

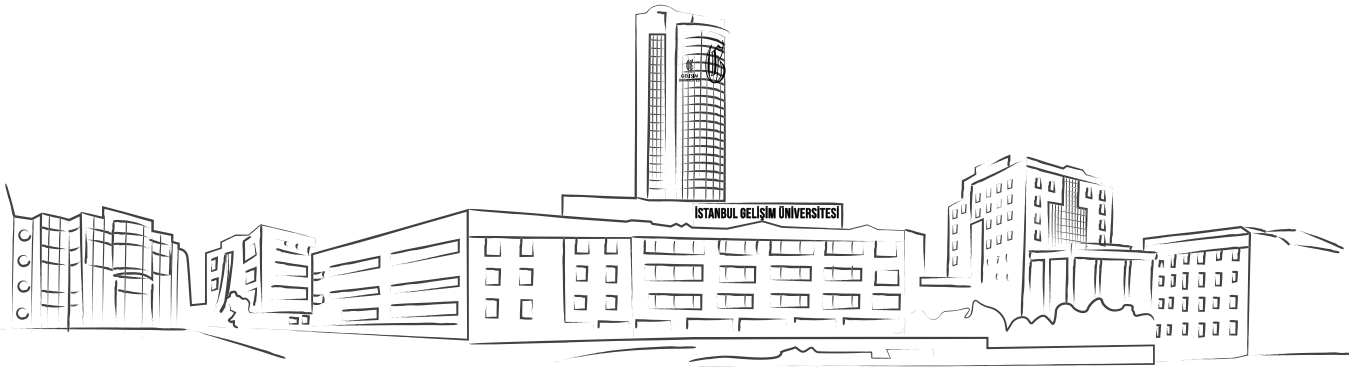


ISTANBUL  
**GELISIM**  
UNIVERSITY

**WEEKLY PRESS RELEASE**

**NOVEMBER 23 - NOVEMBER 27, 2020**

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## AGENDA OF PERSONNEL

**Asst. Prof. Dr. Şerefnur Atik** is appointed as the Director of the Turkish and Foreign Language Application and Research Center of our university on 20.11.2020.

Lect. **Yasemen Karaman** is appointed as the Head of the Machinery Program at Istanbul Gelisim Vocational School as of 20.11.2020.

## NEWS

## Are historical artifacts ready for the expected Istanbul earthquake?

NOVEMBER 23

2020



Stating that historical monuments should be prepared for the expected big Istanbul earthquake, Cultural Heritage Management Expert Asst. Prof. Dr. İlknur Türkoğlu said: "Istanbul is not a newly established city. Its history goes back 300 thousand years. Therefore, the preparation and protection of historical artifacts in a possible earthquake becomes even more important. Exercises should be done in museums as if there was an earthquake. We should also organize workshops to protect each historical monument against earthquakes."

Asst. Prof. Dr. İlknur Türkoğlu, Cultural Heritage Management Expert from Istanbul Gelişim University, explained the precautions to be taken to protect historical artifacts from the expected big Istanbul earthquake. Saying that it is normal to expect 7 or more when looking at the earthquake history of Istanbul, Asst. Prof. Dr. Türkoğlu added: "There have been earthquakes since the Byzantine period and historical artifacts have also been damaged. It is written in historical documents that the dome of Hagia Sophia was demolished and damaged. It is the right decision to carry out disaster management studies in museums with the instruction of the Ministry of Interior."

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**The elderly's sense of control changes in the pandemic**

NOVEMBER 25

2020



Making an assessment on the psychological impact of the pandemic on the elderly, Gerontologist F. Sila Ayan said: "With the pandemic, the daily routines of the elderly people, the care and support they receive, their ability to stay socially connected and their sense of control are changing day by day."

Increasing coronavirus cases brought new measures with it. The curfew imposed on the weekend was also applied to people over 65. Accordingly, people aged 65 and over will be able to go out on the streets between 10.00 and 13.00 in all cities, and the ban will continue both on weekdays and on weekends for people over 65. Lecturer F. Sila Ayan from Istanbul Gelisim

University Gerontology Department, who stated that anxiety, illness and fear of death may also be seen in the elderly who take a break from their work and education activities and change their daily routines in accordance with the restrictions, added: "Seniors are struggling with basic prevention strategies based on spending more time at home, as well as negative emotions caused by the lack of contact and communication with family members, friends and colleagues. It is therefore important that we create opportunities to psychologically promote healthy aging during the pandemic."

