

School of Foreign Languages' Monthly Bulletin

July 2022



**What you
will read
in this
month's
issue:**

- Latest News of SOFL
- English idioms that everyone should know
- Our Staff's Academic Activities
- International Day of Friendship- 11th July
- SFOL on Social Media
- How to memorize new vocabulary faster

Latest News of SOFL



WHAT'S NEW?

- **Proficiency exam was conducted on 04.07.2022**
 - **Summer school courses were established and conducted on July.**
 - **Students were informed about how to receive Pearson Assured Certificate**
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English idioms that everyone should know



Idioms. Native English speakers love using them in conversation, and you'll often find them popping up in books, TV shows and movies too. To perfect your English, you really need to become confident in using idioms and knowing the difference between breaking a leg and pulling someone's leg.

Under the weather

What does it mean? To feel ill

How do you use it? In England we love to talk about the weather and will do so often, but don't be fooled by this common phrase. If someone says they're feeling under the weather, your response should be 'I hope you feel better!', not 'Would you like to borrow my umbrella?'.

The ball is in your court

What does it mean? It's up to you

How do you use it? It's your move now, but this idiom refers to life rather than a sport. If you've got the 'ball,' the decision is yours and someone is waiting for your decision.

English idioms that everyone should know

Spill the beans

What does it mean? To give away a secret

How do you use it? If you told someone about their own surprise party, you'd have 'spilled the beans' or even 'let the cat out of the bag'. The secret is out.

Break a leg

What does it mean? To wish someone luck

How do you use it? This idiom is not at all threatening. Often accompanied by a thumbs up, 'Break a leg!' is an encouraging cheer of good luck. It originates from when successful theater performers would bow so many times after a show that they would break a leg.

Pull someone's leg

What does it mean? To play a practical joke

How do you use it? This is the perfect phrase to learn if you're a fan of practical jokes. 'Pull their leg' is similar to 'wind someone up'. Use it in context: 'Relax, I'm just pulling your leg!' or 'Wait, are you pulling my leg?'

Sat on the fence

What does it mean? To be undecided

How do you use it? If you're sat on the fence, you've not decided which side of an argument you agree with. 'I'm on the fence about hot yoga classes,' translates as 'I'm not sure whether I enjoy yoga in a sauna yet.'

Our Staff's Academic Activities

In SFOL, we support our instructors' academic endeavors. Here is a list of our instructors who participated in academic events:

Name of the Lecturer	Academic Event	Date of the Event	Description of the Event	Type of participation
Mine TUSU	Teaching English Grammar in Context	5 weeks, 3 hours per week	Course	Certificate of Completion
Mine TUSU	Individual Differences and Creativity in L2 Learning	29th June	Conference	Certificate of Attendance

Webinars

Webinars and events take place on a regular basis because the need for being up to date when it comes to teaching in the 21st century, makes seminars an inseparable part of professional development. For a detailed list of webinars on English language teaching, you can visit the following website:
<https://webinars.eltngl.com>

International Day of Friendship

July 30 is the United Nations International Day of Friendship.

The importance of friends

Friends come in all shapes and sizes. They may be someone we met as a child, a classmate at school, someone we met at work or through other friends. They may be friends who live at a distance in another country or virtual friends we've made online. Whoever they are, however we met them, there is a special connection based on a shared history and interests, enjoying doing things together or simply talking and understanding each other. Friends are there to help us at difficult times and to celebrate the good times. Doctors say that friends are very important for both our physical and mental health at all stages in life.

Declaring an international Friendship Day

But friends are not only important on an individual level. Friendship can also be important on a global level. Friendships that cross borders can help bring peace and avoid war. Learning to think of other people, people who are different from us, as our friends helps us work together to build a culture of peace. That's why the UN declared 30 July as its official International Day of Friendship.



