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ISTANBUL
GELISIM
UNIVERSITY



Faculty of
Fine Arts

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GASTRONOMY
JOURNEY



*HAPPY
NEW YEAR*

2025



THE SHORT FILM PROJECT AÇ AÇINA, PRODUCED
BY RESEARCH ASSISTANT EDA TRKAY FROM THE
FACULTY OF FINE ARTS (FFA) RADIO, TELEVISION,
AND CINEMA DEPARTMENT, WON THE BEST
EDITING AWARD AT THE 11TH INTERNATIONAL
UŐAK SHORT FILM FESTIVAL!





AQAS ACCREDITATION VISIT TOOK PLACE!

THE VISIT OF THE INTERNATIONAL HIGHER EDUCATION ACCREDITATION AGENCY AQAS TOOK PLACE BETWEEN 16-19 DECEMBER 2024! DURING THE VISIT WHERE THE INTERIOR ARCHITECTURE AND ENVIRONMENTAL DESIGN & INTERIOR ARCHITECTURE DEPARTMENTS OF ISTANBUL GELISIM UNIVERSITY (IGU), FACULTY OF FINE ARTS (FFA) WERE INSPECTED, THE MEETINGS ATTENDED BY THE AQAS COMMISSION AND DEPARTMENT FACULTY MEMBERS WERE SUCCESSFULLY COMPLETED.

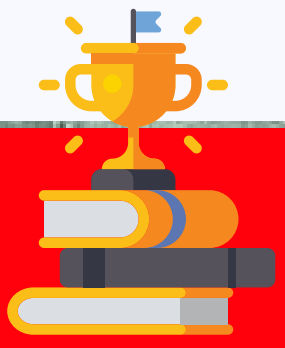


WE WOULD LIKE TO THANK ALL OUR ACADEMIC AND ADMINISTRATIVE STAFF WHO CONTRIBUTED TO THE SUCCESSFUL COMPLETION OF THE AQAS ACCREDITATION AUDIT AND WISH OUR FACULTY AND UNIVERSITY CONTINUED SUCCESS!



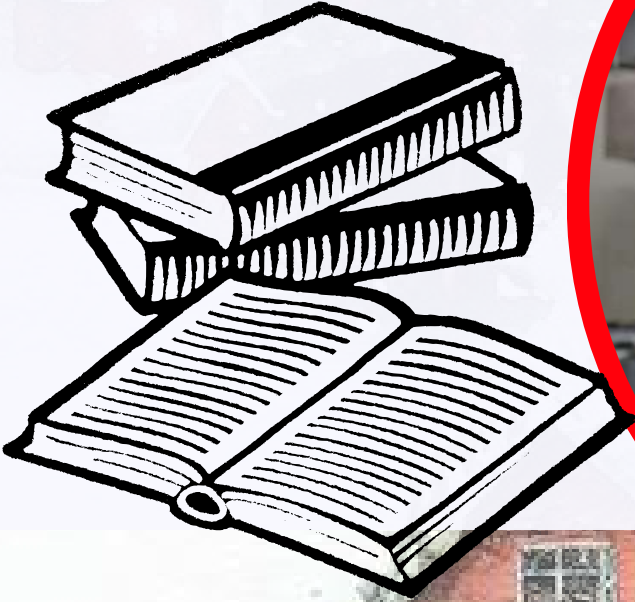


ACADEMIC SUCCESSES



ACADEMIC SUCCESSES

ASSOC. PROF. DR. MURAT DOĞAN HAS ACHIEVED ANOTHER SUCCESS BY OBTAINING HIS SECOND ASSOCIATE PROFESSORSHIP!



Associate Professor Murat Doğan, in the field of Tourism - Gastronomy and Culinary Arts in addition to Food Engineering. Murat Doğan, who received the title of Associate Professor in the field of Food Engineering in 2022, was entitled to receive the title of Associate Professor in the relevant field as a result of his studies in the field of Tourism - Gastronomy and Culinary Arts on August 26, 2024, in addition to his studies in food engineering.



SUCCESSORS



SUCSESSES

BEST EDITING AWARD TO RES. ASST. EDA TÜRKAY'S PROJECT!

