

MONTHLY EVENTS AND NEWS BULLETIN

Faculty of Health Sciences

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

OCTOBER 2024 | ISSUE 46 |VOLUME 4



Faculty of Health Sciences

It is necessary to overcome pride in successes and to resist despair in disasters.

Mustafa Kemal ATATÜRK

04:17

WE HAVE NOT FORGOTTEN





6 FEBRUARY 2023

Faculty of Health Sciences

OCTOBER

"The tenth month of the year is located between September and November and lasts 31 days."

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

October 1: World Animal Day

October 10: World Audiologist Day, World Mental Health Day

October 16: World Food Day

October 19 – November 4: Red Crescent Week

October 26: Patient Rights Day

October 27: Occupational Therapy Day

October 29: Occupational Therapy Day



The Republic is the courage of gentle hearts.




Long Live the Republic
29 OCTOBER 1923
29 OCTOBER
REPUBLİC DAY
HAPPY CELEBRATİON
We celebrate the 101st anniversary of our Republic with enthusiasm and pride!



Faculty of Health Sciences

CONTENTS

4 ISTANBUL GELISIM UNIVERSITY FACULTY OF HEALTH SCIENCES ORGANIZES A BOSPHORUS CRUISE WİTH ALUMNI

5 YOK EVALUATED UNIVERSITIES IGU RANKED 1ST IN 3 CATEGORIES

7 IGU ACHIEVED GREAT SUCCESS BY BEING IN THE 1001-1200 RANKINGS IN THE WORLD UNIVERSITIES RANKING 2025

9 WORLD FOOD DAY

11 SEMINAR ON 'THE VALUE OF TIME IN QUALITY AND HEALTHY LIVING'

12 2024-2025 ACADEMIC YEAR OPENING AND HONORARY DOCTORATE AWARD CEREMONY

13 THE FIRST ACADEMIC BOARD OF FHS 2024-2025 ACADEMIC YEAR WAS HELD

14 ACHIEVEMENTS OF THE REPUBLIC EVENT WAS HELD

17 THE ORIENTATION TRAINING FOR FIRST-YEAR STUDENTS OF OUR UNIVERSITY FOR THE 2024-2025 ACADEMİC YEAR WAS CONDUCTED

18 CHILD DEVELOPMENT DEPARTMENT HAS BEEN HELD

19 ORIENTATION MEETING OF THE SOCIAL WORK DEPARTMENT HELD

20 NUTRITION AND DIETETICS DEPARTMENT TURKISH PROGRAM ORIENTATION

21 ORIENTATION FOR THE NUTRITION AND DIETETICS DEPARTMENT ENGLISH PROGRAM

22 THE 2024-2025 ORIENTATION PROGRAM FOR DEPARTMENT OF HEALTH MANAGEMENT HAS BEEN COMPLETED

23 ACADEMIC STUDIES

26 TRACES OF GENDER IN SOCİAL MEMORY: THE SECOND ISSUE OF JOURNAL OF WOMEN AND GENDER IN THE ARCHIVES IS OUT

27 "CHILDREN AND SCREEN EXPOSURE" EVENT HELD AT THE HEALTHY DEVELOPMENT PLATFORM

28 TUBITAK 4008-AUTISTIC EXPLORERS PROJECT COMPLETED

31 70% OF CHILDREN QUIT SPORTS BY THE AGE OF 14

34 THE RESULTS OF THE "RURAL IN LIFE" PROJECT WERE SHARED AT AN ORGANIZED EVENT

35 HEALT SOCIOLOGY SEMINAR

36 ARE WE RESPONSIBLE FOR PEOPLE WE DO NOT SEE?

38 OUR GUEST OFTHIS MONTH

39 DEVELOPMENT READINGS

ISTANBUL GELISIM UNIVERSITY FACULTY OF HEALTH SCIENCES

Organizes a Bosphorus Cruise with Alumni

Faculty of Health Sciences

Leadership, Management, Quality

The Career Planning and Alumni Communication Committee of the Faculty of Health Sciences at Istanbul Gelişim University gathered with its alumni on a Bosphorus cruise on Saturday, September 21. This event marked the committee's first activity.

The event started with an opening speech by the Committee Chair,Asst. Prof. Neşe Kıskaç, who emphasized the importance of building stronger ties with alumni and supporting them in their career planning. Afterward, during the guided Bosphorus tour, participants enjoyed the unique view of Istanbul while reminiscing about old times and creating networking opportunities.





Academic staff from various departments within the Faculty of Health Sciences also attended the event, giving them the chance to engage in one-on-one conversations with alumni. Throughout the event, a warm atmosphere was created, allowing both academics and alumni to exchange ideas about career development

This event, which began with the Bosphorus cruise, is seen as the first step toward future gatherings and aims to strengthen the bond among alumni.

Click here to access the news.

YOK EVALUATED UNIVERSITIES
IGU RANKED 1ST IN 3 CATEGORIES

The "University Monitoring and Evaluation General Report-2024" prepared by the Council of Higher Education (YÖK) was published. Istanbul Gelisim University (IGU), which stood out in 6 fields last year, stood out in 10 fields this year with its studies. While IGU was at the top with its studies in the field of water saving investment and energy efficiency investment per the amount of water consumed in the "Sustainability" category, which is one of the evaluations made by the Council of Higher Education, it maintained its 1st place as the university with the most accredited undergraduate programs.

The "University Monitoring and Evaluation General Report-2024", in which the Council of Higher Education evaluated 201 universities in Turkey according to 64 different indicators, was published. Istanbul Gelisim University (IGU) ranked 1st in the university category, where the use of energy efficiency investment and water saving investment per the amount of water consumed was the highest. IGU, which took firm steps towards internationalization, maintained its 1st place as the university with the most accredited undergraduate programs among both state and foundation universities.

IGU entered the rankings in 10 different indicators in 4 different categories

Istanbul Gelisim University, which proceeds with the vision of "Research University ", ranked 6th in the category of "applied patent, useful model or design" in the field of " Research-Development, Project and Publication" according to 2024 data, and 13th in the category of "Field-weighted citation impact". In the "University Monitoring and Evaluation General Report-2024"; IGU, which is the 1st university with the most accredited undergraduate programs in the field of "Education and Training", ranked 3rd in the "Number of E-Resources" category.

Advancing with the vision of the world university, IGU ranked 5th in the category of "Number of international doctoral academicians employed" in the field of "Internationalization", 9th in the category of "Number of international students" and 11th in the category of "Number of students participating in exchange programs".

Success in 3 different indicators in the sustainability field!

Istanbul Gelisim University, which attaches importance to sustainability studies in all areas, especially environmental sustainability by adopting the "Sustainable Development Goals", once again emphasized the importance it attaches to the practices for the effective use of natural resources as the 8th in the category of "Direct carbon footprint per capita" as well as its first place in the categories of "energy efficiency investment use" and "water saving investment per amount of water consumed" in the field of "Sustainability" in the 2024 report.

"We act with a strong spirit of cooperation to shape the future"

Istanbul Gelisim University Rector Prof. Bahri Şahin underlined the success of IGU in 10 fields in the University Monitoring and Evaluation General Report-2024, which maintains its 1st place as the university with the most accredited undergraduate program among both state and foundation universities. Prof. Şahin also added: We are proud of the studies we have carried out on many issues such as rapidly developing technology, climate and environmental problems, global conflicts, changes in social needs, employment and economic crises, which YÖK President Prof. Erol Özvar said these are the issues that higher education will seek solutions in the coming period. As a university, we adopt the United Nations Sustainable Development Goals with the aim of leaving a more livable world for future generations. Sustainability is critical not only for the world, but also for humanity, and achieving this goal is a shared responsibility of all of us. In this regard, we aim to develop innovative solutions and increase social benefit by giving special importance to our education and research activities. We act in a strong spirit of cooperation to shape the future."

