

İSTANBUL
GELİŞİM
ÜNİVERSİTESİ

MONTHLY NEWS AND EVENTS E-JOURNAL



**Vocational
School of
Health Services**



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Vocational
School of
Health Services



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International Workers' Day
Happy





MESSENGER OF SPRING

5-6 MAY

HIDIRELLEZ

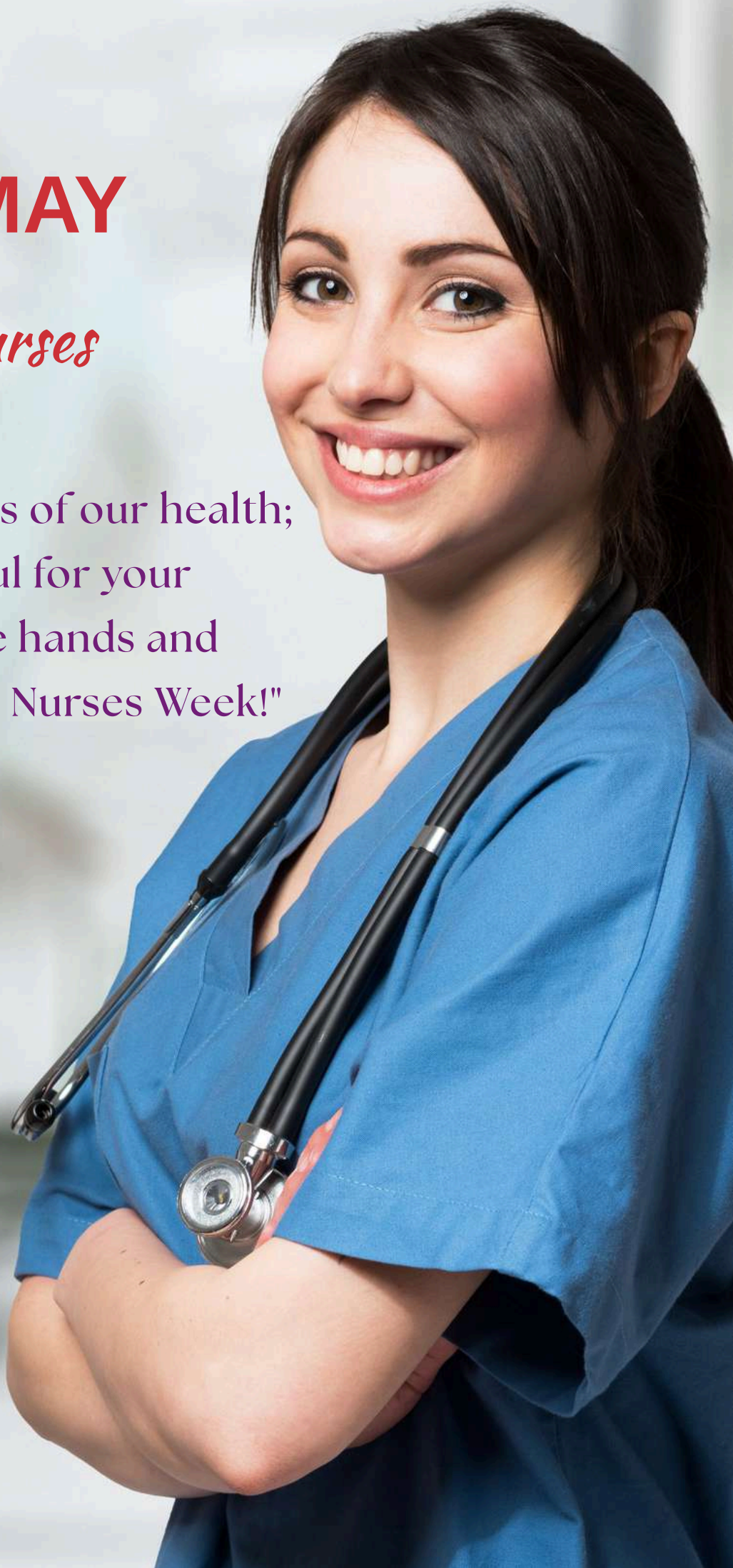
Happy Feast Day



12-18 MAY

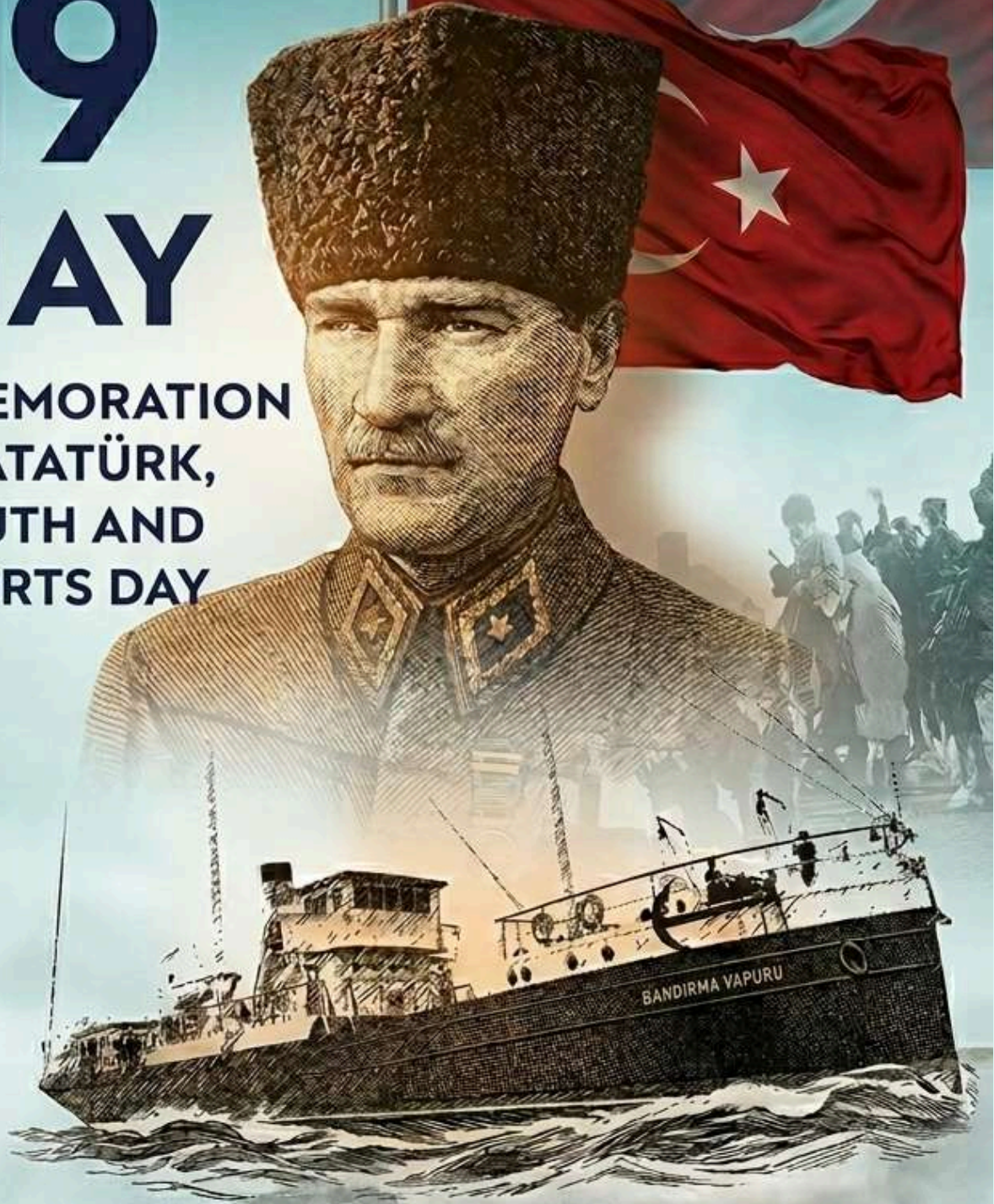
*Happy Nurses
Week*

"The unsung heroes of our health;
we are grateful for your
compassionate hands and
dedication. Happy Nurses Week!"

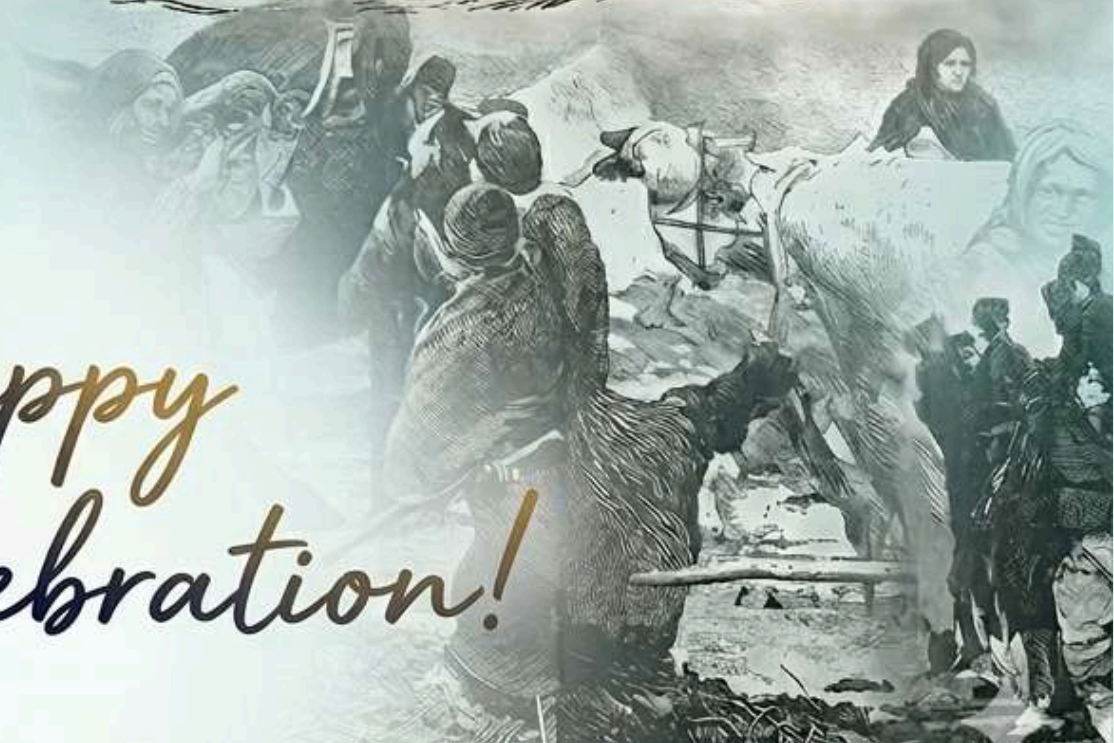


19 MAY

COMMEMORATION
OF ATATÜRK,
YOUTH AND
SPORTS DAY



*Happy
Celebration!*



LEADERSHIP, GOVERNANCE & QUALITY



- GOVERNANCE FRAMEWORK AND ADMINISTRATIVE STRUCTURE
- MISSION AND STRATEGIC GOALS
- ORGANIZATIONAL MANAGEMENT SYSTEMS
- STAKEHOLDER PARTICIPATION
- GLOBALIZATION & INTERNATIONAL OUTREACH



Vocational School of Health Services



FROM IGU

IGU ranks 4th among foundation universities!



