



İSTANBUL
GELİŞİM
ÜNİVERSİTESİ

MONTHLY NEWS AND EVENTS E-JOURNAL



**Vocational
School of
Health Services**



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A close-up photograph of a person's hands holding a small blue dumbbell. Another person's hands are visible, one supporting the wrist and the other holding the dumbbell, suggesting a physical therapy or rehabilitation session. The background is softly blurred, showing a clinical or home setting with light-colored walls and a window.

SEPTEMBER 8
WORLD PHYSIOTHERAPY DAY
HAPPY!



Vocational
School of
Health Services



September 20

Podiatry and
Podiatrists' Day

Happy Day



HEALTHY
FEET



ACTIVE
INDEPENDENT
LIVES



STRONGER
SOCIETIES

A
HEALTHIER
WORLD
STARTS
WITH
HEALTHY FEET

Happy Podiatry and Podiatrists' Day to all academicians
who contribute to the field of podiatry, and to all students
and podiatrists.

25 SEPTEMBER

WORLD PHARMACISTS DAY

*Healthier People
Brighter Tomorrows*





**Vocational
School of
Health Services**



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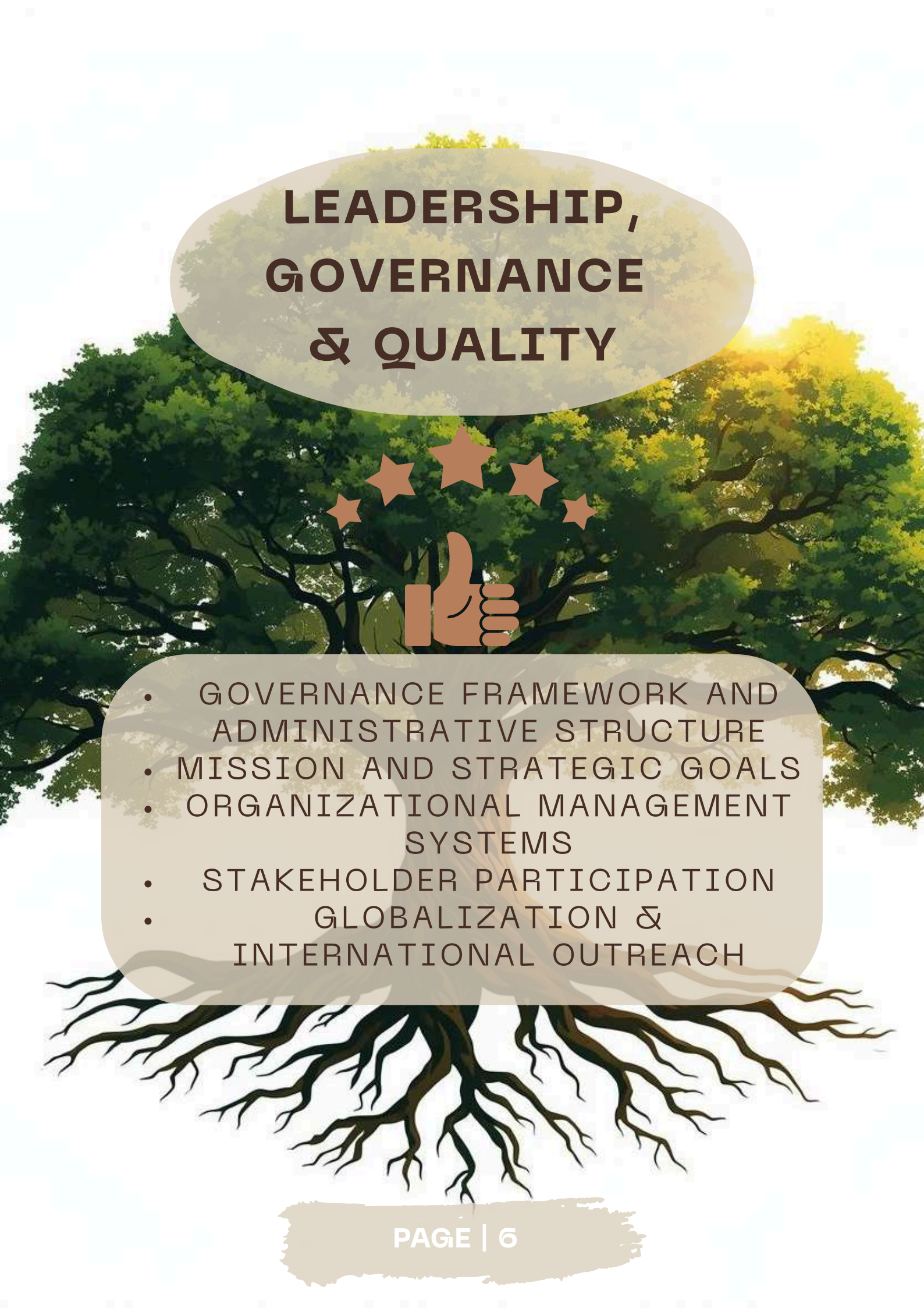
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LEADERSHIP, GOVERNANCE & QUALITY

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FROM IGU

IGU ranks 4th among
foundation universities!



IGU continues its success in the
Webometrics World University
Rankings!



RUR 2024 Rankings Published:
IGU Advances by 23 Places
Overall!



International Success from IGU: 5
academicians were included in
the list of "World's Most
Influential Scientists"!



SCImago 2026 results announced:
IGU ranks 11th in research!



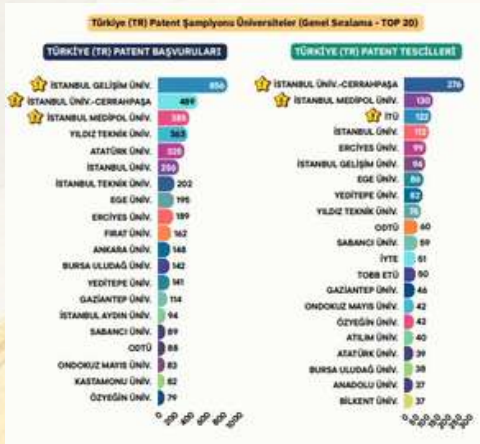
IGU is among the best
universities in Europe!



YÖK (Council of Higher Education) evaluated universities: IGU ranked 1st in 3 categories!



IGU ranked first in 6 categories with its patent studies at 2024!



GreenMetric 2026 has been announced: New success in environment and sustainability from IGU!



IGU continues to be listed in the URAP Türkiye Rankings!



İGÜ Ranks 6th Among Foundation Universities in Turkey for Research Quality in the THE World University Rankings 2027



IGU's big THE success: 1st in the 'Accessible and Clean Energy' category!





ISTANBUL
GELISIM
UNIVERSITY



*Turkish Higher Education
Quality Council*

**Istanbul
Gelisim
University
has received full
accreditation from
THEQC
for a period of
five years!**

Our university has been granted a 5-year institutional accreditation by the Turkish Higher Education Quality Council (YÖKAK/THEQC) in recognition of its commitment to quality standards in education, research, governance, and community service.

www.gelisim.edu.tr

Following the institutional accreditation review conducted by the Higher Education Quality Board (YÖKAK), Istanbul Gelisim University (IGU) has been granted full five-year accreditation. IGU received the highest level of accreditation in December after a comprehensive evaluation process, reflecting its outstanding performance in community engagement, education, research and development, and management systems.

QS WORLD UNIVERSITY RANKINGS EUROPE 2026 ANNOUNCED: IĞU LEADS SCIENTIFIC PRODUCTIVITY IN TÜRKİYE!

QS (Quacquarelli Symonds), one of the world's most prestigious higher education ranking organizations, has released the highly anticipated World University Rankings: Europe 2026. Istanbul Gelisim University (IGU), recognized for its academic performance and global vision, secured its place among the top 500 universities in Europe, reaffirming its academic excellence. According to the latest results, IGU maintained its position as the 4th among foundation universities in Türkiye, while ranking 6th in Europe in the "Citations per Paper" category, which measures the impact of scientific research. The university achieved the 1st place in Türkiye, both overall and among foundation universities, in this category, i.e., citations per paper, marking a remarkable success.



GU's Exceptional Achievement in Citations per Paper in Europe

Istanbul Gelisim University delivered an outstanding performance in "Citations per Paper," one of the most critical indicators of the QS ranking. Receiving a full score in this category, IGU strengthened its strong standing in academic production and research impact. Based on this performance, IGU ranked: 6th in Europe, 1st in Türkiye, 1st among foundation universities in the "Citations per Paper" category.

IGU also ranked highly in the International Student Diversity indicator, placing 104th in Europe and 3rd in Türkiye, demonstrating its strong progress in internationalization.

ISTANBUL GELISIM UNIVERSITY RANKED AMONG THE WORLD'S TOP 401–600 UNIVERSITIES IN THE THE IMPACT RANKINGS 2026

According to the Times Higher Education (THE) Impact Rankings 2026, Istanbul Gelisim University (IGU) has continued its upward trajectory in sustainable development, adding another achievement to its growing record of international success. In the rankings, which evaluate universities based on the United Nations Sustainable Development Goals (SDGs), IGU advanced from the 601–800 band last year to the 401–600 band this year, once again demonstrating its steady progress in sustainability performance. Moreover, the University secured a place among the top three foundation universities in Türkiye.