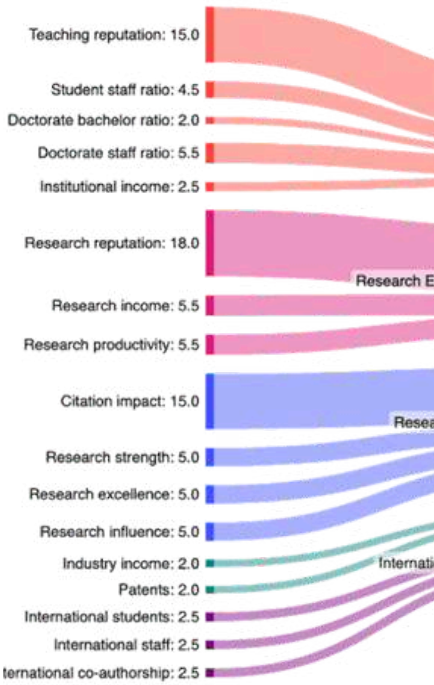
Click for the news.



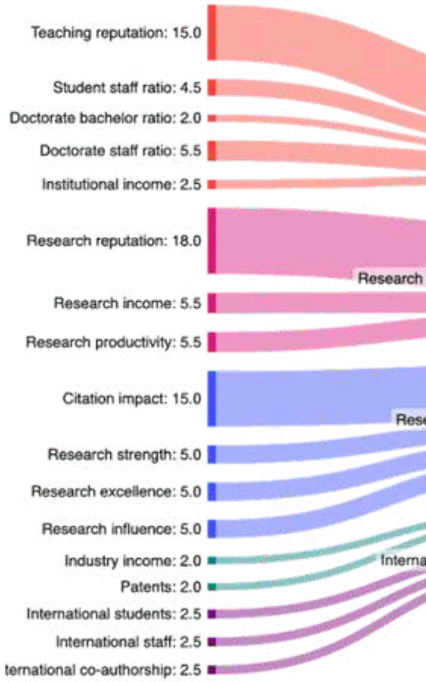
IGU ACHIEVED GREAT SUCCESS BY BEING IN THE 1001-1200 RANKINGS IN THE WORLD UNIVERSITIES RANKING 2025

Istanbul Gelisim University has achieved great success by ranking in the top 500 in the field of Research Quality in the list of THE World Universities Ranking 2025, which includes many well-established institutions such as Oxford University, Massachusetts Institute of Technology (MIT) and Harvard University.

Times Higher Education (THE), the London-based international higher education rating agency, announced the World University Rankings for 2025. The ranking was evaluated with the criteria of Education, Research Environment, Research Quality, Industry and International Outlook between 2019-2023. In this process, those who met various criteria from approximately 40,000 universities worldwide were included in the ranking. While there are more than 2,000 institutions in this ranking, Türkiye has achieved a historical success by being represented by 91 universities. In addition, 12 Turkish universities were included in the top 1000.



IGU, which achieved a significant successin the World Universities Ranking 2025, was ranked in the 1001-1200 in the world in general rankings, being 13th among Turkish universities and 8th among foundation universities.



IGU, which ranks 473rd in the world with Research Quality field, was listed as the 3rd among Turkish universities and as the 2nd among foundation universities.

In the field of International Outlook, it ranked 596th in the world, and 5th in Türkiye.

The success of IGU in the rankings shows the university's commitment to high-quality education and research and its compliance with international standards. IGU, which advances to the vision of the world university, takes firm steps towards becoming a globally recognized university by supporting its research activities while providing an innovative and contemporary education to its students.



1001

13

08

"This achievement is not only a ranking; it is also a reflection of our understanding of academic excellence and innovative education"

Istanbul Gelisim University Rector Prof. Bahri ŞAHİN: "As Istanbul Gelisim University, we are proud to be among the top 500 universities in the field of Research Quality in the Times Higher Education (THE) World Universities Ranking 2025. The fact that we are ranked 8th among the foundation universities in Turkey by being in the 1001-1200 in the general rankings in the international arena is a result of the intense efforts and dedication we carry out together. This achievement is not only a ranking; it is also a reflection of our understanding of academic excellence and innovative education. Our vision is to provide our students with the highest quality education, making them individuals who can compete on a global level. We aim to be a pioneer in knowledge production with our studies in the field of research and innovation. I would like to thank all our academicians and stakeholders of our university who contributed to achieving this success. We will continue to work to achieve many more achievements that will strengthen the presence of IGU in the international arena by continuing to move forward with determination to achieve larger goals in the future."

Commenting on Türkiye's success in the Times Higher Education (THE) 2025 World University Rankings, THE Global President Phil BATY stated, "The increase in the number of Turkish universities in the top rankings is an indication that Türkiye has made rapid progress in terms of research and education quality. It is really great to observe this and we think it will go higher in the rankings of universities."



World Food Day

Prepared By; Asst. Prof. Aylar Kargar MOHAMMADINAZHAD



Every year, on *October 16th*, the world unites to observe *World Food Day*, a day dedicated to commemorating the founding of the *Food and Agriculture Organization (FAO)* of the United Nations in 1945. This important day raises awareness of critical issues such as *food security, hunger, malnutrition*, and the universal right to *access nutritious food*.

World Food Day is an opportunity to reflect on the *millions of people* worldwide who continue to face hunger and malnutrition. It underscores the essential role of *sustainable agriculture* in addressing these global challenges. FAO selects a theme each year to steer international dialogue and action on issues like *food security, poverty, or climate change*, ensuring that the world remains focused on achieving long-term solutions.

This global event is marked by *policy discussions, educational initiatives*, and a range of campaigns aimed at fostering *international cooperation*. The ultimate goal is to meet the *United Nations' Sustainable Development Goal* of achieving *Zero Hunger* by *2030*. World Food Day encourages *individuals, communities, and governments* alike to actively support fair food systems and *sustainable agricultural practices* that can alleviate hunger and improve nutrition for all.

For *2024*, the theme, *"Right to Foods for a Better Life and a Better Future"* emphasizes the need for *access to diverse, affordable, healthy, and sufficient food* for everyone. It also stresses the importance of the *right to proper nutrition,* positioning this as a basic human right that all people deserve.

Even though there is sufficient global food production, approximately *733 million people* continue to go hungry, largely due to *climate shocks, conflicts, and economic instability. World Food Day* calls for urgent changes to agrifood systems, aiming to address these challenges, protect the environment, promote *better nutrition*, and reduce *food waste.*

Globally, *malnutrition* is a widespread issue affecting billions of people in different forms, including *obesity, undernutrition, and micronutrient* deficiencies. Events held on World Food Day often bring attention to the importance of making *nutritious, affordable food* available for everyone, particularly those in vulnerable communities.

Key messages from *World Food Day* include:

- ***Combating Malnutrition:*** **Addressing all forms of malnutrition by promoting sustainable food systems and reducing reliance on processed and unhealthy foods.**
- ***Sustainable Diets:*** **Encouraging sustainable agricultural practices that are not only environmentally friendly but also contribute to improving human health.**
- ***Education and Awareness:*** **Raising awareness about the importance of making better food choices and reducing food waste, which can greatly improve global nutrition and contribute to healthier societies.**



Additionally, *World Food Day* reminds us of the *interconnectedness* of food systems, human health, and environmental well-being. Transforming food systems is not just about increasing production; it is also about ensuring that *food systems are resilient, inclusive, and equitable* for everyone.

This transformation will play a crucial role in meeting the growing demands of a global population, while protecting our planet for future generations.

Ref: FAO World Food Day (available at: https://www.fao.org/commonpages/search/en/?q=world+food+day)

Seminar on 'The Value of Time in Quality and Healthy Living'

Seminar on 'The Value of Time in Quality and Healthy Living' Organized by Deputy Dean Asst. Prof. Abdullah Yüksel BARUT

Our university organized a seminar titled "The Value of Time in Quality and Healthy Living" led by Deputy Dean Assist. Prof. Abdullah Yüksel BARUT, emphasizing the importance of healthy and quality living.