IGU continues its success in the Webometrics World University Rankings!



RUR 2024 Rankings Published: IGU Advances by 23 Places Overall!



International Success from IGU: 5 academicians were included in the list of "World's Most Influential Scientists"!



SCImago 2026 results announced: IGU ranks 11th in research!



IGU is among the best universities in Europe!



LEADERSHIP, GOVERNANCE & QUALITY

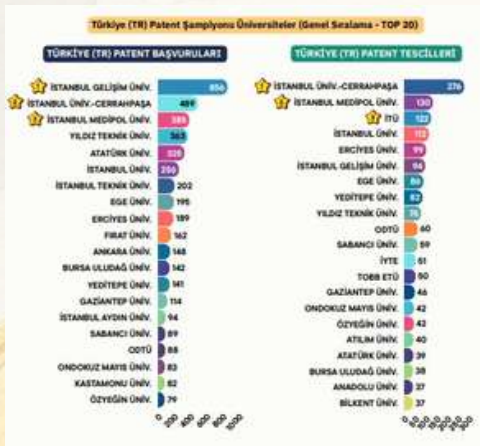
YÖK (Council of Higher Education) evaluated universities: IGU ranked 1st in 3 categories!



IGU continues to be listed in the URAP Türkiye Rankings!



IGU ranked first in 6 categories with its patent studies at 2024!



IGU has achieved great success by ranking in the 1001-1200 band in the 2026 THE World University Rankings.



GreenMetric 2024 has been announced: New success in environment and sustainability from IGU!



IGU's big THE success: 1st in the 'Accessible and Clean Energy' category!





ISTANBUL
GELISIM
UNIVERSITY



Turkish Higher Education
Quality Council

Istanbul
Gelisim
University
has received full
accreditation from
THEQC
for a period of
five years!

Our university has been granted a 5-year institutional accreditation by the Turkish Higher Education Quality Council (YÖKAK/THEQC) in recognition of its commitment to quality standards in education, research, governance, and community service.

www.gelisim.edu.tr

Following the institutional accreditation review conducted by the Higher Education Quality Board (YÖKAK), Istanbul Gelisim University (IGU) has been granted full five-year accreditation. IGU received the highest level of accreditation in December after a comprehensive evaluation process, reflecting its outstanding performance in community engagement, education, research and development, and management systems.

IGU RANKED IN THE 401–500 BAND IN THE INTERDISCIPLINARY SCIENCE RANKINGS 2026

Istanbul Gelisim University (IGU) has achieved a significant success by placing in the 401–500 band in the Interdisciplinary Science Rankings 2026, prepared by Times Higher Education (THE) in collaboration with the Schmidt Science Fellows. In the 2026 results announced for the field of Interdisciplinary Science, 911 universities from 94 countries were evaluated, and 82 universities from Türkiye succeeded in entering the list. Istanbul Gelisim University, evaluated for the first time this year, attracted global attention with its performance in interdisciplinary research output, publication quality, scientific impact, and international collaborations.



IGU Rector Prof. Bahri ŞAHİN shared the following remarks regarding the achievement: "Being ranked in the 401–500 band in the Times Higher Education Interdisciplinary Science Rankings 2026 is a concrete result of our university's scientific productivity and its commitment to an interdisciplinary approach. Being included in the list in this field for the first time shows that we are on the right path within the global academic competition. Every step we take to strengthen our research ecosystem is a strategic gain that enhances our international visibility.

As Istanbul Gelisim University, we advance with a holistic vision that increases our research capacity, strengthens international collaborations, and supports interdisciplinary knowledge production. This approach, which prioritizes scientific efficiency, research quality, and innovative practices, forms the foundation of achieving sustainable academic success on a global scale. I wholeheartedly congratulate our entire academic staff who contributed to this success."

IGU ACHIEVES SIGNIFICANT SUCCESS IN THE ASIA UNIVERSITY RANKINGS 2026

Istanbul Gelişim University has achieved a notable success in the THE Asia University Rankings 2026, announced by Times Higher Education.

Ranked in the 501-600 band overall, our university placed 11th among foundation universities and 30th across Türkiye.



In addition, with its strong performance in research quality and international outlook, our university ranked 5th among foundation universities, once again demonstrating its academic strength.

Istanbul Gelişim University remains committed to its steady progress in scientific research, internationalization, and high-quality education.

TURKİYE'S 2025 PATENT REPORT ANNOUNCED: İGU IS TÜRKİYE'S CHAMPION IN PATENT COMMERCIALIZATION!

The "2025 Turkey Patent Report," prepared by Patent Effect, has been published. Istanbul Gelişim University (IGU) has earned the title of "Patent Commercialization Champion University" in 2025, standing out not only for its patent production but also for its success in transforming these patents into economic value. The university topped the list in both the "Number of Commercialization Agreements" and "Number of Licensed/Transferred Patents" categories, leading the way in Turkey in transforming innovation not only into production but also into added value. This success is notable for the systematic integration of research outputs with industry and the effective management of intellectual property processes. IGU Leads in Commercialization Category

According to the 2025 data, Istanbul Gelişim University, with 23 commercialization agreements, secured first place with a significant lead in a list that includes established and strong universities such as METU and Boğaziçi University. IGU was followed in the same list by leading state and technical universities in Turkey such as Istanbul Technical University, Yıldız Technical University, Gebze Technical University, and Eskişehir Technical University.



Istanbul Gelişim University Ranks 1st in Türkiye in Artificial Intelligence Technologies for the Last 4 Years

Istanbul Gelişim University has maintained its uninterrupted leadership in Artificial Intelligence Technologies in Turkey for the past four years, further solidifying its strong position in this field by 2025. Thanks to its approach of transforming academic knowledge production into practical applications, IGU develops solutions that are not only theoretical but also have sectoral relevance, placing it among the leading institutions shaping the artificial intelligence ecosystem. This consistent leadership, directly related to the university's strong R&D infrastructure, interdisciplinary work culture, and technology-focused education model, is further enhanced by the active participation of students and academics in project development processes, enabling IGU to create a sustainable innovation pathway in the field of artificial intelligence. This achievement clearly demonstrates that Istanbul Gelişim University is a pioneering higher education institution shaping not only today's but also tomorrow's technologies.

With our Career Development Center, you can prepare your resume, follow national internship opportunities, and benefit from resources such as a job search platform and career guide. **Click here** to explore.

Our graduates can join an alumni platform under the "Alumni and Members Committee." Together, we can help you shape your career and employment goals. **Click here** to become a member.



igü
MMK
Mezunlar ve Mensuplar
Kordinatörlüğü



**ISTANBUL GELİŞİM UNIVERSITY
2024-2028 STRATEGIC PLAN
PUBLISHED**

To access Istanbul Gelişim University's 2024 - 2028 Strategic Plan, **click here.**



ABOUT US

MISSION

To train healthcare professionals with strong professional knowledge and skills, high ethical sensitivity, and a multifaceted perspective; to improve the quality of healthcare services by observing the principle of sustainability in all activities.

VISION

To become a leading vocational school contributing to the advancement of universal health education, with a strong focus on sustainability and human-oriented service delivery.

CORE VALUES

- Continuous Improvement
- Innovation and Entrepreneurship
- Academic Merit
- Commitment to Ethical Values
- Commitment to Sustainability
- Social and Environmental Responsibility
- Internationalization
- Stakeholder Orientation and Participation
- Openness and Transparency

HISTORY OF VOCATIONAL SCHOOL OF HEALTH SERVICES

The establishment of "Istanbul Gelisim Vocational School" in Istanbul by the "Gelisim Education, Culture, Health, and Social Services Foundation" was approved by the Council of Ministers on **14 July 2008** (Decision No. **2008/13951**), based on the letter of the Ministry of National Education dated **08.07.2008** and numbered **17261**, in accordance with Article 2 (Additional) of Law No. **2547** on Higher Education. The decision was published in the Official Gazette dated **29 July 2008** and numbered **26951**.

With the publication of Law No. **6114** titled "Law on the Organization and Duties of the Measurement, Selection and Placement Center" dated **17.02.2011** in the Official Gazette dated **03.03.2011** and numbered **27863**, Article 12 added supplementary articles to Law No. **2809** on the Organization of Higher Education Institutions. According to the provision titled "**Supplementary Article 135,**" **Istanbul Gelisim University (IGU)** was established in Istanbul by the Gelisim Education, Culture, Health, and Social Services Foundation as a foundation university, possessing public legal personality and subject to the relevant provisions of Law No. **2547** on foundation higher education institutions. The university was formed under the rectorate and composed of a) the Faculty of Fine Arts, b) the Faculty of Engineering and Architecture, c) the Faculty of Economics and Administrative Sciences, d) the Institute of Social Sciences, e) the Institute of Science, and f) Istanbul Gelisim Vocational School (whose legal personality was terminated under the same law).