International Day of Friendship

The origins of the day

An international celebration was first suggested by the World Friendship Crusade. This organisation was founded by Dr Ramón Artemio Bracho and his friends in Puerto Pinasco, Paraguay, in 1958. They wanted to support the power of friendship and its importance in creating a culture of peace. So, in the same year, they decided to celebrate Friendship Week in Puerto Pinasco and other places in Paraguay. The following year, they repeated the week and finished on 30 July, which they declared as Friendship Day. From there, celebrations of friendship grew and spread across the Americas, then the world, and eventually the UN declared an International Day of Friendship in 2011.

What do people do on the International Day of Friendship?

Wherever it's celebrated, the celebrations are very similar. Friends meet up to spend time together. They may eat out or have a meal at home. They give each other small gifts: books, flowers, simple jewellery such as a friendship band (a simple bracelet). Some people send each other cards and greetings online. Whatever form the celebration takes, the spirit is the same – to remember the importance of friends and the power of friendship.





World Impact Ranking 2022
Quality Education - (SDG4)

16TH IN THE WORLD
1ST IN TURKEY



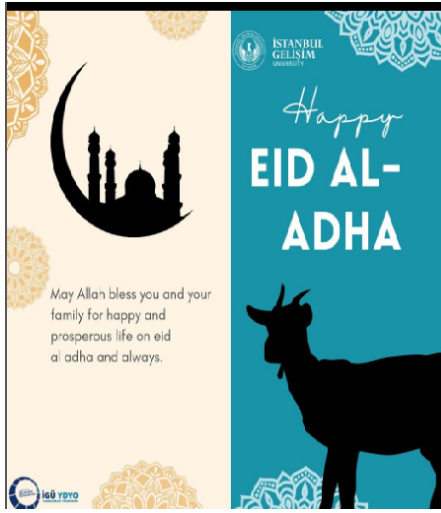
Ecological, Economic and Social Sustainability

#THEGlobalImpact

Gelişim University ranks 1st in Turkey in 'The Impact Ranking 2022' where it rises higher ranks every year.

Our School On Social Media

As always, our school was very active on social media to announce important events or celebrate public or national and international holidays. Here, we will take a look at some of them without any explanation because sometimes a picture is worth a thousand words!



How to memorize new vocabulary faster

No matter how good your grammar is, if you don't know any words that you can use it with, you (literally) won't get very far with your language skills: Vocabulary opens up doors to new worlds and makes learning fun and satisfying.

But expanding the range of word you know is like a diet: You have to put in some effort and there's neither a magic trick nor a secret or one-approach-fits-all way to do it. Everyone has to find what works for them; but being patient, setting realistic goals, and rewarding yourself if you reach them are a good strategy that can be complemented with any of the following points.

Use Memory Techniques

A popular way to memorize vocabulary is the use of mnemonics, which are mental shortcuts that help you remember more complex concepts or words. For example, you can create associations between words: If you don't know how to spell the words accommodation, just remember that it has two cots that need two mattresses. Or you come up with an acronym: Like, when you need to go to the STORE to buy Spaghetti, Tomatoes, Olives, Rice, Eggs. The problem is, of course, that you still have to memorize the acronym, song, or association, but with a little bit of practice, you'll get good at coming up with creative and useful connections. And: The longer you think about acronyms or associations, the better will you remember the words that come with it.

How to memorize new vocabulary faster

Create a learning environment

When you're studying abroad, you will hear and read the language everywhere and learn much faster through immersion. But you don't have to go abroad to slowly increase the number of words you know – you can create an inspiring and study-friendly environment wherever you are: Buy magazines or books in the new language, watch movies, and cook (or just eat) the local food.

