

MONTHLY EVENTS AND NEWS BULLETIN

Faculty of Health Sciences

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

MAY 2024 | ISSUE 41 | VOLUME 4



Faculty of Health Sciences

It is necessary to overcome pride in successes and to resist despair in disasters.

Mustafa Kemal ATATÜRK

04:17

WE HAVE NOT FORGOTTEN





6 FEBRUARY 2023

Faculty of Health Sciences

May 2021

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- 1 May: International Workers' Day
- 5 May: Hidirellez
- 9 May: International Celiac Disease Awareness Day
- 10-16 May: Disability Week
- 12-18 May: Nurses Week
- 19 May: Commemoration of Atatürk, Youth and Sports Day
- 29 May: Conquest of Constantinople



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HAPPY LABOR AND SOLIDARITY DAY



IGU ranked *first in Türkiye* with its patent applications

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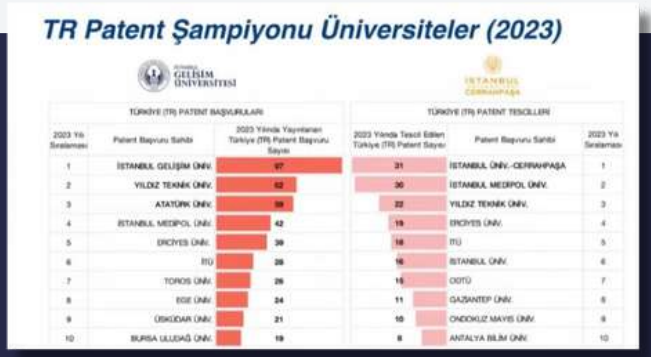
In the "2023 Türkiye's Patent Report" announced by Patent Effect, Istanbul Gelisim University attracted attention with its patent applications. Moving forward with the vision of **"Research University"**, Istanbul Gelisim University (IGU) maintained its top place with the number of applications it made in the "Turkish Patent Applications" list, which lists the universities in Türkiye. IGU also became the "Turkish Patent Champion" in the "Artificial Intelligence Technologies" category among universities.

Istanbul Gelisim University (IGU) continues its work with the vision of **"Research University"**. IGU has achieved another success with the support it offers to encourage its students and academics to work on innovative, scientific and technological projects.

TUBITAK President Prof. Dr. Hasan MANDAL made the opening speech of the panel titled "2023 Türkiye's Patent Report" organized by Patent Effect. In the 2023 patent application numbers announced by Patent Effect Founding Partner Mustafa ÇAKIR, Istanbul Gelisim University took its place in the rankings with its patent applications in different fields. ***Istanbul Gelisim University maintained its first place in the "Turkish Patent Applications" ranking with 97 applications.*** IGU became the "Turkish Patent Champion" among universities with 47 applications in the "Artificial Intelligence Technologies" category, which has seen a 213% increase in the number of patent applications made in the last 5 years. While Istanbul Gelisim University ranked 6th in the "Number of PCT Applications" ranking with 17 applications, it also ranked 10th in the "European Patent (EP) Applications" ranking with 5 applications. IGU ranked 5th in the "Total Number of Registered Turkey (TR) Patents" category with 78 registered patents.

Click to access the news.





Sustainability Themed by IGU

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Youth Project



“Waste Collection and Nature Walk” event was held as the first step of the 2023-2-TR01-KA154-YOU-000168129 KA154 Erasmus Youth Project, which is carried out in partnership with Istanbul Gelisim University and Afyonkarahisar DIY Workshop. Held on 19 May 2024 in Büyükçekmece Abo Bayram Park to raise awareness on environmental protection and beautification, the event aims to raise awareness of a sustainable environment by involving young people in the decision-making process.

Istanbul Gelisim University (IGU), which stands out with its sustainability efforts, planned a web page, seminars, good waste management examples, competitions and workshops to raise awareness among young people by implementing practices within the framework of the sustainable environment theme within the scope of the project. The event, where seminars raising awareness on environmental cleanliness were held, attracted great interest from young people.

Within the scope of the event, young people will create digital open-source content in a sustainable environment. Within the scope of the event, which is planned to increase the digital competencies and media literacy of young people and their capacity to participate in democratic life; visits to decision-makers and museums will be organized to bring young people and managers together.

Click here for the news.

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

Faculty of Health Sciences



17. THE COUNCIL OF DEANS OF FACULTIES OF HEALTH SCIENCES WAS HELD AT AGRI IBRAHIM CECEN UNIVERSITY



The 17th Council of Deans of Faculties of Health Sciences, held from May 23-25, 2024, was hosted by Ağrı İbrahim Çeçen University. The event was attended by Istanbul Gelişim University's Vice Rector, Prof. Dr. S. Arda ÖZTÜRKCAN, and the Dean of the Faculty of Health Sciences, Prof. Dr. Rıfat MUTUŞ. The two-day event provided a productive platform for discussing important topics in the field of health sciences and sharing experiences.

The meeting began with opening speeches accompanied by a music recital. Speakers included Prof. Dr. Veysel ÇOMAKLI, Dean of the Faculty of Health Sciences at Ağrı İbrahim Çeçen University; Prof. Dr. Bülent ELBASAN, Chairman of the SABDEK Executive Board; and Prof. Dr. Abdulhalik KARABULUT, Rector of Ağrı İbrahim Çeçen University. Rector Prof. Dr. Abdulhalik KARABULUT emphasized the importance of developments in the field of health sciences for universities.





After the break, Prof. Dr. Bülent ELBASAN delivered a presentation titled "Introducing a Minimum Achievement Score Requirement for Programs Granting Direct Professional Practice Authority Post-Graduation in Health and Health-Related Fields." Following this, Prof. Dr. Özlem ÜLGER gave a speech on "Redefining Minimum Conditions and General Principles for Initiating and Continuing Education in Health and Health-Related Programs."

As the program continued, workshops on eight different topics were held from 15:00 to 16:30. Prof. Dr. S. Arda ÖZTÜRKCAN participated in the workshop on "International/Foreign Students," moderated by Prof. Dr. Elanur YILMAZ KARABULUT. Prof. Dr. Rıfat MUTUŞ attended the workshop on "Developing Strategies to Address Issues Related to Clinical Research Ethics Committee Applications," which Prof. Dr. Yasemin BURAN moderated. Following the reporting of the workshop results, the related presentations were made.





On the second day of the meeting, SABAK President Prof. Dr. Arzu YÜKSELEN presented the "SABAK Thematic Analysis Report," and Assoc. Prof. Dr. Salih BARDAKÇI delivered a presentation titled "The Philosophy of Alignment with National Core Curriculum (ÇEP)." The meeting concluded with a social program following the 17th SABDEK General Assembly Meeting.



1st Sustainable Alumni Reunion Event Held

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On May 9 at 7:00 PM, the Sustainable Alumni Reunion Event brought together graduates from the Child Development Department of the Faculty of Health Sciences at Istanbul Gelişim University, currently working in the field, with current Child Development students. This event facilitated experience sharing among participants.

The event, moderated by Lecturer Buse KERİGAN and aiming to bring together students and Child Development specialists working in various institutions, was attended by the Head of the Child Development Department Asst. Prof. Nurten ELKİN, Prof. Dr. Nefise Semra ERKAN, Lecturer Bedriye ÇELİK KANCA, Research Assistant Hatice Zelal BİNGÖL, Research Assistant Rabia Ceren ATEŞ, Research Assistant Şebnem ÇELİK contributed and participated. The event began with the opening speech of Asst. Prof. Nurten ELKİN.

ELKİN started the event by talking about the scope and importance of the Sustainable Alumni Reunion Event. She emphasized the importance of graduates from the Child Development Department sharing their professional experiences with current students. ELKİN asked the graduates where they were currently working and in which institutions. The graduates talked about where they worked and the roles they held in their respective institutions. They highlighted to the participating students that their internships in hospitals, preschools, special education, and rehabilitation centers would play a crucial role in deciding their future career paths.

Students learned about current trends, challenges and success stories in the industry by listening to the professional experiences of graduates. At the same time, graduates contributed to the professional development of students by giving them tips about their careers.

The event ended with answering the students' questions.



"IGU Health Management Graduate-Student Meeting" Event was Held

The "IGU Health Management Graduate - Student Meeting" event, organized by Istanbul Gelisim University Faculty of Health Sciences, Department of Health Management, was held on May 9, 2024, in the conference hall No. 026. Valuable speakers Hüseyin YAZICI and Şüheda Nur ORUÇ attended the event.

The event started with the opening speech of Asst. Prof. Bumin Çağatay AKSU, Head of Department of Health Management, Faculty of Health Sciences.

After the opening speech, valuable participant Oruç made an informative presentation about the Health Management Alumni Association. Answering questions during her presentation, Oruç emphasized the importance of unity.

The event continued with speeches by Hüseyin Yazıcı, the president of SAYÖMDER, Inpatient Services Manager at Acıbadem, and one of the graduates of IGU Faculty of Health Sciences, Health Management Department. Throughout his speech, Yazıcı emphasized that success comes not only with a diploma but also with great effort and dedication. The event, which continued with intense questions from students, ended with the plaque presentation by Prof. Dr. Rıfat MUTUŞ, Dean of the Faculty of Health Sciences.



Career Talks with Nutrition and Dietetics Department Graduates Drew Great Interest

The Faculty of Health Sciences, Nutrition and Dietetics Department organized a career talk event with our alumni. During the event, graduates with successful careers in the field of nutrition and dietetics shared their career journeys and experiences in the professional world with our students.

Our alumni provided valuable insights into various career paths such as nutrition expertise, clinical dietetics, sports nutrition, and institutional food systems, contributing to the professional development of our students. They also offered detailed information about job opportunities abroad and master's programs, informing our students about global career opportunities.

This event allowed our students to interact directly with our alumni, helping them plan their future careers more effectively. We would like to thank all our alumni and students who participated in the event.







Specialist Occupational Therapist Tayfun ZENGIN, whom we hosted in the Occupational Therapy Department, shared his own experiences with our students 'I graduated from the Occupational Therapy Department and now I am proud to practice this valuable profession. I want to tell you about my story.'

We listened to a narration from the mouth of Expert Occupational Therapist Tayfun ZENGIN as follows:

The courses I took at university enabled me to learn the basics of human anatomy, psychology and rehabilitation. However, the real learning took place during the internship periods. It was incredibly valuable to encounter real-life scenarios and gain practical experience of how we can improve the lives of individuals.

After graduating, I started working in a rehabilitation centre where I had the opportunity to work with people of various age groups. Working with children in particular made me realise how satisfying it is to contribute to their development. Re-teaching their activities of daily living and increasing their independence is a great source of happiness for me.

After graduating from the Occupational Therapy Department, there were of course difficulties I faced at the beginning of my career. However, each challenge helped me become a stronger and more competent occupational therapist. Now, I have the opportunity to touch and help the lives of many people every day.

Occupational therapy is a really great profession for those who want to help people. Having the chance to be able to make a significant difference to individuals' lives is an invaluable experience for me. I would recommend everyone to follow their own talents and passions and contribute to society.

We would like to thank him very much for his participation in our seminar and for sharing his valuable knowledge and experience with us. She was a great source of inspiration for our students. The information he provided opened new horizons for our students and enriched their perspectives. Our Head of the Occupational Therapy Department Çagıl ERTURK and our department professors were honoured to host him.

Click for the link of the news.

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ISTANBUL GELISIM UNIVERSITY GRADUATE TRACKING SYSTEM

The Alumni Tracking System (METSİS) was created in order to monitor the employment and postgraduate education status of our graduates and to generate statistical data.

Istanbul Gelisim University launched METSIS in order to strengthen its relations with alumni and contribute to the employment of graduates. Members of METSIS can sign up for free after graduating. Our graduates can become a member of METSİS free of charge. Our graduates who are members of METSIS can update their personal profiles and follow our job postings.

What Are the Steps to Join METSIS?

1. Use the web interface at metsis.gelisim.edu.tr to log in
2. You can follow the postings in the open positions box.
3. To apply for the positions, you can establish an account from the "new candidate" box.
4. You can view job posts after making an account on the top page and apply for positions that interest you.

SCAN ME

Instagram - igu_mezunlarkoordinatorlugu

SCAN ME

LinkedIn - IGU ALUMNI AND MEMBERS COORDINATOR

MEZUN CARD

Dear IGU Alumni,
Alumni who want to benefit from the opportunities of our university and the discount rates we provide from the companies we have contracted with will be sufficient to fill out the form. When your card is ready, you can pick it up from the Alumni and Membership Coordinator's Office on the 3rd floor of Block K.

