



ISTANBUL
GELISIM
UNIVERSITY

WEEKLY PRESS RELEASE

OCTOBER 12 - OCTOBER 16, 2020

VOLUME 5 / ISSUE 1



www.gelisim.edu.tr

AGENDA OF PERSONNEL

Asst. Prof. Dr. Abdullah Çetin Yiğit has been assigned as Head of the Health Management Program at the School of Health Sciences as of 13.10.2020

UPDATES FROM IGU



Art works of the **Prof. Dr. Ismet Çavuşoğlu**, the acting dean of the Faculty of Fine Arts, were exhibited in a very important exhibition abroad

<https://gsf.gelisim.edu.tr/haber/prof-dr-ismet-cavusoglu-uluslararasi-sergiye-katildi-1>

of Eurasian Social Sciences) Açılış Tarihi:
15-18 Ekim 2020 Bodrum / MUĞLA 15.10.2020

ULUSLARARASI KİŞİSEL SERGİ

Dr. Öğr. Üyesi Mustafa GÜNAY

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A personal painting exhibition of **Asst. Prof. Dr. Mustafa Günay** from the Graphic Design Program of IGVS Design Department was held in Bodrum on 15 October 2020 within the scope of the International Eurasia Congress.

The article titled “Photography in Preschool: A Workshop Design Application” written by **Lect. İbrahim Tarkan Doğan** and **Asst. Prof. Dr. Derya Kavgaoğlu** from Program of Radio-TV Programming under the Visual, Audiovisual Techniques and Media Production Department was published in the 11th issue of IGUSABDER. Access link is below.

<https://dergipark.org.tr/tr/pub/igusabder/issue/56603/701667>

33 films from Turkey to the Interuniversity Short Film Competition

OCTOBER 12

2020



The jury evaluations of the International Frankfurt Turkish Film Festival, which will be held in Frankfurt, Germany on November 1-6, with the contributions of the Ministry of Culture and Tourism and the Municipality of Frankfurt, continue. Prizes will be given in 2021 due to the new type of coronavirus (Kovid-19) measures, and the films that receive awards will meet the public with a special screening. Works awarded in the short film and documentary category can be watched online.

“33 MOVIES FROM TURKEY, 11 FILMS FROM UNIVERSITIES IN GERMANY”

The Interuniversity Short Film Competition, which is organized for the 12th time by the festival this year to support the creativity of young people studying cinema at Turkish and German universities and to bring their work to the international platform, attracted great attention from the students. 33 movies from Turkey, 11 from universities in Germany joined the competition.

You can visit www.gelisim.edu.tr to see the detailed news.

In the top 30 with the project for women entrepreneurial students

OCTOBER 13

2020



The women's entrepreneurship camp, organized in cooperation with TÜBİTAK Marmara Teknokent, KADEM, Informatics Valley and TOBB ETÜ, started. Safiye Top, who participated in the competition with her project for students and qualified to be in the top 30, said: “I would like all women to participate in projects such as “I have an idea, I want to give life to it.”

A competition was held to increase the entrepreneurial skills of women with the “Women in Innovation” themed project created in cooperation with TÜBİTAK Marmara Teknokent, KADEM, Informatics Valley and TOBB ETÜ. Res. Asst. Safiye Top from Istanbul Gelisim University School of Applied Sciences, who ranked in the top 30 with the work related to students in the competition, qualified to attend the entrepreneurship camp. In addition, 25 thousand TL will be awarded to five successful project owners selected at the end of the entrepreneurship camp (if they receive support from national and international support programs within a year).

You can visit www.gelisim.edu.tr to see the detailed news.

10 percent of deaths are due to alcohol use

OCTOBER 15

2020



Quality Life Specialist Assoc. Prof. Dr. Haluk Saçaklı, who explains the damages caused by alcohol use on the human body, said: "According to the data of the World Health Organization, 10 percent of the deaths in the world occur from alcohol use. Alcohol use increases the risk of mouth, throat, breast, liver, colon ulcers and depression."

Alcohol use causes immediate and permanent damages in the human body and affects human life very negatively. Explaining the harms of alcohol use on the human body, Faculty Member of Istanbul Gelisim University Department of Exercise and Sports Sciences Assoc. Prof. Dr. Haluk Saçaklı said: "Pregnant women, especially those with alcohol addicts in their families, and those diagnosed with breast and colon cancer should stay away from alcohol. A healthy life is provided by avoiding alcohol, tobacco and substance addictions. If we use our body well, we can live long term."

You can visit www.gelisim.edu.tr to see the detailed news.

Danger of Rotavirus in undercooked meat; 200 thousand children die every year

OCTOBER 16

2020



Stating that there are bacteria and viruses that cause disease in meat that is consumed undercooked or raw, Asst. Prof. Dr. Murat Doğan said: "Around 20 percent of the meat of animals in countries such as Argentina and Brazil have been found to have diarrhea, especially in children aged 0-5. Every year, 200 thousand children die from this virus in the world. It is very important to cook döner in hygienic conditions with correct heat treatment."

With or without oil, over rice, wraps, bread, potatoes, buttermilk or alone... Everyone has a different choice. Döner, one of the indispensable tastes of the Turks, threatens human health if not cooked under appropriate conditions. Asst. Prof. Dr. Murat Doğan from Istanbul Gelisim University, drawing

attention to the hygiene conditions and cooking time while making döner, warned against bacteria and viruses such as rota virus, Salmonella, E.coli, which are found in raw meat and especially threaten the health of children.

You can visit www.gelisim.edu.tr to see the detailed news.

THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.