Health-related programs within Istanbul Gelisim Vocational School were later reorganized, and the proposal to establish the "Vocational School of Health Services" (SHMYO) was submitted to the Council of Higher Education (YÖK) with the IGU Senate Decision dated **03.07.2013** (Decision No. **2013-09**). The General Assembly of the Council of Higher Education approved the establishment of the Vocational School of Health Services on **12.09.2013**. With the letter of the IGU Rectorate dated **15.01.2014** and numbered **53330280-804-01-0025**, **Assist. Prof. Dr. Abdullah Yüksel BARUT** was appointed as the acting director of SHMYO. Beginning in the 2013–2014 academic year, SHMYO expanded its academic structure. Previously, the Child Development and Health Institutions Management programs—under the departments of Child Care and Youth Services and Management and Organization—had admitted students in the Fall semester of the 2009–2010 academic year. In 2010–2011, to meet emerging needs in the healthcare sector, the Department of Medical Services and Techniques was established, opening the Medical Documentation and Secretarial program. In the 2012–2013 academic year, specialization in health sciences expanded with the launch of the Anesthesia, Dialysis, Physiotherapy, First and Emergency Aid, and Medical Imaging Techniques programs. The 2013–2014 academic year marked the formation of SHMYO as an independent school, representing its broadest program expansion. Numerous programs under the Dentistry Services and Electronics and Automation Departments were opened, including Oral and Dental Health, Dental Prosthesis Technology, and Biomedical Device Technology. Additionally, Operating Room Services, Electroneurophysiology, Audiometry, Opticianry, Orthopedic Prosthetics and Orthotics, Pathology Laboratory Techniques, Perfusion Techniques, Radiotherapy, and Medical Laboratory Techniques enriched the Department of Medical Services and Techniques.

In the 2015–2016 academic year, the Hair Care and Beauty Services program was established under the Department of Hair and Beauty Services to diversify offerings beyond health-specific areas.

In the fall semester of 2019–2020, new programs were opened: Food Quality Control and Analysis (Department of Food Processing), Podiatry (Department of Health Care Services), and Autopsy Assistance and Medical Promotion and Marketing (Department of Medical Services and Techniques).

In 2020–2021, to address sectoral needs in laboratory and chemistry-based fields, the Laboratory Technology program was opened under the Department of Chemistry and Chemical Processing Technologies. In line with SHMYO's internationalization goals in health education, the Physiotherapy (English) program was launched in the 2024–2025 academic year, marking the school's transition into foreign-language instruction.

As part of the digital transformation vision, the 2025–2026 fall semester introduced innovative programs in health informatics and digital health technologies, including Medical Data Processing Technician (Department of Statistics) and Digital Health Systems Technician and Telehealth Technician (Department of Database, Network Design, and Management).

Today, SHMYO continues to be a dynamic educational institution that trains qualified human resources for the health, technology, and service sectors through its multidisciplinary academic structure. With **24 classrooms, 24 laboratories/workshops, 76 academic staff members, and 27 programs (26 in Turkish and 1 in English)**, the school continues to provide education aligned with its mission and vision.

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Dear students,

You can reach the e-mail addresses with ***your student e-mails.***

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Secretary of Health Services Vocational School

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APPOINTMENTS AND ASSIGNMENTS

- Lecturer **Nafiye GÜZEL** has been appointed as a member of the Internship Commission.
- Lecturer **Merve ENGİN** has been appointed to as a member of the Internship Commission.
- Lecturer **Rübeysa TÜREDİ** has been appointed as a new member of the Survey Commission.
- Lecturer **Salih Kaan ENGİN** has been appointed as a new member of the Survey Commission.
- Lecturer **Kerim ÇAKIR** has been appointed as a new member of the Survey Commission.
- Lecturer **Mehmet Beşir DEMİRBAŞ** has been appointed as a new member of the Scientific Research Commission.
- Lecturer **Merve YILDIZ** has been appointed as a new member of the Disability Commission.
- Lecturer **Mehmet Halit METİN** has been appointed as a new member of the Website Management Team.

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NEWS FROM VSHS

QUALITY BOARD MONTHLY MEETINGS

The Quality Board of the School of Health Services convened under agenda item No. 2026/10. During the meeting, the agenda of the İstanbul Gelişim University Quality Commission was presented to the board members, the results of the 2025–2026 fall semester instructor course evaluation surveys were reviewed, and the practical course forms submitted by the departments were discussed.

Agenda of the meeting held on May 20, 2026

- Presentation of the agenda of the İstanbul Gelişim University Quality Commission Meeting (No. 2026-09), dated May 5, 2026, to the Quality Board of the School of Health Services.
- Evaluation of the instructor course evaluation survey results for the 2025–2026 fall semester.
- Review and discussion of the practical course application forms submitted by the departments of the School of Health Services.



NEWS FROM VSHS

WORKSHOP

The workshop titled "**Alumni, Institutions, Students, and Academia Meet: Vocational School of Health Services Department of Medical Services and Techniques 2nd Process Improvement Workshop: Competency-Based University-Sector Collaboration,**" organized on May 4 by the Department of Medical Services and Techniques at Istanbul Gelisim University Vocational School of Health Services, brought together various stakeholders of the healthcare sector on a shared platform.



The opening of the workshop program was attended by Prof. Dr. Bahri ŞAHİN, Rector of Istanbul Gelisim University; Prof. Dr. Nuri KURUOĞLU, Vice Rector of Istanbul Gelisim University; Prof. Dr. Necmettin MARAŞLI, Vice Rector of Istanbul Gelisim University; Assist. Prof. Dr. Abdullah Yüksel BARUT, Director of the Vocational School of Health Services; Assist. Prof. Dr. Nurcihan TAN ERKOÇ, Assistant Director of the Vocational School of Health Services; and Assist. Prof. Dr. Ali KARAAĞAÇ, Assistant Director of the Vocational School of Health Services.

The opening speeches of the program were delivered by Prof. Dr. Bahri ŞAHİN, Rector of Istanbul Gelisim University, and Assist. Prof. Dr. Abdullah Yüksel BARUT, Director of the Vocational School of Health Services. In his opening speech, Prof. Dr. Bahri ŞAHİN, Rector of Istanbul Gelisim University, emphasized the importance of continuous improvement and sector collaborations in healthcare education.



NEWS FROM VSHS

At the workshop, with an organizing committee consisting of Assist. Prof. Dr. Abdullah Yüksel BARUT, Assist. Prof. Dr. Nurcihan TAN ERKOÇ, Assist. Prof. Dr. Nazlı YÜCEOL, Assist. Prof. Dr. İlksen SARI O, and Assist. Prof. Dr. Ayşe DÜŞÜNÜR, Assist. Prof. Dr. Nazlı YÜCEOL delivered a presentation on behalf of the committee, outlining the scope and flow of the program. In her presentation, she also shared with the participants the practices implemented in accordance with the feedback obtained after the 1st Process Improvement Workshop held last year. In this context, it was stated that significant actions were taken, such as adding the "Digital Technologies and Mobility in Health" course to the elective course pool, updating the pre-internship field adaptation and orientation processes, preparing intern uniforms and ID badges with the IGU logo, increasing practical and laboratory course hours, and revising professional practice evaluation forms and criteria.



NEWS FROM VSHS

While external stakeholders from BHT Clinic, Başakşehir State Hospital, Istanbul Provincial Health Directorate, Taksim Training and Research Hospital, and Neolife Medical Center participated in the workshop; multidimensional evaluations regarding the future of the healthcare sector were conducted at tables consisting of alumni, students, academics, quality representatives, and internal stakeholders.



NEWS FROM VSHS

INTERVIEW

On May 5-6, 2026, the "Health Talks" event was organized by the Career and Alumni Commission of the Vocational School of Health Services. The event, which included participation from experts in various fields, received significant interest from both the audience and the organizers.

As part of the event, a seminar titled "Becoming a Nurse at Acibadem Health Group" was presented by Ece KASIRGA, Recruitment Specialist at Acibadem Hospital; Gülçin ADATEPE, Assistant Director of Nursing Services; and Aysın KAYIŞ, Training Nurse. At the end of the seminar, plaques were presented to the participants by Dr. Sultan ÇAKMAK TANRIVER, Vice Dean of the Faculty of Health Sciences, and Assoc. Prof. Dr. Mahruk GÜNEYLİ, Head of the Nursing Department.



NEWS FROM VSHS

The seminar titled "Excess Salt, the Silent Danger: Practical Ways to Protect Your Heart" was given by Dr. Vefa ÇELENK, Cardiology Specialist at Medicana International Hospital. At the end of the program, plaques were presented by Lecturer Sibel SEKMAN, Head of the Medical Processing Data Techniques Program.

The seminar on "Shelter and Health in Disaster Situations" was presented by AFAD Branch Manager Suat ŞAŞMAZ and Disaster Health Services Training Coordinator Pınar BABA. Plaques were presented to the speakers by Lecturer Ebru CENGİZ, Head of the Digital Health Systems Technician Program, and Lecturer Emine HAS.

These events aimed to contribute to the professional development of students and to provide them with sectoral experience.



NEWS FROM VSHS

Meaningful Visit to the Bakırköy Municipality Stray Animals Shelter and Care Center

On May 7, a visit to the Bakırköy Municipality Stray Animals Shelter and Care Center was organized by the Patili Yaşam Club with the participation of students.

During the visit, the Director of Veterinary Services provided our students with information about the shelter's activities, ongoing services, and future projects. Students also had the opportunity to spend time with the stray animals at the center and observe their care processes closely.

In addition, pet food and various supplies collected through the support of our students were delivered to the authorized personnel. The event aimed to strengthen students' awareness of animal welfare, social responsibility, and compassion for animals.

Alongside the President of the Patili Yaşam Club, Lecturer **Ebru CENGİZ**, Lecturers **Aylin KOÇ** and **Mehmet Halit METİN** also attended the event together with the students.