The seminar, attended by students and academics, focused on the effects of time management on health, methods for coping with stress, and strategies for spending quality time in daily life. Assist. Prof. Barut highlighted that proper use of time enhances quality of life and shared ways to maintain a balanced lifestyle. At the end of the event, participants were recommended practical resources on healthy living and time management. The seminar concluded with a plaque presentation to Assist. Prof. Abdullah Yüksel BARUT by Assist. Prof. Nurten ELKİN, Head of the Child Development Department, and Prof. Dr. Nefise Semra ERKAN, in recognition of his valuable contributions.







2024-2025 ACADEMIC YEAR OPENING AND HONORARY DOCTORATE AWARD CEREMONY







Istanbul Gelisim University (IGU) held its 2024-2025 Academic Year Opening and Honorary Doctorate Award Ceremony. During the ceremony, former Prime Minister of Turkey, Binali Yıldırım, was awarded an honorary doctorate. Yıldırım highlighted Turkey's political situation over the past 20 years and emphasized the importance of artificial intelligence.

He acknowledged the university's significant achievements, including its notable number of international students, and thanked Abdulkadir GAYRETLİ, the Chairman of the Board of Trustees, for his support in education. Abdulkadir Gayretli expressed his confidence that IGU would rank in the 800-1000 range in global rankings. Rector Prof. Dr. Bahri ŞAHİN stated that IGU aims to enhance its national and international presence, highlighting the successes noted in the YÖK University Monitoring and Evaluation Report.

İstanbul Gelişim Üniversitesi - İGÜ, Binali Yıldırım'a Fahri Doktora Diploması tevcih etti

İGÜ, Binali Yıldırım'a Fahri Doktora Diploması tevcih etti

The first Academic Board of FHS 2024-2025 Academic Year was held

The first Academic Board of FHS 2024-2025 Academic Year was held. The meeting, which began with the opening speech by the Dean of the Faculty of Health Sciences, Prof. Dr. Rıfat MUTUŞ, was attended by the Rector Prof. Dr. Bahri ŞAHİN, Vice Rectors Prof. Dr. Nuri KURUOĞLU, Prof. Dr. Necmettin MARAŞLI, Prof. Dr. Arda ÖZTÜRKCAN, and faculty members of the Faculty of Health Sciences.

The 2024-2025 Academic Year has officially started at Istanbul Gelişim University with great momentum. The Faculty of Health Sciences, which has 13 accredited departments under the Accreditation Agency in Health and Social Sciences (AHPGS), a member of the European Quality Assurance Association, began its 2024-2025 Academic Year Opening Meeting with the opening speech by Dean Prof. Dr. Rıfat MUTUŞ. In his speech, MUTUŞ presented a statistical analysis based on data from the 2023-2024 Academic Year.

Support for Academics' Projects!

IGU Rector Prof. Dr. Bahri ŞAHİN, who attended the meeting, mentioned the activities of IGU TEKMER, which promotes entrepreneurship within the university, and announced that they are supporting academic projects.

Vice Rector for Education Prof. Dr. Nuri KURUOĞLU evaluated the 2024-2025 Academic Year in terms of curriculum and quality education, while Vice Rector for Research and Development Prof. Dr. Necmettin MARAŞLI emphasized that the Cyber Academy projects have been presented abroad, and further studies are being conducted. Maraşlı also highlighted that increasing the number of 2209 TÜBİTAK projects is one of their main goals. Vice Rector for Quality, Accreditation, and Internationalization Prof. Dr. Arda ÖZTÜRKCAN, in his speech, touched upon the departments accredited by AHPGS and the processes related to YÖKAK. He also highlighted IGU's activities and achievements in sustainability efforts and emphasized that significant progress is being made toward the university's internationalization goals.



ACHIEVEMENTS OF THE REPUBLIC

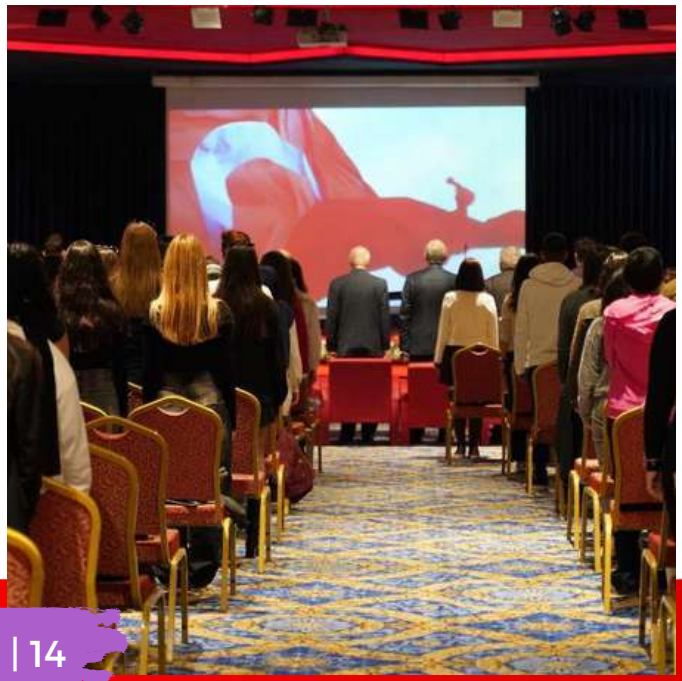
Event was Held

The *"Achievements of Repuplic"* event organized by the Nursing TR/EN, Orthosis Prosthesis and Health Management departments of Istanbul Gelişim University's Faculty of Health Sciences was held on October 23, 2024 at the Mehmet Akif Ersoy Conference Hall.

The event began with a moment of silence and the reading of the National Anthem, followed by a speech by Abdullah Yüksel BARUT, Assistant Professor and Vice Dean of the Faculty of Health Sciences, emphasizing the importance of October 29 and the Republic.

After stating, *'May today be blessed on the day the Republic turns 100,'* Asst. Prof. Abdullah Yüksel Barut continued his speech by asking, 'Do you know why the Republic was declared on October 29?'"





There is a question that has long occupied the mind of Marshal Fahrettin Altay: Why did Mustafa Kemal Atatürk declare the Republic on October 29? Why not October 27 or November 1?

After a meal at the Çankaya Mansion, Fahrettin Altay approaches Atatürk and says, 'Sir, I have noticed something. Is it a coincidence that the declaration of our Republic coincided with the night of October 29? It could have been three days earlier or five days later.'"
In response, Atatürk says:
"The armistice was signed on October 30, 1918.
The homeland was fragmented and occupied.
So, how many years passed from October 30, 1918, to September 9, 1922, when we entered İzmir?
Four years.
We declared the Republic on October 29, 1923.
This is the great revolution we achieved in just five years. Which nation in history has experienced such a transformation under the circumstances we faced?
This oppressed nation has reached its rightful place, and the greatest reward for the suffering and hardships we endured is this. The whole world has witnessed it.
Mondros is October 30. The Republic is October 29.

This is the sigh of an oppressed nation."
After sharing the story of why the Republic was declared on October 29, Asst. Prof. Abdullah Yüksel Barut reiterated his question: *"Why was the Republic declared on October 29? Because Mustafa Kemal Atatürk managed not only a large army well, but also time itself."*

Asst. Prof. Abdullah Yüksel Barut concluded his speech by thanking the former ambassador for accepting the invitation to the event after saying, *"I wish you many more years under the Republic's rule, how happy is the one who says I am a Turk."*

















The event continued with valuable contributions from the former ambassador Uluç ÖZÜLKER.

Uluç Özülker began his speech with the following question: "*Who is Atatürk to me?" Atatürk is a soldier, and what kind of soldier. He is rational; he approached every issue primarily through the lens of reason and realism. He is determined and always thought ahead. He is a leader, providing solutions for a nation in despair. He is a politician, resolute in achieving national interests.*"

Uluç Özülker, who shared various anecdotes from Atatürk's life, emphasized the people's belief in Atatürk with the following story;

"While Atatürk was on the road, he was stopped by horsemen. There was another assassination attempt on Atatürk after Samsun. The assassins were given a lot of gold. The people in the vehicle thought that this time it was the end for us. One of the horsemen came before Atatürk and said, "They hired me to kill you. I am giving you this gold, spend it on the path of independence. You, the great man. The commander-in-chief. "Fall before us," he says.