Istanbul Gelisim University further reinforced its strong performance in sustainability by achieving first place in two categories and second place in three categories among foundation universities in the THE Impact Rankings 2026. The University ranked first among foundation universities in SDG 10 – Reduced Inequalities and SDG 13 – Climate Action, while securing second place in SDG 4 – Quality Education, SDG 7 – Affordable and Clean Energy, and SDG 17 – Partnerships for the Goals. These results demonstrate that IGU's efforts across a wide range of areas—from education and environmental sustainability to social inclusion and international partnerships—have gained recognition at the global level.

IGU also achieved remarkable results in the global rankings. The University ranked 53rd worldwide in SDG 4 – Quality Education, 56th worldwide in SDG 7 – Affordable and Clean Energy, and 92nd worldwide in SDG 13 – Climate Action, earning a place among the world's top 100 universities in three different Sustainable Development Goal categories.

IGU STANDS OUT IN THE 2027 WORLD UNIVERSITY RANKINGS FOR ITS INTERNATIONALIZATION AND RESEARCH QUALITY!

IGU Ranked in the THE 2027 World University Rankings

In the THE 2027 World University Rankings, in which universities are evaluated by Times Higher Education across key performance areas such as teaching, research environment, research quality, industry, and international outlook, Istanbul Gelişim University (IGU) was placed in the 1,201–1,400 band.

Ranked 6th Among Türkiye's Foundation Universities for Research Quality!

With its vision of becoming a research university, Istanbul Gelişim University prioritizes scientific output and academic development. In the Research Quality category of the THE 2027 World University Rankings, IGU ranked 6th among foundation universities in Türkiye.

Positioning high-quality academic publications, interdisciplinary studies, and scientific research activities among the core components of its institutional development strategy, IGU continues its efforts to strengthen its research capacity and scientific impact.

Ranked 7th Among Türkiye's Foundation Universities for International Outlook!

With internationalization at the heart of its academic vision, Istanbul Gelişim University ranked 7th among foundation universities in Türkiye in the International Outlook category of the THE 2027 results.

Through international academic collaborations, global research networks, and a multicultural educational environment that brings together academics and students from different countries, IGU continues to strengthen its presence in the international higher education ecosystem and aims to enhance academic engagement on a global scale.



THE 2026 SUBJECT RANKINGS ANNOUNCED: IGÜ MAKES ITS MARK IN ENGINEERING AND SOCIAL SCIENCES!

Istanbul Gelisim University (IGÜ) has achieved another significant success in the 2026 World University Rankings by Subject, announced by the higher education ranking organization Times Higher Education (THE). In the rankings, which evaluated 1,555 universities from 98 countries based on 18 performance indicators, IGÜ maintained its strong position in Social Sciences while also entering the Engineering rankings, demonstrating its academic excellence across different disciplines.



Ranked Globally in Engineering

Istanbul Gelisim University made a strong debut in the THE Subject Rankings for Engineering, placing in the 601–800 band worldwide. It ranked 11th among all universities in Türkiye and 7th among foundation universities, demonstrating remarkable progress. Furthermore, its 4th-place ranking among foundation universities in the Research Quality and International Outlook indicators provides concrete evidence of the university's research ecosystem meeting global standards.

Sustained Success in Social Sciences

IGÜ maintained the success it achieved in Social Sciences last year, retaining its position in the 601–800 band and demonstrating consistent performance. Ranking 8th among all universities in Türkiye and 5th among foundation universities in this field, IGÜ further strengthened its established position in social sciences education.

IGU RISES IN THE GLOBAL RANKINGS: A NOTABLE ACHIEVEMENT IN WEBOMETRICS 2026

The Webometrics Ranking of World Universities, which evaluates universities' academic performance based on scientific output, digital visibility, and open-access policies, has been announced. Istanbul Gelisim University (IGU) delivered a noteworthy performance in the 2026 results of the ranking, which reflects the global standing of higher education institutions. Continuing its efforts in line with its focus on becoming a "Research University," IGU ranked 1,364th worldwide, 28th overall in Türkiye, and 4th among foundation universities.



Growing Global Visibility and Academic Impact

With these results, IGU strengthened its position in both national and international rankings. In addition to ranking 28th overall in Türkiye and 4th among foundation universities, the university placed 429th in Europe.

IGU also demonstrated strong performance across Webometrics' key indicators. It ranked 2,026th in Impact (Visibility), 1,878th in Openness (Transparency), and 1,866th in Excellence.

Continued Upward Momentum on a Global Scale

Having demonstrated consistent progress in the Webometrics rankings over the past four years, Istanbul Gelisim University continues to increase its scientific output, strengthen international academic collaborations, and advance its open-access initiatives.

The simultaneous progress recorded in the 2026 world, European, and Türkiye rankings clearly reflects the momentum of IGU's recent academic and digital performance.

THE ASIA 2026 RESULTS ANNOUNCED: ISTANBUL GELISIM UNIVERSITY RANKS AMONG THE TOP FIVE FOR RESEARCH QUALITY AND INTERNATIONAL OUTLOOK

The results of the 2026 regional university rankings prepared by Times Higher Education, which evaluates higher education institutions globally, have been announced. In the assessment, based on multidimensional performance indicators such as teaching, research, citation impact, international outlook, and industry income, Istanbul Gelisim University ranked in the 501–600 band overall. The university rose to 30th place in Türkiye and 11th among foundation universities, further strengthening its position nationally and internationally. The results demonstrate IGU’s steady progress within the global higher education system.



Among the Top Five Foundation Universities for Research Quality and International Outlook

The indicator-based assessment revealed that Istanbul Gelisim University particularly stood out in research and internationalization. The university ranked 5th among foundation universities in both Research Quality and International Outlook.

These indicators cover key criteria such as the impact of scientific publications, citation performance, international academic collaborations, and the proportion of international students and academic staff.

IGU CLIMBS 24 SPOTS IN THE GREENMETRIC WORLD UNIVERSITY RANKINGS

The UI GreenMetric 2026 results have been announced. Istanbul Gelisim University (IGU) continued its upward trajectory in the rankings this year thanks to its sustainability initiatives. Having ranked 669th globally last year, IGU climbed 24 places to secure the 645th spot. Strengthening its position among the 150 Turkish universities evaluated, IGU rose from 71st to 66th place overall while maintaining its ranking as the 14th among foundation universities.



Upward Trend Continues

IGU has climbed the rankings in both the global and national lists of the UI GreenMetric World University Rankings, which evaluates university performance in sustainability on an international scale. Having ranked 669th globally last year, IGU rose 24 places this year to secure the 645th spot.

Nationally, IGU moved up 5 places to rank 66th, compared to its 71st-place ranking last year. In the list, which evaluated a total of 150 universities from Turkey, IGU maintained its position as the 14th-ranked foundation university, just as it was last year.

With our Career Development Center, you can prepare your resume, follow national internship opportunities, and benefit from resources such as a job search platform and career guide. **Click here** to explore.

Our graduates can join an alumni platform under the "Alumni and Members Committee." Together, we can help you shape your career and employment goals. **Click here** to become a member.



İGÜ
MMK
Mezunlar ve Mensuplar
Koordinatörlüğü



ISTANBUL GELİSİM UNIVERSITY
2024-2028 STRATEGIC PLAN
PUBLISHED

To access Istanbul Gelişim
University's 2024 - 2028
Strategic Plan, **click here.**



ABOUT US

MISSION

To train healthcare professionals with strong professional knowledge and skills, high ethical sensitivity, and a multifaceted perspective; to improve the quality of healthcare services by observing the principle of sustainability in all activities.

VISION

To become a leading vocational school contributing to the advancement of universal health education, with a strong focus on sustainability and human-oriented service delivery.

CORE VALUES

- Continuous Improvement
- Innovation and Entrepreneurship
- Academic Merit
- Commitment to Ethical Values
- Commitment to Sustainability
- Social and Environmental Responsibility
- Internationalization
- Stakeholder Orientation and Participation
- Openness and Transparency

HISTORY OF VOCATIONAL SCHOOL OF HEALTH SERVICES

The establishment of "Istanbul Gelisim Vocational School" in Istanbul by the "Gelisim Education, Culture, Health, and Social Services Foundation" was approved by the Council of Ministers on **14 July 2008** (Decision No. **2008/13951**), based on the letter of the Ministry of National Education dated **08.07.2008** and numbered **17261**, in accordance with Article 2 (Additional) of Law No. **2547** on Higher Education. The decision was published in the Official Gazette dated **29 July 2008** and numbered **26951**.

With the publication of Law No. **6114** titled "Law on the Organization and Duties of the Measurement, Selection and Placement Center" dated **17.02.2011** in the Official Gazette dated **03.03.2011** and numbered **27863**, Article 12 added supplementary articles to Law No. **2809** on the Organization of Higher Education Institutions. According to the provision titled "**Supplementary Article 135,**" **Istanbul Gelisim University (IGU)** was established in Istanbul by the Gelisim Education, Culture, Health, and Social Services Foundation as a foundation university, possessing public legal personality and subject to the relevant provisions of Law No. **2547** on foundation higher education institutions. The university was formed under the rectorate and composed of a) the Faculty of Fine Arts, b) the Faculty of Engineering and Architecture, c) the Faculty of Economics and Administrative Sciences, d) the Institute of Social Sciences, e) the Institute of Science, and f) Istanbul Gelisim Vocational School (whose legal personality was terminated under the same law).