SCAN ME




PLANLA
- Akademik Birimler
- Eğitim-Öğretim Komisyonu
- Fakülte Kurulu
- Senato
- Stratejik Plan
- Öz Değerlendirme Raporu
- TYYÇ
- 2547 Sayılı Kanun
- YÖKAK
- ENQA
UYGULA
- Akademik Birimler
- Eğitim-Öğretim Yönetmeliği
- Ders Bilgi Paketi
- Yönetmelik ve Yönergeler
EDUCATION
-
TRAINING
ÖNLEM AL
- Ders İçeriklerinin Düzenlenmesi
- Yeni Ders Önerileri
- Hizmet İçi Eğitimler
- Eğitim Amaçlarına Ulaşma Durumunun Değerlendirilip İyileştirme Yapılması
KONTROL ET
- Akademik Birimler
- Eğitim-Öğretm Komisyonu
- Birim Kalite Komisyonu
- Akademik Birim Faaliyet Raporu
- Anketler
- Paydaş Görüşleri
- Program Yeterliliklerinin Kontrolü
-YÖKAK ve Akreditasyon Ajanslarının Raporları

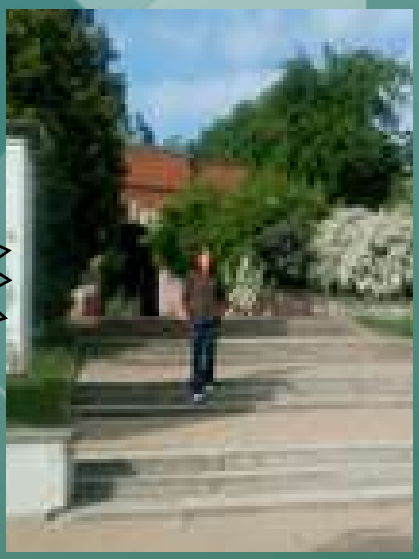
ERASMUS+ STAFF MOBILITY FOR TRAINING

Lect. Eda Merve KURTULUŞ

As a lecturer at IGU, from the Department of Nutrition and Dietetics, I participated in Erasmus+ Mobility between 6 May and 10 May 2024 and was in Uniwersytet Przyrodniczy w Lublinie, Poland. I am lucky that Erasmus+'s reliable structure and well-established organizational scheme turned my experience from rather than a touristic trip into an opportunity to meet new people and expand the network. Poland, where old and new blended and are rising together, created a feeling of familiarity in terms of history and culture. In this respect, I recommend the University of Life Sciences of Lublin to anyone who is considering it but is in a dilemma.











ERASMUS+ STAFF MOBILITY FOR TRAINING: *VISIT TO THE UNIVERSITY OF LIFE SCIENCES IN LUBLIN AND TRAVELS IN POLAND*

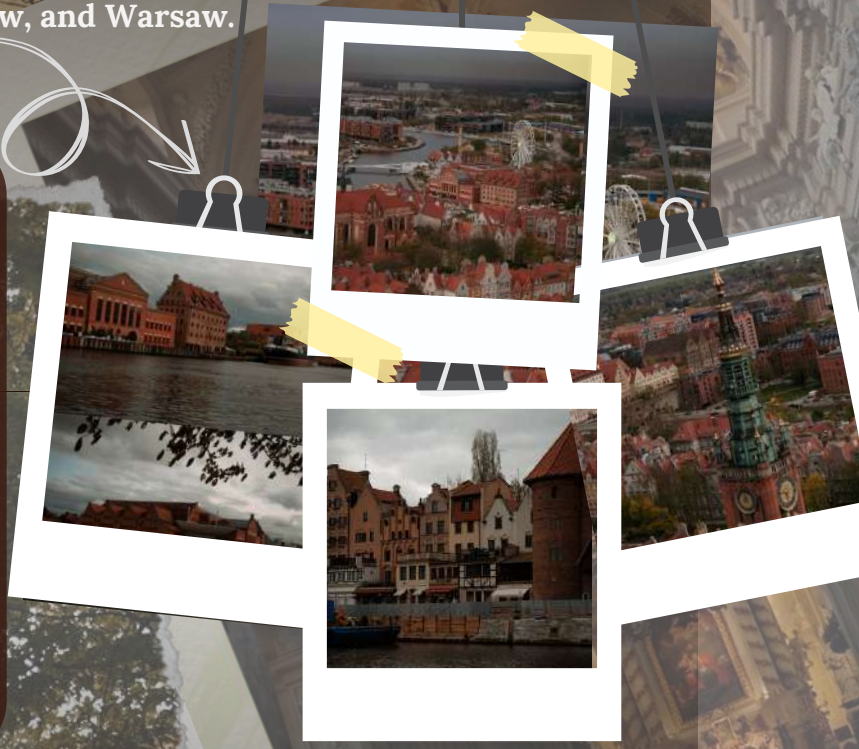
Faculty of Health Sciences

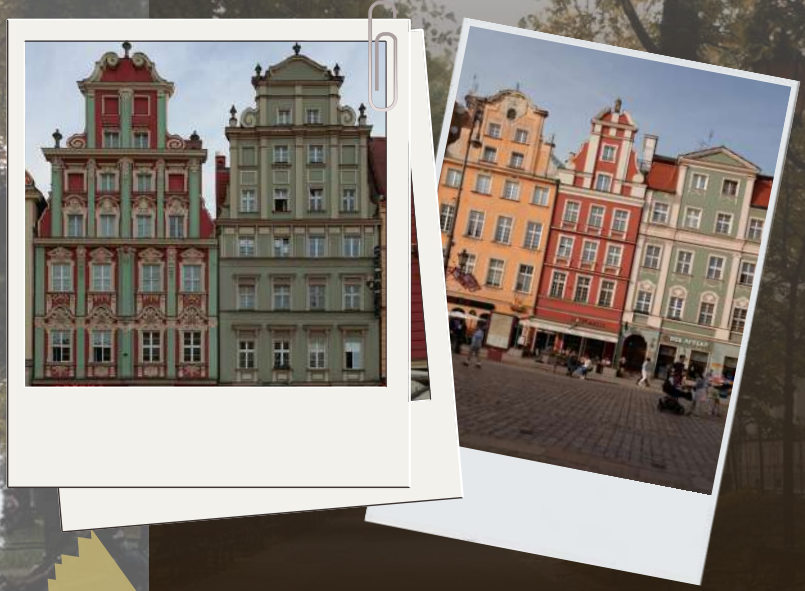
Res. Asst. Tuğba TÜRKCAN

Last month, as part of the Erasmus+ Staff Mobility for Training, I had the opportunity to make an academic visit to the University of Life Sciences in Lublin. Prior to this visit, I had the chance to explore the cities of Gdańsk, Wrocław, Kraków, and Warsaw.

Gdańsk: A City Steeped in History

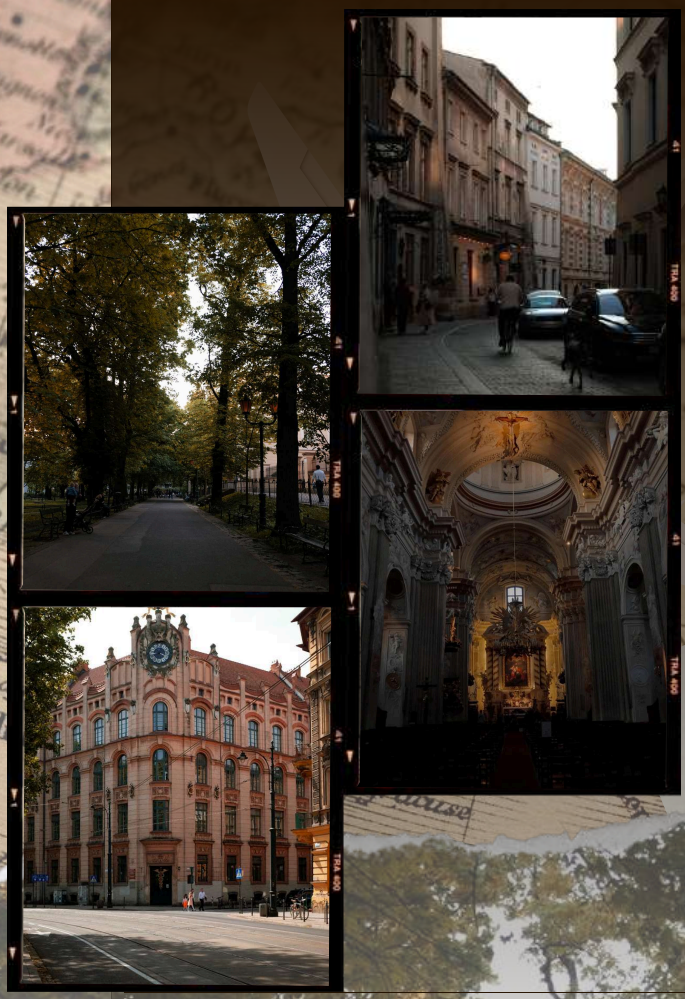
My journey began in the beautiful port city of Gdańsk, located on the Baltic coast of Poland. Walking through the historic streets of Gdańsk, discovering medieval architectural works, and visiting the captivating Amber Museum was a delightful experience. As I wandered through Gdańsk's historical treasures, the beauty of Gothic, Renaissance, and Baroque buildings was mesmerizing. Additionally, visiting Westerplatte, known as the place, where World War II began, was quite impactful. It was possible to deeply feel the traces and history of the war here.





Wrocław: A City of Color and Cultural Richness

My next stop was Wrocław, a city famous for its colorful buildings and impressive bridges. Each building around Rynek Square was like a work of art. The Wrocław Town Hall in the middle of the square stood out with its Gothic architecture. Additionally, the search for dwarf statues throughout the city added a fun touch to my visit. These small statues can be found on almost every corner, reflecting the cheerful and creative spirit of Wrocław. Exploring the bridges and islands on the Oder River was also quite enjoyable.



Kraków: The Heart of Cultural and Historical Heritage

Kraków, the cultural and historical center of Poland, fascinated me. One of the city's most important landmarks, Wawel Castle, stood out with its history and architecture. Main Market Square, one of the largest medieval squares in Europe, was very impressive with its historical buildings and vibrant atmosphere. The Jewish Quarter (Kazimierz) attracted attention with its cultural richness and historical texture. Visiting the Auschwitz-Birkenau concentration camp was a very emotional and thought-provoking experience. This visit was crucial for understanding and remembering the dark periods of history. Kraków captivated me with its historical depth and cultural richness.

Warsaw: A Meeting Point of Modernity and History

Lastly, I had the chance to explore the modern and historical facets of Warsaw. The Old Town area, with its colorful buildings and historical texture, was enchanting. The 17th-century Wilanow Palace dazzled with its baroque architecture. Lazienki Park, with its vast green areas and famous Chopin Monument, was one of the peaceful corners of the city. While discovering the modern side of Warsaw, I also visited science and technology centers. The Copernicus Science Centre made science and technology enjoyable with its interactive exhibits. Warsaw, with its modern buildings, wide boulevards, and vibrant social life, stood out as a city that preserves its historical heritage while also looking towards the future.



Lublin: A Historical and Cultural Treasure













Lublin, located in eastern Poland, is a captivating city with its historical and cultural richness. The medieval Lublin Castle and the narrow streets of the Old Town exude history. In this city, it is possible to deeply feel the traces of World War II by visiting the Majdanek concentration camp. Additionally, discovering Lublin's culinary culture with local delicacies such as cebularz, pierogi, and żurek was a unique pleasure. Lublin, where history, culture, and cuisine intertwine, is like a treasure waiting to be discovered. On the first day of my university visit, I had the opportunity to participate in ongoing projects in the laboratory. Conducting DNA isolation was a very exciting experience for me. On the second day, as the Erasmus Coordinator of the Department of Nutrition and Dietetics at Istanbul Gelisim University, I had the chance to give two presentations to the students. I shared information about our university and discussed the existing Erasmus opportunities with the students. It was a very valuable experience to promote international academic exchange and increase cultural diversity. On the third day of my visit, I was invited to visit the diet clinic within the university and had a productive discussion on a case related to emotional eating. Then, I contributed to the process of developing an interview protocol by working on anorexia. The fourth day was more about cultural explorations; I had the chance to explore the city and taste traditional foods. On the last day of my visit, I presented our study titled "Self-weighing Frequency and Disordered Eating Behaviour in Women: Exploring the Moderating Role of Psychological Resilience and Self-Compassion" to the students. It was a great opportunity to present our research findings and engage in academic discussions.

I would like to sincerely thank Dr. Karolina Nowosad for her warm hospitality and support throughout this unforgettable experience. Her guidance made this visit truly special. I am delighted to share the valuable experience and knowledge I gained through the Erasmus+ program both at our university and internationally.