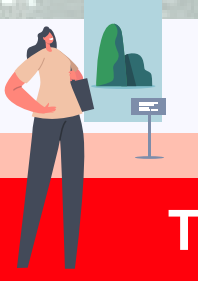
The short film project Aç Açına, produced by Res. Asst. Eda Trkay, won the Best Editing award at the 11th International Uşak Short Film Festival. Trkay thanked Ami Mor, who edited the film and made it worthy of this award.

We congratulate Res. Asst. Eda Trkay and Ami Mor and wish them continued success.



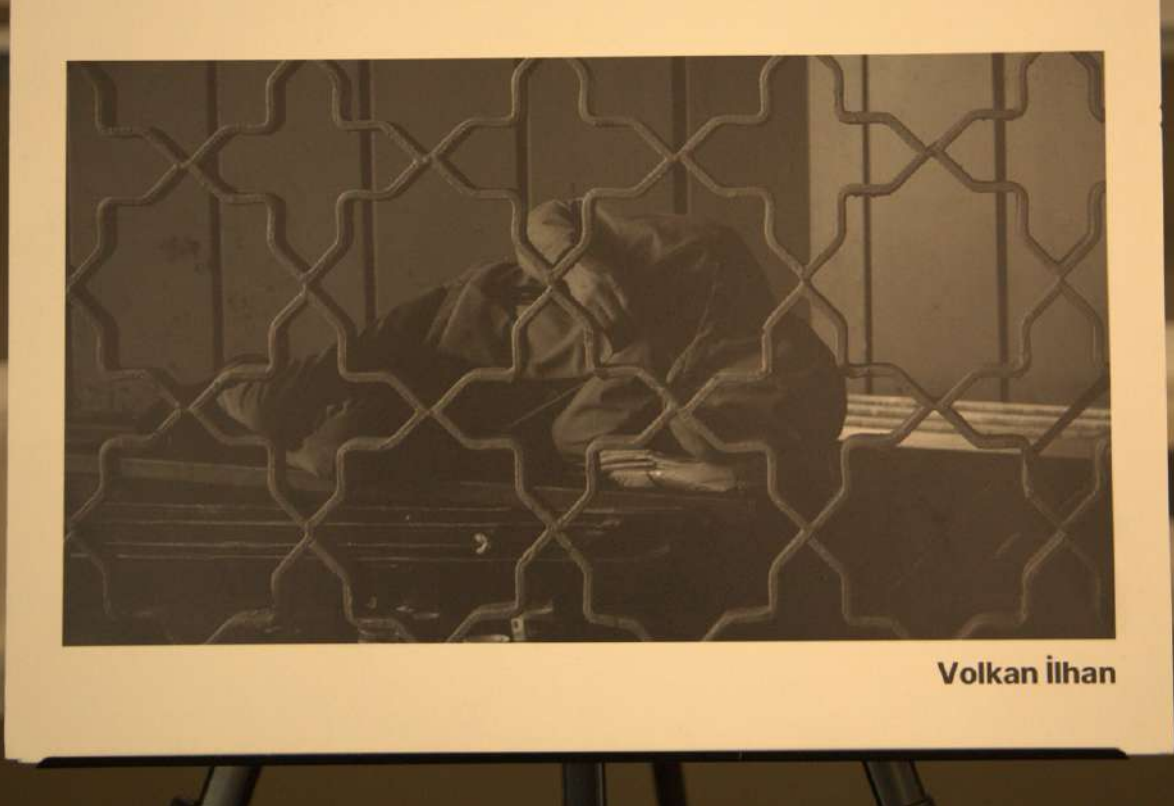


EXHIBITIONS



EXHIBITIONS

THE OPENING OF THE MIXED PHOTOGRAPHY EXHIBITION WAS HELD!



The opening of the mixed photography exhibition organized by Istanbul Gelişim University (IGU), Faculty of Fine Arts (FFA), Department of Radio, Television and Cinema took place.

The exhibition, curated by Assist. Prof. Ali Kemal Çipe, one of the academicians of the Radio, Television and Cinema Department, opened in the J Block foyer area.

We congratulate our students and wish them continued success.







