engineering and Natural Sciences held in Konya on 10-13 November 2022. The authors' information is below:

- Assist. Prof. Dr. Ercan AYKUT- Istanbul Gelisim Vocational School - Electricity Program
- Lect. Sena TAŞ - Istanbul Gelisim Vocational School - Electronics Technology Program
- Lect. Muhammet Cihat MUMCU - Istanbul Gelisim Vocational School - Electricity Program
- Lect. Kübra ERDOĞAN - Istanbul Gelisim Vocational School - Mechatronics Program
- Lect. Nevzat Yağız TOMBAL - Istanbul Gelisim Vocational School - Electricity Program
- Lect. Ali ÇETİNKAYA - Istanbul Gelisim Vocational School - Electronics Technology Program
- Lect. İzzet YAVUZ - Istanbul Gelisim Vocational School - Electricity Program

Assist. Prof. Dr. Ercan AYKUT and Lect. Sena TAŞ, from IGVS Academicians, presented a paper called "Summer Internship Software for Vocational School Students" at the 4th International Conference on Applied Engineering and Natural Sciences held in Konya on 10-13 November 2022.

The article titled "Comparison of Classification Success Rates of Different Machine Learning Algorithms in the Diagnosis of Breast Cancer", of which Lect. Ali ÇETİNKAYA from IGVS, Electronics Technology Program, is one of the authors, was published in the international Scopus indexed "Asian Pacific Journal of Cancer Prevention (APJCP)". [Click](#) to access.

IGVS Academicians Dr. Ercan AYKUT and Lecturer Sena TAŞ's paper named "Distance Education in Virtual Reality Environment with 360° VR Camera" were published at the 2nd International Conference on Innovative Academic Studies held in Konya on 15-18 October 2022.

Free DGS and English Course has started within IGVS. For detailed information, please [click here](#) and [here](#).

AGENDA OF PERSONNEL



Asst. Prof. Dr. Mustafa Kerem BORU has been appointed to the staff of "Assistant Professor" in the Banking and Insurance Department of Istanbul Gelisim Vocational School.



Asst. Prof. Dr. Ramazan ACIKGOZ has been appointed to the staff of "Assistant Professor" at Istanbul Gelisim Vocational School, Department of Marine and Port Management.



Asst. Prof. Dr. Mahmut TANER has been appointed to the staff as "Assistant Professor" in the Web Design and Coding Department of Istanbul Gelisim Vocational School.



Lect. Kerem AYDEMIR has been appointed to the "Lecturer" staff of the Foreign Trade Department of Istanbul Gelisim Vocational School.



Lect. Sinan KARANFIL has been appointed to the "Lecturer" staff of the Istanbul Gelisim Vocational School Department.



Lect. Muzeyyen Busra SAGLAM has been appointed to the the "Lecturer" staff of Istanbul Gelisim Vocational School Cookery Department.



Lect. Kubra CETINBERK has been appointed to the "Lecturer" staff of Istanbul Gelisim Vocational School Computer Programming Department.



Lect. Duygu ERSOY HOCAMOGLU has been appointed to the "Lecturer" staff of Istanbul Gelisim Vocational School Interior Design Department.



Lect. Hamza EZGIN has been appointed to the "Lecturer" staff of Istanbul Gelisim Vocational School Civil Aviation Cabin Services Department.



Lect. Pelin KACAR has been appointed to the "Lecturer" staff of Istanbul Gelisim Vocational School Civil Aviation Cabin Services Department.



Lect. Onur SENGOL has been appointed to the "Lecturer" staff of the Department of Sports Management at Istanbul Gelisim Vocational School.



Asst. Prof. Dr. Sercan YILDIZ has been reassigned to the Istanbul Gelisim Vocational School Tourist Guidance Program as the Head of the Program as of 16.11.2022.



Lect. Cafer Ahmet CINAR has been appointed to the "Lecturer" staff of the Istanbul Gelisim Vocational School Web Design and Coding Program.



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MASTHEAD



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With the recent global developments, the importance of energy efficiency has come to the fore even more. Many countries, especially in Europe, have announced various measures in order to use energy efficiently and to save energy. In our country, important steps have been taken and continue to be taken in this regard.



REPUBLIC OF TÜRKİYE
MINISTRY OF ENERGY AND
NATURAL RESOURCES

In cooperation with the Ministry of Environment, Urbanization and Climate Change, the Ministry of Treasury and Finance and the Ministry of Interior, loans up to 50,000 TL with a maturity of 60 months and an interest rate of 0.99 were provided in order to have the thermal insulation of the houses without thermal insulation done. We present to your information the "Heat Insulation Campaign in Residences" promotional video prepared by the Ministry of Energy and Natural Resources in order to use energy efficiently and to save energy...

[Click to access.](#)



The "International Strategic Communications Summit" (Stratcom Summit), the first of which was held last year by the T.R. Presidency's Directorate of Communications, will be held this year on 2-3 December 2022 with the theme of "Stratcom in the Age of Uncertainty". Topics such as strategic communication, government communication, crisis communication, migration communication, combating disinformation, resilience, leadership, professionalism, management and governance, open source intelligence, hybrid threats and new media will be discussed at the summit. For detailed information about the International Strategic Communication Summit, please [click here](http://www.stratcomsummit.com).



PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.


/SaglikBakanligi

saglik.gov.tr

For Detailed Information,
Please Read QR Code.



www.gelisim.edu.tr

THINGS TO KNOW



ISTANBUL
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ABOUT NEW CORONAVIRUS



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All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.