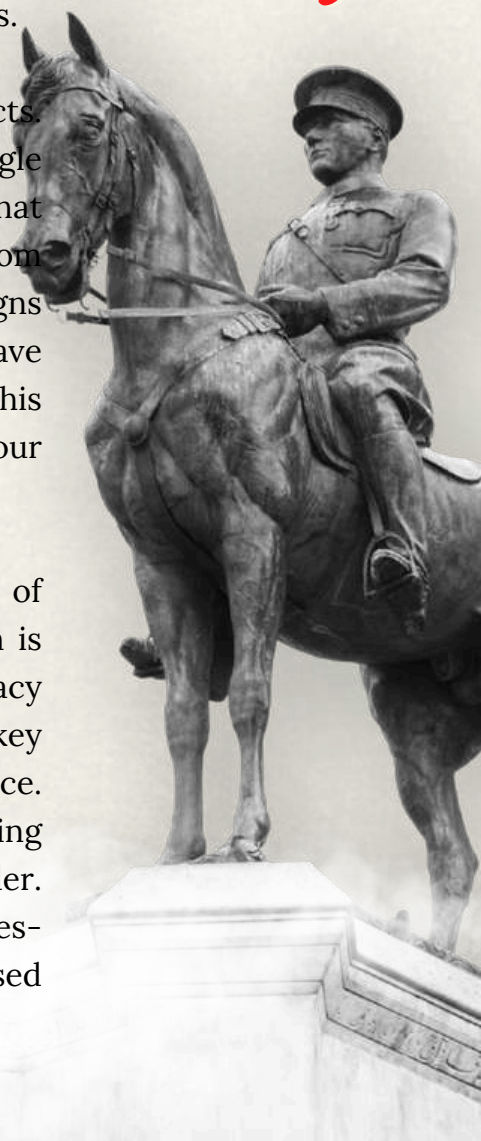
MAY 19 COMMEMORATION OF ATATURK, YOUTH AND SPORTS HOLIDAY MEANING AND IMPORTANCE

Faculty of Health Sciences

Lect. Kerem AYDEMİR

Existence always involves resistance. Just as people can exist by resisting and struggling against crises, societies can do so in a similar way. Of course, it is difficult to say this for every society. However, we, who have been able to take place in every period of the historical stage, have been able to carry the strongest fire of this struggle. May 19 is just one of the many medallions that Turkish society carries with honour as one of the days when this fire was ignited. But this day is not only a symbol of continuing existence by struggling but also a symbol of glorious rebirth. Perhaps May 19 should not be seen as the beginning of the Independence War, but as a flame that characterises the birth of a modern Turkish society. Perhaps in this way, we can better understand what Mustafa Kemal ATATÜRK was trying to tell us.

19 May



To understand this day, we need to look at it from four aspects. The first is that this day is the symbol of resistance and struggle because it is the day the Independence War began. The fact that the struggle starts stronger in a society that has emerged from wars, poverty, and betrayals is one of the most important signs that we are a nation of dignity. Moreover, the fact that we have slapped the enemy in the face with a hard slap and that this nation cannot be chained is one of the greatest honours of our history.

Secondly, it is also about celebrating this day as a day of remembrance of Atatürk. The event we call commemoration is not only about remembering but also about keeping his legacy alive and glorifying it. The aim of keeping the Republic of Turkey alive and protecting its existence is proof of Atatürk's existence. We will keep this Republic and Atatürk alive forever by working in line with the goals and principles drawn by our Great Leader. In this way, we will truly commemorate him and his comrades-in-arms, which is one of the duties that our history has imposed on this generation.

The other is that this day is a youth holiday. Why youth? Answers can be given, such as that the landing in Samsun was a fire of liberation, that the dynamism and power of the youth can ignite this fire, and that the excitement of the youth is reciprocal to the excitement of the Republic. But in fact, it is essential to look for the answer to this question in the Declaration to the Youth from the pen of the Great Leader. In this declaration, Atatürk reminds us who we are and what we live for. He tells us that it is impossible and all enemies can kneel in front of this nation. He takes a forgotten and oppressed society by the shoulders and brings it to its senses. This declaration also calls a whole nation to duty. This duty is a heavy responsibility that not only the Great Leader but also our past and our future impose on us. But who else has been able to achieve this for thousands of years, other than us: the young Republic, which never grows old and whose existence is eternal under all circumstances and conditions.

19 May

Last but not least, sports. Nothing can stand in the way of an intelligent, agile, and moral Republic. An intelligent, agile, and moral Republic and its pioneering and vast Ataturk youth, who are constantly working, fit and healthy, who think about the honour of others even in competition and even in war, and who do not resort to cheating and injustice, will preserve and defend the burning fire of the Republic forever.



That is why this day is important. It is the day when a nation wakes up, remembers who it is stands up from its place and shouts 'I am here'. The call of our history to this young Republic on the route drawn by our Great Leader, who reminds us of this, will gain strength in the hands of the Turkish Youth. In these periods when we set foot in the new century, the fire of youth that we carry within us will give hope to the whole world.

The strength you need is in the noble blood in your veins.



"THE FUTURE OF ATATÜRK AND OUR NURSES"

Faculty of Health Sciences

EVENT HELD ON MAY 19TH



The Turkish and English Programs of the Department of Nursing, as well as the Orthotics-Prosthetics and Departments of Health Management and the Nursing Club, organized an event titled "The Future of Atatürk and Our Nurses" with the participation of Assistant Professor A. Yüksel BARUT and Dr. Nurse Meral Kurt KAYA.

May 19th, Commemoration of Atatürk, Youth and Sports Day, and Nursing Week were celebrated together. The event began with a moment of silence and the National Anthem, followed by the opening speeches of Rector Prof. Dr. Bahri ŞAHİN and Dean of the Faculty of Health Sciences Prof. Dr. Rıfat MUTUŞ. Assistant Professor A. Yüksel BARUT delivered a speech on the topic of "The Future of Atatürk and Our Nurses."

Dr. A. Yüksel BARUT started his speech titled "Atatürk on May 19th" with Mustafa Kemal's speech to local leaders in Tripolitania in October 1911:

"Dear brothers, I am Senior Staff Captain Mustafa Kemal. As you know, our beloved land, Tripolitania, has been invaded by the Italians. My friends and I rushed here to defend and fight for this distant part of our homeland, along with our brothers living here. Although our state may be weak in terms of power and weapons, with the inspiration from our belief in the essential and noble source of strength possessed by our people, we are confident that we will triumph over all kinds of enemies. I decided to take on this responsibility with pride because I resolved not to live after my homeland is destroyed. A person lives for his religion, honor, and homeland. It is more honorable to arrive before the ancestors, saints, and saints with a martyr's shroud rather than arriving with a shameful face. Therefore, I expect your help in defending this homeland."

Mustafa Kemal graduated as a Staff Captain from the War Academy on January 11, 1905, while aboard an Austrian ship heading towards Damascus on February 10, 1905, he said, "Life is just beginning for us."

He noted down the 13 virtues adopted by Benjamin Franklin on November 11, 1905; 1- Moderation 2- Silence 3- Order 4- Determination 5- Thrift 6- Work 7- Sincerity 8- Justice and Fairness 9- Moderation 10- Cleanliness 11- Tranquility 12- Honor 13- Humility. He practiced these virtues throughout his life.

When he was assigned to the Staff of the Third Army in Thessaloniki, he participated, as a Major, along with Major Ali Fethi Bey, in the maneuvers held in Picardie, France, under the command of Marshal Ferdinand Foch, from September 12 to 18, 1910. On his return, he mentioned to Ali Fethi Bey that these maneuvers could be preparation for a major war, sensing the impending outbreak of World War I, whose name was not yet known.

In March 1911, he served alongside War Minister Mahmut Şevket Pasha in suppressing the uprising in Albania.





The Italian Government declared war on the Ottoman Empire on September 29, 1911, aiming to annex Tripolitania and Benghazi. Defense Minister Mahmut Şevket Pasha, Finance Minister Cavit Bey. Can a part of the homeland be surrendered to the enemy without consequences? Won't there be further consequences? A greater danger will come from the Balkans, so we must gather Tripolitania. "A piece of the homeland cannot be abandoned cowardly as long as those attached to it breathe, hold weapons, and if there are bullets to shoot. As honorable members of the Turkish Army, we will defend Tripolitania to the end." he was saying.

On October 5, 1911, when the Italians attacked Tripolitania, Mustafa Kemal and his friends, disguised as Journalist Mustafa Şerif, along with some of his friends, left Istanbul for Alexandria and from there to Tripolitania.



He was promoted to the rank of Lieutenant Colonel on November 27, 1911, and on December 8, 1911, Mustafa Kemal and his friends arrived in Benghazi and he assumed the position of Chief of Staff of Ethem Pasha, the commander of the Tobruk Region.

He was appointed as the Commander of the Tobruk Region on December 19, 1911, he arrived in Derna on December 30, 1911, and took over the command of the Eastern Volunteers in Derna. He had a force of 8,000 people, including 8 Ottoman officers and 160 soldiers under his command.

He was wounded in the eye during the defense of Kasr-ı Harun on January 16-17, 1912, and underwent a treatment process that extended to Vienna.

On October 18, 1912, the Treaty of Ouchy (Lausanne) was signed with Italy, and Tripolitania was ceded to the Italians. On October 24, 1912, he was appointed to the Naval Operations Department as the Operations Manager of the Bahr-i, Sefîd (Mediterranean) Straits, stationed in Gelibolu.

On October 27, 1913, he was appointed as the Military Attaché in Sofia, and Fethi Okyar was appointed as the Ambassador to Sofia. On January 11, 1914, he was also assigned as the Military Attaché in Belgrade and Cetinje, in addition to his duties in Sofia.

On July 28, 1914, when World War I broke out, in September 1914, he openly stated that the Germans would not emerge victorious from this war. On October 29, 1914, the Ottoman Empire entered World War I.

Due to his appointment as the Commander of the 19th Division to be formed in Tekirdağ, he left Sofia on January 20, 1915. The transfer of the 19th Division Command in Tekirdağ to Maydos (Eceabat) took place on February 25, 1915, and Mustafa Kemal continued his duty as the Maydos (Eceabat) Region Commander, in addition to the command of the 19th Division.

He was promoted to the rank of Colonel on June 1, 1915. On August 8, 1915, he was appointed as the Commander of the Anafartalar Group. On December 10, 1915, he left his post, handing it over to M. Fevzi Çakmak.



He arrived in Diyarbakır with the Corps on March 27, 1916, and was promoted to the rank of Major General (Mirliva) on April 1, 1916. On August 8, 1916, the forces under his command liberated Muş in the morning and Bitlis in the evening from enemy occupation. (It fell back into the hands of the Russians on August 25, 1916, and was recaptured on May 14, 1917).
On July 5, 1917, he was appointed to the Yıldırım Army Group (Headquarters of the 7th Army Corps was in Aziziye, the Yıldırım Army Group)
From December 15, 1917, to January 4, 1918, he participated in a trip to Germany with Crown Prince Vahdeddin. On September 22, 1918, he was appointed as an honorary aide-de-camp to Vahdeddin.
The Armistice of Mudros was signed on October 30, 1918.