NEWS FROM VSHS

Saffron Evaluated Through Its Scientific Aspects At EDUTASTE 2026!

Within the scope of the "EDUTASTE 2026 - Gastronomy and Science Gatherings" event held at the Istanbul University Beyazit Campus on May 11, 2026, Asst. Prof. Negin AZARABADI took part as a speaker in the "Chef vs Scientist Challenge" program.

During the presentation titled "Saffron Duel," the scientific aspects of saffron, its quality criteria, sensory characteristics, and importance in food science were shared with the participants. The program, which brought gastronomy and science together, emphasized the importance of evaluating traditional products from a scientific perspective.

The event attracted significant interest from academics, researchers, chefs, and students, and included interactive discussions on current studies and scientific approaches in the field of food science.

At the end of the event, Asst. Prof. Negin AZARABADI was presented with a "Certificate of Scientific Contribution and Participation" in recognition of her contributions.



NEWS FROM VSHS

Meaningful 19 May Event by Bakırköy Municipality and Istanbul Gelisim University...

As part of the Commemoration of Atatürk, Youth and Sports Day celebrated on May 19, a Yoga and Meditation event was organized at the Florya Atatürk Forest through the collaboration of the Health Services Vocational School of Istanbul Gelisim University and Bakırköy Municipality. The event attracted significant participation from students and academics of the Health Services Vocational School.

The event was held with the participation of **Ayşegül OVALIOĞLU**, during which yoga and meditation sessions were conducted under the guidance of a physiotherapist. Mayor **Assoc. Prof. Dr. Ayşegül OVALIOĞLU** also joined the activities together with academics and students.



Held in harmony with nature, the event provided students with the opportunity to relax both physically and mentally, while enjoying music and entertainment accompanied by a DJ performance. Various beverages and refreshments were also offered to the participants throughout the program.

The event, which increased students' motivation and strengthened social solidarity, was attended by Asst. Prof. Dr. Nazlı YÜCEOL, Lecturer Ebru CENGİZ, Lecturer Sibel BULUT HAKLI, Lecturer Hilal Nur FİCİL, and Lecturer Merve ENGİN.

Bringing together the energy of youth with the unifying power of sports and healthy living, the event was regarded as a successful example of university-municipality cooperation. At the end of the event, thanks were extended to Bakırköy Municipality and Bakırköy Mayor Assoc. Prof. Dr. Ayşegül OVALIOĞLU for their contributions.



NEWS FROM VSHS

Participation in the 2026 Sea Rowing Endurance & Beach Sprint Turkey Cup

Istanbul Gelisim University Health Services Vocational School, Head of the Medical Services and Techniques Department, Assist. Prof. Dr. Nazlı YÜCEOL, participated as a licensed athlete in the "2026 Sea Rowing Endurance & Beach Sprint Turkey Cup" competitions organized by the Turkish Rowing Federation between May 13–17, 2026, at Sarımsaklı Beach in Ayvalık.

Competing on behalf of her sports club, **Assist. Prof. Dr. Nazlı YÜCEOL** raced in the "Seniors / Women" category. The organization brought together 46 different clubs and 7,000 athletes from various provinces across Türkiye.

Throughout the sea rowing competitions, athletes competed in endurance, teamwork, and performance-focused stages, while the event attracted significant attention not only from the sports community but also from a large audience of spectators.



NEWS FROM VSHS

The Current Role of Schroth Therapy and Orthotic Approaches in Scoliosis

The seminar and practical workshop titled "The Current Role of Schroth Therapy and Orthotic Approaches in Scoliosis," organized by the Orthopedic Prosthetics and Orthotics Program of the Vocational School of Health Services at Istanbul Gelişim University, was held on May 5, 2026.

The theoretical session of the event took place in the E Block Faculty of Fine Arts Foyer Area. As part of the program, Specialist Prosthetist-Orthotist and Physiotherapist Edanur HALVALI delivered a theoretical presentation and informative session on Schroth Therapy, while Orthotic-Prosthetic Technician İsmail GENCER provided theoretical training on current orthotic approaches in scoliosis.

The practical session of the event was held in the Orthopedic Prosthetics and Orthotics Laboratory. During the hands-on workshop, İsmail GENCER demonstrated scoliosis orthosis modeling and design practices. In this way, participants had the opportunity to observe how theoretical knowledge is reflected in clinical practice.



Throughout the event, topics such as the assessment and classification of scoliosis, conservative treatment methods, the three-dimensional corrective approach of Schroth Therapy, and the role of orthotic use in controlling curve progression were discussed in detail. In addition, the importance of a multidisciplinary treatment approach was emphasized with the aim of improving students' clinical perspectives.

With the contributions of expert speakers in their fields, the event made a significant contribution to students' knowledge of current treatment approaches and supported their professional development.



NEWS FROM VSHS

SYMPOSIUM

The symposium titled "**Children Involved in Crime: Risk Factors, Individual Tendencies and Intervention Approaches,**" organized by Lecturers Merve MERCAN and Özge ÜNSEVER from the Child Development Program and Dr. İlksen SARI from the Autopsy Assistantship Program at Istanbul Gelisim University Health Services Vocational School, was successfully completed on May 14th.



The opening speech of the symposium was given by our Director of Health Services Vocational School, Dr. Assoc. Prof. A. Yüksel BARUT. Within the scope of the event, the phenomenon of children involved in crime was addressed from developmental, psychological, social, legal and judicial dimensions. Important issues such as risk factors affecting children's involvement in crime, the effects of the digital age on children, case management processes, prevention of secondary victimization, law enforcement practices and intervention approaches were evaluated. The symposium, which was held with the contributions of Child Development Specialist Zelal BİNGÖL, Clinical Psychologist Burak Emre KADAK, Director of Forensic Support and Victim Services Dr. Merve KARAMAN, Chief Inspector Ahmet Hulusi YILDIRIM, Lawyer Yazgülü TAŞDEMİR and Forensic Medicine Specialist Dr. Oğuz Can ERTAŞ, attracted great interest.

Sağlık Hizmetleri
Meslek Yüksekokulu

ÇOCUK GELİŞİMİ PROGRAMI VE OTOPSİ YARDIMCILIKI PROGRAMI

**SUÇA SÜRÜKLENEN ÇOCUKLAR
RİSK FAKTÖRLERİ, BİREYSEL EĞİLİMLER VE
MÜDAHALE YAKLAŞIMLARI
SEMPZYUMU**

14-15 MAYIS ÇOCUK DEĞİL SUÇA SÜRÜKLENEN ÇOCUK
Çocuk Bilgisi Uzmanı Araş. Gör. Hl. Zelal BİNGÖL,
Istanbul Gelisim Üniversitesi Çocuk Gelişimi Bölümü

16-18 DİJİTAL ÇAĞDA ÇOCUK
Klinik Psikolog Burak Emre KADAK
ÜÇEM Tıbbiye Akademi Kurumlarında

13-15 SUÇA SÜRÜKLENEN ÇOCUKLARDA YAKA YÜREĞİ VE İNANÇ
MADDELERİNİN GÜVENLİLİKİ İÇİN: BİREYSEL VE MÜDAHALE YAKLAŞIMLARI
Dr. Merve KARAMAN
EĞİTİM ve Sağlık Hizmetleri Müdürü

12-15 ÇOCUK VE SUÇ: EĞİTİM KURUMLARINDAN FAYDALANMA VE İZLENİMLERİ
Başkan Ahmet Hulusi YILDIRIM
İzmir 8. Bölge Yargıtay Başkanı

12-15 SUÇA SÜRÜKLENEN ÇOCUKLARIN DEĞERLENDİRİLMESİ, PREVENYON
VE YAKLAŞIM YAKLAŞIMLARI
Dr. Yazgülü TAŞDEMİR, LLK

14-15 SUÇA SÜRÜKLENEN ÇOCUKLARIN DEĞERLENDİRİLMESİ, PREVENYON
VE YAKLAŞIM YAKLAŞIMLARI
Dr. Oğuz Can ERTAŞ, LLK
E.İ.İ. Sağık Hizmetleri Programı Başkanı

14 Mayıs 2026 10:00-16:00

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SALONU

gelisim.edu.tr @gelisimedu @igugelisim @igushmyo



NEWS FROM VSHS

The event aimed to help our students and professionals gain an interdisciplinary perspective, and participants had the opportunity to acquire valuable insights from both academic and field experiences. We would like to thank all the speakers, participants, and everyone who contributed to our event.



NEWS FROM VSHS

New Generation Health Movement Event

The Health Literacy Seminar, organized by the Food Quality Control and Analysis Program of the School of Health Services at Istanbul Gelisim University, was held under the coordination of Lect. Esra Nur YAŞA, and with the valuable presentation of New Generation Health Ambassador Intern Dietitian Beyzanur Orhan.

The seminar aimed to raise awareness about the importance of accessing accurate health information, correctly interpreting health-related information, developing healthy habits in daily life, disease prevention, and understanding health rights.

We would like to thank all our students whose participation, interest, and contributions made this event meaningful and successful.



Lect. Esra Nur YAŞA
Quality Control and Analysis Program



NEWS FROM VSHS

INTERVIEW

My Superpower: Artificial Intelligence and My Digital Twin – A Journey Through Artificial Intelligence and Ethical Use

It was truly enjoyable and inspiring for me to meet with approximately 200 students at the event I held as part of the TÜBİTAK Science Talks, titled **"My Superpower: Artificial Intelligence and My Digital Twin: A Journey on Artificial Intelligence and Ethical Use."**

We had a conversation about the role of artificial intelligence in our lives, the concept of digital twins, and how we should use technology within an ethical framework.

To make our event even more interactive, we also organized a mini competition via Mentimeter. I invited the top three students, who competed with great enthusiasm, to visit our university. I will be pleased to host them on our campus, show them around our faculties, introduce our laboratories, and give them the opportunity to experience university life firsthand.

I am happy to support their interest in science and to stand by them on this journey as they prepare for the world of the future.

Bringing science together with society, and society together with science.



