







APRIL 2022 | ISSUE 16 | VOLUME 2

MONTHLY EVENTS AND NEWS BULLETIN





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### ISTANBUL GELİŞİM UNIVERSITY IS 16TH IN THE WORLD AND 1ST IN TURKEY IN THE FIELD OF "OUALITY EDUCATION"!

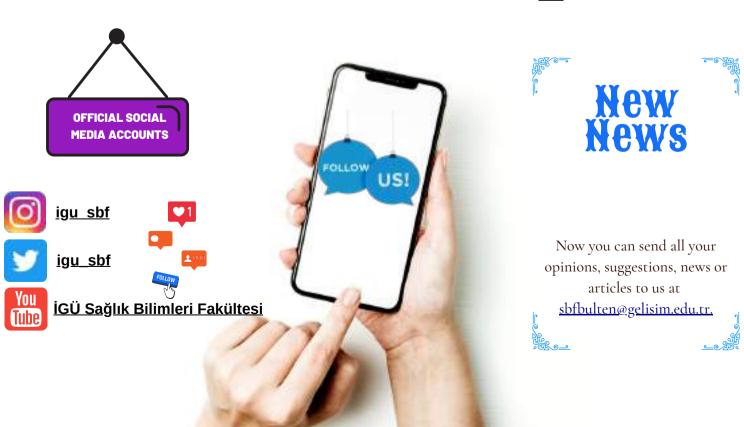


Times Higher Education (THE) Impact Ranking 2022, the ranking institution of world universities, has been announced. Among the 1180 universities in the world, Istanbul Gelişim University (IGU) increased its success ranking, which was 24 last year, to 16th place in the category of "Quality Education" by increasing 8 steps this year. It continued to maintain its success last year, ranking 1st among Turkish universities.

The success of Istanbul Gelişim University (IGU) was ranked in five different categories in line with the United Nations Sustainable Development Goals, in the list of 1406 universities, which are listed in the 2022 ranking of the UK-based, world's leading higher education rating agency Times Higher Education (THE).

In the Impact Ranking 2022 list, Istanbul Gelişim University (IGU) increased its degree from 24th to 16th among 1180 world universities in the "Quality Education" category, while maintaining its 1st place among Turkish universities.

Click here to see the details of the news.



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# The Most Effective Way To Facilitate The Social Cohesion Of Autistic Individuals: Peer Support

The studies, carried out in the last 20 years, put forth the fact that the prevalence of autism has increased 240 times in the world. Early diagnosis of autism beginning in the early period of childhood and continuing the lifetime is significantly important. Prof. Dr. Makbule Mezivet ARI from the Istanbul Gelisim University said that the autism indicated itself with some basic problems from the birth of the individual especially within the first 36 months.



### THEY CANNOT UNDERSTAND ABSTRACT CONCEPTS AND PLAY IMAGINATIVE PLAYS!

Autistic individuals experiencing problems in 3 basic fields, namely, deterioration or impairment in communication, repeated interests and behaviours and deterioration in reciprocal social interaction in general meaning, may also show different symptoms in different age ranges. Prof. Dr. Makbule Meziyet ARI from the Department of Child Development, Faculty of Health Sciences at Istanbul Gelisim University has emphasized that the lack of interest of the children in an environment especially in the age range of 1-3 has risen further indicated as follows:

"The specialists, who will be able to make the diagnosis of autism in our country, are the child psychiatrists and child neurologists. It is possible to diagnose an autism case from the age of 12-month onward. The diagnosis at an early age is important from the point of view of the beginning of education as soon as possible. The hypopsychosis (mental retardation) could be seen in slight, medium and serious degrees in an approximate proportion of two-third of the children having an autism diagnosis, and extraordinary talents were seen in the remaining proportion of one in third, and especially, memorising, arithmetic (multiplying multi-digit numbers in mind), music and drawing talents. However, the children face difficulties in setting up connection between the perceptions and transferring the knowledge and skills so learned into different fields. Therefore, they cannot comprehend the abstract expressions and not play imaginative plays."