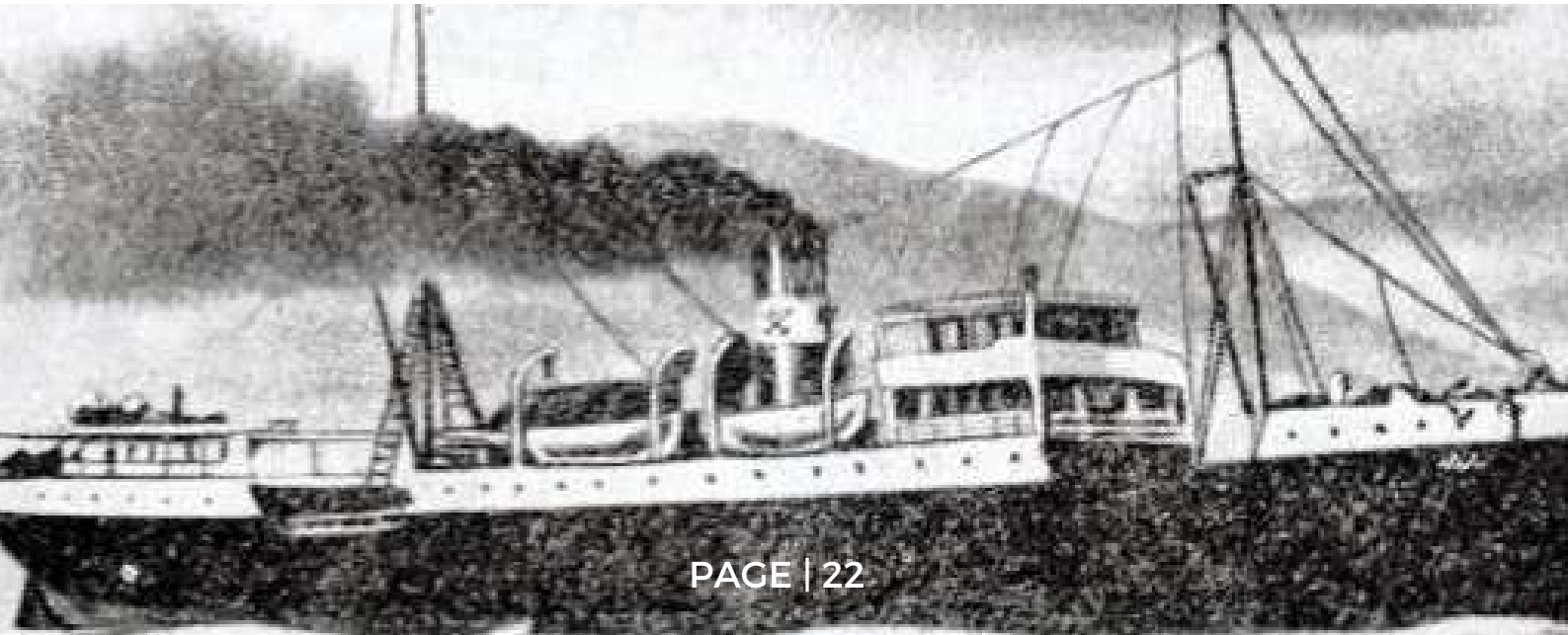
The British occupied Mosul on November 8, 1918, and Iskenderun on November 9, 1918. On October 31, 1918, he was appointed as the Commander of the Yıldırım Army Group and the 7th Army Corps remained under his command, and he arrived in Adana from Katma and took over the command from General Liman von Sanders.
On November 7, 1918, as a result of the abolition of the Yıldırım Army Group and the 7th Army Corps Command, Mustafa Kemal was assigned to the Ministry of War as an Army Commander.
He departed from Adana by train on November 10, 1918, and arrived at Haydarpaşa Station on November 13, 1918. Upon seeing the British Navy anchored in the Bosphorus, he said to his companions, "They will leave as they came."
The Paris Peace Conference convened on January 18, 1919.
At the request of the British, on January 29, 1919, Ziya Gökalp, Hacı Adil, İsmail Canbulat, Kara Kemal, Hüseyin Cahit Yalçın, Dr. Tevfik Rüştü Aras, and 21 others were arrested. On March 10, 1919, Sait Halim Pasha and Fethi Okyar were also arrested, along with 21 others.
In April 1919, he met with War Minister Şakir Pasha, and as a result of the meeting with Chief of General Staff Fevzi Pasha's deputy Kazım Pasha, a directive containing the job description was approved only with the seal of War Minister Şakir Pasha, as Grand Vizier Damat Ferit did not sign it.
On April 30, 1919, he was appointed to the Command of the 9th Army Corps by the decree signed by Sultan Vahdeddin.

On May 16th, aboard the Bandırma Ferry: Mustafa Kemal and his staff of 22 people, soldiers and non-commissioned officers of 25 people, advisors and secretaries of 8 people, ship personnel of 21 people, a total of 76 people were on board. The Bandırma Ferry entered Sinop Port on May 18, 1919, around noon.

When the ferry arrived, Ismail Hakkı Captain was experiencing the happiest moment of his life. He was thanking Allah in the midst of the pride of being able to fulfill this difficult duty. Mustafa Kemal Pasha and his comrades landed on the shore from the Bandırma Ferry via a small boat, at the Dil Pier, which is located between the current Samsun Grand Hotel and Yaşar Doğu Sports Hall, the first step monument left by the French. On May 19, 1919, when the young general arrived in Samsun, no one knew that he would initiate the liberation movement. The official task was to bring some rebellious gangs in Samsun and its surroundings under control. His official title was that of an army inspector.

The Youth and Sports Day was first celebrated in 1926 in Samsun under the name Gazi Day, and on May 24, 1935, it gained official status as Atatürk Day. With a law dated June 20, 1938, this National Holiday, which was celebrated as the "Youth and Sports Day," was renamed as the "Commemoration of Atatürk, Youth and Sports Day" after the September 12th Coup.

Dr. A. Yüksel BARUT concluded his speech with Mustafa Kemal's speech at the Grand National Assembly of Turkey on April 23, 1920:
"I have heard that some comrades want to return to their homeland, using our poverty as an excuse. I did not invite anyone to the Grand National Assembly of Turkey by force. Everyone is free in their decision, and others can join them. As a person who believes in this sacred cause, I have decided not to leave from here. In fact, all of you can leave. Captain Mustafa Kemal would take his rifle, load his chest with bullets, take the flag in one hand, and ascend Elmadağ. He would defend the homeland until his last bullet is spent. When my bullets are finished, I will wrap this helpless body in my flag, get injured by the bullets of the enemy, and give my clean blood to my sacred flag until I die alone. I have sworn to do this."



Our guest, Dr. Nurse Meral Kurt DURMUŞ, the Head of Patient Care Services at Istanbul Education and Research Hospital, shared valuable information with her presentation titled "Digitization in Nursing." Dr. Nurse Meral Kurt DURMUŞ stated in her presentation that hospital management systems, the use of information technologies in healthcare services, the application of closed-loop, digital emergency service, digital applications in intensive care units, nursing decision support systems, and the achievements of hospital management systems have contributed to the acceleration and quality improvement of health care service delivery.





Dr. Nurse Meral Kurt DURMUŞ said, "Hospital Management System ensures standardization and increased access to data to make health care service delivery faster and of higher quality. The increase in the amount of data and the speed of access to data reached by health professionals have led to an increase in the number and variety of medical analyzes. Product management in the closed loop and decision support systems implemented have increased patient safety during health service delivery. The development of analytical capability has increased awareness among management and employees for more effective use of resources. The applications we use for newly started nurses have facilitated education and increased their awareness about hospital management systems."



Then, a theater group took the stage and performed a special show highlighting the spirit of May 19th and the importance of the nursing profession. The emotional performances of the nursing club theater actors, emphasizing the significance of May 19th, youth, and healthcare workers from past to present, moved the audience.

This special event, where participants came together, served as a reminder of national values and the importance of healthcare workers.

Participants stated that they would continue to celebrate these important days with enthusiasm through similar events in the coming years.

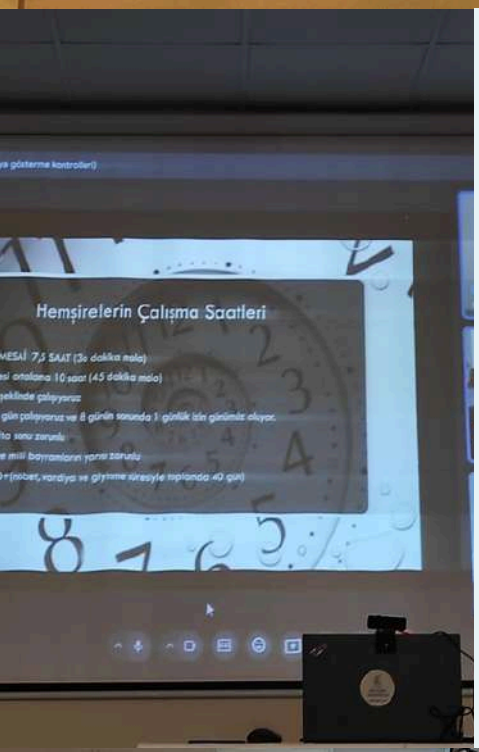






Faculty of Health Sciences





The 1st International Nursing Symposium with the theme "Nursing in Türkiye and the World" was held















The 1st International Nursing Symposium with the theme "Nursing in Türkiye and the World," organized by the Department of Nursing Turkish and English Programs and the Nursing Club, was held on May 22, 2024, in the G Block Prof. Dr. Aziz Sancar Conference Hall, with speakers from Canada, Germany, and Azerbaijan.

The symposium, which began with a moment of silence and the National Anthem, featured an opening speech by Prof. Dr. Bahri ŞAHİN, the Rector of Istanbul Gelisim University. In his speech, Prof. Dr. Bahri ŞAHİN emphasized the importance of the nursing profession in the healthcare sector. In her speech, the Vice Dean of the Faculty of Health Sciences, Asst. Prof. Neşe KISKAÇ stated;

The International Council of Nurses (ICN) defined nursing in 1972 as a professional group that helps to protect and improve the health of individuals, families, and communities and provides healing and rehabilitation in case of illness. In 2021, ICN's definition emphasized that nurses, deeply committed to traditions and practices valuing equity, inclusivity, and diversity, have adopted four fundamental nursing responsibilities: promoting health, preventing illness, restoring health, and alleviating suffering to support a dignified death. The need for nursing is universal. Nursing care requires respect for and cannot be limited by considerations such as age, color, culture, ethnicity, disability or illness, gender, sexual orientation, nationality, politics, language, race, religious or spiritual beliefs, legal, economic, or social status.

Looking at the reflections on Atatürk's health understanding in Turkish nursing, I came across a review article by Serap Torun and Osman Bilgin published in 2024. While reading the article, I noticed that Atatürk's understanding of health aligns with ICN's health understanding. According to Atatürk, the "State" should protect and improve the health of its citizens and safeguard the public from the infectious diseases prevalent at that time (malaria, typhoid, typhus, rabies, tuberculosis, trachoma, syphilis, etc.) and fight against these diseases.

Atatürk believed there is a direct relationship between human health and the economic and social goals of the republic. A healthy individual is the most important resource for the country. In a nation with healthy individuals, defense becomes easier, the economy strengthens, production increases, and most importantly, the population grows. For Atatürk, a nation with healthy individuals is the most significant goal.



According to Atatürk, "If a woman is poor, humanity is poor." This poverty should be considered not only in a material sense but also in a spiritual sense. Atatürk defined womanhood, which played an active role alongside men in the National Liberation Struggle and took part in the establishment of the Republic as "Turkish women," as inherently having a high status. He believed that those who create the wealth humanity enjoys today are the women who give birth, nurture, and pass on this heritage. Atatürk put into practice the idea that women should act, work, and progress alongside men in all areas of society. According to Atatürk, after the proclamation of the republic, one of the state's primary duties was to ensure the education of new generations of Turkish youth without any distinction between boys and girls. In this context, he emphasized the acceleration of educational activities in the field of nursing.

Kristie HORRELT, an Emergency Nurse who connected online from Canada, gave a presentation titled "Nursing in Canada." In her talk, Emergency Nurse Kristie HORRELT mentioned:

"Canada is a developed country with a population of over 38 million, the majority of whom live in urban areas. The expected life expectancy is 84 years, and health expenditures account for 12.9% of the GDP.

The Canada Health Act provides all Canadians with reasonable access to medical and surgical-dental treatment services. Health insurance plans are managed by the provinces but are non-profit. The insurance coverage includes all insured hospital services and is portable. Nurses are a regulated profession, and their scope of practice is determined both nationally and provincially. Their duties include patient care, medication administration, patient education, counseling, and advocacy. Nurses must possess problem-solving and critical thinking skills to provide safe care to patients.

To become a nurse in Canada, you must obtain a bachelor's or master's degree from a nursing program recognized in Canada. Additionally, you need to have your foreign education assessed through the National Nursing Assessment Service (NNAS) and register with the nursing licensing board of the relevant province or territory. Proficiency in English or French is also required.

Nursing is a profession in high demand in Canada, and finding a job is relatively easy. Nurses receive good salaries and benefits. Canada offers a high quality of life and is a beautiful country. Nurses have the opportunity to make a significant difference in patients' lives.

However, there are challenges in nursing in Canada. The aging population and increasing burden of chronic diseases create pressure on nurses. There is a shortage of nurses in rural areas. The workload can be heavy and stressful.

Becoming a nurse in Canada is a rewarding and challenging profession. If you are interested in nursing, Canada could be a great option for you," she said, providing information about the healthcare system in Canada, the opportunities and challenges in nursing, the duties and responsibilities of nurses, and the advantages of the nursing profession.

However, there are challenges to nursing in Canada, such as an aging population and an increasing burden of chronic diseases, which put pressure on nurses. There is a shortage of nurses in rural areas. The workload can be heavy and stressful at times. Being a nurse in Canada is both rewarding and challenging. If you are interested in pursuing a career in nursing, Canada could be a good option for you," said Kristie HORRELT, providing information about the Canadian healthcare system, the opportunities and challenges in nursing, the roles and responsibilities of nurses, and the benefits of the nursing profession. Continuing the symposium, Content Creator and Nurse Elanur Vardar gave a presentation titled "Nursing in the Digital World." In her talk, she stated:



"Digitalization is profoundly transforming all aspects of our lives, including healthcare services. The nursing profession is also benefiting from this change, making significant strides in providing more effective, efficient, and patient-centered care. In this context, social media is being used effectively. I produce videos on newborn care, baby care, and breastfeeding education, collaborate with various brands, and offer recommendations. The breastfeeding consultancy videos I uploaded have garnered significant interest from mothers. I develop video content tailored to the needs of people regarding baby care. Being able to help and be useful to people in this area is very important and satisfying for me. You, too, can use technology to help people in our evolving world," she said, providing insights into digital content creation.