Ahmet Tevhid Kuzu



Volkan İhan





SOCIAL RESPONSIBILITY

SOCIAL RESPONSIBILITY



THE GRAPHIC DESIGN DEPARTMENT AND BİEYDER ASSOCIATION ORGANIZED A POSTER EXHIBITION AND TALK EVENT TITLED "ACCESSIBLE ART" TO RAISE AWARENESS OF ACCESSIBILITY ISSUES.



İstanbul Gelisim University (IGU) Faculty of Fine Arts (FFA) Graphic Design Department hosted a meaningful event focusing on awareness and accessibility. Upon the invitation of Associate Professor Nuri Sezer, BİEYDER Secretary General, Ms. Aslıhan Volkan, met with 3rd-year students and delivered a talk titled “Awareness Begins with Language & Accessible Art.”

The event highlighted the transformative power of art on society and featured an inspiring discussion on the role of language and communication in fostering awareness and how art can be produced within an accessible framework.

Additionally, the Dean of the Faculty of Fine Arts, Prof. Dr. Güzin İlıcak, attended the event and made valuable contributions to the discussion. During the talk, Prof. Dr. Şükran Güzin İlıcak Aydınalp valued the "AI-Supported Audio-Described Poster Exhibition" created through collaborative efforts.

As an extension of this talk, the student poster exhibition opened by BİEYDER in Bilecik also attracted great attention. The exhibition not only provided students with an opportunity to reflect on the societal sensitivity and accessibility of art but also established a meaningful connection by offering a concrete visual expression of the main theme of the event.



SOSYAL SORUMLULUK



FIRST STAGE OF THE SOCIAL RESPONSIBILITY PROJECT 'AN EQUAL WORLD FOR ALL' WAS REALISED!



Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), Department of Gastronomy and Culinary Arts. Res. Assist. Ayşe Seray Engin from the Department of Gastronomy and Culinary Arts, Department of Interior Architecture and Environmental Design.

Res. Assist. Merve Karadaban and Res. Assist. Ezginaz Kara from the Department of Interior Architecture and Environmental Design, 'An Equal World for Everyone: Overcoming Barriers Together' was realised in the first stage of the social responsibility project. In the first stage of the project, the project team visited the 'Down Cafe' in Şişli district, where individuals with down syndrome, one of the disadvantaged groups of the society, work.





SOCIAL RESPONSIBILITY

THE SECOND STAGE OF THE SOCIAL RESPONSIBILITY PROJECT ON THE TRAIL OF HERITAGE HAS BEEN REALIZED!



The second phase of the social responsibility project “On the Trail of Heritage: Carrying the Cultural Richness of Istanbul to the Future with IGU”, in which Res. Asst. Emel Çirişoğlu from the Gastronomy and Culinary Arts Department, Res. Asst. Gökçe Uzgören from the Interior Architecture and Environmental Design Department, and Res. Asst. Eda Türkay from the Radio, Television and Cinema Department took part as executives, was carried out.

In the first stage, the project team carried out a technical tour where they examined the arcades in the Beyoğlu district of Istanbul, and in the second stage, they visited the buildings in Beyoğlu that had become museums.





SOCIAL RESPONSIBILITY

WOMEN INSPIRING DEVELOPMENT SOCIAL RESPONSIBILITY PROJECT “PURPLE ROOF TALK” WAS HELD!



The “Women Inspiring Development Social Responsibility Project: Interview with a Purple Roof Volunteer” event was held on November 27, 2024, in collaboration with Istanbul Gelişim University (IGÜ), Faculty of Fine Arts (FFA), Department of Interior Architecture and Department of Communication and Design. The unknown aspects of violence against women were discussed within the scope of the interview.





NEWS FROM FFA



GSF'DEN HABERLER

ISTANBUL GELİŞİM UNIVERSITY AQAS AT THE FACULTY OF FINE ARTS INSPECTIONS REALISED

Istanbul Gelisim University (IGU) Faculty of Fine Arts (GSF) underwent a comprehensive audit by the Germany-based Accreditation, Certification and Quality Assurance Agency (AQAS) between 16-19 December 2024.