Uluç Özülker completed his speech with the following words, accompanied by applause: *"Atatürk was one of us. He was the people themselves. Atatürk's success was the success of the Turkish soldiers, Atatürk's success was the people's success. This is what Atatürk is, I tried to explain."*

After the presentation of a plaque to Uluç Özülker, the event concluded with a musical performance by the Nursing Club students.

The orientation training for first-year students of our university for the 2024-2025 academic year was conducted.

An orientation program was organized for first-year students starting their studies between September 23, 2024, and September 26, 2024, at the Gelisim Tower.

Between September 23, 2024, and September 26, 2024, an orientation program was organized at the Gelisim Tower for first-year students to facilitate their adaptation to both their departments and the university. As part of the program, Assist. Prof. Nurten Elkin, the Coordinator of the Fight Against Addiction, participated in the orientation activities to introduce the coordination unit and discuss its objectives and activities.





The Orientation Program for the Child Development Department Has Been Held

On September 30, 2024, with the beginning of the 2024-2025 academic year, an orientation program was held for 1st, 2nd, 3rd, and 4th-year students of the Child Development Department at Istanbul Gelişim University. The program was presented by the Head of the Child Development Department, Asst. Prof. Nurten ELKİN, while Asst. Prof. Abdullah Yüksel BARUT, Vice Dean of the Faculty of Health Sciences, Prof. Dr. Nefise Semra ERKAN, and Lecturer Berk Efe ALTINAL also contributed by introducing the university to the students through their speeches.

The orientation program for 1st-year Child Development students started at 11:00. Students were informed about the opportunities offered by the university, the academic staff, Double Major Programs, and Erasmus opportunities. Additionally, they were briefed on TÜBİTAK projects, master's programs, and entrepreneurship support provided by the university.

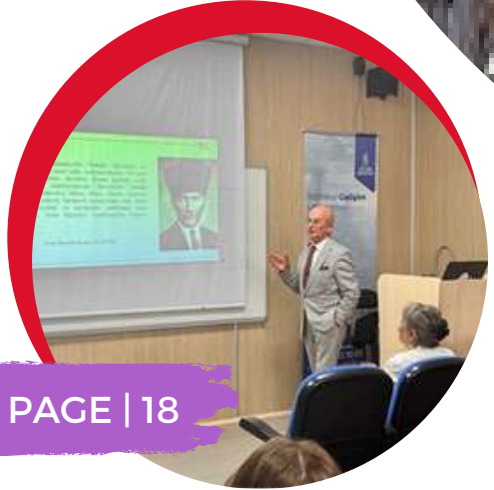


For 2nd, 3rd, and 4th-year Child Development students, important reminders about the department were made to ensure their readiness for the new academic year. Students were encouraged to take advantage of double majör programs and were informed about which faculty members could guide them in developing TÜBİTAK projects. Steps for advancing in the academic field through the Child Development Master's Program were also outlined. Detailed information about the thesis and non-thesis master's programs in Child Development at Istanbul Gelişim University's Graduate Institute was shared with the students.

Dr. Lecturer Nurten ELKİN's presentation was supported by Vice Dean of the Faculty of Health Sciences Asst. Prof. Lecturer Abdullah Yüksel BARUT, who emphasized the importance of making the most of the educational opportunities at hand and discussed the doors opened by the university for the students. Prof. Dr. Nefise Semra ERKAN spoke about the facilities and future of the Child Development Department, helping students prepare for the new academic year. Lecturer Berk Efe ALTINAL introduced the TÜBİTAK projects he leads and explained the steps for developing projects to all students.

The orientation provided guidance to help students adapt to university life and make the best use of the available opportunities.





Orientation Meeting of the Social Work Department Held

The Social Work Department welcomed the new academic year with an engaging orientation meeting. The event aimed to facilitate students' adaptation to the department and provide essential information about their educational journey.

The meeting began with a warm welcome and opening speech by Prof. Dr. İsmet Galip YOLCUOĞLU, who extended his best wishes to the students for the new academic term and emphasized the significance of the Social Work Department.

Following the opening, research assistants Arş. Gör. Onur Zeki ANILGAN, Arş. Gör. Aslıhan Kübra SAKARYA, and Arş. Gör. Fatma Türkan ÖZIRMAK delivered presentations introducing the department. During the presentations, which benefited from the contributions of the academic staff, the curriculum, faculty, and opportunities available to students were thoroughly discussed.

The event became interactive with a Q&A session, allowing students to engage directly and connect with new peers. This orientation marked the expansion of the Social Work Department family, offering participants an inspiring start to the academic year.



Nutrition and Dietetics Department Turkish Program Orientation

The Nutrition and Dietetics Department Turkish Program Orientation was successfully held on 1 October 2024 at Room 026, Block B. During the event, first-year students had the opportunity to get to know our department closely and gain valuable insights into the academic processes they will experience throughout their university journey.
The orientation session featured a detailed presentation by our Head of Department, Asst. Prof. H. Merve BAYRAM, who provided guidance on key aspects of academic life and department-specific opportunities.

We would like to thank all our students for their participation and wish them success in their studies. We look forward to supporting them as they embark on this exciting new chapter!



Orientation for the Nutrition and Dietetics Department English Program

The Orientation for the Nutrition and Dietetics Department English Program was successfully held on Friday, October 4th, 2024, at 2:00 PM in Room 026, Block B. During the event, our first-year students had the opportunity to get to know our department better and gain important insights into the academic processes they will encounter throughout their university journey.

The orientation featured a comprehensive presentation by our Department Head, Asst. Prof. H. Merve BAYRAM, who provided valuable information about the key aspects of academic life and the various opportunities available within the department.

We would like to extend our thanks to all students who participated, and we wish them success in their academic endeavors. We are excited to support them in this new chapter!



The 2024-2025 Orientation Program for Istanbul Gelişim University, Faculty of Health Sciences, Department of Health Management, Has Been Completed

On September 30, 2024, at 11:00 am, we held an orientation event for new students joining the Istanbul Gelişim University Faculty of Health Sciences, Department of Health Management, in Classroom 105. During the event, Department Chair Asst. Prof. Bumin Çağatay AKSU delivered a presentation covering the unique opportunities offered to students by Istanbul Gelişim University, key information about the Department of Health Management, and general insights into our profession. Following the presentation, students' questions were addressed.





ACADEMIC STUDIES



ARTICLES

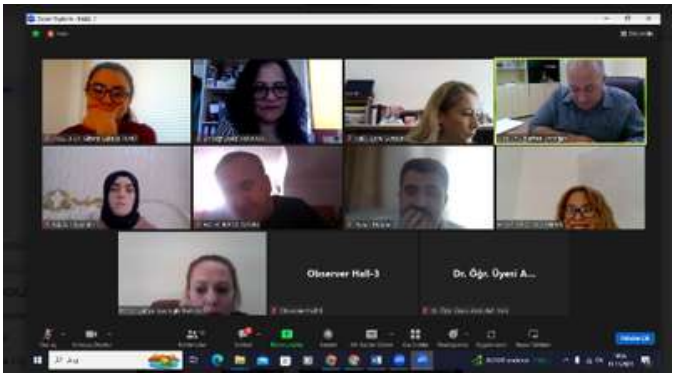






The paper titled "The Role of Artificial Intelligence Anxiety in the Relationship Between Organizational Learning and Performance in Organizations," prepared by Asst. Prof. Aslı KAYA and Asst. Prof. Turgay KARALİNÇ, faculty members of our Department of Health Management, along with Asst. Prof. Semiha KILIÇASLAN from Malatya Turgut Özal University and Lec.Dr. Cemile ŞEKER from Near East University, was presented as an oral presentation at the EBSC 8th International Education, Social and Behavioral Sciences Congress, held in Ankara on October 5-7, 2024.