Dr. Nurse Gülşah Jafarov from Azerbaijan, while discussing the healthcare system in Azerbaijan, provided insights into the development of the nursing profession. In her speech, she stated:



"The nursing profession in Azerbaijan is open to development. Technological advancements in the healthcare sector are influencing nursing practices and leading the profession through continuous evolution. It is crucial for nurses to undergo continuous education to adapt to these technological innovations. Nursing in Azerbaijan has been striving for development from the past to the present and has become an indispensable part of healthcare services. I believe that in the future, the nursing profession will continue to strengthen and contribute to enhancing the quality of healthcare services. I extend my gratitude to all nurses for their dedication and efforts in practicing this noble profession. I am confident that we will continue our work with the same determination and perseverance in the future. Thank you."



Melis Gedik, who joined online from Germany, discussed nursing in Germany during her speech:

"Nursing in Germany has a rich history and a robust education system. Nursing education is provided at high standards, and nurses are prepared for their profession through academic training at the bachelor's level. Nursing education in Germany offers a comprehensive program that includes both theoretical knowledge and practical skills. These programs enable nurses to respond effectively to patients' needs and enhance the quality of healthcare services. Nursing education in Germany is typically structured as a three-year vocational training program. Throughout their education, nursing students receive theoretical lessons and gain practical experience in hospitals. Additionally, nursing education in Germany is supported by paid continuous professional development courses and specialization programs." Melis Gedik also provided information about the working conditions for nurses in Germany, including working hours, nursing employment opportunities, and the qualities required for immigrant nurses. In conclusion, innovation in nursing is indispensable for improving the quality and effectiveness of healthcare services. Nurses must embrace technological innovations and contribute to shaping the future of healthcare by developing care models. Together, through innovative approaches and continuous improvement, we can propel the nursing profession forward."





IGU Faculty of Health Sciences Nursing Department Turkish Program 2nd-year student Habibe Değirmenci stated in her presentation on "Communication in Nursing":

"Effective communication is one of the cornerstones of the nursing profession and directly influences the quality of patient care. Nurses' strong communication skills enable them to establish more efficient and trustworthy relationships both with patients and healthcare teams. As a result, patient satisfaction and care quality improve, and healthcare services are delivered more effectively." Habibe Değirmenci provided information on topics crucial to patient communication, such as understanding and sharing patients' feelings, informing them about their health conditions and treatment processes, demonstrating a reassuring and empathetic approach, focusing attentively on patients' expressions, and providing feedback.

At the end of the event, plaques were presented to the speakers.

TÜRKIYE



Vice-Dean of the Faculty of Health Sciences Asst. Prof. Neşe Kıskaç to Nurse Elanur Vardar, Asst. Prof. Bahar Nur AKDĞAN, Dr. And to Gülşah Jafarov, Asst. Prof. Mahruk RASHIDI, to Shayan Vassighi, a 3rd year student of the Nursing Department English Program, Lecturer Ayşe Mücella SOYDAN presented her plaque to Habibe Değirmenci, a 2nd year Nursing Department Turkish Program student.

Faculty of Health Sciences

Don't Throw, Play Workshop Was Held

An event titled "Atma Oyna/Don't Throw, Play" was organized in collaboration with the Department of Child Development at Istanbul Gelisim University and the Student Dean's Office as part of the Healthy Development Platform.

The event, held on April 30, 2024, between 14:00 and 16:00, was attended by students from the Faculty of Health Sciences. The event began with a speech by Asst. Prof. Nurten ELKİN, the Coordinator of Addiction Prevention and the Head of the Department of Child Development at Istanbul Gelisim University. Elkin addressed topics related to materials, sustainability, and health, then handed over the floor to the implementer of the event, Lecturer Bedriye Çelik KANCAa. Çelik Kanca emphasized that especially child development students do not receive training on any developmental assessment tools during their courses and face significant challenges when they enter the field. However, she added that despite not receiving training on assessment tools, child development students receive comprehensive education on games and illustrated children's books.

She emphasized that during the period before receiving training on developmental assessment tools, games and illustrated children's books are two important elements for getting to know and evaluating children. Additionally, she suggested that when giving recommendations to families, the socioeconomic level of the family should also be taken into account, and recommendations should be made accordingly



She added that it is important to provide sustainable recommendations if the family can't afford the recommended toy, emphasizing the value of sustainable materials. The students who attended the workshop designed non-existent objects, plants, animals, and toys with specific instructions using the materials brought by Çelik Kanca. The students stated that they supported creative thinking skills, imagination, and empathy skills in addition to supporting their workshop.



THE CONFERENCE ON PRESSURE INJURIES IN INTENSIVE CARE WAS HELD

The event titled "Pressure Injuries in Intensive Care", organized by the Department of Nursing and Nursing Club, took place on Wednesday, May 8, 2024, at the Aziz Sancar Conference Hall.

The conference, which began with a moment of silence and the Turkish National Anthem, featured opening remarks by Asst. Prof. Yüksel BARUT and Asst. Prof. Neşe KISKAÇ. The event featured presentations by Asst. Prof. H. Banu KATRAN, a member of the Board of Directors of the Turkish Intensive Care Nurses Association and a faculty member in the Department of Surgical Nursing at the Faculty of Health Sciences, Marmara University, and Dr. Ebru KIRANER, the President of the Turkish Intensive Care Nurses Association.





During the event, Asst. Prof. H. Banu KATRAN provided students with current information on the definition, pathophysiology, staging, and risk assessment of pressure injuries. After that, Dr. Ebru KIRANER delivered detailed presentations on evidence-based approaches to preventing pressure injuries and pressure injuries associated with medical devices/tools.





During the event, students were informed about the importance and effects of pressure injuries in intensive care, including the negative impacts on patients and how they can be prevented.

Detailed information was provided to students on how pressure injuries are defined, the different stages of pressure injuries, and how each stage should be treated. Asst. Prof. H. Banu KATRAN and Dr. Ebru KIRANER shared their experiences and guided students through example cases, providing insights into the management of pressure injuries. The event aimed to assist students in translating their theoretical knowledge into practice and to enhance their competency in clinical settings, enabling them to provide more proficient services. Asst. Prof. H. Banu KATRAN and Dr. Ebru KIRANER's knowledge and experiences provided students with valuable perspectives and offered an opportunity for them to approach intensive care with greater awareness when they begin their careers.



‘PEER BULLYING’ WORKSHOP WAS HELD WITHIN THE SCOPE OF HEALTHY DEVELOPMENT PLATFORM

Faculty of Health Sciences



On May 2, 2024, a workshop on "Peer Bullying" was conducted by Asst. Prof. Nurten ELKIN, Coordinator of Addiction Prevention and Head of the Child Development Department at the Faculty of Health Sciences, and Asst. Prof. Deniz YILDIZ, a faculty member of the Child Development Department.



Asst. Prof. ELKIN briefly introduced the Addiction Prevention Coordination and left the floor to Asst. Prof. YILDIZ.

YILDIZ began her speech by asking students what they thought and knew about the concepts of bullying and peer bullying. Discussing the students' feedback, she explained these concepts and their importance, providing examples of bullying in the lives of children, adolescents, and even adults, and examining their causes and effects. The relationship between the misuse of technology and peer bullying was also scientifically evaluated and discussed.

The event ended by answering the questions of the students.

Click for the link to the news



As Occupational Therapy Department, We Participated in the World Disability Week Panel

Faculty of Health Sciences

Head of Occupational Therapy Department Çağıl ERTURK and Specialist Occupational Therapist Research Assistant Hulya YAMAN attended the panel organised within the scope of World Disability Week as speakers. World Disability Week is celebrated around the world every year to draw attention to the rights and lives of people with disabilities, raise awareness and increase social support. This week encourages the development of sensitivity and understanding towards the difficulties experienced by people with disabilities..







The stand, prepared with the collaboration of the Occupational Therapy Department, Occupational Therapy and Social Rehabilitation Club students and Occupational Therapy class representatives, showcased a range of sensory therapy equipment, cognitive games and fine motor skills activities. These were designed to enhance the quality of life of individuals with disabilities, promote their independence and facilitate daily activities. Occupational therapy is a prominent topic during this important week, as it plays a pivotal role in improving the lives of individuals with disabilities. Occupational therapists employ a range of strategies and tools to enhance the daily lives of individuals with physical, mental or emotional disabilities. This therapy enables individuals with disabilities to participate more actively and efficiently in society, increasing independence, self-confidence and quality of life. Therefore, World Disability Week provides an opportunity to support people with disabilities and increase their social inclusion by emphasising the importance of occupational therapy.

Click for the link of he news.

ACIBADEM HEALTH GROUP VISITED THE NURSING DEPARTMENT

Faculty of Health Sciences

On May 6, 2024, Specialist Nurse Nurse Gökçe BAHTIYAR, Director of Healthcare Services at Taksim Acıbadem Hospital, and Human Resources Specialist Ece KASIRGA visited the final year students of the Nursing Department.

The Nursing Department students were briefed by the Acıbadem Health Group in the presence of Asst. Prof. Neşe KISKAÇ, Vice Dean of the Faculty of Health Sciences, and Asst. Prof. Meltem ASLAN, the instructor of the Nursing Management course.



The Director of Healthcare Services, Specialist Nurse Gökçe BAHTİYAR, and Human Resources Specialist Ece KASIRGA offered various recommendations to students regarding the hiring process:

"Build a strong foundation by getting a good education. Quality education provides a solid base for your future career. Gain as much experience as possible. Intern, volunteer, or gain work experience in relevant fields. This will help you combine theoretical knowledge with practical applications. Stay open to continuous learning. The healthcare sector is constantly changing and evolving. Keep up with innovations, be open to new technologies and practices, and focus on continuous self-improvement. Develop your communication skills. Effective communication skills are crucial both in patient care and within a team. Learn to work as part of a team. Healthcare is often a team effort. Learn to be a good team player and work effectively and collaboratively with other healthcare professionals. Adhere to ethical values. Always maintain values such as patient confidentiality, justice, honesty, and respect. Take care of yourself and learn stress management techniques. Working in the healthcare sector can be challenging and the workload can be heavy. Set career goals. Establish short-term and long-term career goals and focus on achieving them. This will keep you motivated and clarify your direction in your career."





Faculty of Health Sciences

These suggestions are crucial for a successful career in healthcare. Each one helps students build a strong foundation, develop their skills, and maintain long-term success. Education, experience, and continuous learning are vital to keep up with the rapid changes in the healthcare sector, while communication, teamwork, and adherence to ethical values are the cornerstones of providing professional healthcare services. Personal care and setting career goals help students steer their healthcare careers in a sustainable and fulfilling way. Students who follow these recommendations will be well-prepared for a successful future in healthcare.

At the end of the visit, Specialist Nurse Gökçe BAHTİYAR, Director of Healthcare Services at Taksim Acıbadem Hospital, and Human Resources Specialist Ece KASIRGA answered the students' questions and supported them in preparing their resumes, offering job opportunities.



THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

Faculty of Health Sciences





Faculty of Health Sciences

ARTICLE

Asst. Prof. H. Merve BAYRAM published an article named "Effects of Cornus mas L. on anthropometric and biochemical parameters among metabolic associated fatty liver disease patients: Randomized clinical trial" in the Journal of Ethnopharmacology, which is indexed in Q1.

Click to access.

Asst. Prof. H. Merve BAYRAM, and Prof. Dr. Arda Ozturkcan published an article named "Comparison of several anthropometric measurements and blood lipid-related indexes in metabolic-dysfunction associated fatty liver disease in adults: A cross-sectional study" in the Sigma Journal of Engineering and Natural Sciences, which is indexed in Q3.

Click to access.

Asst. Prof. H. Merve BAYRAM published an article named "Association between breakfast consumption, breakfast quality, mental health and quality of life in Turkish adolescents: A high school-based cross-sectional study" in the Nutrition Bulletin, which is indexed in Q3.

Click to access.

Asst. Prof. H. Merve BAYRAM, and Prof. Dr. Arda Ozturkcan published an article named "Evaluation of the Energy and Nutrients Contents of Infant and Follow-on Formulas and Supplementary Foods in Turkey" in the Istanbul Gelisim University Journal of Health Sciences.

Click to access.

CONGRESS Attendance

Faculty of Health Sciences





Head of Health Management Department Asst. Prof. Bumin Çağatay AKSU and Health Management 4th grade student Salih Batuhan Topcu attended the ICBA 2024 Congress.