Health-related programs within Istanbul Gelisim Vocational School were later reorganized, and the proposal to establish the "Vocational School of Health Services" (SHMYO) was submitted to the Council of Higher Education (YÖK) with the IGU Senate Decision dated **03.07.2013** (Decision No. **2013-09**). The General Assembly of the Council of Higher Education approved the establishment of the Vocational School of Health Services on **12.09.2013**. With the letter of the IGU Rectorate dated **15.01.2014** and numbered **53330280-804-01-0025**, **Assist. Prof. Dr. Abdullah Yüksel BARUT** was appointed as the acting director of SHMYO. Beginning in the 2013–2014 academic year, SHMYO expanded its academic structure. Previously, the Child Development and Health Institutions Management programs—under the departments of Child Care and Youth Services and Management and Organization—had admitted students in the Fall semester of the 2009–2010 academic year. In 2010–2011, to meet emerging needs in the healthcare sector, the Department of Medical Services and Techniques was established, opening the Medical Documentation and Secretarial program. In the 2012–2013 academic year, specialization in health sciences expanded with the launch of the Anesthesia, Dialysis, Physiotherapy, First and Emergency Aid, and Medical Imaging Techniques programs. The 2013–2014 academic year marked the formation of SHMYO as an independent school, representing its broadest program expansion. Numerous programs under the Dentistry Services and Electronics and Automation Departments were opened, including Oral and Dental Health, Dental Prosthesis Technology, and Biomedical Device Technology. Additionally, Operating Room Services, Electroneurophysiology, Audiometry, Opticianry, Orthopedic Prosthetics and Orthotics, Pathology Laboratory Techniques, Perfusion Techniques, Radiotherapy, and Medical Laboratory Techniques enriched the Department of Medical Services and Techniques.

In the 2015–2016 academic year, the Hair Care and Beauty Services program was established under the Department of Hair and Beauty Services to diversify offerings beyond health-specific areas.

In the fall semester of 2019–2020, new programs were opened: Food Quality Control and Analysis (Department of Food Processing), Podiatry (Department of Health Care Services), and Autopsy Assistance and Medical Promotion and Marketing (Department of Medical Services and Techniques).

In 2020–2021, to address sectoral needs in laboratory and chemistry-based fields, the Laboratory Technology program was opened under the Department of Chemistry and Chemical Processing Technologies. In line with SHMYO's internationalization goals in health education, the Physiotherapy (English) program was launched in the 2024–2025 academic year, marking the school's transition into foreign-language instruction.

As part of the digital transformation vision, the 2025–2026 fall semester introduced innovative programs in health informatics and digital health technologies, including Medical Data Processing Technician (Department of Statistics) and Digital Health Systems Technician and Telehealth Technician (Department of Database, Network Design, and Management).

Today, SHMYO continues to be a dynamic educational institution that trains qualified human resources for the health, technology, and service sectors through its multidisciplinary academic structure. With **24 classrooms, 24 laboratories/workshops, 76 academic staff members, and 27 programs (26 in Turkish and 1 in English)**, the school continues to provide education aligned with its mission and vision.

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NEWS FROM VSHS

QUALITY BOARD MONTHLY MEETINGS

The 2026/15 and 2026/16 meetings of the Istanbul Gelisim University Health Services Vocational School Quality Board were held. During the meetings, quality processes, survey evaluations, strategic plan performance indicators, and student orientation activities for the 2026–2027 Academic Year were discussed.

Meeting Agenda dated September 14, 2026

- Discussion of the agenda of the 2026/15 Quality Board Meeting of the Vocational School of Health Services,
- Presentation of the agenda of the İGÜ Quality Commission Meeting No. 2026-15, dated September 8, 2026, to the Quality Board of the Vocational School of Health Services,
- Discussion of the letter No. E-131435, dated September 7, 2026, from the Education and Training Commission of our School regarding the Faculty Member Evaluation Surveys for the Spring Semester of the 2025–2026 Academic Year,
- Discussion of the letter No. E-131437, dated September 8, 2026, from the Survey Commission of our School regarding the Event Evaluation Survey Report,
- Discussion of the draft Implementation Procedures and Principles of the E-Survey Commission, dated September 8, 2026, and numbered E-131435, prepared by the Survey Commission of our School,
- Wishes and Suggestions.

Meeting Agenda dated September 30, 2026

- Discussion of the Agenda of the 2026/16 Health Services Vocational School Quality Board Meeting.
- Presentation of the agenda of the İGÜ Quality Commission Meeting No. 2026-16, dated 22.09.2026, to the Health Services Vocational School (SHVS) Quality Board.
- Review of the PERSİS system regarding the monitoring of Strategic Plan Performance Indicators.
- Discussion of the student orientation presentations for the 2026–2027 Academic Year.
- Wishes and Suggestions.



NEWS FROM VSHS

ACADEMIC PUBLISHING TRAINING ORGANIZED BY THE SHMYO SCIENTIFIC RESEARCH AND PROJECT COMMISSION

A training event was organized on September 15, 2026, by the Scientific Research and Project Commission of Istanbul Gelisim University, Vocational School of Health Services (SHMYO), with the aim of supporting academic development and raising awareness of scientific publishing processes.

The training, delivered by Assist. Prof. Dr. Merve FIRAT AYYILIDZ covered key aspects of academic publishing, including scientific manuscript preparation, journal selection, academic indexes, open access and subscription models, impact factor, and journal quartile (Q) rankings. Practical information was also shared on matching scientific studies with appropriate journals and managing the publication process more effectively.

The event continued interactively with participants' questions and contributions and was successfully completed as a productive training session aimed at supporting the development of scientific research and publication activities.



NEWS FROM VSHS

2026–2027 ACADEMIC YEAR VSHS STUDENT ORIENTATION COMPLETED!

The 2026–2027 Academic Year Orientation Program at Istanbul Gelisim University began with a speech by **Abdülkadir GAYRETLİ**, Chairman of the Board of Trustees.

Asst. Prof. Abdullah Yüksel BARUT, Director of the Vocational School of Health Services, shared details about academic procedures and practical opportunities, and wished our students a successful academic year.

We wish all our students an academic year filled with success and personal development!



NEWS FROM VSHS

INTERNSHIP COMMISSION MEMBERS VISIT HEALTHCARE INSTITUTIONS TO EVALUATE INTERNSHIP PROCESS

On September 3, 2026, Internship Commission Members **Lect. Sibel SEKMAN** and **Lect. Nafiye GÜZEL** visited Başakşehir State Hospital and Başakşehir Çam and Sakura City Hospital to evaluate the students' internship processes on-site.

During the visits, they met with the hospitals' training nurses and laboratory technicians to gather information and feedback on the students' attendance, professional adaptation, level of responsibility fulfillment, and overall performance in the relevant units.

Generally positive feedback regarding the students' internship processes was shared by the institution officials. In addition, attendance records were checked, and it was determined that the internship process was proceeding as planned without any disruptions.

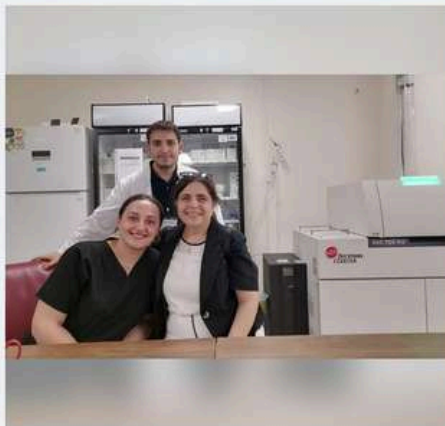


NEWS FROM VSHS

INSTITUTIONAL VISITS WERE CONDUCTED BY THE INTERNSHIP COMMISSION TO TAKSIM TRAINING AND RESEARCH HOSPITAL AND DR. SADI KONUK TRAINING AND RESEARCH HOSPITAL.

On September 10, 2026, Internship Commission Member **Lecturer Dr. Nurcan ESİN** and Medical Laboratory Techniques Program Head **Assoc. Prof. Dr. Arzu ÖZGEN** conducted institutional visits to Taksim Training and Research Hospital and Dr. Sadi Konuk Training and Research Hospital; during these visits, they met with institution officials to gather information regarding the students' internship processes and performance.

The highly productive visits during which satisfaction was expressed regarding the students' high performance in field applications were received with pleasure on behalf of our university and further reinforced the strong cooperation between the two institutions.



NEWS FROM VSHS

IGU TAKES PART IN PRACTICAL TRAINING MEETING IN ANKARA

The Practical Training Working Meeting, organized by the Training and Registration Unit of the Turkish Ministry of Health's General Directorate of Health Services, took place on September 16, 2026, at the Ministry's Bilkent Campus in Ankara. İstanbul Gelişim University was represented by **Lect. Almina DURMUŞ KOÇ**, Head of the Department of Health Care Services and a member of the Internship Commission.

Participants discussed the planning of practical training in healthcare, coordination with healthcare institutions and assessment of students' professional competencies. Topics also included setting student placements according to healthcare facilities' capacity, monitoring internships digitally and expanding simulation-based training.



NEWSLETTER SPECIAL ARTICLE

THE CONVENIENCE OF OUR AGE: DIGITALIZATION

In today's world, technology has become an integral part of every aspect of our lives. Digital techniques have rapidly begun to penetrate many areas of dentistry. Planning, designing, and treatments carried out by individuals with sufficient knowledge and equipment have resulted in more compatible outcomes and time savings. Digital usage is prevalent in every field of dentistry, leading to quick adaptation.