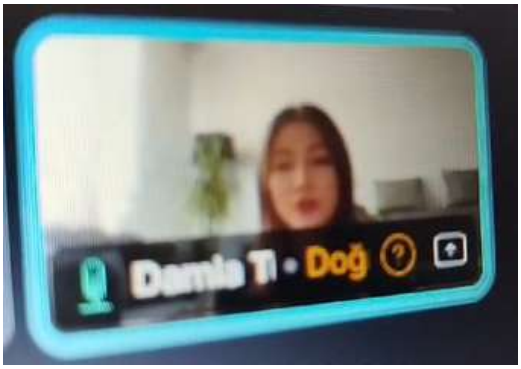
Faculty members from our Department of Health Management, Asst.Prof. Aslı KAYA, Asst.Prof. B. Çağatay AKSU, Asst.Prof. Turgay KARALİNÇ, and Lec. Dr. Cemile ŞEKERfrom Near East University, presented their paper titled "The Role of Creativity, Transactional/Transformational Leadership in the Relationship Between Innovation and Organizational Learning" as an oral presentation at the TOKYO 9th International Congress on Innovative Studies and Modern Scientific Research, held on October 10-12, 2024.

7th International 17th National Congress on Health and Hospital Administration

Rational Use in Health Services: A Managerial Perspective

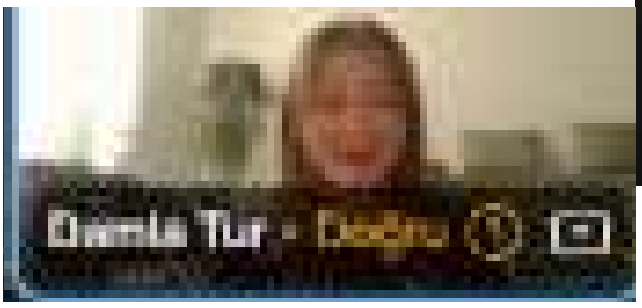
October 17-19, 2024 Bandırma /Balıkesir

The paper titled "A Study on Determining Healthy Lifestyle Behaviors of Academic Staff in Turkey," prepared by Asst.Prof. Aslı KAYA, a faculty member of our Department of Health Management, and Damla Tuna, an undergraduate student of Health Management, was presented as an oral presentation at the 7th International and 17th National Health and Hospital Administration Congress, held in Bandırma by Bandırma Onyedi Eylül University on October 17-19, 2024.





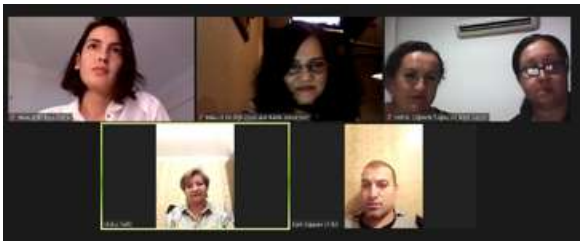




CONFERENCE PARTICIPATION

Asst.Prof.Aslı KAYA, one of the faculty members from the Department of Health Management, participated in the 3rd International Van Lake Social Sciences Congress. She served as the Congress Chair and the opening speech was delivered by the keynote speaker.





BOOK



Since 2019, Prof. Dr. İsmet Galip YOLCUOĞLU, who serves as the head of the Social Work Department at our university and is among the most published social scientists in our country with 23 books, has had his latest three books taken into print by Istanbul Nar Publishing. These books are titled "Our 100-Year Republic", "Structural Ecosystemic Existential Therapy", and "Journals 1967-2024: Smile at Life" (Edited by Dr. Emrah TÜNCER).

CONFERENCE PARTICIPATION

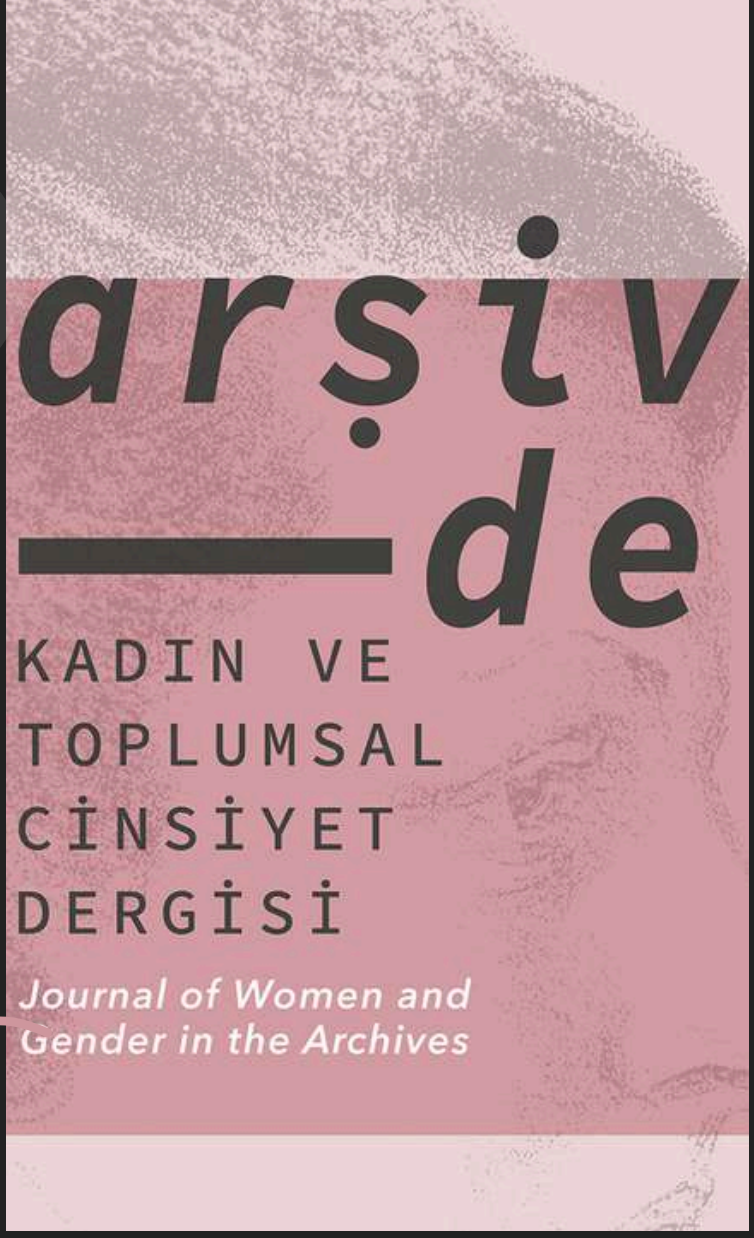


Asst.Prof. Aslı KAYA, one of the faculty members from the Health Management Department of our faculty, participated in the 1st International Writetec Congress titled "Social Sciences and Health Sciences in the Age of Artificial Intelligence." She also served as a "Session Chair" at the congress.



Salon Linki: Saat: 14:00-15:30	Oturum Başkanı: Dr. Öğr. Üyesi Aslı KAYA	SY2
Dr. Öğr. Üyesi Sevda Pınar Mehel TUTUK	Dijital Ruh Sağlığı Hizmetleri: Psikiyatri Hemşireliğinde Yapay Zekanın Rolü	
Doç. Dr. Murat BAŞ	Sağlik Çalişanlarinin Yenilikçi İş Davranişinin Çalişan Verimliliği Üzerindeki Etkisinde Yapay Zekâ Kullaniminin Araci Rolü	
Buse KAYA	Yenidoğan Sağlığına Yönelik Yapay Zeka Çalışmaları: 2020-2024	
Öğr. Gör. Reyhan SAKALLI	Yapay Zekânın Çocuk Sağlığı Hemşireliğindeki Yeri ve Önemi	

Traces of Gender in Social Memory: The Second Issue of Journal of Women and Gender in the Archives is Out



The second issue of *Journal of Women and Gender in the Archives*, that holds an important place in both academic and practical fields in Turkey, has been published. This issue discusses how archives are not limited to the function of document storage but also play a significant role in the construction of social memory. Topics such as gendering archives, documenting silenced experiences, and alternative archival practices are addressed.