Assist. Prof. Üyesi Nazlı YÜCEOL
Head of the Department of Medical Services and Techniques



NEWS FROM VSHS

On May 22, 2026, as part of the TÜBİTAK Science Talks program, we met with 9th, 10th, and 11th-grade students at Edirne Akmercan Anatolian Imam Hatip High School.

In our event titled "My Superpower Artificial Intelligence and My Digital Twin: A Journey on Artificial Intelligence and Ethical Use," we had a productive conversation with the students about the role of artificial intelligence in our lives, the concept of digital twins, and the ethical use of technology.

To make the event more interactive, we organized a mini-competition via Mentimeter. The top three students received promotional bags prepared to introduce our university.

Here's to many more enjoyable and productive Science Talks where we aim to connect science with society and society with science...



NEWS FROM VSHS

INTERVIEW

A Career Journey: From Opticianry to Academia" Seminar Brought Students Together

The seminar titled "**A Career Journey: From Opticianry to Academia,**" organized by the Opticianry Program of the **Bilecik Şeyh Edebali University** Vocational School of Health Services, was held with strong student participation.

The event, hosted and moderated by Dr. Lecturer Sinem Sipahiođlu Kara, welcomed Lect. Sümeyra Leyla ÖZİNCE from the Opticianry Program of Istanbul Gelisim University as the guest speaker.

During the seminar, Lect. Sümeyra Leyla ÖZİNCE shared her knowledge and experiences gained throughout her professional journey in the field of opticianry and her transition into academia. The event featured comprehensive discussions on career planning, professional development, the contribution of sectoral experience to academic life, and opportunities for academic advancement in the field of opticianry.

Students showed great interest in the seminar and had the opportunity to ask questions regarding professional development processes and the steps involved in pursuing an academic career. The event served as an inspiring and guiding meeting for students aiming to build a career in the field of opticianry.

The seminar was also featured by **Optisyenin Sesi**, one of the leading news platforms in the sector, reaching a wide audience.



**Lecturer Sümeyra Leyla
ÖZİNCE
Opticianry Program**



NEWS FROM VSHS

TECHNICAL VISIT

On May 21, the students visited the **Kent Boringer factory** as part of a technical visit organized by Lecturer Esra Nur YAŞA from the Food Processing Department.

During the visit, our students had the opportunity to observe production processes, quality control practices, and food safety systems on site, allowing them to reinforce their theoretical knowledge with industry experience.

We would like to thank the company representatives for hosting us during this highly productive event, which contributed significantly to our students' professional awareness and career development.



NEWS FROM VSHS

INTERSHIP

PROTOCOL AGREEMENTS & VISITS

On May 2, 2026, Internship Coordinator Ass. Prof. Ayşe DÜŞÜNÜR visited Ayka Yetenek Spor Kulübü following the protocol renewal and determined the summer internship quotas.

On May 11, 2026, a meeting was held with the administrators of BHT Klinik TEMA Hospital regarding the possibility of Podology program students doing internships at the institution, and the students were supervised on-site. Summer internship quotas were determined.

On May 12, 2026, a meeting was held with the administrators of Beykent Cerrahi Tıp Merkezi, and the students were supervised on-site. Summer internship quotas were determined. Aslı Işık Akademi was visited following the protocol renewal, and summer internship quotas were determined for the Hair Care and Beauty Services Program.



NEWS FROM VSHS

On May 15, 2026, an official visit was made to the Istanbul University Oncology Institute by the Internship Coordinator, Asst. Prof. Ayşe DÜŞÜNÜR. Within the scope of the meetings held, an important cooperation protocol was signed to strengthen the professional practice, internship, and clinical training processes of the radiotherapy program students.



The protocol aims to enable students to gain experience in field applications, observe current radiotherapy technologies on-site, and become closely acquainted with multidisciplinary healthcare processes. Furthermore, it aims to provide students with the opportunity to apply their theoretical knowledge in a clinical setting and to increase their professional competence.

NEWS FROM VSHS

INTERSHIP

SUMMER INTERNSHIP ORIENTATIONS COMPLETED

Summer Internship Orientation Programs were carried out by the Internship Commission Members and Program Heads in order to ensure that students are adequately prepared for their summer internship processes. During the orientation meetings, students were provided with comprehensive information regarding all stages of the internship period.

Detailed explanations were given about internship application conditions, the qualifications of institutions and organizations where internships may be conducted, the internship calendar, preparation of required documents, insurance procedures, attendance obligations, workplace rules, preparation of internship files, and evaluation procedures. In addition, emphasis was placed on ethical principles, institutional representation skills, work discipline, and awareness of professional responsibility that students are expected to follow throughout their internship process.



NEWS FROM VSHS

Speaking during the orientation programs, the program heads emphasized that internships play a vital role in allowing students to apply their theoretical knowledge in real professional environments. They stated that the main objective is for students to complete an active and productive internship period in institutions that will contribute to their professional and personal development.

Members of the Internship Committee informed students about the official procedures, evaluation criteria, and possible issues that may arise throughout the process, while also highlighting important points to ensure the internship period proceeds smoothly. During the meetings, students' questions were answered and detailed explanations were provided regarding internship placement preferences, document submission dates, online application procedures, and end-of-internship evaluations.

The orientation programs aimed to increase students' awareness of the summer internship process and help them approach the period in a more prepared and conscious manner. Conducted with high student participation, the Summer Internship Orientation Programs are expected to make valuable contributions to students' professional experience and career preparation.



NEWSLETTER SPECIAL ARTICLE

VASA?

When asked which ship sank on its maiden voyage, the answer most often given today is the Titanic. The Titanic's hull was launched on May 31, 1911, and its construction was completed on April 2, 1912. It set sail from Southampton, England, for New York on April 10, 1912. On April 14, 1912, at 23:39, according to the ship's clock, it struck an iceberg and sank vertically into the dark waters of the ocean around 02:20 on April 15, 1912.

When asked what Vasa or Wasa is, most people think of a crispy cereal and Swedish bread used for diets since 1919. However, Vasa is a galleon that sank on August 10, 1628, after leaving the Älvsnabben Naval Base in Stockholm and sailing 1300 meters from its maiden voyage. Gustavus Adolphus II, nicknamed "the Lion of the North," who ruled the Kingdom of Sweden between 1611 and 1632, had made Sweden one of the most feared powers in Europe. In 1625, Gustav Adolf II signed an agreement with the famous Dutch galleon builder Henrik Hybertsson and his partner Arendt de Groot to build four new galleons. The Vasa was one of these four ships.

The Vasa was a magnificent Swedish Imperial galleon, commissioned by King Gustav II Adolf in 1626. Designed to showcase Sweden's naval power, it was a warship built to demonstrate Sweden's growing dominance in the Baltic Sea. The Vasa takes its name from the Vasa Dynasty, the king's dynasty. Unlike other warships of its time, it was built to provide superiority over the enemy with long-range cannon fire and featured a double gun deck (considered one of the reasons for its sinking; the investigation into its sinking is a separate topic). Construction began at the shipyard on what is now Djurgården Island in Stockholm, where it was topped with a massive 69 meters in length for its time.



**Asst. Prof.
Abdullah Yüksel BARUT**



When the king's newest and most powerful ship was completed, it was a galleon measuring 69 meters long, 50 meters high, and weighing 1,200 tons. The ship was dazzling with its 64 bronze cannons, 120 tons of ballast, and hundreds of statues. Captain Söfring Hansson, who supervised the ship's construction, wanted to measure its performance with an experiment involving Admiral Clas Fleming. Thirty soldiers were made to move back and forth on the deck to test the ship's balance. The experiment revealed the ship was unstable, and the admiral, fearing it would capsize, halted construction. The King, however, wanted the ship launched as soon as possible. No one dared tell the King that the ship was unstable. Under pressure, the Admiral ordered the project to continue. The Vasa was adorned with decorations, statues, and reliefs to symbolize the kingdom's power and splendor. Financially, it also showcased the vastness of the Swedish kingdom's budget. Approximately 500 statues were placed at the stern of the ship, depicting numerous important historical figures from Roman emperors to Swedish kings. The galleon was strikingly decorated with predominantly red and gold leaf. A lion held the coat of arms of the Vasa Dynasty in its front paws. The message was clear: The power is with us...

On Thursday, August 10, 1628, Captain Söfring Hansson ordered the Vasa to depart from the Älvsnabben naval base for its maiden voyage. The weather was clear, with a gentle southeasterly breeze. While in port, the ship, displaying its impressive three sails, began to move slowly eastward. All 64 hatches were opened for a ceremonial salute from the cannons, and the ship, leaving Stockholm, was prepared to salute the city. As the Vasa was about to leave the city, a sudden change in wind filled its sails, causing it to lurch to the right. Just as the wind subsided, it intensified again, causing it to lurch to the other side and take on water through the hatches. The ingress intensified the lurch, and the ship sank instantly. Although the crew was rescued with the help of those nearby, between 30 and 50 sailors perished in the incident, which occurred very close to the shore. The sinking was witnessed by a large crowd who had come to watch the ship's maiden voyage, as well as protocol officials and foreign ambassadors present. Interestingly, Gustav Adolf II, nicknamed the "Lion of the North," who wanted the Vasa to be launched as soon as possible and was involved in every stage of its construction, was not there due to his Polish campaign.





The culture of absolute respect for Swedish royal authority, the avoidance of speaking the truth, the king's disregard for criticism, and the prevention of necessary corrections to a fatally flawed design all contributed to the problem. Here, it is worthwhile to remember and emphasize the greatness and leadership of Mustafa Kemal Atatürk, who appointed Dr. Reşit Galip, who criticized him at a dinner, spoke the truth, and declared, "This is the nation's table," as the minister of national education (and the one who implemented university reform). The VASA, which sank on the day it was launched in 1628, almost at the same hour, was long forgotten because its valuable bronze cannons were salvaged.