Before the advent of digital techniques in surgery and prosthetics, implant surgery planning involved taking 3D films on which the dentist performed measurements manually. Now, these have been replaced by digitally designed implant surgeries and prosthetics. We take digital impressions from our patients and support them with 3D tomography, using digitally produced guides for the implants. These guides ensure that implant areas are planned by considering the appropriate bone structure and the anatomical areas to be avoided. Thus, we perform implant surgeries without incisions and bleeding, reducing postoperative pain and edema and shortening the time spent with the patient. In the same session as the surgery, we place digitally produced temporary teeth, preventing our patients from leaving the clinic without teeth on the day of the surgery.



**Asst. Prof. Şenel
ÇAVUŞOĞLU**
Dental Prosthetics
Technology

After the osseointegration of the implants with the bone, we complete our treatment with the digitally planned permanent prosthesis, achieving a faster, easier, and more precise workflow. Digital technology is also widely used in the field of orthodontics. To offer patients a more aesthetic treatment phase, clear aligners are digitally produced based on digital impressions taken from the patients. By taking intraoral and facial scans before treatment, we can make digital comparisons at the end of the treatment. By designing digital orthodontic aligners, we give our patients an idea of how their teeth will look at the end of the treatment. At the same time, we provide aesthetic orthodontic treatment with the digitally planned aligners. Nowadays, digital technology has reached such a point that even intraoral appliances are designed with digital planning.

Previously, we used conventional methods to take impressions from babies with cleft lip and palate, but now we take these impressions digitally. This way, we eliminate the risk of our babies aspirating the impression material.

With digitally taken impressions and digital planning, our work has become faster. While producing a normal bridge used to take at least 2-3 days, now we can complete and deliver this process to the patient on the same day by sending the digital designs to the milling machines.

In conclusion, no one today is untouched by digital techniques. Everyone incorporates digital techniques into their workflow at some point. As digitalization increases in our era, dentistry is also influenced, leading to faster, more precise, and easier workflows.

NEWSLETTER SPECIAL ARTICLE

SEPTEMBER 20: PODOLOGY AND PODOLOGISTS DAY

Podology and Podologists Day, observed on September 20, draws attention to the important role of podology in protecting and improving foot health.

Podology is a healthcare field concerned with assessing the structure and function of the foot, maintaining foot and nail health, and identifying potential problems early. Podologists assess individual care needs and plan appropriate preventive care.

A podological assessment may examine the skin and nails, pressure distribution, changes in foot shape, calluses, nail deformities, and other foot problems that affect daily life. Regular assessment and preventive care are especially important for people with diabetes, older adults, athletes, pregnant women, and others at increased risk of foot problems.

Podologists provide services such as assessing diabetic foot risk, caring for the skin and nails, performing podological procedures including orthonyxia and onychoplasty, addressing pressure-related problems, and advising individuals on proper foot care. When necessary, they work with physicians, physiotherapists, nurses, orthopaedic specialists, and other healthcare professionals to support a comprehensive approach to foot health.

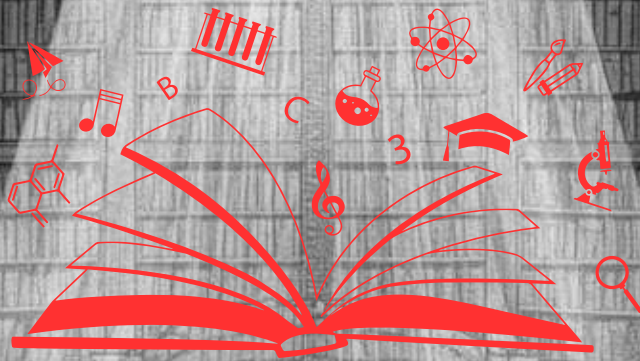
Podology focuses on prevention as well as care for existing problems. Regular foot checks, suitable footwear, proper nail care, good hygiene, and early recognition of concerning changes may help prevent more serious complications.

Podology and Podologists Day is an opportunity to raise public awareness of foot health, introduce the podology profession, and highlight the value of preventive care. We wish all podologists and our students, the podologists of the future, a happy Podology and Podologists Day.



Lect. Almina Durmuş KOC
**Head of the Health Care
Services Department**

EDUCATION



- PROGRAM DESIGN, EVALUATION, AND UPDATING
- PROGRAM IMPLEMENTATION (STUDENT-CENTERED LEARNING, TEACHING, AND ASSESSMENT)
- LEARNING RESOURCES AND ACADEMIC SUPPORT SERVICES
- FACULTY MEMBERS



ISTANBUL
GELISIM
UNIVERSITY



Vocational
School of
Health Services



EDUCATION

L2E

LEARNING **TO** EARNING

From Learning to Competence,
From Competence to Career



A new generation education model
with special micro-competencies
in all faculties and higher schools,
tailored to each department.

L2E – LEARNING TO EARNING EDUCATION MODEL

Learn the knowledge, develop it through practice, strengthen it with technology, and transform it into a career.

The L2E model integrates the micro-qualification system and the 3+1 workplace-based vocational education model to empower students with technology-focused expertise, practical experience and career competence in the health sector of the future.



LEARN BY EXPERIENCE

Transforms theory into practical skills through applied education.



GAIN IN THE SECTOR

3+1 İME model with one full semester of workplace experience.



STRONG PARTNERSHIPS

Collaboration with leading institutions and companies opens doors to your career.



FUTURE-READY COMPETENCIES

Specialize in AI, digital health and smart technologies to meet future sector needs.



INTERNATIONAL VISION

Global technologies, competitive edge and international career profile.

THE L2E JOURNEY: LEARN → SPECIALIZE → APPLY → EARN



LEARN

Semesters 1–3

Gain fundamental professional knowledge, applied courses and field competencies.



SPECIALIZE

MICRO-QUALIFICATION SYSTEM

Choose modules related to your program, complete required and elective courses, and document your skills with certification.



APPLY

4th SEMESTER

3+1 WORKPLACE-BASED EDUCATION (İME)

One full semester in the sector to apply your knowledge and gain experience.



EARN

TRANSFORM INTO A CAREER

Strengthen your knowledge, experience and technology skills and take a solid step toward your career.



NEW GENERATION HEALTH PROFESSIONALS

Ready for the sector, ready for the world.

4 TECHNOLOGY-FOCUSED SPECIALIZATION PATHWAYS



MedTech BIOMEDICAL DEVICE TECHNOLOGY

- Smart medical devices
- IoMT and clinical informatics
- AI-supported health technologies



LabTech LABORATORY TECHNOLOGY

- AI-supported analysis
- LIMS and Laboratory 4.0
- Digital laboratory management systems



FoodTech FOOD QUALITY CONTROL AND ANALYSIS

- AI-supported food analysis
- Digital traceability
- Smart food safety and quality management



OptikTech OPTICIANRY

- Digital vision analysis
- Smart optical systems
- VR/AR applications

WHAT DO YOU GAIN WITH L2E?

- ✓ Up-to-date technical skills and technology awareness
- ✓ Stronger connection with the sector and experience
- ✓ Personalized career pathways
- ✓ Competitive advantage in employment
- ✓ A culture of lifelong learning
- ✓ National and international career opportunities

PROGRAMS TRANSITIONING TO 3+1 İME MODEL (2026–2027)



BIOMEDICAL DEVICE TECHNOLOGY



LABORATORY TECHNOLOGY



FOOD QUALITY CONTROL AND ANALYSIS



OPTICIANRY

The transition to the 3+1 Workplace-Based Vocational Education Model is planned in line with the "Framework Regulation on Applied Education in Higher Education" published in the Official Gazette dated 06.02.2026.

WANT TO LEARN MORE?

Scan the QR code to access our announcement about the L2E model, micro-qualifications and digital competencies for future healthcare professionals.

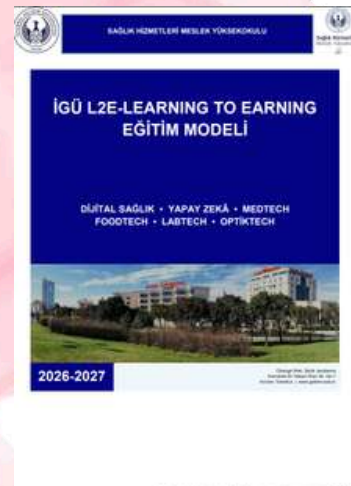
shmyo.gelisim.edu.tr
Official News Page



In the 2026–2027 academic year, the transition to the 3+1 Vocational Education in the Workplace model is planned for the Biomedical Device Technology, Food Quality Control and Analysis, Laboratory Technology, and Opticianry programs.

In accordance with the provisions of the "Framework Regulation on Applied Education in Higher Education," updated and published in the Official Gazette No. 33160 dated February 6, 2026, the foundation is being laid for the transition to the 3+1 "Vocational Education in the Workplace Model (İME)" starting from the 2026–2027 academic year in the Biomedical Device Technology, Food Control and Analysis, Laboratory Technology, and Opticianry Programs within Istanbul Gelisim University Vocational School of Health Services (SHMYO).

For detailed information about the education model, you can refer to the IGU SHMYO New Generation Education and Career Catalogue prepared by our Vocational School. [Click here.](#)



ORIENTATIONS

ORIENTATION PROCESS COMPLETED FOR 27 PROGRAMS AT THE VOCATIONAL SCHOOL OF HEALTH SERVICES

Orientation programs for students enrolled in the 27 programs offered by the Istanbul Gelisim University Vocational School of Health Services have been successfully completed for the 2026-2027 academic year.