### MOTHER-FATHER AND EDUCATOR HAVE TO WORK IN COOPERATION WITH EACH OTHER

It is necessary for the family to get to know the autism from every aspect and have knowledge about and accept the circumstances of the autism which is the most important element of helping the child. Along with this, one of the most effective ways of increasing the social cohesion of autistic individuals is to ensure that they have an education. Prof. Dr. Makbule Meziyet ARI, who indicated that it was necessary for the parents and educators to work in collaboration with each other during this process, further emphasized that the supportive and positive approach of the teacher at the classroom environment would facilitate the adaptation of the child to the school and at the same time, the peer support was the most important way for the facilitation of the social cohesion of the autistic individuals.



# Happy International Children's Book Day!





### "Books are the key to the child's world"

Saying "Books are the key to the child's world", Department of Child Development <u>Lec. Buse KERİGAN</u> emphasized the importance of reading books and emphasized interactive reading.

The slogan 'Education is a must!' takes place in our lives from past to present in a wide spectrum. In the 21st century world, as there are many changes in every field, there are constant changes and development in the field of education. Education can consist of a complex structure that includes life-long processes.

As a matter of fact, it is an accepted view in the current century that individuals should be supported to acquire desired behaviors from an early age. The early childhood period includes the most critical and turbulent processes in the lives of individuals. This period, which constitutes the basic building block of life, aims to support and develop children's interconnected processes in mental, social, emotional, language and physical areas.

#### Why Should We Meet Books at an Early Age?

Early childhood period constitutes an important step in starting the education process and gaining desired behaviors in the individual. Reading activities to be carried out during this period have an important role in providing intellectual richness to children. For this reason, it is advocated that they should be introduced to books from an early age. During this period, books come to children differently and attract their attention.

Considering the relationship between children and books in the 0-6 age period, it is seen that different features gain importance. The books in the first two years of age are called the first books, and they consist of the only figures that children see around them. The child, who tries to develop his language with books at the age of two or three, has learned the structure of the language at the age of three or four. At the age of four or five, the child who uses his language as a means of communication has increased the variety of his books, but at the age of six, he prefers fictional books about the future. Books should be examined with children, the importance of reading books should be emphasized, children should be instilled with a love of books, and they should focus on books within activities. Reading is a part of the learning process and continues throughout life.

Reading books is a process that supports all developmental areas of children and allows us to enter their imaginations. Thanks to the books, while presenting the problem situations that children may encounter in daily life, information is given and it is explained that they are curious about their environment. By identifying with the hero in the story, it becomes easier for him to communicate with the individuals around him.

Studies show that reading books has significant effects on different developmental areas of children. Reading stories selected according to children's developmental areas, age groups and interests enriches their repertoire by increasing their achievements in their developmental areas. Through books, children realize and understand that there are people, lives and emotions other than themselves, and this affects their social-emotional skills. One of the important factors that determine the effects of reading books on children is the methods of reading books. One of these methods is the interactive reading method.

#### What Is Interactive Book Reading (EKOP)?

The interactive book reading method constitutes a technical process based on the interaction between the child and the adult. In this method, in which the roles of adults and children during reading are changed, the child becomes active. While the adults' asking questions in the interactive reading process, the children's answers to the questions asked, and the examinations made with the children positively affect all developmental areas of the children, their levels can be determined by the adults. This method, developed by Whitehurst et al. (1994), involves children completing a sentence in the story, asking children questions about the story, asking questions about the heroes, and associating the story with the child's life.

In this method, in addition to asking children questions about the characters and events in the story, children can be asked to complete a statement or sentence in the story, to describe the events described in the picture, to name an object in the picture by showing them, and to relate the story to their own lives. Reading the storybook together with the child with the interactive book reading method helps the child to see the emotions that she may encounter in real life in the story, to examine the reactions of the characters, to identify and to express her own feelings. In line with the studies examining the story reading times, it is stated that reading a book with children and talking about the book motivates children, enables them to reason about the story, and forms the basis for further understanding.



### ONE OUT OF EVERY 6 DEATHS IS DUE TO CANCER

#### Asst. Prof. Nurten ELKİN

Cancer which has been one of the second most frequent causes of death after the chest and cardiovascular diseases worldwide turned out to be an important public health problem. A proportion of increase referring to 70% is expected in cancer cases within the next twenty years subject to increase and aging in population. Dr. Nurten ELKİN, a Public Health Specialist and the Academic Member of the Istanbul Gelisim University, who made explanations within the scope of the Week for Fighting the Cancer has emphasized that one out of 6 deaths is due to cancer.