The visit, during which the Faculty of Fine Arts (FFA), Interior Architecture and Environmental Design & Interior Architecture Departments were audited, started with meetings with AQAS representatives and a school tour on Tuesday, 17 December; and continued on Wednesday, 18 December with meetings with academic staff, students and external stakeholders of the departments regarding the audit process. On Thursday 19 December, the visit ended with the related meetings and the completion of the audits in the process.





NEWS FROM FFA

YOKAK AUDITS WERE CONDUCTED WITHIN THE SCOPE OF THE INSTITUTIONAL ACCREDITATION PROGRAM THROUGHOUT OUR UNIVERSITY



Higher Education Quality Board (YÖKAK) inspections were carried out within the scope of the Institutional Accreditation Program throughout Istanbul Gelişim University (IGU) between 25-27 November 2024. The inspection, which also included the Faculty of Fine Arts (FFA), was completed with a meeting with the Higher Education Quality Board (YÖKAK) representatives on Monday, November 25.







NEWS FROM FFA

**THE TALK TITLED "INDUSTRY 5.0 AND ARCHITECTURE"
ORGANIZED BY THE DEPARTMENT OF INTERIOR
ARCHITECTURE WAS HELD!**



The event organized by Istanbul Gelişim University (IGU), Faculty of Fine Arts (FFA), Department of Interior Architecture hosted Master Architect Sedat Katircioğlu. This event, organized specifically to discuss the effects of technology on architecture and design and to address the reflections of the Industry 5.0 concept on interior architecture, brought together interior architecture students and academics.





NEWS FROM FFA

THE THIRD “FOREST FLAVORS AND OPEN FIRE COOKING TECHNIQUES” EVENT WAS HELD!



The third “Forest Flavors” event, which was held in an applied manner on different cooking techniques outdoors, was organized at the Gastronomy and Culinary Arts Department of Istanbul Gelişim University (IGU) Faculty of Fine Arts (FFA)! The “Open Fire Cooking Techniques III” event was held in Lecturer Çağkan Güner’s “Cooking Techniques” class with the participation of Çağatay Mutlu and Murat Akay, founders of the “Forest Flavors” page.