The shipwreck was rediscovered in the 1950s. Located in a busy area at the entrance to Stockholm harbor, the wreck was salvaged by archaeologists on April 24, 1961, in almost perfect condition and brought to the surface. With its original value preserved at 98%, the 398-year-old galleon, now known as the Vasa Museum and opened on June 15, 1990, can be seen in its original state at the site where it was launched for 240 Swedish Krona (SEK). The Vasa has been seen by over 45 million people to date. Our thanks to those who brought it to this day and preserved its value.



NEWSLETTER SPECIAL ARTICLE

WHY SHOULD MAY 1ST BE CELEBRATED?

May 1st, known worldwide as Labor and Solidarity Day or International Workers' Day, is more than just a public holiday. It is a symbol of workers' rights, human dignity, solidarity, and the ongoing struggle for fair working conditions.

The origins of May 1st date back to 1886 in Chicago, USA, where thousands of workers organized strikes and demonstrations demanding an 8-hour workday. At a time when many employees were forced to work 12 to 16 hours a day under difficult conditions, these protests became a turning point in labor history. Although many workers faced violence and hardship during the demonstrations, their struggle inspired labor movements around the world and became a global symbol of workers' rights and social justice.



**Lect. Çiğdem GENÇ
YURDAGÜL**
Operating Room Services
Program

In Türkiye, May 1st was first celebrated in İzmir in 1906 during the late Ottoman period. It was officially recognized in 1923 and later re-declared a national holiday in 2009. Today, it continues to represent unity, equality, and respect for labor across the country.

Behind every profession lies sacrifice, dedication, and effort. A miner working deep underground without seeing daylight, a healthcare worker caring for patients while worrying about their own family, a police officer risking their safety for society, or a factory worker producing goods through long hours of labor; each represents the true meaning of hard work and perseverance.

Labor and Solidarity Day reminds us that every profession contributes to society and that the value of labor should never be overlooked. On this meaningful day, we honor all workers who continue to fulfill their responsibilities with commitment, resilience, and dignity.

Happy May 1st Labor and Solidarity Day to all workers around the world.

International Student Corner

Pakistan Through My Eyes

My name is Sabaina Nayyar, and I am proud to be from Pakistan — a country rich in culture, history, traditions, and hospitality. For me, **Pakistan** is not only my homeland but also a place filled with unforgettable memories, colorful celebrations, and strong community values.

One of the most beautiful aspects of Pakistani culture is its diversity. Different regions have their own traditions, languages, music, and styles, yet all are connected through a shared sense of identity and warmth. Our national dress, the **Shalwar Kameez**, is an important symbol of this culture. It is comfortable, elegant, and reflects the traditions of our people through colorful fabrics and embroidery.

Pakistani cuisine is another special part of our identity. Our food is known for its rich spices and unique flavors. Dishes such as **Biryani, Nihari, and Lahori Chargha** are loved across the country, while street foods like Gol Gappay and Seekh Kebabs bring people together in lively food streets and markets. Sharing food with family and guests is an important tradition in Pakistan.

I am from Lahore, which is known as the cultural capital of Pakistan. The city is famous for its historical Mughal architecture and vibrant atmosphere. Places such as the **Badshahi Mosque, Lahore Fort, and Minar-e-Pakistan** represent the beauty and history of our country.

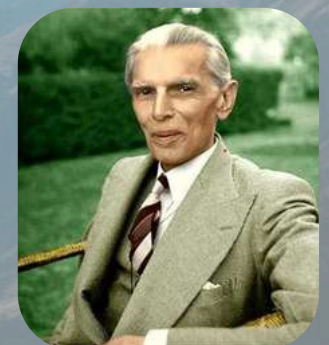
Pakistan is also proud of many inspiring personalities, including **Quaid-e-Azam Muhammad Ali Jinnah, Dr. Abdul Qadeer Khan, Abdul Sattar Edhi, Arfa Karim, and Imran Khan**, who have contributed to science, humanitarian work, education, and sports.

What makes Pakistan truly unforgettable is the kindness and hospitality of its people. In our culture, guests are always welcomed warmly, often with a cup of **chai** and genuine conversation. Despite challenges, the people of Pakistan continue to live with resilience, hope, and joy.

I am happy to share a small part of my country and culture with the international community at our university.



Sabaina NAYYAR
Physiotherap Program



EDUCATION



- PROGRAM DESIGN, EVALUATION, AND UPDATING
- PROGRAM IMPLEMENTATION (STUDENT-CENTERED LEARNING, TEACHING, AND ASSESSMENT)
- LEARNING RESOURCES AND ACADEMIC SUPPORT SERVICES
- FACULTY MEMBERS

STUDENT SPOTLIGHT



Vocational
School of
Health Services



19th May: The Rebirth of a Nation

Havin Nur TÜRKÖZ, a first-year student of the **Podiatry Program**, has written a text for the May 19th Commemoration of Atatürk, Youth, and Sports Day.

19 May 1919 is one of the most important turning points in our history, symbolizing the Turkish nation's struggle for independence and freedom. The National Struggle initiated by Gazi Mustafa Kemal Atatürk's arrival in Samsun was not only a resistance against occupation but also a great awakening in which the foundations of an independent state based on the will of the nation were laid. This struggle, which began under Atatürk's leadership, combined with the nation's determination and perseverance during a period dominated by hopelessness.

The Turkish people made great sacrifices for the sake of independence in unity and solidarity. The spirit of 19 May became one of the strongest demonstrations that our nation can continue to fight without giving up, even under the most difficult circumstances.

It is especially meaningful that this important day was dedicated to the youth. Young people are the most significant force shaping the future of a nation. Atatürk's words, "All my hope is in youth," clearly express the trust and value he placed in young generations. As today's youth, our duty is to protect the fundamental values of the Republic, progress in the light of science and reason, and work toward carrying our country into a brighter future.

The Commemoration of Atatürk, Youth, and Sports Day on 19 May is an important opportunity to remember our past, understand the value of independence, and look toward the future with hope. On this special occasion, we respectfully, gratefully, and reverently commemorate Gazi Mustafa Kemal Atatürk and the heroes of the National Struggle and celebrate the 19 May Commemoration of Atatürk, Youth and Sports Day of all our youth and nation.



Havin Nur TÜRKÖZ

**1st Year student of the
Podiatry Program,**

EDUCATION

RESEARCH & DEVELOPMENT



- ADMINISTRATION OF RESEARCH SOURCES AND RESEARCH PROCESSES
- RESEARCH COMPETENCE, COLLABORATION, AND SUPPORT

SCIENTIFIC STUDIES

ARTICLE



Vocational
School of
Health Services



RESEARCH & DEVELOPMENT

The article titled “**The Effects of Different Baking Methods on the Textural, Physicochemical and Sensory Properties, and In Vitro Antioxidant Bioaccessibility of Gluten-Free Muffins Formulated with Egg and Various Egg Replacers**” by **Assist. Prof. Negin AZARABADI**, Head of the Food Quality Control and Analysis Program, has been published in the Journal of Food Measurement and Characterization (**Scopus Q1**).



**Assist. Prof. Negin
AZARABADI**
Head of the Food Quality
Control and Analysis
Program

Journal of Food Measurement and Characterization
<https://doi.org/10.1007/s11694-026-04318-6>

ORIGINAL PAPER



The effects of different baking methods on the textural, physicochemical and sensory properties, and in vitro antioxidant bioaccessibility of gluten-free muffins formulated with egg and various egg replacers

Elif Nimet Havva Pehlivan¹ · Negin Azarabadi² · Ali Durmus³ · Senanur Durgut Malçok¹ · Canan Ece Tamer¹

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The article titled “**Production of Low-Fat Mayonnaise With the Interaction Between Citrus Fiber and Hydrocolloid Gums**” by **Assist. Prof. Ezgi GENÇ YILMAZ**, Faculty Member of the Food Quality Control and Analysis Program, has been published in the Journal of Food Process Engineering (**Scopus 2**).



Assist. Prof. Ezgi GENÇ YILMAZ
Food Quality Control and
Analysis Program

Journal of Food Process Engineering

WILEY

Journal of
Food Process Engineering

ORIGINAL ARTICLE

Production of Low-Fat Mayonnaise With the Interaction Between Citrus Fiber and Hydrocolloid Gums

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SCIENTIFIC STUDIES

CONFERENCE PAPER

Assist. Prof. Merve FIRAT AYYILDIZ from the Food Quality Control and Analysis Program presented two poster presentations at the 18th National Spectroscopy Congress held at Hacettepe University in Ankara between May 7–9. The presentations were titled **“Determination of Polycyclic Aromatic Hydrocarbons in Antarctic Samples by Dispersive Liquid–Liquid Extraction”** and **“Starch Determination Using Magnetic Nanoparticle–Supported Immobilized Alpha-Amylase and Amyloglucosidase.”**



**Assist. Prof. Merve FIRAT
AYYILDIZ**
Food Quality Control and
Analysis Program



SCIENTIFIC STUDIES

CONFERENCE PAPER

Asst. Prof. İlksen SARI O, from the Autopsy Assistantship Program, presented her paper titled **"Effect of Fabric Type on DNA Recovery and HIRISPLEX-S Predictive Performance"** as a poster at the 24th Triennial Meeting of the International Association of Forensic Sciences (IAFS) congress held in Sofia, Bulgaria, between May 25-30.



Asst. Prof. İlksen SARI O
Autopsy Assistantship Program

She also presented her paper titled **"Internal Validation and Skin Color Prediction Performance of The HIRISPLEX-S System in a Turkish Population,"** which she co-authored, orally at the congress.



SOCIAL CONTRIBUTION



- MANAGEMENT OF SOCIAL CONTRIBUTION PROCESSES AND SOURCES
- SOCIAL CONTRIBUTION PERFORMANCE

ATATÜRK CORNER

HAPPY MAY 19TH – COMMEMORATION OF ATATÜRK, YOUTH AND SPORTS DAY



Vocational
School of
Health Services



**Lect. Almina DURMUŞ
KOÇ**
**Head of the Podiatry
Program**

SOCIAL CONTRIBUTION

May 19th, Commemoration of Atatürk, Youth and Sports Day, is a significant occasion symbolizing the beginning of the Turkish nation's struggle for independence and is considered one of the most important turning points in the history of the Republic. Gazi Mustafa Kemal ATATÜRK's arrival in Samsun on May 19, 1919, represents not only the beginning of a military and political struggle, but also the first step toward establishing a modern state structure based on the principle of national sovereignty.