Conducted to facilitate the adjustment of incoming students to university life and academic processes, these orientation sessions provided information on the educational structure of the programs, course and examination procedures, the academic advising system, practical training and internship processes, as well as student rights and responsibilities.





The orientation program aimed to enable students to become better acquainted with Istanbul Gelisim University and the Vocational School of Health Services, adapt to academic and administrative processes, effectively utilize the educational, social, and international opportunities offered by the university, and gain awareness regarding their rights and responsibilities as students.





STUDENT SPOTLIGHTS

Hello, I am Birivan SERVET, a 2024 graduate of the Operating Room Services program. I chose this field because of my long-standing interest in surgery and my desire to support patients; the operating room was an environment where I had always pictured myself working. Consequently, I moved closer to realizing my dreams by listing Operating Room Services among my top choices and gaining admission to the program at Istanbul Gelisim University.



Birivan SERVET
Operating Room Services Program
2024 Graduate

I was very happy when I first started university, yet I also felt anxious and apprehensive about the new environment and a field of study that was completely unfamiliar to me. I was full of questions regarding how the school operated, the nature of the courses, how to communicate with instructors, and whether I might face difficulties with internships. However, the attentiveness of my instructors and the fact that I received answers that alleviated my concerns helped reduce my anxiety and deepened my interest in the program. Most importantly, I was delighted by the comprehensive nature of the Operating Room Services program; the curriculum went beyond mere theory and internships, offering extensive support through practical, hands-on training.



The operating room section of a hospital is a highly complex and vital area. Providing both physical and emotional support to patients, reassuring those who place their trust in us that they are not alone, and helping them regain their health by delivering the best possible care is a truly wonderful and fulfilling experience for me. I am overjoyed to have studied Operating Room Services, realized my dreams, and become part of the operating room team. I am incredibly happy with the school and program I chose. I would like to express my respect and gratitude to the faculty members of the Istanbul Gelisim University family and to my program director for the care, attention, and sincerity they have shown.

RESEARCH & DEVELOPMENT



- ADMINISTRATION OF RESEARCH SOURCES AND RESEARCH PROCESSES
- RESEARCH COMPETENCE, COLLABORATION, AND SUPPORT



Vocational
School of
Health Services



RESEARCH & DEVELOPMENT

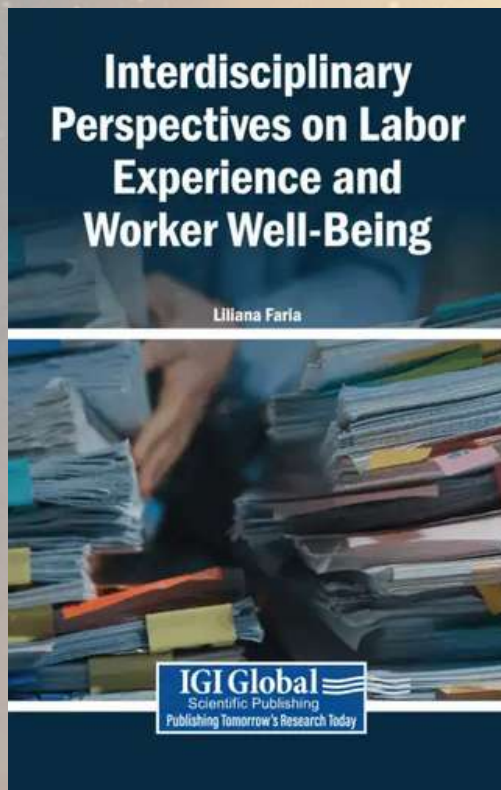
SCIENTIFIC STUDIES

BOOK CHAPTER

Asst. Prof. Nazlı Yüceol's book chapter entitled **"The Right to Disconnect, Gender Equality, and Women's Work-Life Balance: A Boundary Management Perspective"** has been published in the international book **Interdisciplinary Perspectives on Labor Experience and Worker Well-Being**.



Asst. Prof. Nazlı YÜCEOL
Head of the Medical
Documentation and Secretarial
Program



The chapter examines the right to disconnect from a gender equality perspective, focusing on its relationship with women's work-life balance and boundary management within the context of contemporary working life.

We congratulate Asst. Prof. Nazlı YÜCEOL on this valuable academic contribution and wish her continued success in her scholarly work.

[CLICK HERE TO ACCESS THE BOOK
CHAPTER](#)



SCIENTIFIC STUDIES

RESEARCH ARTICLE

ACADEMIC ACHIEVEMENT IN A SCOPUS Q1 JOURNAL

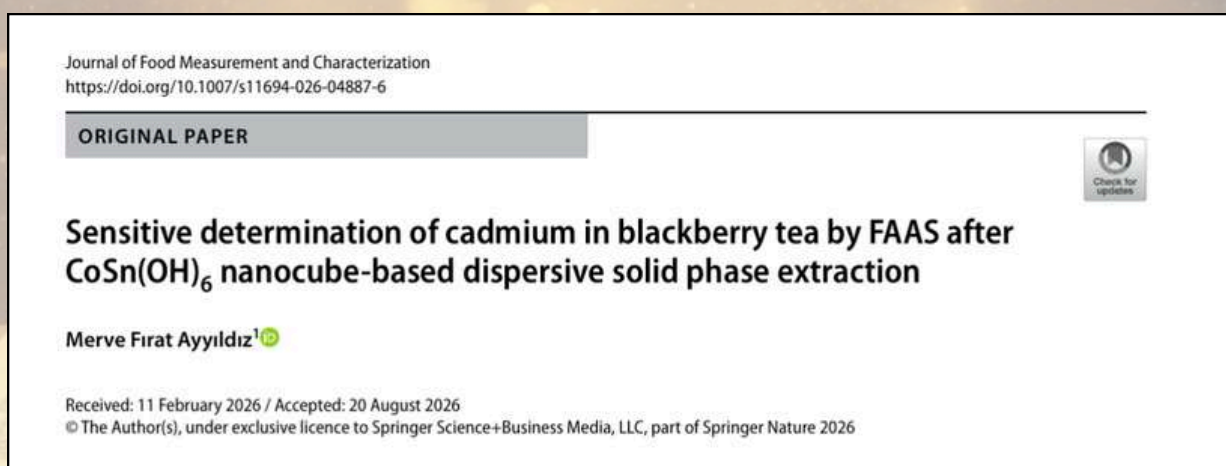
Asst. Prof. Merve Firat Ayyıldız's research article entitled **"Sensitive Determination of Cadmium in Blackberry Tea by FAAS after $\text{CoSn}(\text{OH})_6$ Nanocube-Based Dispersive Solid Phase Extraction"** has been published in the **Journal of Food Measurement and Characterization**, a **Scopus Q1** journal.



Asst. Prof. Merve FIRAT AYYILDIZ
Food Quality Control and Analysis

The study presents a sensitive analytical approach for the determination of cadmium in blackberry tea, contributing to the fields of food safety and analytical chemistry.

We congratulate Asst. Prof. Merve FIRAT AYYILDIZ on this valuable academic achievement and wish her continued success in her scholarly work.



[CLICK HERE TO ACCESS THE ARTICLE](#)



SCIENTIFIC STUDIES

RESEARCH ARTICLE

ACADEMIC PUBLICATION IN FORENSIC TOXICOLOGY AND ENTOMOTOXICOLOGY

The research article entitled **"Prediction of Arsenic and Cadmium Intoxication Cases from *Lucilia sericata* (Meigen, 1826) [Diptera: Calliphoridae] Larvae by ICP-MS,"** authored by **Lect. Dr. Çağdaş Adıören** et al., has been published in the Istanbul Gelisim University Journal of Health Sciences.



Lect. Dr. Çağdaş ADIÖREN
Autopsy Assistanship Program

The study presents an ICP-MS-based analytical method for the detection of arsenic and cadmium in *Lucilia sericata* larvae, contributing to the fields of forensic toxicology and the assessment of suspected post-mortem poisoning cases.

We congratulate Lect. Dr. Çağdaş ADIÖREN on this academic achievement and wish him continued success in his scholarly work.



[CLICK HERE TO ACCESS THE ARTICLE](#)



SCIENTIFIC STUDIES

PRESENTATION

Asst. Prof. Dr. Nazlı YÜCEOL, Head of the Department of Medical Services and Techniques at Istanbul Gelisim University's Vocational School of Health Services, presented her research at the **21st International Strategic Management Conference (ISMC 2026)**, held in **Bucharest, Romania, from September 24 to 26, 2026.**



Asst. Prof. Nazlı YÜCEOL
Head of the Medical
Documentation and Secretarial
Program

At the international conference, which addressed current debates in the field of strategic management centered on digital, environmental, and societal transformations, Yüceol shared her study titled **"Pet-Friendly Workplaces as an Emerging Organizational Response to Changing Societal Expectations: A Systematic Review"** with the participants.

In this study, pet-friendly workplaces—which are increasingly gaining prominence in line with shifting societal expectations—were examined as an emerging organizational practice through a systematic literature review. By comprehensively evaluating existing research, the study analyzed the outcomes of these practices for both employees and organizations, as well as identifying research gaps in the literature.

Bringing together academics and researchers from various countries, the conference contributed to the sharing of current scientific work in the fields of business and strategic management and fostered international academic interaction.



SCIENTIFIC STUDIES

PRESENTATION

Assist. Prof. Nazlı YÜCEOL, Head of the Department of Medical Services and Techniques at Istanbul Gelisim University Vocational School of Health Services, attended the TAOM 2026 Annual Meeting, hosted by Dokuz Eylül University in İzmir between August 31 and September 4, 2026, where she presented her academic study.