There are also critical essays on the possibilities of feminist archiving, the relationship between memory and gender, and reimagining the archive as a space for political action.

Additionally, this issue features an article by Asst. Prof. Yonca Güneş YÜCEL reviewing ***Teaching Gender with Libraries and Archives: The Power of Information***, edited by Sara de Jong and Sanne Koevoets.

The book explores the intersection of libraries and archives with gender studies, emphasizing the need to rethink these spaces as dynamic centers of knowledge production.

You can access the journal and articles here.

"CHILDREN AND SCREEN EXPOSURE" EVENT HELD AT THE HEALTHY DEVELOPMENT PLATFORM

On October 17, 2024, from 2:00 PM to 3:00 PM, an event titled "Methods of Children's Screen Exposure" was organized by the Child Development Department Chairmanship and the Student Dean's Office of Istanbul Gelisim University as part of the Healthy Development Platform. Students from the Faculty of Health Sciences attended the event.

The event began with an opening speech by Asst. Prof. Nurten Elkin, the Chair of the Child Development Department. After briefly explaining the effects of screen exposure on children's health, she handed the floor to the event's trainer, Research Assistant Rabia Ceren Ateş.

Ateş emphasized the negative effects of screens on child development, noting that excessive exposure to inappropriate content from an early age can lead to developmental issues, musculoskeletal problems, language development delays, obesity, insufficient sleep, and physical inactivity. She also highlighted the importance of "Content and Duration" factors in children's technology use. Ateş pointed out that children exposed to violence on screens for prolonged periods may become desensitized to violence, tolerate it, or imitate violent behaviors. The event continued with case studies on screen exposure involving participants. After the informative talk, workshop activities were conducted, and the event concluded with feedback from the students.



TUBITAK 4008-Autistic Explorers Project Completed

Representatives from many institutions, including Istanbul University, Gelişim University, Çatalca District National Education Directorate, Istanbul Provincial National Education Directorate and Esenyurt District Governorship, special education teachers, students participating in the project and parents came together between September 23-27. In the opening events of the TÜBİTAK 4008-OSB'li Explorers project, the preparation stages of the project, the effectiveness of the presentations and materials were evaluated and the feedback received from the participants was used to guide the progress of the project.



The preparations for the initial phase of the project and the effectiveness of the information provided to the participants were evaluated at the meeting. The comprehensibility of the presentations and materials, the clarity of the goals and the interest of the participants in the project were reviewed. The feedback from the stakeholders who attended the meeting provided important clues in directing the next stages of the project.
The contribution of the level of communication and cooperation to the project was analyzed and areas that needed improvement were identified. The meeting provided a solid foundation for the progress and success of the project.

Students Experienced Talent Development Programs at BILSEM

Students had the opportunity to visit BILSEM's workshops and laboratories to get to know talent development programs up close. During the tours, which were conducted under the guidance of institution administrators and teachers, detailed information was shared about individual talent recognition, special talent development and project production programs.
Various workshops such as robotic coding, intelligence games, aviation, leadership, archaeology, drama and music were introduced and students had the chance to have active experiences in these workshops.

Esenyurt Special Education Application Center Introduction Event Successfully Held

The "I Get to Know Esenyurt Special Education Application Center" event organized for students with special education needs attracted great attention by offering content appropriate to the needs of the students. In the event, students were informed about the center, their understanding of the services provided and their participation levels were carefully observed. Feedback played a critical role in determining the positive aspects of the event and areas for improvement. Students' social interaction skills, interest levels and the connection they established with the center were evaluated. The event was evaluated as an important step in developing special education services and providing better services to students.

Nature Education at Çatalca Arif Nihat Asya Village Life Center

Students got to know nature more closely during the field study conducted at Çatalca Doğa Science School. Students gained sensory awareness by stepping on different textures with bare feet and strengthened their connection with nature with the Horizontal and Vertical Sensory Path in the Evaluation Area. In addition, the Insect Hotel workshop was introduced and the role of insects in ecological balance was conveyed to students. These activities increased students' awareness of nature and contributed to their development as individuals who are more sensitive to nature.

Nature and Art Workshop for Students with ASD Successfully Completed

In the event organized to support the cognitive, social-emotional and motor development of students with ASD, mangala game and artistic works made with soil were carried out. In the playground prepared in the soil, students learned and reinforced the rules by playing mangala with stones they painted. During the workshop, students both met with the soil in an interactive way and developed their motor skills by doing creative artistic works. It was observed that the students, whose social-emotional development was supported thanks to group work and nature observations, participated in the event with interest and achieved the program's goals.

Sensory Experience Activity for Children in Zoology Collection

In the activity organized in Istanbul University Faculty of Science Zoology Collection, children went on a sensory exploration by collecting natural materials such as leaves, pine cones, stones and water in nature. Children who experienced these materials by touching, smelling and visually developed their creativity and problem-solving skills. The activity developed both fine and gross motor skills of children, while also strengthening their social interaction, cooperation and sharing skills. With the relaxing effect of nature, attention and focus time increased, while self-confidence and emotional regulation skills improved. It was observed that the activity contributed to children's adaptation to daily life. The leadership of the workshop was taken over by Res. Asst. Hulya YAMAN and Res. Asst. Beyza Aslı BILSEL.

Project Success Evaluated with Surveys

The level of achievement of the project's objectives and its effects on participants were measured with surveys and scales. The accuracy and reliability of the surveys' reflection of the project's targeted skill, attitude and knowledge changes were analyzed. The understandability of the questions, the consistency of the participant responses and the voluntary participation rates were taken into consideration. The data collected revealed the extent to which the project achieved its objectives and its effects on participants. This evaluation provided valuable clues for the development of survey applications in future projects.

Click for the news.



70% OF CHILDREN QUIT SPORTS BY THE AGE OF 14

According to ISTANBUL(UAV) -World Health Organization health statistics, 24.8 percent of children aged 6-9 in Türkiye are obese, while 40 percent of children in sports schools in Istanbul are in the overweight-obese category. In addition, children quit sports at the rate of 70 percent until they reach the age of 14. Assoc. Prof. Mehmet SOYAL stated that the biggest reason for children to quit sports is family pressure, while Dietitian Hande Nur ONUR ÖZTÜRK stated that children can be directed to healthy nutrition with the price policy in school canteens.

According to published statistics, more than 1 million people in the world are obese, including 880 million adults and 159 children. While one out of every eight people was obese in 2022, adult obesity has doubled and adolescent obesity has quadrupled. 37 million children under the age of 5 are overweight, 390 million children and adolescents between the ages of 5-19 are overweight, and 160 million are obese. Turkey ranked first in Europe in obesity, diabetes and inactivity. Istanbul Gelisim University Faculty of Sports Sciences, Head of Coaching Education Department Assoc. Prof. Mehmet SOYAL and Faculty of Health Sciences and Department of Nutrition and Dietetics Asst. Prof. Hande Nur ONUR ÖZTÜRK explained the tricks to be considered in the fight against obesity.

"Provide basic movement training from the age of 3 to avoid inactivity"





Assoc. Prof. Mehmet SOYAL said, "According to TURKSTAT data, it is seen that boys in Turkey exercise for 38 minutes a day, while girls exercise for 12 minutes. After the age of 18, this figure drops to 12 minutes for boys and 5 minutes for girls. When we evaluate this, we see that the sports culture and consciousness do not live in our country very much. Especially from the age of 3, children should be given basic movement training. Then you can refer them to whichever branch they are professionally prone to. Recently, the awareness of directing children to sports has increased. "

"Family pressure is the first reason for children to quit sports"

Commenting on the fact that children quit sports at the rate of 70 percent until they reach the age of 14, Assoc. Prof. Mehmet SOYAL stated the following:

“Family pressure is among the first reasons for this. Incorrect training loading and conveying the opinion that academic success is more important is also an important factor. Unfortunately, during the play and learning period of children, families also expect sportive success from them. This causes mental pressure and disability in children. It can naturally cause it to cool down from sports or movement process. "

"When children exercise, it does not affect their academic success"

"We need to invest in our young people for our future. The beginning of this investment is that our children act in the logic of life-long sports with exercise and sports. When children exercise, it does not affect their academic success. On the contrary, it can express itself much more in academic achievement as well as being free from sociological, physiological and postural disorders. They can gain practical thinking skills. In this regard, we can say that exercise and sports are of great importance."