When ATATÜRK set foot in Samsun on May 19, 1919, this historic moment marked the beginning of the Turkish War of Independence. Today, this date is celebrated as "Commemoration of Atatürk, Youth and Sports Day." Although armed resistance movements against the occupation had already begun in different regions of Anatolia through irregular militia forces, the unification of these scattered groups under a common purpose, their transformation into a regular army structure, and the development of a national consciousness became possible through the determined efforts of Gazi Mustafa Kemal ATATÜRK and his comrades. The first and most important step in this historic process was Atatürk's arrival in Samsun.

This date, regarded as the beginning of the National Struggle, is a historic turning point at which our nation demonstrated its determination for independence and reshaped its future by uniting around common values. May 19th represents the beginning of a transformative process in which the principles of freedom, independence, national unity, and social solidarity were embraced, while the foundations of scientific thought, modernization, and social development were established.

The fact that Gazi Mustafa Kemal ATATÜRK dedicated this meaningful day to youth demonstrates that young people are regarded not only as the future of society but also as the fundamental driving force behind social development and sustainable progress. The active participation of young people in scientific production, education, culture, art, and sports is of great importance in strengthening the structure of contemporary society. In this context, raising young individuals who possess critical thinking skills, who research and question, who adhere to ethical values, and who have a strong sense of social responsibility is considered a strategic necessity for the future of our country.

The concept of sport is not limited solely to physical activity; rather, it is a multifaceted field that supports the physical, mental, and social development of individuals. By strengthening communication among individuals and promoting a culture of discipline and solidarity, sports make significant contributions to raising healthy generations and ensuring social integration.

In this respect, the May 19th Commemoration of Atatürk, Youth, and Sports Day carries a special meaning by bringing together the concepts of youth, education, and sports within a shared social consciousness. On this meaningful day, we respectfully, gratefully, and reverently commemorate all the heroes of the National Struggle, especially the founder of our Republic, Gazi Mustafa Kemal ATATÜRK, and celebrate the May 19th Commemoration of Atatürk, Youth and Sports Day of our youth and our nation.

19 Mayıs Atatürk'ü Anma, Gençlik Ve Spor Bayramımız Kutlu Olsun

OUR GUEST THIS MONTH

· Who are your favorite writers?

Don Quixote and Ahmet Mithat Efendi

· Where is the ideal place you would like to live?

Paris

· What is your favorite type of music?

Turkish Classical Music

· Which historical figure would you like to meet?

Mustafa Kemal ATATÜRK

· Which virtues do you appreciate the most?

Showing respect and reverence to elderly people

· If you wanted to stay at one age forever, what age would you stay at?

I wish I could stay 20

· Which moral rule is indisputable for you?

Respect

· What is the thing you want to change in the world from now on?

A stronger justice system and a more livable world.



İsmet Egehan TÜRKEL

*Bulletin Student Team Member
2. Year Student in the Optometry
Program*

*Hello!
May we get to
know you?*

COMMEMORATION

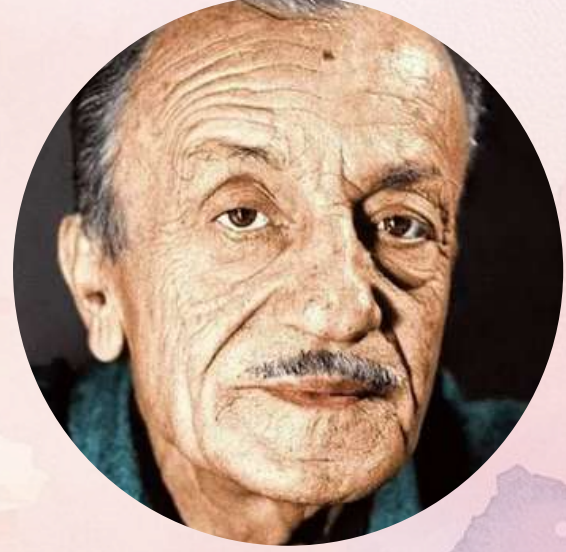
NECİP FAZIL KISAKÜREK 1904-1983

Born in Istanbul in 1904 and passed away in 1983, he is one of the most influential figures in Turkish literature. A brief biography: While he led a Western lifestyle in his youth, his meeting with Abdülhakim Arvasi in the 1930s marked a turning point in his life.

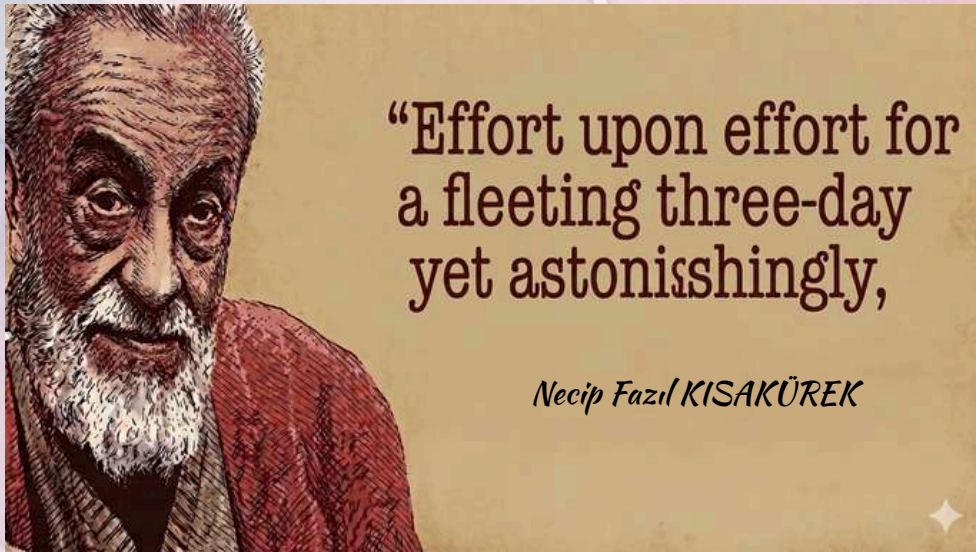
Following this meeting, he turned more towards Sufism, religion, and metaphysics. Throughout his life, he worked as a writer, teacher, and magazine editor.

Achievements and Significance:

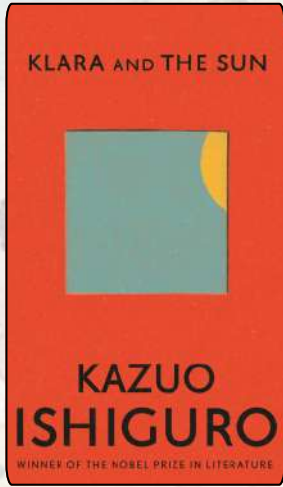
- He created a modern and profound style in Turkish poetry.
- His work "Çile" (Suffering) is one of his most important poetry books.
- He disseminated his ideas and created a school of thought by publishing the "Büyük Doğu" (Great East) magazine.
- He became a versatile writer with his plays, short stories, and opinion pieces.
- He is considered one of the important representatives of conservative thought in Turkey.



Necip Fazıl KISAKÜREK
(1904- 1983)



BIBLIOPHILE

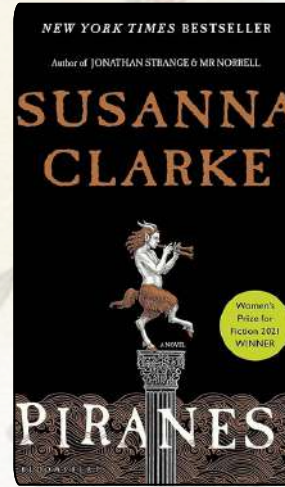


Klara and the Sun (2026)
(TR: Klara ile Güneş)
Author: Kazuo ISHIGURO

At the center of the novel is Klara, an “Artificial Friend” designed to provide companionship for children. Watching the outside world carefully from a shop window, Klara tries to understand people’s behavior, their loneliness, their hopes, and the fragile bonds they form with one another, with great curiosity.

Klara’s life changes when she is chosen by Josie, a sick and sensitive young girl. From that moment on, the novel unfolds around family, love, sacrifice, and the fear of loss in a near future shaped by technology. However, Ishiguro does not treat the idea of artificial intelligence as a cold or purely technical issue. On the contrary, through Klara’s innocent, attentive, and at times deeply touching gaze, he invites the reader into a profoundly human space.

Ishiguro’s restrained language, combined with Klara’s way of making sense of the world piece by piece, creates an atmosphere that is both fragile and deeply affecting. Although Klara and the Sun contains elements of science fiction, at its heart it is a sorrowful and elegant novel about love, loyalty, and the difficult-to-understand aspects of the human spirit.



Piranesi (2021)
Author: Susanna CLARKE

The narrator of the novel, Piranesi, lives in a vast House made up of endless halls, passageways filled with statues, floors where rising waters move through the building, and openings that look out onto the sky. For him, this House is not merely a place, but a living universe that must be protected, understood, and respected.

Piranesi spends his days exploring this magnificent structure, taking notes, and trying to understand the order of the House. Yet over time, the reader begins to sense that what Piranesi knows may be incomplete, and that what he remembers may not be entirely reliable. From this point on, the novel becomes more than just a fantastical story of discovery; it turns into a subtle search for memory, identity, loneliness, and truth.