After the congress, Aksu and Topcu visited the Çanakkale Martyrs' Cemetery on May 19, Commemoration of Atatürk, Youth and Sports Day, and had the opportunity to experience the historical spirit of Çanakkale.

The Head of the Health Management Department, Asst. Prof. Çağatay Aksu, and Health Management 4th grade student Salih Batuhan Topcu, represented Istanbul Gelişim University at the International Scientific Conference on Business Administration (ICBA 2024) with their paper titled "Examining The Effect of Communication Problems Between Health Workers and Communication Skills of Health Workers On Organizational Climate."







Audiology Department Hearing Aid Production Process Monitoring Trip

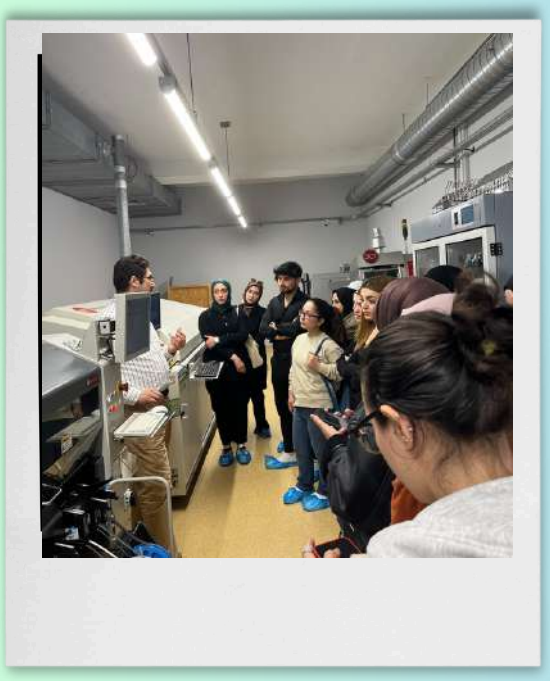
Faculty of Health Sciences

Istanbul Gelisim University Faculty of Health Sciences, Department of Audiology, organized a trip activity called “Hearing Aid Production Process Monitoring Trip." Students participating in the event had the opportunity to observe the hearing aid production process by going to the factory where hearing aids are produced.



The event organized for the students of the Department of Audiology was held on May 3, 2024, in cooperation with Ear Technic Company. Lecturer Ayşe ÖZER, Research Assistant Çağla TÜRK, Research Assistant Azize KÖSEOĞLU, and Ear Technic Company Official accompanied our students.

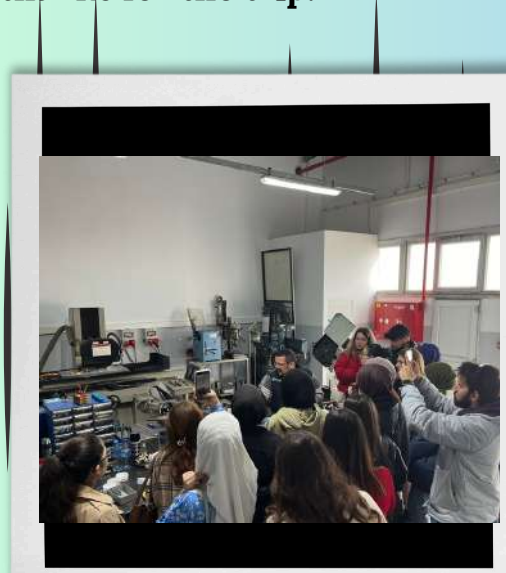
2nd, 3rd, and 4th year students of the Department of Audiology participated in the Hearing Aid Production Process Monitoring Trip. Students of the Department of Audiology had the opportunity to go to the factory where hearing aid production is carried out and observe the hearing aid production process on site.

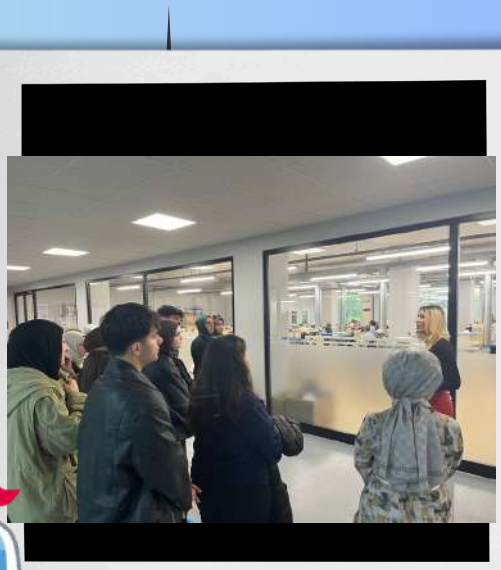


Students had the opportunity to visit the laboratories where hearing aid internal parts are produced, the department where nanocoatings are made, and the chemistry laboratory. After the detailed explanations of the company employees, they asked the questions they were curious about. Our students, who listened to the explanations with interest, completed their trip in groups.

At the end of the event, the hearing aid company gave our students gifts: pens and hearing aids with their names written on them.

Thus, the event, which was productive for all our lecturers and students who participated, ended. Our lecturers and students expressed their thanks for the trip.















SYMPOSIUM ON RETHINKING THE ROLE OF SOCIAL WORK IN ADDRESSING SOCIAL ISSUES IN LOCAL AND GLOBAL CONTEXTS HELD

The "Symposium on Rethinking the Role of Social Work in Addressing Social Issues in Local and Global Contexts" was held on Monday, May 13, 2024, from 09:30 to 17:00 at the IGU Mehmet Akif Ersoy Conference Hall.



The event commenced with a moment of silence and the Turkish National Anthem, followed by opening speeches by Vice Rector Prof. Dr. Necmettin MARASLI, Dean of the Faculty of Health Sciences Prof. Dr. Rıfat MUTUS, Head of the Social Work Department Prof. Dr. İsmet Galip YOLCUOGLU, and Dr. Hakan ACAR, a faculty member of the Social Work Department at Liverpool Hope University. The symposium consisted of three sessions, moderated respectively by Dr. Görsev SONMEZ, Dr. Oğuz MORALI, and Prof. Dr. Yüksel Baykara ACAR, featuring speakers from universities in the UK and India.

Speakers at the event included Prof. Dr. İsmet Galip YOLCUOĞLU, Dr. Hakan Acar, Prof. Dr. Yüksel BAYKARA ACAR, Dr. Oğuz MORALI, Prof. Dr. William MOSİER, Dr. Hina ZAHOOR, Dr. Dan ALLEN, Dr. Wendy COXSHALL, Dr. Natalija ATAS, Dr. Jobi BABU, Dr. Ashifa Kariveliparambil Mohammed ASHRAF, and Dr. M. Maria Antony RAJ. The symposium examined the emerging social issues in the changing world order, as well as the roles, services, opportunities, and disadvantages that social work assumes and will assume in this new context.

THE 100TH ANNIVERSARY OF THE REPUBLIC OF TÜRKİYE

Faculty of Health Sciences





Faculty of Health Sciences

VISIT TO BAHÇELIEVLER SHÇEK CAMPUS CHILDREN'S HOME

On April 29, 2024, Istanbul Gelisim University Faculty of Health Sciences, Department of Social Work students visited the Children's Home in Bahçelievler SHÇEK Campus under the guidance of Head of Department Prof. Dr. İsmet Galip YOLCUOĞLU. This event was an important event for students to gain practical knowledge about their field and to reinforce their awareness of social responsibility.







Our Nursing Students on Duty at Kızılay!

Faculty of Health Sciences



Students from the Department of Nursing contributed to community service by voluntarily participating in the program organized by the Turkish Red Crescent.

The Turkish Red Crescent continues to collaborate with various universities to strengthen healthcare services and provide more effective service to the community. In this context, students from the Department of Nursing are gaining valuable experiences by working within the Turkish Red Crescent. Future healthcare professionals are taking part in the organization to develop their professional skills and contribute to community health.

Department of Nursing students participated in the program organized by the Turkish Red Crescent from May 14-16 at the J Block - Tower campus from 10:30 AM to 6:30 PM and on May 15-16 at the B Block - Faculty of Health Sciences campus from 11:00 AM to 7:00 PM. This program provided students with the opportunity to put their theoretical knowledge into practice while gaining experience in various areas of healthcare services. The students contributed to the community by participating in the blood donation organization.













Faculty of Health Sciences

Asst. Prof. Mahruk RASHIDI, Head of the Department of Nursing, emphasized the importance of nursing students' roles within the Turkish Red Crescent, stating, "The work of our young nursing candidates at the Turkish Red Crescent contributes to their professional development and improves the quality of healthcare services offered to the community. We are proud of the dedication and effort shown by our students, and we commend all the students who participated."

The nursing students working at the Turkish Red Crescent not only support their individual development but also make significant contributions to the protection and improvement of community health. They help strengthen social solidarity by raising awareness about blood donation.

With the experiences and education gained during their tenure at the Turkish Red Crescent, students from the Nursing Department of Istanbul Gelisim University will become strong and well-equipped professionals in the healthcare sector in the future. They are moving forward in their careers with confidence, experiencing the happiness of serving the community and touching people's lives.

Thanks to the valuable opportunities provided by the Turkish Red Crescent, Istanbul Gelisim University students are both developing themselves and experiencing the pride of working for a healthier society.











A Seminar was Held at Avcılar Vocational and Technical High School

Faculty of Health Sciences

In collaboration between Istanbul Gelisim University and Avcılar Directorate of National Education, a seminar was organized at Avcılar Vocational and Technical High School on Friday, April 26, 2024, from 10:00 to 12:00 to inform guidance counselors, students, and parents. The seminar, which was attended by the District National Education Branch Manager of Avcılar, was highly informative.







During the seminar, distinguished information was shared with guidance counselors, students, and parents by faculty members from the Faculty of Health Sciences at Istanbul Gelisim University. Accordingly, Research Assistant Rabia Ceren ATEŞ drew attention to what should be considered when communicating with children during the process of "Death, Trauma, and Mourning" in her speech; Lecturer Bedriye ÇELİK KANCA explained the parts of children's drawings that need to be paid attention to and the meanings of colors and figures in children's drawings in her speech titled "Child Recognition through Drawing"; and Lecturer Buse KERIGAN evaluated today's children and living conditions based on the Convention on the Rights of the Child in her session titled "A Legal Perspective on Children's Rights".
The seminar concluded with the closing speech by Prof. Dr. Ebru KOLSAL.



Click here for the news.



SPECIAL EDUCATION CENTER VISIT FROM OCCUPATIONAL THERAPY DEPARTMENT STUDENTS

Under the guidance of Lecturer Suzan AYDIN, occupational therapy department students visited a private education center on Friday, May 17, 2024. This meaningful event was of great importance in terms of providing students with the opportunity to put their professional knowledge into practice and interact with individuals with special education needs.

During the visit, students had the chance to closely interact with both the educators and students at the center. Occupational therapy department students reinforced the theoretical education they received by observing which methods and tools can be used to facilitate the daily life activities of individuals with special education needs. They also improved their own skills by observing various occupational therapy techniques.

Special education center officials stated that such visits are a great gain for both the individuals at the center and the students, and emphasized that such events should be repeated frequently. At the end of the visit, the students once again understood how important occupational therapy is to improve the quality of life of individuals with special education needs and reinforced their commitment to their profession.

Lecturer Suzan AYDIN stated that such events have an important place in the education of students and thanked everyone who contributed to the visit. Ergotherapy department students completed their visit with the desire to make the most of these valuable experiences they gained in their future professional lives.

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HEALTHCARE PROFESSIONALS COMPETE IN TURKIYE

Faculty of Health Sciences

Event

In collaboration with Istanbul Gelisim University and Esenyurt District Directorate of National Education, a competition titled "Healthcare Professionals Compete in Türkiye" was organized with the participation of high school students. Held at Istanbul Gelisim University (IGU) and the first of its kind in Türkiye, the competition garnered significant interest. The event began with opening speeches by Abdülkadir GAYRETLİ, Chairman of the Board of Trustees of Istanbul Gelisim University, Tayfun ÖZYOLCU, Esenyurt District Director of National Education, and Emre ÇORUH, Assistant Coordinator Principal of Esenyurt Fatih Sultan Mehmet Vocational and Technical Anatolian High School. The competition was attended by Esenyurt District Governor Fatih ÇOBANOĞLU, Istanbul Deputy Provincial Director of National Education Hüseyin AYDIN, District Health Director Dr. Oktay DOKUZ, and Esenyurt District Sports Director Halil HACI.



At the competition, which was judged by IGU Vice Rector Prof. Dr. Arda ÖZTÜRKCAN, Dean of the Faculty of Health Sciences Prof. Dr. Rıfat MUTUŞ, and Vice Dean of the Faculty of Health Sciences Asst. Prof. A. Yüksel BARUT, high school students answered questions created in accordance with their curriculum.