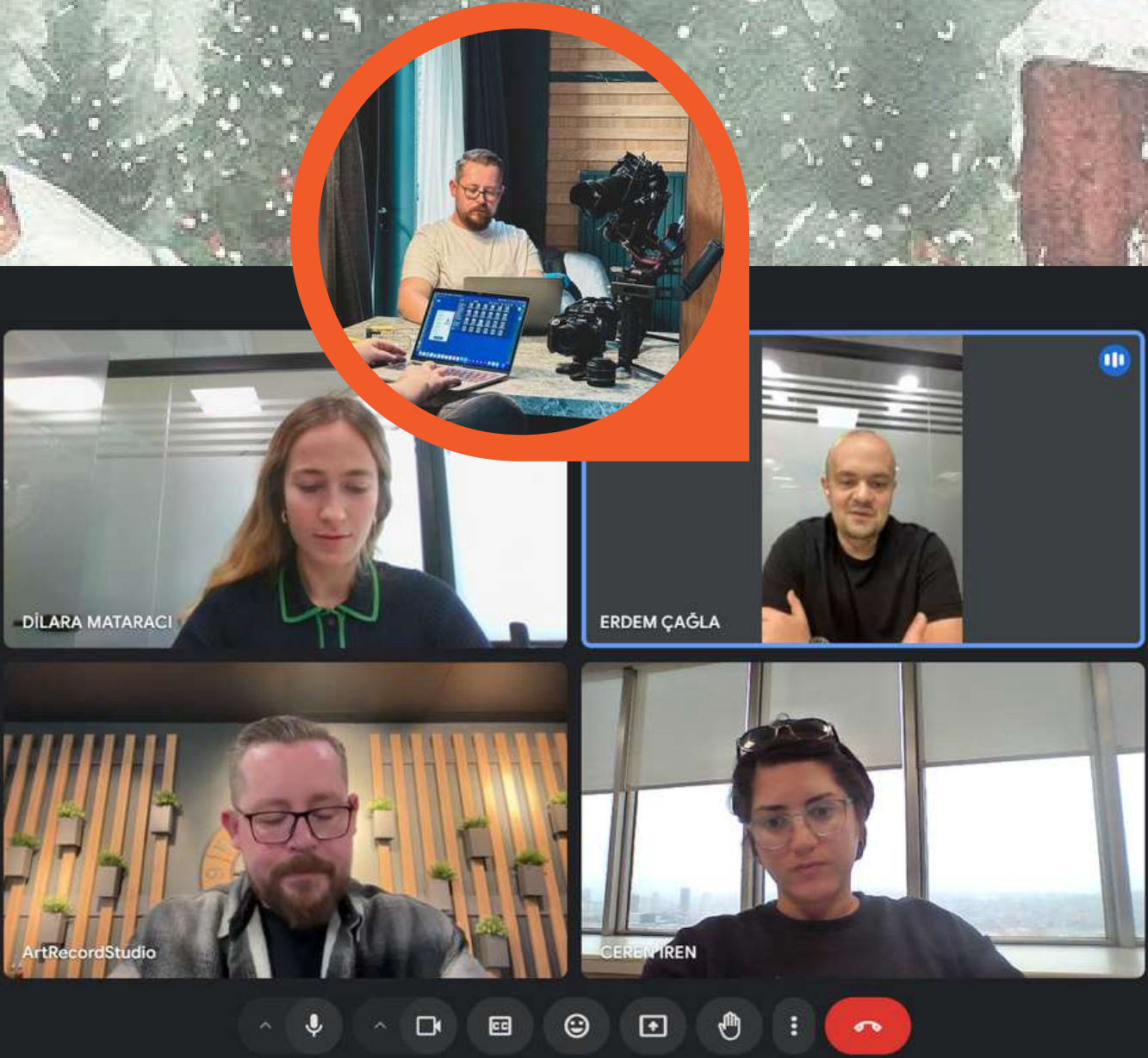






NEWS FROM FFA

BARBAROS KISKAÇ AND ARTRECORD STUDIO BECAME NEW EXTERNAL PARTNERS OF THE GRAPHIC DESIGN DEPARTMENT



Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), Department of Graphic Design welcomed its new external stakeholder with great pleasure in order to further strengthen its ties with the sector. Barbaros Kıskaç, one of the founding designers of Artrecord Studio, became the external stakeholder of the department by attending the meeting led by the Department Head Assist. Prof. Erdem Çağla.



RES. ASST. MERVE KARADABAN WAS A GUEST IN THE "MODELLING" COURSE!



Res. Asst. Merve Karadaban from the Department of Interior Architecture and Environmental Design, Faculty of Fine Arts, Istanbul Gelisim University, was invited as a "guest lecturer" by the instructors of the "ARC260 Modelling" course conducted at the Department of Architecture (English), Faculty of Architecture and Engineering, Istanbul Gelisim University, Assoc. Prof. Dr. İlke CİRİTCİ, Res. Asst. Burcu KORKUT, Res. Asst. Hazal TÜRKMEN YAZGAÇ on December 6, 2024.

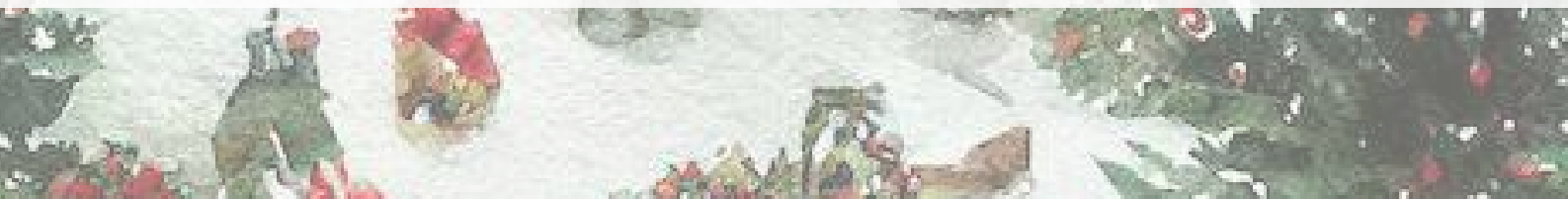




“FOOD’S STYLE ADVENTURE” EVENT HELD!