#### THE CANCER RISK SHOWS AN INCREASE TOGETHER WITH AGING

The protective measures bear vital importance on the point of the fact that the basic risks of cancer appear more among the individuals with lower socioeconomic levels and these individuals constitute the group having benefits from the health services in less proportion.

The Academic Member Dr. Nurten ELKİN, who mentioned the fact that there have been differences in consideration of gender and age in the types of cancer and frequencies of occurrence, indicated as follows:

"The frequencies of occurrence in the types of cancer show changes subject to age. While leukaemia has been the most frequently seen type of cancer during the era of childhood, testicular cancer ranks first place among the males (of the age group of 15-24) and in females, however, thyroid cancer. While lung cancer is seen more frequently among men subject to the use of tobacco, every one of four women becomes subject to the diagnosis of cancer.

#### **CANCER IS CURABLE AT A RATE OF 30-50%**

The possibility for the recovery of various numbers of cancers develops further subject to early diagnosis and convenient and proper treatment. Early diagnosed cancer cases can be curable and preventable at a rate of 30-50%. It appears that the following points are significantly important when we look at the protective measures from the point of view of cancer;

- To go through cancer screenings;
- Prevention of obesity, increasing physical activity, keeping away from the use of tobacco products and alcoholic drinks;
- · Not to be exposed excessively to the sunbeams;
- To take protective measures against substances that may cause cancer in working environments: and
- To have hepatitis B and HPV vaccinations.

#### BREASTFEEDING REDUCES THE RISK OF OVARIAN AND BREAST CANCER

To breastfeed for women, the Academic Member Dr. Nurten ELKİN further emphasized that the breastfeeding for the women reduces the risk for the ovarian and breast cancers in mothers among various beneficial effects on the health of the mother and baby and additionally indicated that the cancer is a kind of disease to fight against from the point of view of psychologic, social, tangible and intangible aspects along with physical discomforts, brought along with, and it was necessary for the individuals to ensure the maintenance of their lives without falling ill by taking protective measures on a timely basis.

Click here for the details of the news.

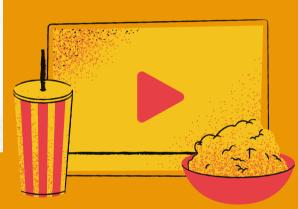




# CRASH OF LIVES: DEVASTATING EFFECTS OF RAGISM, OTHERIZATION AND DISCRIMINATION









On 19.04.2022, a movie commentary workshop event was organized by the Social Service Club at the Istanbul Gelisim University Tower (K Blok) screening room. Foreign students of our school and non-departmental students also participated in the workshop where Dada Oluwatotin Oluwagbenga and Rojda Cızlak, students of the Social Work English Department, were the discussants. Our faculty members <u>Assoc. Prof. Anıl Al-REBHOLZ, Asst. Prof. Yonca Güneş YÜCEL, Asst.Prof. Emrah TÜNCER</u> and <u>Lecturer Betül ÇOLAK</u> enriched the discussion with their comments.

In the workshop; with the Crash Movie, a discussion was held on the theme of "Crash Lives: Racism, Othering and the Destructive Effects of Discrimination". The discussion started on the main axis of the exclusion of the minorities in the society by the strong majority of the society, their exposure to different types of violence, their marginalization, and how the fear, powerlessness and anger reactions created by all these are reflected in the daily life experiences of individuals, how they shape different lives and how they affect each other. It continued with the sharing of ideas on prejudice, intolerance and alienation, which are other effective dynamics of discrimination, marginalization and exclusion. The discussion was completed by expanding the axis of discussion in the context of respect for human dignity and accepting differences, one of the important values and ethical codes of social work, and by exemplifying what can be done within the scope of social work perspective and anti-discrimination practice, the situation of refugees in our country and social integration.







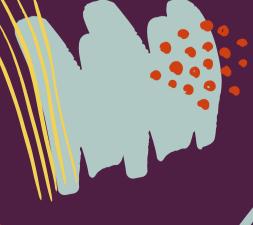
# Pediatric Pelvic Floor Rehabilitation



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IGU Physiotherapy and Rehabilitation Club and IGU Physiotherapy and Rehabilitation Departments (Turkish and English) invite valuable academicians and clinicians to our university so that our students can see career opportunities and build a more planned future.