Asst. Prof. Nazlı YÜCEOL
Head of the Medical
Documentation and Secretarial
Program

YBringing together national and international academics from the field of management and organization, TAOM 2026 was held under the theme "Redefining Leadership: Adapting to AI-Driven Dynamics in Organizations." During the five-day event, current research, theoretical approaches, and emerging areas of study in the field of management and organization were addressed in various sessions.

Assist. Prof. Nazlı YÜCEOL presented her study entitled "The Moderated Mediation Role of Organizational Green Culture and Green Intrinsic Motivation in the Relationship Between Green Empowering Leadership and Employees' Eco-Friendly Behavior." The study examined the relationship between green empowering leadership and employees' eco-friendly behaviors through the roles of organizational green culture and green intrinsic motivation. The research focused on the importance of considering leadership, organizational culture, and employee motivation together in achieving organizations' environmental sustainability goals.



SCIENTIFIC STUDIES

PRESENTATION

TAOM 2026 also hosted international academics who have made significant contributions to the management and organizational behavior literature. Among the participants was Arnold B. BAKKER, Professor of Work and Organizational Psychology at Erasmus University Rotterdam and developer of the Job Demands–Resources (JD-R) Theory. Another prominent participant at the event was Jeffrey PFEFFER, Professor of Organizational Behavior at Stanford University Graduate School of Business. Known for his work on power and influence in organizations, leadership, human resource management, and evidence-based management, Pfeffer also played an important role in the development of the Resource Dependence perspective through *The External Control of Organizations: A Resource Dependence Perspective*, which he co-authored with Gerald R. Salancik.

Prof. Dr. Peter BAMBERGER was also among the international participants of TAOM 2026. Having held important positions within the Academy of Management, Bamberger has served as an Associate Editor of the *Academy of Management Journal* and is also one of the founding Associate Editors of *Academy of Management Discoveries*.

Prof. Dr. Sinan CANAN was also among the notable speakers at the event. In his talk on neurodiversity and working life, Canan addressed the reflections of individuals' different cognitive characteristics in working life and the importance of neurodiversity for organizations.

Enriched by keynote speeches from international academics, scientific sessions, and research presentations, TAOM 2026 contributed to the exchange of current academic discussions in the field of management and organization and to the development of international scholarly interaction among researchers.



SCIENTIFIC STUDIES

CONGRATULATIONS ON ACADEMIC SUCCESS

Our faculty member, Asst. Prof. Dr. Arzu Özgen —Head of the Medical Laboratory Techniques Program—has qualified for the title of Associate Professor in the field of Biology (within the fundamental area of Natural Sciences and Mathematics).



Assoc. Prof Arzu ÖZGEN
**Medical Laboratory Techniques
Program**

We wholeheartedly congratulate our esteemed colleague on this significant academic achievement and wish her continued success in her scientific research, educational activities, and academic career.



SOCIAL CONTRIBUTION



- MANAGEMENT OF SOCIAL CONTRIBUTION PROCESSES AND SOURCES
- SOCIAL CONTRIBUTION PERFORMANCE

STUDENT CLUB

INTRODUCTION



Vocational
School of
Health Services



TRAVEL AND CAMPING CLUB: EXPLORING, LEARNING, AND CREATING WONDERFUL MEMORIES TOGETHER

University life is a significant period not only for classes, exams, and academic work but also for discovering new places, meeting diverse people, connecting with nature, and creating unforgettable memories. As the Travel and Camping Club, we aim to foster an enjoyable and safe environment where students can share these experiences together.



Our club aims to connect students with nature and diverse cultures through excursions, camping trips, nature walks, trekking, cultural tours, picnics, and various social activities. We view each event not merely as a trip, but as an opportunity for collective learning, sharing, solidarity, and gaining new experiences. We believe that time spent in nature contributes to our students' physical and social development, and we place great importance on fostering awareness regarding environmental consciousness, respect for nature, and sustainable living. From conversations around the campfire to the discovery of new routes, and from long hikes to enjoyable moments spent together, we hope every event adds a beautiful memory to our students' university lives.

As a club, our ultimate goal is to enable students not only to see new places but also to forge new friendships, learn teamwork, take responsibility, and experience the beauty of acting together. Sometimes it is the view encountered at the end of a trail, sometimes a friendship struck up with a stranger, and sometimes a conversation shared on a camping night... It is precisely these small yet unforgettable moments that make university years so special.

As the Excursion and Camping Club, we invite our students to explore, connect with nature, and write new stories together—because some memories become beautiful not so much because of the places visited, but because of the experiences shared.

Lecturer Dr. Sibel BULUT HAKLI
Excursion and Camping Club Advisor

SOCIAL CONTRIBUTION

Participation in the International Rowing Organization

Assist. Prof. Nazlı YÜCEOL, Head of the Department of Medical Services and Techniques at Istanbul Gelisim University Vocational School of Health Services, participated as a licensed athlete in the DenizBank Rixos Tersane Istanbul Rowing Cup 2026, held at Istanbul's Haliç between September 11 and 13, 2026.

Hosted by Tersane Istanbul, the international event brought together rowing athletes from Türkiye and various countries around the world in Istanbul. A total of 105 teams competed in the event, with races held in different categories, including Open Race, Club Race, Corporate Race, and University Challenge. In addition to Paris 2024 Olympic champions and athletes who achieved success at the 2026 World Championships, national team athletes from different countries also rowed on the Haliç.

Assist. Prof. Nazlı YÜCEOL, a licensed athlete of Küçükçekmece Rowing and Canoe Sports Club, competed in the Club Race category, racing on the same course as international athletes. Featuring elite athletes from different countries around the world, the race provided an international sporting environment in which team harmony and coordination came to the forefront alongside performance and endurance. The DenizBank Tersane Istanbul Rowing Cup 2026 concluded on September 13 with the final races and award ceremony, following three days of racing on the Haliç.



ATATÜRK CORNER

9 SEPTEMBER: THE MARCH TO VICTORY UNDER THE LEADERSHIP OF MUSTAFA

Kemal Atatürk Some dates are remembered not merely as entries on a calendar but as enduring milestones in the collective memory of nations. 9 September 1922 holds such significance in the Turkish nation's struggle for independence. Symbolized by the liberation of İzmir, this historic victory stands as one of the most remarkable manifestations of the Turkish nation's determination to achieve independence and Gazi Mustafa Kemal Atatürk's resolute leadership.

The occupation of İzmir on 15 May 1919 provoked widespread resistance across Anatolia and marked a critical turning point in the struggle for national independence. Four days later, on 19 May 1919, Mustafa Kemal Pasha arrived in Samsun, initiating a new phase in the organization of the Turkish National Struggle. Under his leadership, the resistance evolved into a powerful expression of the nation's determination to secure its independence and shape its own future.

One of the decisive stages of the struggle for independence was the Great Offensive (Büyük Taarruz), launched on 26 August 1922 under the command of Mustafa Kemal Pasha as Commander-in-Chief. Following the victory in the Battle of the Commander-in-Chief on 30 August, the Turkish army continued its advance towards Western Anatolia under Mustafa Kemal Pasha's historic order: "Armies, your first objective is the Mediterranean. Forward!" On 9 September 1922, the Turkish army entered İzmir, bringing more than three years of occupation to an end, and the Turkish flag once again flew over the city.

In this respect, 9 September represents far more than the liberation of a single city. It symbolizes Mustafa Kemal Atatürk's military leadership, his unwavering confidence in his nation, and the Turkish people's steadfast commitment to independence. The liberation of İzmir marked the achievement of another major military objective of the Turkish National Struggle and contributed decisively to the historical process that ultimately led to the establishment of the Republic of Türkiye.

Today, commemorating 9 September means more than remembering a great victory of the past. It also means recognizing the extraordinary conditions and sacrifices through which independence was achieved and reaffirming our responsibility to pass on to future generations Atatürk's enduring legacy founded upon independence, reason, science, and modernization.

On the 104th anniversary of the liberation of İzmir, we commemorate with profound respect, gratitude, and remembrance Gazi Mustafa Kemal Atatürk, the founder of the Republic of Türkiye, his comrades-in-arms, and all the heroes, martyrs, and veterans of the Turkish National Struggle. May the 104th anniversary of the Liberation of İzmir be commemorated with pride and gratitude.

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Lect. Nafiye GÜZEL
Dialysis Program

OUR GUEST THIS MONTH

· Who are your favorite writers?

Mehmed Uzun, George Orwell ve Dan Brown

· Where is the ideal place you would like to live?

It is a quiet, peaceful place close to the sea and immersed in nature. Any place where I can be with my loved ones, experience the beauty of nature, and step away for a while from the hustle and bustle of life can be ideal for me.

· What is your favorite type of music?

Kurdish music and traditional melodies. The cultural heritage these musical forms carry, the stories they tell, and the emotions they evoke in people are deeply meaningful to me. Sometimes, a melody can express so much that words cannot convey.

· Which historical figure would you like to meet?

Leonardo da Vinci. I am impressed by his multifaceted personality, which seamlessly blends art, science, and engineering. I would have loved to hear him speak about how he viewed the world, his insatiable curiosity, and how he was able to think across such diverse fields.

· Which virtues do you appreciate the most?

Honesty, conscience, justice, and compassion. I find it particularly valuable for a person not to compromise these values, even during difficult times. To me, a person's true character is revealed in how they treat others.