Scholarship Opportunity for 9 Students from IGU

Following the exam held with the participation of 25 provinces across Turkey, the top schools in each province were determined. Three students from each of the successful schools qualified to participate in the "Healthcare Professionals Compete in Turkey" competition held at Istanbul Gelişim University (IGU). Students from the top three schools were awarded scholarships to study at IGU based on their ranking.



Three students from Bergama 70th Year Vocational and Technical Anatolian High School, which won first place in the competition, were awarded 100% scholarships. Two schools tied for second place after a highly competitive event. Three students each from Kocaeli Kanuni Vocational and Technical Anatolian High School and Muğla Şifa Hatun Vocational and Technical Anatolian High School were granted 75% scholarships, as decided by Chairman of the Board of Trustees Abdülkadir GAYRETLİ and IGU Vice Rector Prof. Dr. Arda ÖZTÜRKCAN.

Click for news

The Faculty of Health Sciences OPEN DAY Event was Held at Istanbul Gelisim University

The Istanbul Gelisim University Faculty of Health Sciences hosted the OPEN DAY event on May 27, 2024, which was met with great interest. Students from two different high schools participated in the event.

Presentations were made for the Nutrition and Dietetics (English and Turkish), Physiotherapy and Rehabilitation (English and Turkish), Child Development (English and Turkish), Nursing (English and Turkish), Occupational Therapy, Audiology, Speech and Language Therapy, Social Work, Health Management, and Perfusion departments at the Faculty of Health Sciences.



Throughout the event, students had the opportunity to gain detailed information about the departments as well as participate in various workshops. In the workshop organized by the Nursing Department, breathing exercises that can be used to maintain breath control during exams were introduced and practiced. Students learned about these stress management and performance-enhancing techniques.









The Physiotherapy and Rehabilitation Department informed students about various physical assessment and treatment methods, while the Nutrition and Dietetics Department conducted practical workshops on healthy eating principles and diet planning.





The Child Development and Occupational Therapy Departments organized various activities focused on children's development processes, introducing participating students to the practical aspects of these professions. The Audiology and Speech and Language Therapy Departments conducted hands-on sessions related to hearing and speech disorders, raising awareness about these issues. The Social Work, Health Management, and Perfusion Departments also gave informational presentations, sharing their professional perspectives.



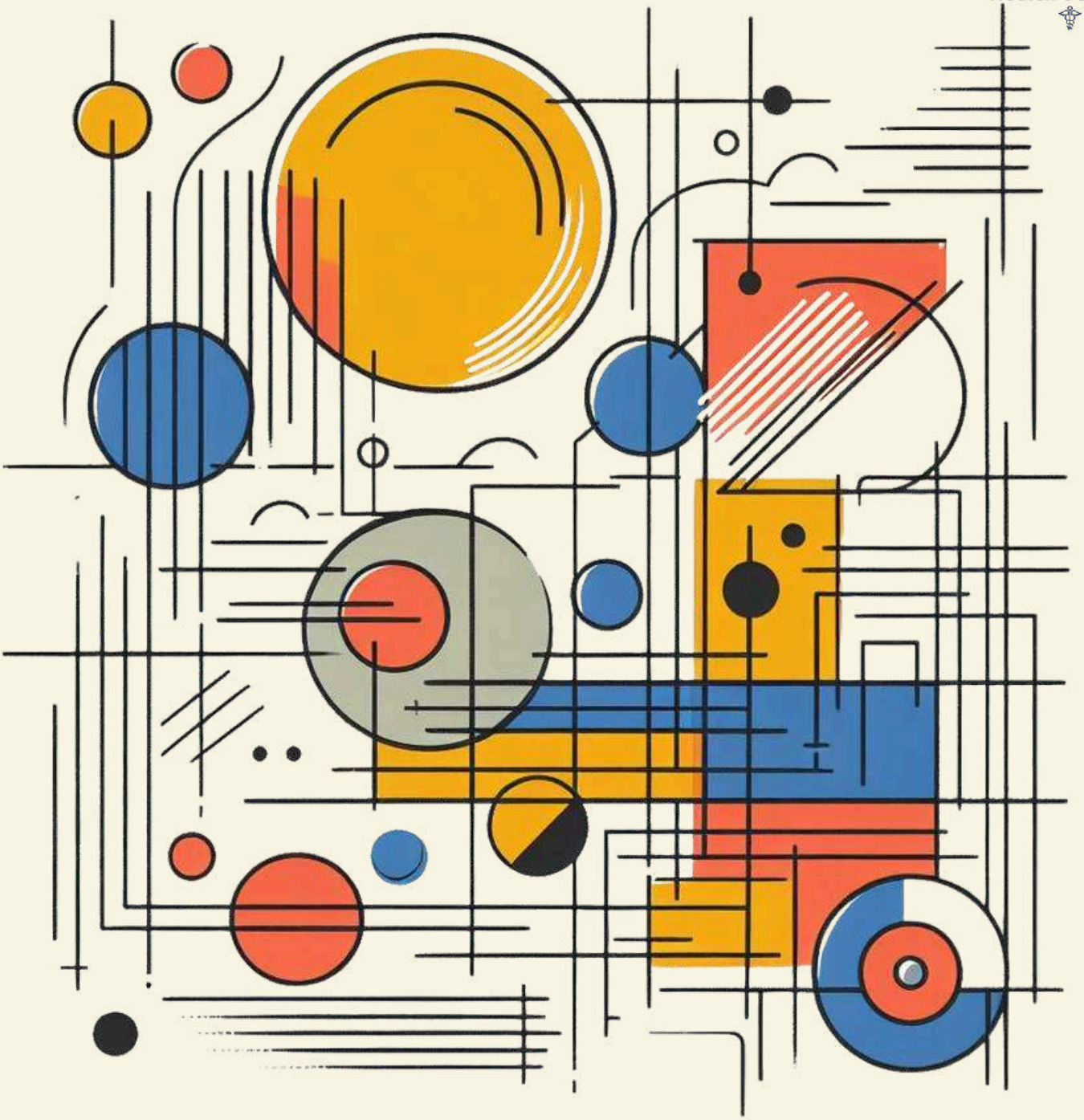






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Faculty of
Health Sciences

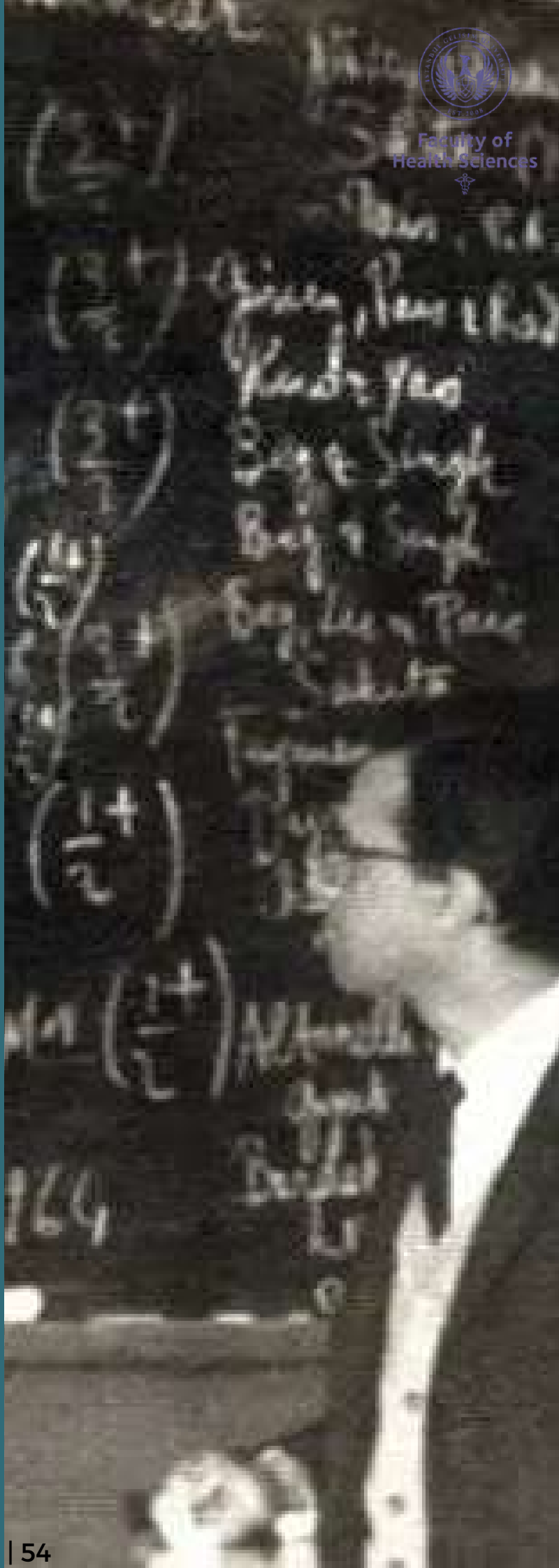


CULTURE ART LITERATURE

WHO IS WHO?

Prepared by;
Arş. Gör.
Semanur OKTAY

A DERVISH ON THE PATH OF SCIENCE; FEZA GURSEY



"There is something I learned from my experiences. Nations that forget their scientists will also be forgotten by history."

-Feza Gürsey

Professor Doctor Remziye Hisar, the first female chemist of the Republic of Turkey, said in an interview: "***I couldn't buy clothes, I was raising two children with that money.***" Feza, one of the international great minds of physics, is one of those two children.



Feza Gürsey was born on April 7, 1921 in Istanbul. His father, Doctor Reşit Süreyya Gürsey, was a medical doctor, physicist and teacher, and his mother, Professor Doctor Remziye Hisar, was the first female chemist of the Republic of Turkey. The years when Feza Gürsey was born were the years when the war of independence was fought for Türkiye and the War of Independence was fought on the way to independence. Remziye Hisar participated in this war by working as a teacher in Adana to raise Turkish youth, and Reşit Gürsey participated in this war by working as a doctor in Ankara. During this period, Feza stayed with his grandmother and aunts in Istanbul.



After the war, the Gürsey family went to Paris and Feza Gürsey started his primary education at Jeanne d'Arc. According to his sister Deha, his teachers loved Feza very much and admired his ability to learn everything quickly. After 6 years in Paris, Feza's mother, Remziye Hisar, was called to Turkey to teach and Feza continued his education in the 3rd grade of Galatasaray High School.



He spent a childhood between his home and school, in his own words, "***your blue-eyed boy***". Although he was very close to art and literature while he was still in high school, his success in numerical fields brought Feza the nickname "***Einstein***". In 1940, he graduated from Galatasaray High School as a legendary student who impressed all the teachers. In the same year, he enrolled in Istanbul University, Faculty of Science, Department of Mathematics-Physics and received his bachelor's degree again with first place. While he was working as a physics assistant at Istanbul Technical University, he passed an exam held by the Ministry of National Education and went to England and started his doctorate at Imperial College. Feza, who plunged into the bohemian and intellectual world of London, would not fail to carry out important scientific studies. During this period, he wrote two articles published in important encyclopedias and magazines. As he wrote in a letter to his mother, he was working "***day and night***".







After completing his doctorate in 1950, he returned to Istanbul and started working as a physics assistant at Istanbul University. It was here that he met his wife, Suha Pamir, who also worked as an assistant. Feza Gürsey and his wife "Suhanım" had a child named Yusuf. In the future, Yusuf would choose to become a physicist like his parents...

Feza Gürsey received the title of associate professor from Istanbul University in 1953 and subsequently made a concerted effort to "bring the light of day into Turkey" and create one of the distinguished theoretical physics-departments of the Modern Age at Istanbul University. Together with his colleagues, he worked with enthusiasm in every empty room and board of the Faculty of Science they found open.

Feza Gürsey, who went to the USA with his family in 1957 with the scholarship he won, continued his studies at Brookhaven National Laboratory. Feza Gürsey, who had one of his most scientifically productive periods, met and formed friendships with many award-winning physicists. Wolfgang Pauli, a Nobel-winning theoretical physicist whom he met during his studies and asked for a reference to continue his research, said the following to Feza Güsey:

"I'm not thinking about whether I can recommend you, on the contrary, I'm thinking about whether I can recommend the Princeton Institute to you."

Feza Gürsey carried out his studies at the Princeton Institute for Advanced Studies between 1957 and 1961. During these years, the head of the institute in question was the American theoretical physicist Robert Oppenheimer, known as the inventor of the atomic bomb and perhaps known to many of us from the movie "Oppenheimer", which was released in 2023.

Feza Gürsey, now a famous physicist, turned down high-paying job offers from important physics centers in America and returned to Turkey in 1961.

Let's open a parenthesis here and take a look at history to better understand Feza Gürsey's success in physics.