IGU Physiotherapy and Rehabilitation Club and IGU Physiotherapy and Rehabilitation Departments hosted Tuğtepe Pediatric Urology and Surgery Clinic on April 21. Tuğtepe Pediatric Urology and Surgery Clinic team, Prof. Halil TUĞTEPE, M.Sc. PT. Aygül KÖSEOĞLU and PT. Tuğçe ATALAY was with us at the "Pediatric Pelvic Floor Rehabilitation" event. Prof. Halil TUĞTEPE explained the reasons for his orientation to pediatric urology and surgery. Later, M.Sc. PT. Aygül KÖSEOĞLU explained the concept of pelvic floor physiotherapy and her experiences in this process. Then PT. Tuğçe ATALAY talked about pelvic floor rehabilitation applications. Finally, the activity ended after the students answered their questions. Click here for the details of the news.



### OF HEALT TO SELLEN

# The Child Protection System: Raising Awareness About Practices and Problems



"The Child Protection System: Raising Awareness About Practices and Problems" seminar organized by Istanbul Gelisim University Faculty of Health Sciences Child Development English Department was held.

The seminar was moderated by <u>Prof. Ebru</u>

<u>KOLSAL</u> with the participation of Asst. Prof.

Figen PASLI as a speaker. Deputy Dean of

Faculty of Health Sciences <u>Asst. Prof.</u>

<u>Abdullah Yüksel BARUT</u> also participated in the event.

PASLI explained that the process followed in revealing the abuse within the scope of the approach to child abuse progressed as a result of the complaint of the child-parent-relatives, the seeing of the traces or signs of abuse by professionals, and the notification that the child was exposed to abuse. In order to ensure this process in the earliest way; she mentioned that it is important to get professional help quickly, to get support from his environment, to minimize mental problems and to have a positive result from the treatment. It was mentioned that children who were exposed to abuse should be approached holistically with a multi-disciplinary team, and that the issue should be pursued with a team approach as a whole with its health/medical, social service and forensic dimensions. The main thing is; the protection of the child, supporting the child and family together, long-term follow-up and rehabilitation are mentioned. There are certain components to effectively protect the child from abuse, and that these components; underlined that it is a protective environment-awareness-reporting-intervention.

PASLI continued her speech by mentioning why the children did not tell what they had experienced. She stated that the probability of not telling the children increases because they are afraid of not being believed in this situation, they do not know how to tell, they cannot make sense of the abusive behavior, and because of the threats that the abuser has applied. PASLI continued by giving case reports in the second part of her presentation. After the case presentation, the questions of the participants were answered and the activity was completed.

Our seminar, which we organized as a department for raising awareness of the Child Protection System, was successful and we would like to thank our valuable participants.



### STUDENTS OF SPEECH AND LANGUAGE THERAPY DEPARTMENT ARE AT VOICE ISTANBUL



Students of Istanbul Gelisim University Speech and Language Therapy Department showed great interest in the Voice Istanbul Conference held at Istanbul Technical University Maçka Campus between 14-17 April 2022.

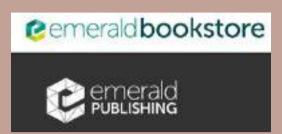
Phonosurgery, Approach to Phonotrauma, Voice Aesthetics, Vocal Cord Paralysis and Surgical Treatment, Treatment of Vocal Fold Nodules, Voice Surgery for Professional Voice Users, Functional Dysphonia, Motor Learning and Fundamental Principles of Voice., Professional Voice Disorders, Current and New Practices in Voice Education, Voice Therapy, Acoustic Practices in Human Voice, Voice Education.

### **NEWS FROM OUR FACULTY**



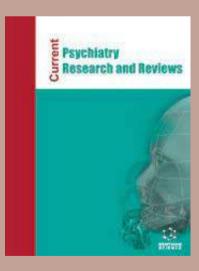


The study titled "Digital Conflict in Business Infrastructure" by Academic Member Asst. Prof. Gülay TAMER, Res. Asst. Gözde TETİK and Res. Asst. Semanur OKTAY from Faculty of Health Sciences, Health Management Department is in the eighth chapter of the book "Conflict Management in Digital Business: New Strategy and Approach" published by Emerald Publishing Limited.