"One of the reasons why there are so many overweight people in Istanbul is traffic"

Providing nutritional recommendations, Asst. Prof. Hande Nur ONUR ÖZTÜRK, one of the reasons why there are so many overweight people in Istanbul is that we actually spend a lot of time on the road. No matter how much we correct our nutrition, the time allocated to us somehow goes in traffic. This causes us to sit constantly and stay in the same position. When we think that children go to school by car and shuttle, it is the inevitable end. That's why it's so important for your kids to exercise. The second important thing is nutrition."

"Price policies at school are important for healthy nutrition"

"If food is already provided at school, it is given according to the instructions of the ministry," said Asst. Prof. Hande Nur ONUR ÖZTÜRK and added: "It is actually very important to reduce the prices in school canteens in order to increase the consumption of fruits and vegetables, especially in a way that is more suitable for children's access. It is very important to make a change in the price policy, especially in terms of providing milk and fruit and vegetables to children. Traditional meals are the healthiest. We have a nutrition model called four-leaf clover. Within this group, in fact, the nutrients that each individual should consume within a day are classified as milk group, meat group, whole grain group, fruit and vegetable group."



The Results of the "Rural in Life" Project were Shared at an Organized Event

On Thursday, October 10, 2024, the results of the RURAL IN LIFE (2021-1-ES01-KA220-000033482) Independent Living for People with Disabilities in Rural Areas Project were presented during an event hosted by the Social Responsibility Application and Research Center at the E Block TUSI Conference Hall from 14:00 to 16:00. This international project, supported by the European Union, involves Turkey, as well as Denmark, Slovenia, Italy, and Spain. In the opening speech, Asst. Prof. Ayşe AYDIN, Director of the Social Responsibility Application and Research Center, emphasized the important role of such projects in creating a more livable world. The presentation, delivered by Research Assistant Gizem HÜLAĞA KADEROĞLU, shared key information about the project, which aims to improve independent living opportunities for people with disabilities in rural areas. The event saw participation from representatives of Bağcılar, Beylikdüzü, and Esenyurt Municipalities, as well as academics and students from the departments of Sociology, Social Work, and Perfusion. At the end of the presentation, questions from the participants were answered, and a group photo was taken to conclude the event.







HEALT SOCIOLOGY SEMINAR



Dr. Sántha Ágnes RóZSA, who joined the Social Work Department as a part of the Erasmus+ Academic Staff Mobility Program for Teaching, presented a seminar titled “Health Sociology Seminar” for the Faculty of Health Sciences. The seminar, held in English on October 30, 2024, at 11:00 am in Health Sciences Meeting Room 026, was simultaneously interpreted into Turkish by Lect. Berk Efe ALTINAL.

The seminar, designed for academic staff from various health science disciplines and students from different departments, addressed fundamental terminology and assessment tools in health sociology. Additionally, insights were shared on the historical changes and current issues in health sociology in Eastern Europe and Turkey. The seminar concluded with an interactive online quiz, encouraging active participation from attendees. Aslıhan Kübra SAKARYA, Research Assistant and Erasmus+ Coordinator of the Social Work Department, extended her gratitude on behalf of the university to Dr. Sántha Ágnes Rózsa for her dedicated efforts in delivering the seminar.







Are We Responsible for People We Do Not See?



Sude BAYAR
Social Work Department
Third-year student

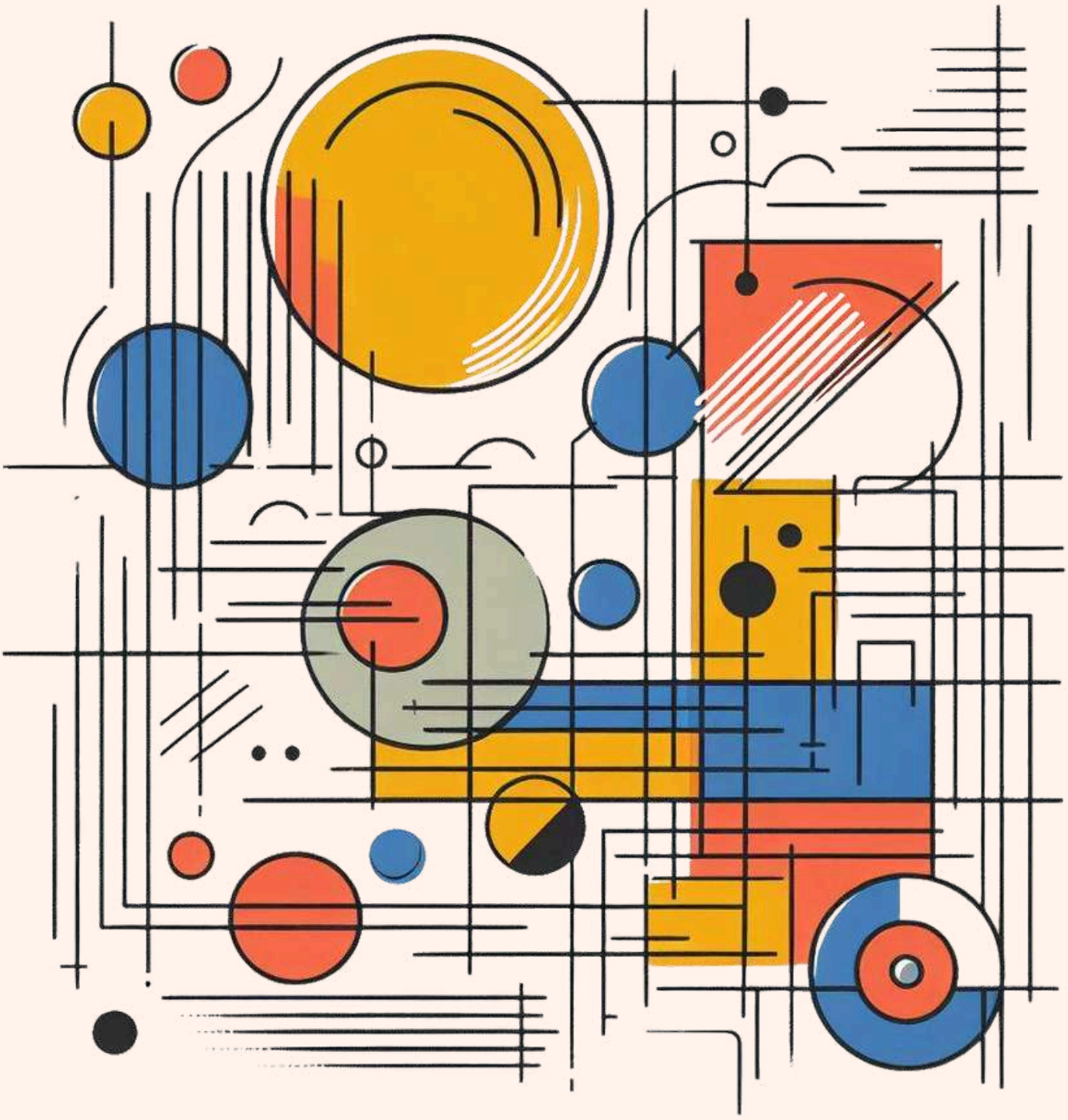
Living organisms must adapt in order to survive, and they often find themselves compelled to engage in a struggle for survival. Yet, the solitary fight for existence is rarely sufficient. This reveals to us that humans, in their journey through life, seek not only to endure but also to find support—another hand to share the burden and work together to overcome life's challenges. Solidarity, cooperation, and organization have thus formed the foundation of civilizations. How long can a community survive without mutual aid and the division of labor? What about the world as a whole?