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**The effect of the pandemic on faith tourism**

NOVEMBER 26

2020



Four scientists conducting academic studies in Turkey Covid-19 examined the impact of the pandemic on religious tourism. The study sheds light on the history of the virus, its impact on the global economy, and crisis management measures involving holy places.

In the study carried out by Prof. Dr. William Mosier, Dr. Tariq Elhadary, Dr. İsmail A. Elhaty ve Dr. Mehdi Safaei, working at Istanbul Gelisim University, the issue of the COVID-19 pandemic was addressed from the perspective of medical science, chemistry, management science, economics and religious sociology.

You can visit [www.gelisim.edu.tr](http://www.gelisim.edu.tr) to see the detailed news.

**Decision of the French Senate is the new dimension of immorality  
in international relations**

NOVEMBER 27

2020



The French Senate's adoption of the resolution proposing to the government to recognize the independence of Nagorno-Karabakh caused controversy. Sociologist and International Relations Expert Dr. Bahlul Aliyev from Istanbul Gelisim University said: "This decision of the French Senate represents the transition to a new phase of immorality in the history of international relations."

**"NAGORNO-KARABAKH IS NOT A DISPUTED AREA"**

Stating that the independence of Nagorno-Karabakh is not a matter of debate, Dr. Aliyev said: "The status of Nagorno-Karabakh has never been evaluated outside the territorial integrity of Azerbaijan. The resolutions 822, 853, 874, 884 of the UN Security Council are the most important indicators that Nagorno-Karabakh is recognized within the internationally accepted borders of the Azerbaijan Republic. Thus, Nagorno-Karabakh is not just any disputed region, on the contrary, it is the Azerbaijani territory that has been under occupation for nearly 30 years and liberated from the occupation again by the 44-day Homeland War of the Azerbaijan Armed Forces. The status quo, which has been mentioned so far and offered as the only alternative, has now been disrupted. The Azerbaijani Army alone implemented the UNSC resolutions. So any independence is unacceptable even to be discussed."

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# THINGS TO KNOW



## ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

### What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

### How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

### What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

### What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





## PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.



## ISTANBUL GELISIM UNIVERSITY EVENT SCHEDULE

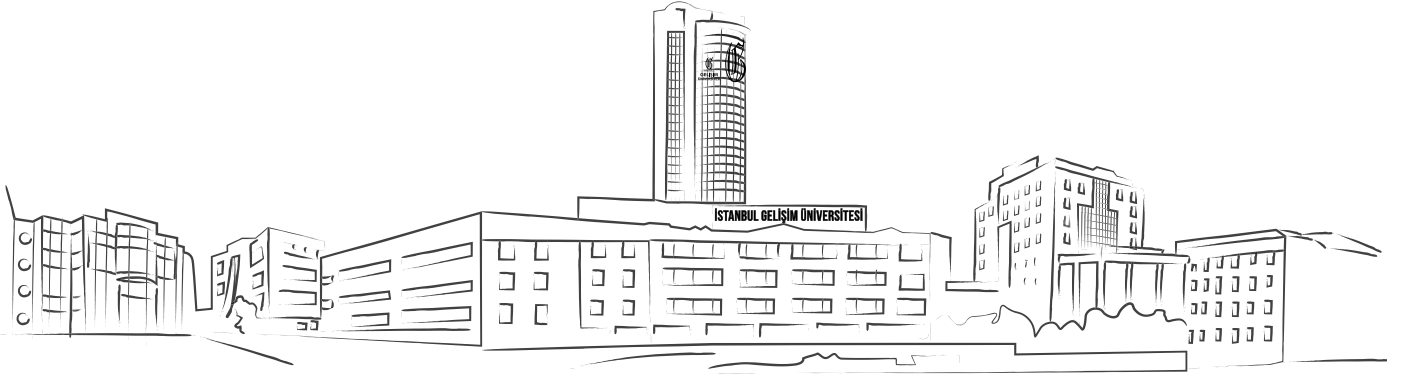


DATE	TIME	TYPE OF EVENT	TITLE OF EVENT	LOCATION OF EVENT	DEFINITION	ORGANIZER
4.12.2020	14:00	Seminar	Practical Ideas and Tools for Teaching Online	Zoom	The event aims to share practical ideas and tools for online lessons with lecturers working at the School of Foreign Languages.	Directorate of the School of Foreign Languages

\* Events are held online

\* Applications for attendance are submitted to relevant units

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