· If you wanted to stay at one age forever, what age would you stay at?

I would like to stay at my current age, because I am going through a wonderful period thanks to the happiness my spouse and child bring to my life. Together with them, I am rediscovering just how precious even the smallest moments of life are. I would love to experience the love, excitement, and beauty of this time for as long as possible.

· Which moral rule is indisputable for you?

Respect for human dignity and rights. I believe that every person deserves respect, regardless of their identity, views, beliefs, or life circumstances. I hold the view that no justification can legitimize undermining another person's dignity or violating their rights.

· What is the thing you want to change in the world from now on?

Above all, I would want a world where equal opportunities are ensured for children and income is distributed more fairly. I would wish for every child to have access to quality education, healthcare, and a secure future, regardless of their place of birth or their family's economic circumstances.



Lect. Mehmet Halit METİN
Medical Data Processing
Technician Program

Hello!
May we get to
know you?

COMMEMORATION

NEŞET ERTAŞ

1938–2012

Neşet Ertaş (1938–2012) is one of the most important representatives of Turkish folk music, and specifically the *bozlak* tradition. Born in the Çiçekdağı district of Kırşehir, Ertaş was introduced to music at an early age through his father, Muharrem Ertaş, who was also a great folk bard. Through his *bağlama*, his unique vocal interpretations of folk songs, and his powerful lyrics, he infused his works with the joys, sorrows, loves, separations, and struggles for survival of the Anatolian people. Known among the public as the "Plectrum of the Steppe" (*Bozkırın Tezenesi*), the artist played a significant role in bringing *bozlak* culture to a wide audience.



NEŞET ERTAŞ
(1938–2012)

One of the most significant qualities that makes Neşet Ertaş's art so special is the sincerity and love for humanity found in his works. Pieces such as "Gönül Dağı," "Neredesin Sen," "Ah Yalan Dünya," and "Zahidem" have become unforgettable classics of Turkish folk music. His songs are not merely musical compositions but constitute a legacy that transmits the culture of Anatolia and the emotions of its people from generation to generation. Recognized by UNESCO as a "Living Human Treasure" in 2010, Neşet Ertaş passed away on September 25, 2012, leaving behind one of the most valuable legacies of Turkish folk culture.

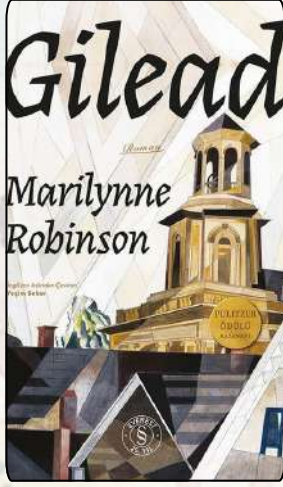


**The statue of Neşet ERTAŞ
in Kırşehir.**

Referenaces: https://en.wikipedia.org/wiki/Neşet_Ertaş

https://yakegm.ktb.gov.tr/TR-258743/neset-ertas-1938-2012.html?utm_source Access: 25.09.2026

BIBLIOPHILE



Gilead (2004)

Author: Marilynne ROBINSON

The novel unfolds through a letter written by John Ames, an elderly pastor, to his young son, as Ames reflects on his past, his family, and the emotions he has carried throughout his life.

Through Ames's memories, different generations, beliefs, and ways of life come together. Exploring universal themes such as love, loss, forgiveness, regret, and death, the novel examines the relationship between the past and the present, as well as the human effort to make sense of one's own life.

Rather than relying on an elaborate plot, Gilead is built around thoughts and memories, standing out for its contemplative tone and philosophical depth. Robinson transforms a father's letter to his son into an intimate reflection on the meaning of life and what we leave behind.



The Midnight Library (2020)

(TR: Gece Yarısı Kütüphanesi)

Author: Matt HAIG

The novel begins when Nora Seed, going through one of the most difficult periods of her life, finds herself in a mysterious library between life and death. Each book in the library represents an alternative life in which Nora made different choices.

As Nora is given the opportunity to revisit her past decisions and explore the lives she might have lived, she begins to reconsider concepts such as happiness, success, relationships, and regret. The novel poses the question, "What would my life have been like if I had made a different choice?" and encourages readers to reflect on their own lives and decisions.

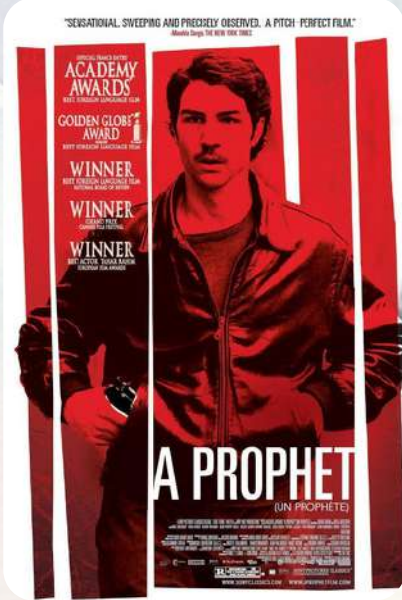
The Midnight Library explores the pursuit of a perfect life through the idea of alternative realities, while emphasizing the importance of recognizing the value of the life we already have. With its engaging narrative and thought-provoking themes, the novel offers a heartfelt reflection on choices, the meaning of being alive, hope, and new beginnings.

CINEMATOGRAPHY

A Prophet (2009)

(FR: *Un prophète*; Tr: *Yeraltı Peygamberi*)

Dir.: **Jacques AUDIARD**



At just 19 years old, Malik finds himself confronted with the prison's harsh hierarchy and shifting power dynamics. In order to survive, he must learn to navigate the complex relationships between different groups. Initially portrayed as a passive and vulnerable character, Malik gradually begins to forge his own path through what he learns, the relationships he builds, and the decisions he makes.

The film goes beyond telling a simple crime story, presenting the prison as a reflection of broader social dynamics. Power relations, identity, cultural conflicts, and the individual's struggle to shape their own future are among the film's central themes.

A Prophet was awarded the Grand Prix at the 2009 Cannes Film Festival and received widespread international acclaim. The film was also nominated for an Academy Award for Best Foreign Language Film, representing France. With its powerful atmosphere, compelling performances, and character-driven narrative, A Prophet stands out as a significant film that goes beyond the boundaries of the crime genre and explores an individual's transformation in the face of challenging circumstances.

We Need to Talk About Kevin (2011)

(TR: *Kevin Hakkında Konuşmalıyız*)

Dir.: **Lynne RAMSAY**

Adapted from Lionel Shriver's novel, We Need to Talk About Kevin is a striking psychological drama that explores motherhood, family relationships, guilt, and social judgment.

The film centers on Eva's complex relationship with her son Kevin and the profound sense of guilt she experiences following a tragic act committed by him. Told through a nonlinear narrative, the story gradually reveals Eva's emotional breakdown and process of confrontation through transitions between the past and the present.

Raising important questions about the extent to which a mother can be held responsible for her child's actions, the film moves beyond idealizing motherhood as an experience defined solely by love and devotion. Instead, it brings to light the complex emotions that can accompany parenthood.

Lynne Ramsay's visual storytelling is also a key element of the film's atmosphere. The use of color, sound design, and fragmented editing reflect Eva's psychological state while encouraging the audience to question the underlying causes of the events. Rather than focusing solely on the crime itself, the film stands out for its exploration of the psychological and social consequences experienced by those left behind in the aftermath of a tragedy.



OVERTURE



Fragile (1971)
Yes

1. Roundabout
2. Cans and Brahms
3. We Have Heaven
4. South Side of the Sky
5. Five Per Cent for Nothing
6. Long Distance Runaround
7. The Fish (Schindleria Praematurus)
8. Mood for a Day
9. Heart of the Sunrise

Length: 39:52
Genre: Progressive Rock



Enigmatic Ocean (1977)
Jean-Luc Ponty

1. Overture
2. The Trans-Love Express
3. Mirage
4. Enigmatic Ocean - Part I
5. Enigmatic Ocean - Part II
6. Enigmatic Ocean - Part III
7. Enigmatic Ocean - Part IV
8. Nostalgic Lady
9. The Struggle of the Turtle to the Sea - Part I
10. The Struggle of the Turtle to the Sea - Part II
11. The Struggle of the Turtle to the Sea - Part III