Put the words in context

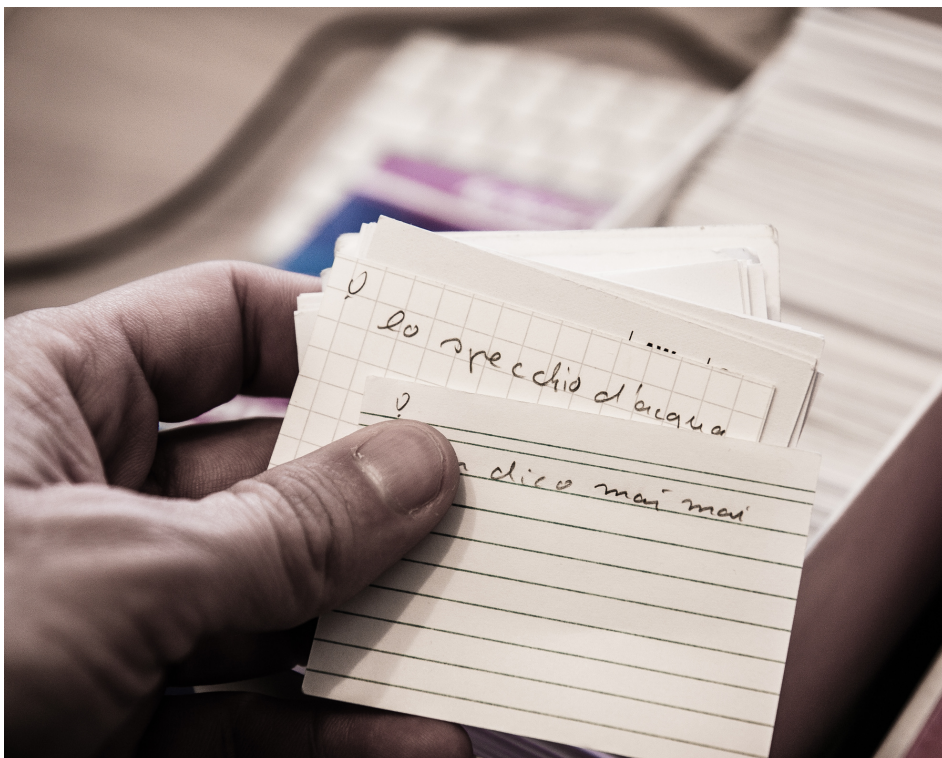
A good idea to learn more words faster is to put them in context: Instead of writing lists of random words, try to put them in sentences. That way, you know how the word is used in real life. Plus, if you come up with funny sentences, it will be easier to memorize. Depending on how you learn, you can also make drawings or find images that will complement the sentences and put the words into their natural habitat.

Learn from real-life situations

Speaking of context: Movies, TV shows, books, podcasts or songs are not only a great source for the most common words, they can also help you memorize the vocabulary because they always come associated with a scene, a person, or a (real-life) event. So, try to read books or watch movies in the original language (with subtitles) and figure out what the words mean. If you see or hear a phrase or sentence that you don't understand, write it down, look it up and start memorizing it.

How to memorize new vocabulary faster

vocabulary

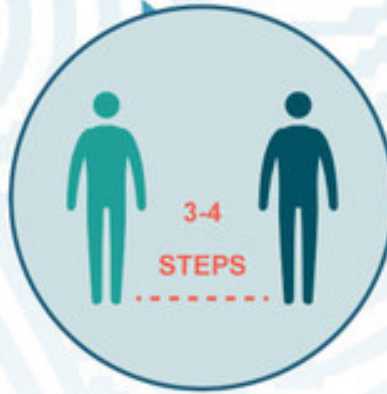




PROTECTING FROM THE VIRUS IN OUR HANDS



COVER YOUR MOUTH AND NOSE WITH DISPOSABLE PAPER TISSUES DURING COUGHING AND SNEEZING. IF THERE IS NO TISSUE, USE THE INNER SIDE OF YOUR ELBOW.



AVOID CLOSE CONTACT SUCH AS HANDSHAKING AND HUGGING.



AVOID CROWDED PLACES AS MUCH AS POSSIBLE.



DO NOT TOUCH YOUR MOUTH, NOSE AND EYES WITH DIRTY HANDS.



WASH YOUR HANDS WITH WATER AND REGULAR SOAP FOR AT LEAST 20 SECONDS.



USE HAND SANITIZER IF THERE IS NO WATER AND SOAP.