After Gürsey's return to Turkey, Robert Oppenheimer wrote different letters to Feza Gürsey in different years, urging him to return to the Princeton Institute. The letters are located in Boğaziçi University Digital Archive. In the content of the letters in question, Oppenheimer stated that he wanted Gürsey to be at the Institute for another term and that he believed that this would contribute to Gürsey's career and the development of the field of atomic physics in Turkey. It can be seen from these letters that Gürsey is an internationally recognized and appreciated name for his work.

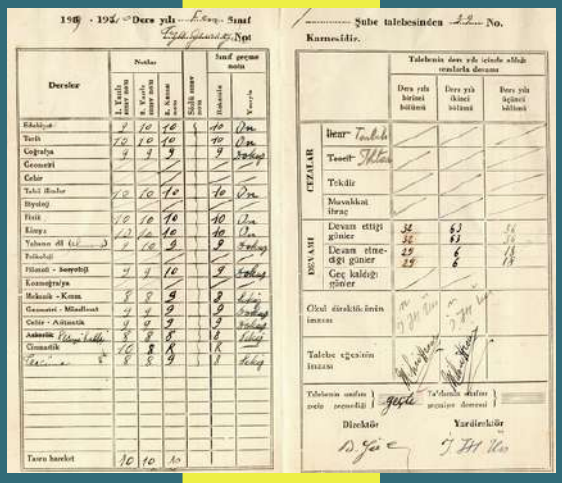
Returning to Turkey, Gürsey started working as a professor in the Department of Theoretical Physics at Middle East Technical University. He continued to serve as a faculty member alternately at METU and Yale University until 1974.

In 1981, he was given an honorary doctorate by Istanbul University. At this ceremony, Feza Gürsey gave a speech titled "From dome to robe, or physics through love" and with this speech he showed how intertwined he is with literature as well as his identity as a physicist.

Gürsey, who spent his life full of success, was deemed worthy of many awards such as the ***TUBITAK Science Award (1968), Oppenheimer Award (1977), Einstein Medal (1979), Wigner Medal (1986).*** He raised many successful students.

Feza Gürsey passed away on April 13, 1992. He was a unique person of science, thought and art. Like many teachers, he will live on in his students.
Long live you!









Faculty of Health Sciences

Employment of Disabled Workers



Hira Nur YALÇIN

Social Work
Department
2nd Year Student

The greatest barrier is lack of love. Being disabled is not a hindrance. Disabled individuals are a reflection of our society.

Disability is a social phenomenon that emerges as a significant societal issue. Disabled individuals are those who, due to congenital or acquired reasons, have lost various degrees of their physical, mental, emotional, and social abilities, making it difficult for them to adapt to social life and meet their daily needs.

Historically, disabled individuals have been marginalized by society, seen as burdens by others, and consequently subjected to exclusion. The issues faced by disabled individuals throughout history have varied over time, with employment being a primary concern. As a result of this exclusion, disabled individuals often lead isolated lives, unable to discover their talents and thus become detached from society. Integrating disabled individuals into the workforce without discrimination is the most rational way to reintegrate them into society on equal terms. It has been scientifically proven that disabled individuals can be just as successful in their jobs as healthy individuals if provided with the same opportunities. Just as people need to earn an income to support themselves and their dependents, disabled individuals also need to enter the workforce to support themselves. Increasing the employment of disabled individuals would boost the national income level and increase the shares derived from it.

Working is not just an income-generating activity; it also helps individuals develop their personalities and reinforces their sense of self-confidence. Therefore, the full and active participation of disabled individuals in social life, gaining respect, and achieving a standard of living worthy of human dignity is ensured by recognizing and guaranteeing their right to work as a fundamental human right. This is supported by international human rights conventions as well as national constitutions and laws. Article 23 of the Universal Declaration of Human Rights, one of the important international agreements, states that everyone has the right to work, to free choice of employment, to just and favorable conditions of work, and to protection against unemployment.

The contract emphasizes that not only non-disabled individuals but also disabled individuals have the right to work. To enable disabled individuals to live independently with dignity, without being dependent on anyone, and to integrate into society free from prejudice, they must be included in the workforce. Work-life is challenging for everyone because it is demanding and requires effort; just as not all people can work with the same difficulty, disabled individuals should also work according to their abilities.



Methods used for the employment of disabled individuals can generally be examined under seven headings. These include sheltered workshops, personalized work methods, voluntary employment of disabled individuals by employers, home-based work, cooperative work methods, and employment in selected jobs exclusively for disabled individuals. Additionally, there are shortcomings and overlooked aspects in public spaces that need to be developed for the disabled. For example, public transportation vehicles should have technological features that allow disabled individuals to use them without assistance, and buildings should have staircases to facilitate easy movement. Specially designed vehicles for disabled individuals who wish to be drivers, improved blackboards for disabled teachers, and enhanced desks for students should be provided. We cannot reintegrate disabled individuals into society by pitying them; instead, we should understand them and help them become valuable members of society who benefit both their country and themselves.

Atatürk's empowering words for disabled individuals resonate strongly, especially on May 19th, Youth and Sports Day. Emphasizing that being disabled is not a barrier but a reflection of our society, Atatürk also stated that the greatest barrier is lack of love. Inspired by these words, successful athletes like Sümeyye Boyacı and Beytullah Eroğlu prove that excellence belongs to no single individual.



OUR GUEST OF THIS MONTH

Faculty of Health Sciences

Asst. Prof. Hatice Merve BAYRAM



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue.

1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?
To establish a society where every individual has equal rights and freedoms and where mutual respect and tolerance are the basis

2-Which of the inventions would you like to be the inventor of?
Internet

3-If you could witness any event in the past or future, which event would you choose?
I would choose October 29, 1923, when the Republic of Turkey was proclaimed

4-If you were to write a book, what would it be named?
Colors of Life

5-If they made a movie about your life, which actor/actress would you like to play you?
Emma Stone

6-What are the 5 words that best describe you?
Hardworking, reliable, helpful, analytical, creative

7-What kind of talent would you like to have?
Playing the violin

8-Who is your hero?
Mustafa Kemal Atatürk

9-Who is your favorite author?
José Saramago

10-What word would be the summary of the years you lived?
Work

Faculty of Health Sciences

DEPARTMENTS RECOMMENDING

OCCUPATIONAL THERAPY



Theatre : Island of the Lonely

Isle of Loners is a theatre classic written by Eugene O'Neill. The play is set in 1912 and is about a group of different people who come together on an island to escape from society. These people come to this island to escape from their past, to find themselves or to search for the meaning of their lives. However, as they come together, conflicts, emotional turmoil and tensions arise between them. In this play, where each character is analysed in depth, the complexity of human nature and the difficulties in people's relationships with each other come to the fore.

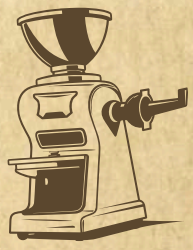
Island of Loners offers an emotionally intense theatre experience that delves deep into human nature. The psychological depth of the characters and the interactions between them lead the audience to think and empathise. In addition, Eugene O'Neill's masterful pen and the fact that the play is still fresh and impressive despite modernity make it an unforgettable theatre experience.

'Island of Loners' takes the audience on a journey of deep reflection on the complexity of human nature, while at the same time offering an emotionally and intellectually fulfilling experience.



Res. Asst. Hulya YAMAN





Res. Asst. Beyza Aslı BILSEL

TV SERIES : DARK



Dark is a German science fiction and thriller series. It centres on the chain of events that begins with the disappearance of children in a small German town called Winden. These disappearances reveal the secrets that lie deep within the town and reveal the complex relationships between time, past and future.



The series explores themes such as time travel, determinism and human relationships, while also depicting the characters' struggles with their own fate. Set in different periods in time, the stories take the viewer on a complex journey, and every detail of the events is interconnected like a fictional labyrinth.

Dark is notable for its gripping storytelling, complex character development and deep themes. It deals with philosophical themes such as the circularity of time and the inevitability of fate, while at the same time offering a thrilling suspense. The series also showcases Germany's cinematic aesthetic and storytelling finesse. If you are interested in the genres of time travel, mystery and science fiction, 'Dark' is a series that will draw you in and take you into the complex world of the characters.

ARTIST HANS ZIMMER



Hans Zimmer is a film music composer and producer, born on 12 September 1957 in Germany. He has won various awards in the field of film music for many years and has contributed unforgettable music to many successful films.

Zimmer stepped into the music world in the early 1980s, working with the German rock band The Buggles, and later started to compose film music. He made his first big break with the 1988 film 'Rain Man'. However, his real fame came in the 1990s when he composed the music for films such as 'The Dark Knight Trilogy' and 'Inception' by director Christopher Nolan. Zimmer's music is often characterised by its dramatic impact and perfect accompaniment to film scenes. He has also created a unique style by successfully blending electronic music with traditional orchestral music.

Zimmer has won many awards throughout his career. These include prestigious awards such as the Academy Award, Golden Globe, Grammy Award and BAFTA. He has also been honoured many times by the Hollywood Institute of Film Music as 'Film Music Composer of the Year'.

Hans Zimmer has left an important mark in the world of cinema not only with his musical talents but also with the deep emotion and atmosphere he brings to cinema. His works increase the emotional depth of films, enhance the audience's experience and make an unforgettable contribution to film scenes. Hans Zimmer has had a unique impact on the world of film music and his works have left a lasting mark on the history of cinema.

Click for one of his most popular scores.

Faculty of Health Sciences

DEVELOPMENTAL READING

ARIADNE

Prepared by: Rest. Asst. Ebru DURUSOY

Just as in the present day, even in the past and in myths, gender roles create a clear distinction between men and women. Jerome de Groot mentions that historical novels by men emphasize hegemonic masculinity, portraying men as clear, responsible, skilled, violent, social yet also warrior-like, honorable, and action-oriented. This is where Ariadne comes into play. For years, mythological hero stories have been told from the mouths of men, but Ariadne offers readers an empathetic glimpse behind the scenes of these stories. You can gain a different perspective by listening to the heroic tale of Theseus saving his people by killing the relentless monster Minotaur from the viewpoint of King Minos's daughters, Ariadne and her sister Phaedra.

The novel also strengthens its narrative by dealing with universal themes such as love, family, defiance against authoritarian figures, and self-discovery.

The author examines not only the strengths but also the shadow sides of mythological heroes. Ariadne can be described as a mythological fiction novel that ensures female characters, who are at the heart of one of the most famous Greek myths but overshadowed by male characters, regain their deserved recognition.



According to Farabi
The Effects of Musical Modes on Diseases

Faculty of Health Sciences

What's your favorite musical mode?



NEVA MODE
It is beneficial for the kidneys, spine, and hips. It alleviates sadness and brings pleasure.

İSFAHAN MODE
It has the property of protecting the body from febrile illnesses. It enhances intelligence and refreshes memories.

RAST MODE
It is effective for bones and the brain. It prevents excessive sleep. It helps in raising the pulse rate.

UŞŞAK MODE
It is beneficial for heart and foot ailments.

NİHAVENT MODE
It is effective for blood circulation, and the abdominal, hip, and leg areas. It is beneficial for muscle knots, lower back pain, and blood pressure issues.

IRAK MODE
It alleviates fear. It has a preventive effect on aggression and helps treat neurotic diseases.

ACEMAŞİRAN MODE
It inspires creativity and provides a sense of inspiration. It invigorates emotions and eases childbirth in women.

HÜSEYNİ MODE
It has a therapeutic effect on bones, the brain, and childhood diseases, and strong influence on the urogenital system and kidneys.



Faculty of Health Sciences

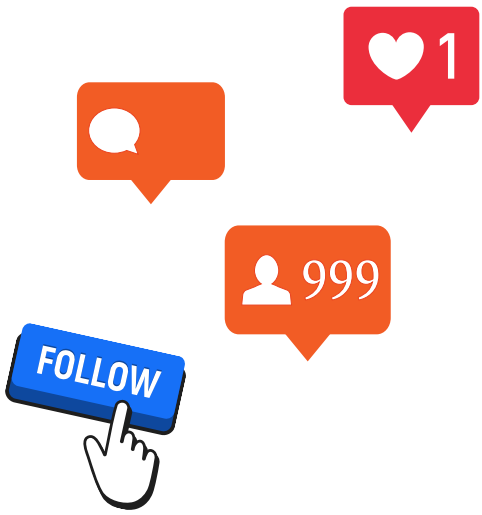
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İGÜ Sağlık Bilimleri Fakültesi



New News

Now you can send all your opinions, suggestions, news or articles to us at sbfbulten@gelisim.edu.tr.

Faculty of Health Sciences

MASTHEAD

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Dean of Faculty of Health Sciences

Asst. Prof. A. Yüksel BARUT

Vice Dean of Faculty of Health Sciences

Asst. Prof. Neşe KISKAÇ

Vice Dean of Faculty of Health Sciences

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Res. Asst. Simge Sude GERÇEKER

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