

Istanbul Gelişim University

School of Foreign Languages'

Monthly Bulletin

September 2026



What you will read in this month's issue:



- International Literacy Day
- World First Aid Day
- International Day of Peace
- World Pharmacists Day
- A New Language, A New Perspective
- English Idioms
- English Riddles
- Our Staff's Academic Activities
- SFOL on Social Media

8th September
14th September
21st September
25th September



Block L



Latest News of SOFL



**The proficiency examinations
were conducted on September 9,
14, and 23.**

**Our Orientation Program was
held on September 21, 22 and 23.**

September

September 8th

International Literacy Day



September 14th

World First Aid Day



September 21st

International Day of Peace



INTERNATIONAL
PEACE DAY
September 21st



September 25th

World Pharmacists Day



Orientation Program

Over the course of three days, we held our orientation program, providing our students with essential information about their new journey, getting them familiar with our school, and helping them settle into their new environment.



Another interesting part of language learning is discovering a culture through its language. Songs, films, books, jokes, and everyday expressions can have meanings that are difficult to understand through translation alone. By learning the language, students can experience these aspects of a culture more directly.



Most importantly, learning a new language can change our relationship with learning itself. It teaches us that improvement does not happen immediately; it happens through small steps and continuous effort. A few new words learned today may seem insignificant, but thousands of small steps can eventually lead to fluency.

Learning a new language is therefore not simply about speaking differently. It is about thinking differently, understanding others, and discovering new possibilities. Every language we learn can open a new door—and behind that door is a different way of seeing the world.

English Idioms

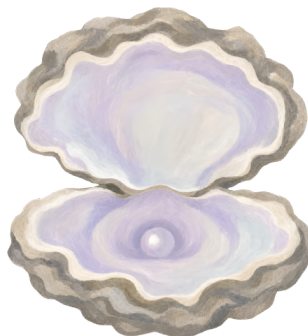
‘up at the crack of dawn’

(waking up very early in the morning)



‘the world is your oyster’

(to be free to chase your dreams and goals)



English Riddles

**Q: I am always coming, but never arrive.
I can be measured, spent, saved, and wasted.
You cannot see me, yet I can change everything.
Everyone has me, but nobody can keep me.
What am I?**

Answer: Time



**Q: I have no body, but I can take you somewhere.
The more you remove from me, the larger I become.
I can be found in a wall, in the ground, or even in your pocket.
What am I?**



Answer: A hole

Our Staff's Academic Activities

In SOFL, we support our instructor's academic endeavors.



Did you know this?

Facts about Second Language Learning

- Learning a new language can improve memory.

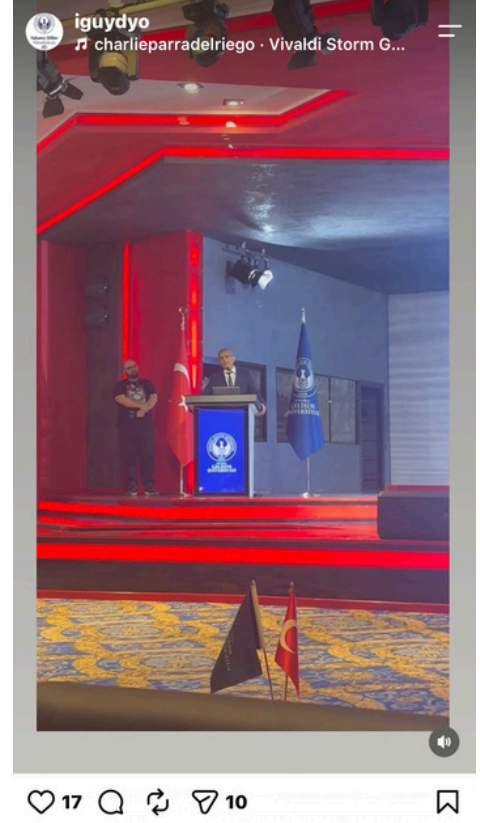
Studying vocabulary, grammar, and pronunciation regularly requires the brain to remember and organize new information, which can help strengthen memory skills.

- Making mistakes is an important part of language learning.

Mistakes help learners notice what they do not understand and give them opportunities to correct themselves. Regular practice and learning from mistakes can gradually improve fluency.



Our School On Social Media

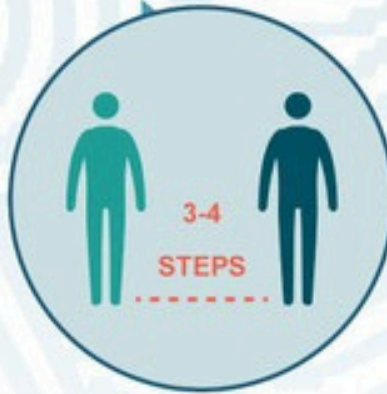




PROTECTING FROM THE VIRUS IN OUR HANDS



COVER YOUR MOUTH AND NOSE
WITH DISPOSABLE PAPER TISSUES
DURING COUGHING AND SNEEZING.
IF THERE IS NO TISSUE, USE THE
INNER SIDE OF YOUR ELBOW.



AVOID CLOSE
CONTACT SUCH
AS HANDSHAKING
AND HUGGING.



AVOID CROWDED
PLACES AS MUCH AS
POSSIBLE.



DO NOT TOUCH YOUR
MOUTH, NOSE AND EYES
WITH DIRTY HANDS.



WASH YOUR HANDS WITH
WATER AND REGULAR
SOAP FOR AT LEAST 20
SECONDS.



USE HAND SANITIZER IF
THERE IS NO WATER AND
SOAP.