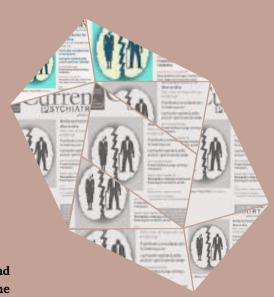
The concept of digital conflict in business infrastructure was examined by Academic Member Asst. Prof. Gülay TAMER, Res. Asst. Gözde TETİK and Res. Asst. Semanur OKTAY in the chapter in the book prepared under the editorship of Fahri Özsungur.

Click here to access the article.



Istanbul Gelisim University, Faculty of Health Sciences, Department of Child Development faculty member Dr. Seda ERBİLGİN contributed as an author to the review article titled Anxiety Disorder 'ADHD and Comorbidity in Children and Adults: Diagnostic and **Therapeutic** Challenges'. The article was published in the Current Psychiatry Report, which has one of the highest impact factors in its field.

Dr. Seda ERBİLGİN stated that the article had been prepared after a long and meticulous study with four other colleagues. Dr. Seda ERBİLGİN explained the content of the article with these words: 'In this review article we discussed clinical features, diagnostic evaluation and treatment processes of anxiety disorders in children with attention-deficit and hyperactivity disorder in childhood and adulthood according to current literature.



Click here to access the article.

Official Correspondence Rules Training

Vice Dean, <u>Asst. Prof. A. Yüksel BARUT</u> gave training on "Official Correspondence Rules" to academic and administrative staff on April 11-13-14, 2022.

Res. Asst. Azize Köseoğlu, who attended the training, said:

The training was given to different groups for three days. I was in the first group. Ensuring uniformity of conducting practice education by correspondence processes electronic environment, safer and faster transactions, and the benefits of saving time, money, labor, and paper were all emphasized. What font and font size should be used in a proper article, concern, title, subject, date, addressee, and how it should be written; when we got to the text, it was stressed that we should follow the spelling rules, cause-and-effect have relationship, offer individualized language, and institutional expression. The issues that should be addressed in the signature and appendix, as well as how the articles written to the lower, same, and higher authorities should be completed, were discussed. While all this was being explained, the correct examples were presented to us. Everyone should be aware of and follow the official correspondence guidelines. On behalf of everyone who participated, I'd like to thank Dear Vice Dean A. Yüksel BARUT for this productive training.

Res. Asst. Öznur Kaya, who participated in the training, said:

I was very satisfied with the training because we often have to write formal letters. We forget that the seemingly small mistakes we make can sometimes have big consequences. Thanks to the experience of our Vice Dean A. Yüksel BARUT, I learned many things that I could not learn by just reading the regulation. Considering that every article we write will represent us, I think we are lucky to learn these rules before it is too late.







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National Sovereignty and Children's Day!

"Little ladies, little gentlemen! All of you are the roses, stars and beacons of happiness in the future! You are the one who will bring the country to the real light. Think about how important and valuable you are and work accordingly. We expect a lot from you."

Mustafa Kemal ATATÜRK

Today is April 23, people are always filled with joy...

April 23, 1920, the opening day of the First Grand National Assembly of Turkey representing the will of the Turkish nation and the first founding day of the young Republic of Turkey... It is the date when the representatives and deputies elected from all over the country gathered in Ankara on April 23, 1920, and the new, secular, independent, democratic and modern Republic of Turkey was established from the Ottoman Empire. April 23 is the date when the foundation of this young state with its freedom and independence was laid. April 23 means Turkish determination, and Turkish courage to challenge the enemies.

23 April, Gazi Mustafa Kemal's "The power of the nation will save the nation again. There is only one sovereignty, and that is national sovereignty" is the date when he believed that the sovereignty was in the nation and national sovereignty was announced to the whole world with the opening of the Turkish Grand National Assembly.

April 23 is the date when the sovereignty day is dedicated to all children of the world, as they are the guarantee of the future peace, with the thought that protecting the homeland begins with protecting children and the love for children should be eternalized with a holiday celebration.

All hope of the great Turkish Nation is the children of today, who are the true republicans of tomorrow.

"National sovereignty is such a light that chains melt in front of it, crowns and thrones sink and disappear. National sovereignty is the honor, pudicty and dignity of the nation. Happy April 23 National Sovereignty and Children's Day."