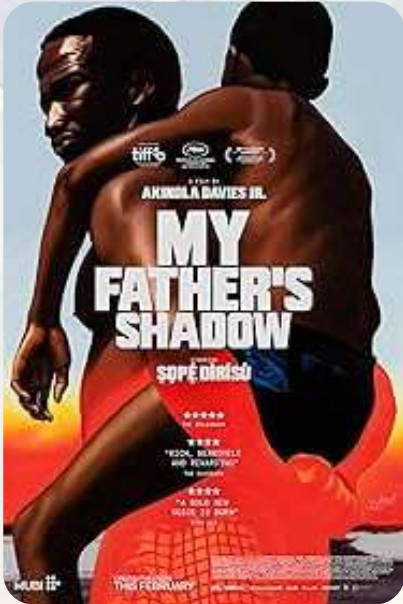
At the heart of the novel lies one powerful question: Can a person remain themselves without remembering their past? Piranesi’s innocent, trusting, and curious voice carries this question with deep emotional weight. Despite its relatively short length, Piranesi leaves a strong impression on the reader; it is a striking novel remembered for its mystery, poetry, and sense of loneliness.

CINEMATOGRAPHY

MY Father's Shadow (2023)

(TR: *Babamın Gölgesi*)

Dir.: **Akinola DAVIES**



The film focuses on a single day in Nigeria, shaken by political tension in 1993, and set against the crowded and vibrant streets of Lagos. Yet this day reveals not only a breaking point for a city or a country, but also the fragile bond that two children are trying to build with their father.

At the center of the story are two brothers who set out on a one-day journey to Lagos with their father, who has long remained distant in their lives. As the city becomes both fascinating and threatening through their eyes, the presence of their father, Folarin, takes on an increasingly complex meaning. For his children, he stands both as a figure of reassurance and as a shadow that is difficult to reach. Without relying on grand statements, the film explores themes of fatherhood, masculinity, belonging, loss, and memory through small glances, silences, and everyday moments.

One of the film's strongest aspects is the way it uses Lagos not merely as a setting, but as a living presence that accompanies the characters' emotions. The crowded streets, the chaos of transportation, political unrest, and the vitality of daily life all function as windows into the inner worlds of the children. Şopé Dirisù's performance as Folarin carries the uncertain father figure at the heart of the film with both warmth and woundedness.

La Grazia (2025)

(ENG: *Grace*; TR: *Lütuf*)

Dir.: **Paolo SORRENTINO**

The film centers on the difficult decisions faced by Italian President Mariano De Santis as he approaches the end of his term, both on a political and personal level. However, Sorrentino builds this story not only around the responsibilities of a statesman, but also around loss, faith, love, fatherhood, and a person's confrontation with his own past. At the heart of the story is Mariano De Santis, who appears from the outside to be a calm, principled, and distant leader. Yet in the final days of his presidency, the pardon requests placed before him and the moral debates surrounding euthanasia draw him into a deeply human questioning, beyond legal considerations alone. In this process, his relationship with his daughter Dorotea forms the emotional backbone of the film. Dorotea is not merely a family member; she becomes a powerful countervoice that reveals her father's silences, hesitations, and conscience.

In *La Grazia*, Sorrentino combines his familiar visual grandeur with a more restrained narrative style. The heavy atmosphere of palaces, official spaces, and state ceremonies moves side by side with Mariano's inner loneliness. The film reminds us that power does not always bring certainty; sometimes, the greatest responsibility lies in being able to doubt deeply before making a decision.



OVERTURE



Meds (2006)
Placebo

1. Meds
2. Infra-Red
3. Drag
4. Space Monkey
5. Follow the Cops Back Home
6. Post Blue
7. Because I Want You
8. Blind
9. Pierrot the Clown
10. Broken Promise
11. One of a Kind
12. In the Cold Light of the Morning
13. Song to Say Goodbye

Length: 47:55
Genre: Alternative rock



Ateş ve Su (2020)
Kargo

1. Ateş ve Su
2. Senle Ya Da Sensiz
3. Son Kez
4. Sonbahar
5. Elmas
6. Yalnız Başına
7. Dur Gelir Bir An
8. Seni Seviyorum
9. Fani Dünya
10. Sen Uyurken
11. Yaklaşmam Lazım

Length: 41:42
Genre: Alternative rock

NEXT MONTH IN ISTANBUL

MUSIC - FESTIVAL

- 1st June** - Şebnem FERAH - Küçükçiftlik Park
3rd June - Bergüzar KOREL - Zorlu PSM %100 Studio
7th June - Sertab ERENER - Harbiye Cemil Topuzlu Open-Air Stage
10th June - Teoman - Vodafone Arena
12th June - Ayleyna TILKI - Volkswagen Arena
13th June - Yıldız TILBE - Jolly Joker Vadistanbul
18th June - Bonnie TYLER - Harbiye Cemil Topuzlu Open-Air Stage
19th June - Ragheb ALAMA - Volkswagen Arena
20th June - Levent YÜKSEL - Harbiye Cemil Topuzlu Open-Air Stage
25th June - Sibel CAN- Harbiye Cemil Topuzlu Open-Air Stage
28th June - Ajda PEKKAN - Harbiye Cemil Topuzlu Open-Air Stage



THEATER - MUSICAL

- 1st June** - Amadeus - Zorlu PSM
4th June - Bir Delinin Hatıra Defteri - Atatürk Cultural Center
6th June - The Dreamer - Zorlu PSM
7th June - Süt Kardeşler - Trump Stage
10th June - Şen Makas - Trump Stage
13th June - Drakula - Zorlu PSM
14th June - Don Kişot - Zorlu PSM
17th June - Mahşer-i Cümbüş - Trump Stage
19th June - Afife - Zorlu PSM
21st June - Cimri - Atatürk Cultural Center
24th June - Öteki- Zorlu PSM
26th June - Kibritin Ucunda - Zorlu PSM
28th June - Güneşin Oğlu - Zorlu PSM



YESTERDAY, TODAY & TOMORROW

CULTURE & ART

- **1 May** – International Workers’ Day reflects labor movements, social solidarity, and cultural identity worldwide.
- **2 May 1519** – Death of Leonardo da Vinci, whose legacy united art, science, and innovation during the Renaissance.
- **3 May** – World Press Freedom Day highlights the cultural importance of free expression and media.
- **5 May** – Hıdırellez, celebrated in Türkiye and neighboring regions, symbolizes spring, renewal, and cultural traditions.
- **7 May 1833** – Birth of Johannes Brahms, one of the major composers of Romantic classical music.
- **9 May** – Europe Day celebrates European unity, cooperation, and intercultural dialogue.
- **10 May** – World Migratory Bird Day emphasizes biodiversity and humanity’s cultural relationship with nature.
- **15 May** – International Day of Families highlights the role of family structures in cultural continuity and social development.
- **18 May** – International Museum Day promotes preservation of artistic and historical heritage.
- **19 May** – Commemoration of Atatürk, Youth and Sports Day marks Mustafa Kemal Atatürk’s arrival in Samsun in 1919 and symbolizes youth, independence, and national identity in Türkiye.
- **21 May** – World Day for Cultural Diversity for Dialogue and Development celebrates multiculturalism and intercultural understanding.
- **22 May 1813** – Birth of Richard Wagner, influential composer and cultural figure in European opera history.
- **25 May** – Africa Day celebrates African unity, heritage, and cultural diversity.
- **29 May 1453** – Conquest of Istanbul by the Ottoman Empire reshaped regional history, culture, and civilization.
- **31 May** – Turkish Language Day (Türk Dil Bayramı) celebrates the importance of the Turkish language, cultural identity, and literary heritage in Türkiye.

HEALTH & SCIENCE

- **1 May** – International Workers’ Day also highlights occupational health and worker safety rights worldwide.
- **5 May** – World Hand Hygiene Day promotes infection prevention and healthcare safety.
- **8 May** – World Red Cross and Red Crescent Day recognizes humanitarian healthcare services globally.
- **10 May** – World Lupus Day raises awareness about autoimmune diseases and patient support.
- **12 May** – International Nurses Day honors the contributions of nurses to healthcare systems worldwide.
- **15 May** – International Day of Families highlights mental health, well-being, and social support systems.
- **17 May** – World Hypertension Day promotes awareness of cardiovascular health and blood pressure control.
- **20 May** – World Bee Day emphasizes ecological balance, biodiversity, and environmental health.
- **22 May** – International Day for Biological Diversity highlights sustainability and ecosystem health.
- **25 May** – World Thyroid Day raises awareness about endocrine health and thyroid disorders.
- **28 May** – World Hunger Day focuses on nutrition, food security, and global health challenges.
- **31 May** – World No Tobacco Day (WHO) promotes the prevention of smoking-related diseases and public health awareness.

INVENTIONS & DISCOVERIES

Can Alternative Proteins Save the Planet?

Did you know that livestock production is responsible for nearly 14.5% of global greenhouse gas emissions according to the Food and Agriculture Organization?² At the same time, the world population is expected to reach almost 10 billion by 2050, dramatically increasing the global demand for food and protein sources.⁵ These challenges are pushing scientists and food technologists to rethink one important question: What will the future of protein look like?



Lect. Raheela ZAHEER
Laboratory Technology Program

In recent years, alternative protein sources have rapidly moved from scientific laboratories to supermarket shelves. Plant-based meat products made from soy, pea, and lentil proteins are now consumed by millions of people worldwide. According to Bloomberg Intelligence¹, the plant-based food market could exceed 160 billion dollars globally within the next decade. Beyond plant proteins, researchers are also developing cultured meat produced directly from animal cells without conventional livestock farming. Studies suggest that cultured meat technology may reduce land use by up to 95% and water consumption by approximately 78% compared to traditional meat production systems.⁴

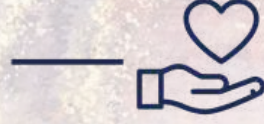
Another remarkable innovation is insect-based protein. Although still unfamiliar in many cultures, the Food and Agriculture Organization reports that edible insects are already consumed by more than 2 billion people worldwide and are considered highly nutritious due to their rich protein, vitamin, mineral, and healthy fat content.³ Insects also require significantly fewer environmental resources than cattle farming, making them a promising sustainable food alternative for the future.

For food technology professionals, these developments represent more than a passing trend. They demonstrate how science, sustainability, and innovation can work together to address global nutrition challenges. The future of food may not depend on eliminating meat entirely, but on creating smarter, healthier, and more sustainable ways to feed the growing world population.

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