Even if we understand the moral obligation to help, the question remains: Who should we help? Philosopher Peter SINGER famously asks, "Are we responsible for people we do not see?" Indeed, there is a moral chasm between witnessing someone in need firsthand and merely knowing of their existence. As Reyhan Atasü TOPÇUOĞLU stated in a conference, "We have the responsibility to consider the direct or indirect consequences of our actions." The failure of others to uphold this responsibility does not absolve us of our own.

While providing assistance is undeniably important, what matters even more is ensuring that aid is sustainable. Otherwise, the cycle of need could be endless. Though intentions are significant, the quality and impact of the aid must not be overlooked. Aid that exceeds what is necessary, whether material or emotional, can lead to dependency. In a world where everything is interconnected, the oft-repeated philosophy of "teach a person to fish rather than give them a fish" serves to reduce this dependency. However, does this imply that we should refrain from offering unsustainable help altogether?

Not all assistance is material in nature; sometimes it involves amplifying someone's voice, fostering empathy, offering reassurance, or even simply a smile or a prayer.

Lastly, I must address the ongoing tragedy in Gaza. The genocide continues, almost unnoticed, despite being a crime against humanity for nearly a year. Our role in this situation may involve financial aid, boycotts, or helping to amplify the voices of those who cannot be heard. Whatever our contribution may be, no action is too small in the face of such injustice.



CULTURE ART LITERATURE

OUR GUEST OF THIS MONTH

Lect. Kerem AYDEMİR



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions. It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20. Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue.

1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?
Division of labour

2-Which of the inventions would you like to be the inventor of?
Fire

3-If you could witness any event in the past or future, which event would you choose?
The last day of the world

4-If you were to write a book, what would it be named?
50 Golden Rules for Survival Among Vampires

5-If they made a movie about your life, which actor/actress would you like to play you?
Kevin Spacey

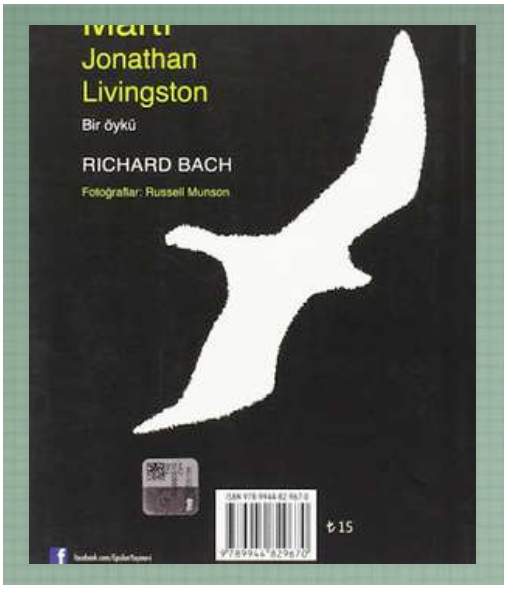
6-What are the 5 words that best describe you?
Disciplined, idealistic, cold-blooded, creative, explorer

7-What kind of talent would you like to have?
Mind-reading

8-Who is your hero?
Enver Pasha

9-Who is your favorite author?
Dante Alighieri

10-What word would be the summary of the years you lived?
Hustle and bustle



DEVELOPMENT READINGS

Res. Asst. Sultan ÇAKMAK TANRIVER

Seagull Jonathan Livingston

"Now we must have a reason to live: to learn, to discover, to be free."

Jonathan Livingston the Seagull is a novella of literary depth by Richard Bach, published in 1970. It is about the journey of a character who goes beyond an ordinary seagull, representing the desire to go beyond social norms and habits. Jonathan Livingston, like other seagulls, refuses to simply chase after food; for him, flying is not only a means of survival, but also symbolizes freedom, self-discovery, and transcending the limits of potential.



At first glance, Jonathan's story may seem like a simple animal story, but it is full of deep philosophical and spiritual messages. Through this character, Bach emphasizes the importance of individual freedom, creativity and the desire for self-realization. Jonathan chooses to choose his own path and follow his dreams, defying the oppressive norms of society. This symbolizes the desire to discover one's own potential and the struggle for inner freedom.

DEVELOPMENT READINGS



"Why is it the hardest thing in the world to convince a bird that it is free? When it is so possible for them to realize it themselves with a very short amount of work. Does it have to be so difficult?"

While Bach emphasizes the need to accept differences and the importance of individuality, he also criticizes how society suppresses individuality. Jonathan's exile by the other seagulls is a symbol of individual resistance and courage. This exile makes him stronger, and since he never loses his desire to fly, his longing and passion for freedom deepens.



"Poor Fletch, don't believe in what you see with your eyes, all that is visible is limited. Try to look with understanding, try to go beyond what you know. Then you will know the meaning of flying better."

The book inspires the reader as it tells the story of an individual's inner journey and the struggle to face the limitations of the outside world. Jonathan's story reminds us that every human being must find the courage to unlock their potential. In this context, "Jonathan Livingston the Seagull" has become a classic over time with its messages about freedom, individuality and the unlimited potential of the human spirit. Bach's language and narration inspire readers to think deeply and find the courage to pursue their own dreams.

"Jonathan," he said, "do not neglect love."

Richard Bach



Faculty of Health Sciences

ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSİS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSIS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSIS can sign up for free after graduating. Our graduates can become a member of METSİS free of charge. Our graduates who are members of METSIS can update their personal profiles and follow our job postings.

What Are the Steps to Join METSIS?

1. Use the web interface at metsis.gelisim.edu.tr to log in
2. You can follow the postings in the open positions box.
3. To apply for the positions, you can establish an account from the "new candidate" box.
4. You can view job posts after making an account on the top page and apply for positions that interest you.

SCAN ME

Instagram - igu_mezunlarkoordinatorlugu

SCAN ME

LinkedIn - IGU ALUMNI AND MEMBERS COORDINATOR

GRADUATE CARD

Dear IGU Alumni,
Alumni who want to benefit from the opportunities of our university and the discount rates we provide from the companies we have contracted with will be sufficient to fill out the form. When your card is ready, you can pick it up from the Alumni and Membership Coordinator's Office on the 3rd floor of Block K.

SCAN ME



Faculty of Health Sciences

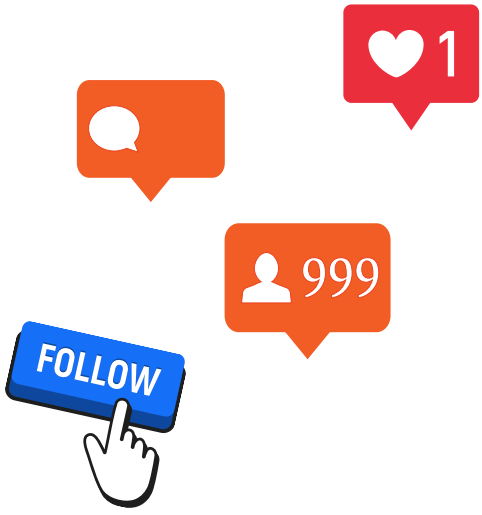
OFFICIAL SOCIAL MEDIA ACCOUNTS



igu_sbf

igu_sbf

İGÜ Sağlık Bilimleri Fakültesi



New News

Now you can send all your opinions, suggestions, news or articles to us at sbfbulten@gelisim.edu.tr.

Faculty of Health Sciences

MASTHEAD

FACULTY OF HEALTH SCIENCES

Prof. Dr. Rıfat MUTUŞ

Dean of Faculty of Health Sciences

Asst. Prof. A. Yüksel BARUT

Vice Dean of Faculty of Health Sciences

Asst. Prof. Neşe KISKAÇ

Vice Dean of Faculty of Health Sciences

BULLETIN TEAM

Asst. Prof. Emrah TÜNCER

Asst. Prof. Aslı KAYA

Res. Asst. Tuğba TÜRKCAN

Res. Asst. Hülya YAMAN

Res. Asst. Semanur OKTAY

Res. Asst. Onur Zeki ANILGAN