Asst. Prof. Gülay TAMER

### VISIT TO ISTANBUL TOY MUSEUM

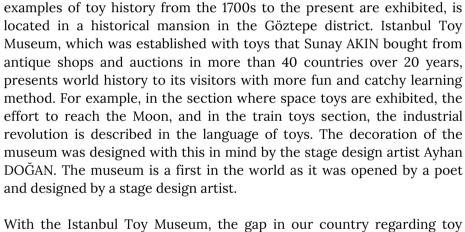


Organized by the Istanbul Gelisim University Faculty of Health Sciences Child Development Department, the "Visit to Istanbul Toy Museum with Child Development Department Students" event was completed pleasantly with the participation of the museum founder, Sunay AKIN.

To the tour; Head of Child Development Department <u>Asst. Prof. Nurten ELKİN</u> and Department members <u>Asst. Prof. Talat SARIKAVA</u>K, <u>Lec. Buse KERİGAN</u>, <u>Res. Asst. Kevser Tuğba ÇINAR</u>, <u>Res. Asst. Hatice Zelal BİNGÖ</u>L and department students participated.

During the museum visit; Nurten ELKİN thanked the students for their participation in the trip, stating that they would reinforce their theoretical knowledge about "games and game materials" in our curriculum thanks to today's visit to the toy museum. Afterwards, department member Asst. Prof. Talat SARIKAVAK talked about the effects of toys on children and their contribution to development areas. Lec. Buse KERİGAN also mentioned the toy museums in Turkey and gave information about the establishment and story of the Istanbul Toy Museum.





Istanbul Toy Museum; It was founded on April 23, 2005, by Belgin Akın and poet/writer Sunay AKIN. The museum, where the most popular



With the Istanbul Toy Museum, the gap in our country regarding toy museums, which have great importance in European countries, has been completed and Istanbul Toy Museum has an important place among the examples in the world. The TOYCO-2012 Istanbul (European Association of Toy and Children's Museums) meeting, which was held by the Istanbul Toy Museum in November 2012 and a first in the world, was held in Turkey for the first time. In this way, the Istanbul Toy Museum became a pioneer in establishing the association of children's and toy museums in the world, and gave Istanbul the title of "capital of toy museums".

During the visit, under the leadership of Res. Asst. Kevser Tuğba ÇINAR, the students were asked to photograph 3 toy images that caught their attention the most and to share these images in a common area with a digital application. In this direction, students' interactive participation was ensured.

At the end of the tour, the founder of the museum, Sunay AKIN, talked about the importance of the child development department and the trip was ended.

Click here for the details of the news.

### Who is Who?

## OF HEAVER SCIENCE SERVICE

### CEMİL TAŞÇIOĞLU



Cemil Tascioğlu was born in Rize in 1952 as the second child of a family of six children. Taşçıoğlu, whose family came to Istanbul when he was 2 years old, completed his primary education at Sultantepe Primary School, and secondary and high school at Marmara College with honors. He graduated from Istanbul University Faculty of Medicine with a degree. After his graduation, he went to Sarıkamış district of Kars to do his military service and after his military service, he went to Şanlıurfa for compulsory service. After working as a physician in started his specialization in the General Internal Medicine Clinic of the Istanbul University Faculty of Medicine, from which he graduated. He received the titles of Internal Medicine specialist, associate professor and professor, respectively.

He examined the first cases seen in Turkey during the Covid-19 pandemic. He also contracted the coronavirus during the examinations. Having been under treatment for a long time and fighting for his life, Prof. Dr. Cemil Taşçıoğlu passed away due to Covid-19. Despite his retirement, he continued his duty not to leave his patients and students. Described by his colleagues as "a great plane tree loved by everyone from his assistant to his student", Taşçıoğlu is also known as the "teacher of the teachers" due to the fact that he trained many physicians.









### **FACULTY OF HEALTH SCIENCES**

Prof. Dr. Rıfat MUTUŞ Dean of Faculty of Health Sciences

Assoc. Prof. S. Arda ÖZTÜRKCAN Vice Dean of Faculty of Health Sciences

Asst. Prof. A. Yüksel BARUT Vice Dean of Faculty of Health Sciences

### **BULLETIN TEAM**

Asst. Prof. Emrah TÜNCER

Asst. Prof. Gülay TAMER

Res. Asst. Engin ÇAĞLAR

Res. Asst. Rumeysa Nur AKBAŞ

Res. Asst. Ümran ALTUNDAL

Res. Asst. Tuğba TÜRKCAN