Length: 38:37
Genre: Jazz fusion, Jazz-Rock

NEXT MONTH IN ISTANBUL

MUSIC- FESTIVAL

- 26 September – 4 October** – Istanbul Culture Route Festival
26 September – 11 October – 36th Akbank Jazz Festival
2 – 4 October – Oktober in Istanbul 2026 – KüçükÇiftlik Park
2 October – Hep Yeni Kal Fest: Edis & Sertab Erener – Maximum Uniç Open-Air
3 October – Kenan Doğulu – Ataköy Marina Open-Air Stage
4 October – Leyla The Band – Harbiye Cemil Topuzlu Open-Air Theatre
5 October – Ahmet Kaya with Kardeş Türküler – Harbiye Cemil Topuzlu Open-Air Theatre
6 October – Emre Altuğ "A Pop Fairytale" – Harbiye Cemil Topuzlu Open-Air Theatre
7 October – The Cinematic Orchestra – Zorlu PSM
7 October – Dhafer Youssef "SHIRAZ" – Zorlu PSM / Akbank Jazz Festival
7 October – Yazmin Lacey – Babylon / Akbank Jazz Festival
7 October – Gökhan Türkmen – Harbiye Cemil Topuzlu Open-Air Theatre
9 October – mor ve ötesi "Symphonic" – Zorlu PSM
9 October – Levent Yüksel – Harbiye Cemil Topuzlu Open-Air Theatre
10 October – SYNTHONY – Volkswagen Arena
10 October – Yann Tiersen – Maximum Uniç Open-Air
10 October – Çilekeş – KüçükÇiftlik Park
10 October – Göksel – Zorlu PSM
11 October – Haggard – Zorlu PSM Turkcell Stage
11 October – Craig David presents TS5 – Harbiye Cemil Topuzlu Open-Air Theatre
11 October – Sunday Best: HVOB, Bedük, Soft Analog – KüçükÇiftlik Park
11 October – Ati242 – Maximum Uniç Open-Air
11 October – Savina Yannatou & Primavera en Salonico with Lamia Bedioui – Zorlu PSM / Akbank Jazz Festival
15 October – Teoman – Harbiye Cemil Topuzlu Open-Air Theatre
16 October – Sertab Erener – KüçükÇiftlik Park
16 – 17 October – Ebru Gündeş "We Sing Together" – Volkswagen Arena
17 October – Şebnem Ferah – KüçükÇiftlik Park
17 October – Simge Acoustic – Harbiye Cemil Topuzlu Open-Air Theatre
20 – 21 October – Mabel Matiz – Harbiye Cemil Topuzlu Open-Air Theatre
22 – 23 October – Kenan Doğulu – Harbiye Cemil Topuzlu Open-Air Theatre
24 October – Hayko Cepkin "ELECTRIC" – KüçükÇiftlik Park
25 October – Soen – IF Performance Hall Beşiktaş
26 October – Hande Yener – Harbiye Cemil Topuzlu Open-Air Theatre
30 October – Blue – Volkswagen Arena
31 October – Zeynep Bastık – Zorlu PSM



THEATER- MUSICAL

- 3 October** – Hürmüz with Seven Husbands – Bostancı Show Center
4 October – Don Quixote – Zorlu PSM Turkcell Stage
6 October – Jekyll & Hyde Musical – Zorlu PSM Turkcell Stage
7 October – Voices – DasDas Ataşehir
8 October – The Professional – Zorlu PSM Turkcell Stage
12 October – Dust – Zorlu PSM Turkcell Platinum Stage
12 & 17 October – Girgiriye Musical – Zorlu PSM / Paribu Vadi Open-Air
14 October – Battle of the Giants – DasDas Ataşehir
17 October – Murder on the Orient Express – İnal Aydınoğlu Cultural Center
22 – 23 October – Lacrima – Opening production of the 30th Istanbul Theatre Festival



YESTERDAY, TODAY & TOMORROW

CULTURE & ART

- **5 September** – International Day of Charity – Highlights the importance of solidarity, volunteerism, and social responsibility.
- **8 September** – International Literacy Day – Emphasizes literacy as a fundamental human right and a foundation for education and sustainable development.
- **9 September 1922** – Liberation of İzmir – Turkish forces entered İzmir, marking one of the decisive stages in the military conclusion of the Turkish War of Independence.
- **12 September** – United Nations Day for South-South Cooperation – Promotes cooperation, knowledge sharing, and development among countries of the Global South.
- **13 September 1921** – Victory in the Battle of Sakarya – The 22-day Battle of Sakarya ended in victory for the Turkish army, becoming a major turning point in the Turkish War of Independence.
- **15 September** – International Day of Democracy – Highlights the importance of democracy, human rights, participation, and democratic institutions.
- **15 September 1890** – Agatha Christie was born – One of the world's best-known crime writers.
- **18 September** – International Equal Pay Day – Raises awareness of the principle of equal pay for equal value work.
- **19 September 1921** – Mustafa Kemal Atatürk was granted the rank of Marshal and the title of Gazi – Türkiye commemorates this date as Veterans Day.
- **21 September** – International Day of Peace – Promotes a culture of peace, non-violence, dialogue, and international cooperation.
- **23 September** – International Day of Sign Languages – Promotes the preservation of sign languages and the linguistic and cultural rights of deaf people.
- **26 September 1932** – Turkish Language Day – The First Turkish Language Congress convened at Dolmabahçe Palace, and 26 September came to be celebrated as Turkish Language Day.
- **27 September** – World Tourism Day – Highlights tourism's contribution to cultural exchange, cultural heritage, and sustainable development.
- **28 September** – International Day for Universal Access to Information – Emphasizes the importance of access to information for inclusive societies, education, and sustainable development.
- **30 September** – International Translation Day – Recognizes the contribution of translators and language professionals to communication, knowledge exchange, and intercultural understanding.

HEALTH & SCIENCE

- **3–9 September** – Public Health Week – Highlights preventive healthcare, disease prevention, healthy living, and promoting community health.
- **7 September** – International Day of Clean Air for Blue Skies – Raises awareness of the effects of air pollution on human health and the environment.
- **7 September** – World Duchenne Awareness Day – Promotes awareness of Duchenne muscular dystrophy.
- **10 September** – World Suicide Prevention Day – Highlights suicide prevention, mental health support, and the importance of public awareness.
- **13 September** – World Sepsis Day – Emphasizes the life-saving importance of early recognition, prevention, and timely treatment of sepsis.
- **16 September** – International Day for the Preservation of the Ozone Layer – Highlights the importance of protecting the ozone layer for environmental and human health.
- **16 September** – International Day of Interventional Cardiology – Recognizes the role of interventional procedures and medical innovation in cardiovascular care.
- **17 September** – World Patient Safety Day – Promotes safer healthcare practices and efforts to reduce preventable harm in healthcare.
- **21 September** – World Alzheimer's Day – Raises awareness of Alzheimer's disease and other forms of dementia while emphasizing early diagnosis, healthy ageing, and quality care.
- **25 September** – World Pharmacists Day – Highlights pharmacists' contributions to medication safety, rational medicine use, and public health.
- **26 September** – World Environmental Health Day – Draws attention to the relationship between environmental factors and human health and the importance of healthy living environments.
- **28 September** – World Rabies Day – Promotes rabies prevention, vaccination, and efforts to eliminate human deaths from rabies.
- **29 September** – World Heart Day – Raises awareness of cardiovascular disease prevention, risk reduction, and heart-healthy lifestyles.
- **29 September** – International Day of Awareness of Food Loss and Waste – Highlights the importance of reducing food loss and waste for nutrition, food security, environmental health, and sustainability.

INVENTIONS & DISCOVERIES

FROM FINGER-PRICK TESTS TO CONTINUOUS GLUCOSE MONITORING

A blood glucose meter answers a straightforward question: **What is my glucose level right now?** For many people with diabetes, obtaining that answer means pricking a finger and placing a drop of blood on a test strip. The result can guide an immediate decision, but it says little about what happened during the hours before the test or what may happen next.

Continuous glucose monitoring (CGM) fills in some of those gaps. A small sensor, usually worn on the arm or abdomen, estimates glucose in the fluid between cells and sends regular readings to a phone or receiver. Instead of a series of isolated numbers, the user sees a changing picture. Was glucose rising after breakfast? Did it fall during a walk? What happened overnight? Some devices can also sound an alert when readings cross a chosen threshold. Unlike a finger-prick test, the sensor does not measure glucose directly in the blood. [1]

Having more data does not automatically make diabetes easier to manage. The information needs to be understood and used in the context of a person's treatment. One useful measure is time in range; the proportion of time glucose stays within an agreed target range. An international consensus recommends considering this measure alongside **HbA1c** and other clinical information, rather than relying on any single figure. [2]

Research helps show where CGM can make a difference. In the **DIAMOND trial**, adults with type 1 diabetes who used insulin injections had a larger reduction in HbA1c over 24 weeks with CGM than those receiving usual care. [3] A separate trial involving adults with type 2 diabetes treated with basal insulin also found improved glucose outcomes over eight months compared with blood glucose meter monitoring. [4] Neither study suggests that the same device or approach will suit everyone.

The finger-prick test still has a place. If a sensor reading seems inconsistent with symptoms, checking with a blood glucose meter may be necessary. CGM's contribution is the broader view it provides; it helps turn scattered measurements into a record of patterns that patients and healthcare professionals can discuss and act on together.



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OUR INTERNAL AND EXTERNAL STAKEHOLDERS





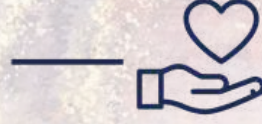
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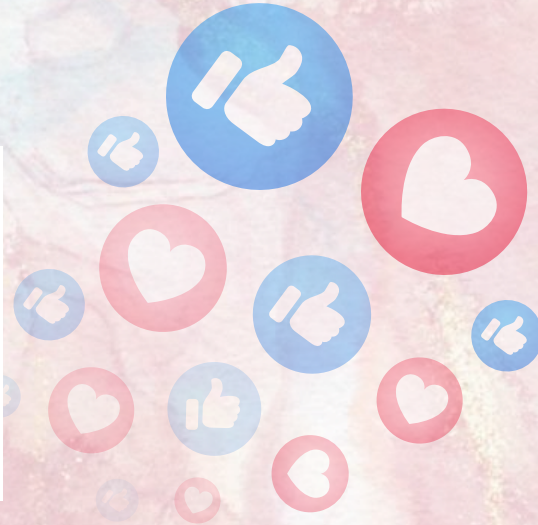
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