The Career Counseling Event organized by the Department of Gastronomy and Culinary Arts, Faculty of Fine Arts, Istanbul Gelisim University (IGU), in the 2024-2025 Fall Semester with the support of the Career Center was held on Tuesday, November 26 at 14:00 under the consultancy of Career Counselor Res. Asst. Ayşe Seray Engin. In this context, a practical workshop was organized with Food Stylist Simay Yilmaz, one of the former graduates of our department. Since the event was held in the student area on the 16th floor, it was open to all students.







RES. ASST. EDA TÜRKAY PARTICIPATED IN A TALK AT MİMAR SİNAN FINE ARTS HIGH SCHOOL



Eda Türkay, a research assistant at the Radio, Television and Cinema Department, participated in the talk held with students at the Cinema Department at Mimar Sinan Fine Arts High School with the short film project Aç Açına, which she produced. Türkay, who attended the film screening and the talk that followed, together with the film's director Ahmet Toğaç, answered students' questions.



NEWS FROM FFA



THE TALK EVENT TITLED “IAE DESIGN TALKS #3: HOW CAN I REALIZE MYSELF? ECOLOGICAL APPROACH AND SUSTAINABLE LIVING FOR INTERIOR ARCHITECTS” WAS HELD



The talk event titled "IAE Design Talks #3: How Can I Realize Myself? Ecological Approach and Sustainable Life for Interior Architects" organized by Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), Department of Interior Architecture and Environmental Design (Tr-Eng) was held on Wednesday, December 4, 2024, at 14:30, in K Blok Firnas Auditorium, with the participation of speaker Lecturer Ahmet Acar.





MEETING HELD WITH RTS DEPARTMENT AND EXTERNAL STAKEHOLDER SAHNEPORT!



Türkiye'nin Dijital Sahnesi

The meeting, chaired by Assist. Prof. Emre Doğan, Department Head, Assist. Prof. Rabiya Saltık, Res. Asst. Okan Kırbaç, Arda Yeniköylüoğlu, Orhan Kerem Kartal, Yaren Safa, Kerem Gökay, Melis Çevik from the Film Design Club and department representative Melek Kardelen Alim attended. The scope and terms of the cooperation between Sahneport and the Department of Radio, Television and Cinema were discussed at the meeting, where Sahneport founder Halim Ercan attended on behalf of Sahneport.

We would like to thank Mr. Halim Ercan for his participation and contributions.





SURPRISE BIRTHDAY CELEBRATION FROM IGU FACULTY OF FINE ARTS COMMUNICATION AND DESIGN DEPARTMENT

Istanbul Gelisim University, Faculty of Fine Arts, Department of Communication and Design organized a surprise birthday celebration for Department Head, Assist. Prof. Aslı Kasar. While Dr. Aslı Kasar was conveyed special wishes for her birthday, she also expressed her happiness for such a surprise and thanked her colleagues.

We wish Assist. Prof. Aslı Kasar health, happiness and success in her new age.



GREAT SUCCESS FROM THE GRAPHIC DESIGN DEPARTMENT: ASSIST. PROF. ERDEM ÇAĞLA'S DESIGNS INCLUDED IN THE TEXTBOOK



The original designs of Assist. Prof. Erdem Çağla from the Graphic Design Department of Istanbul Gelişim University (IGU), Faculty of Fine Arts (FFA) were included as examples in the graphic design textbook prepared by the Ministry of National Education for 11th grade students. The textbook offers rich content that aims to effectively convey the basic elements of graphic design, and its author team includes Nergül Gevrek, Öznur Vurmaz and Turgut Demir.



Görsel 4.85. Kurumsal kimlik
Erdem Çağla



Görsel 5.25. İsimsiz, dijital baskı,
Erdem Çağla, 30x40 cm, 2023

5) Di
Günü
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NEW AND INNOVATIVE LESSONS FOR STUDENTS FROM THE DEPARTMENT OF COMMUNICATION AND DESIGN



Istanbul Gelisim University, Faculty of Fine Arts, Department of Communication and Design is expanding its education program by offering new and innovative courses to its students. As of 2024, 11 new courses added to the curriculum aim to increase students' competitive advantage in the sector by providing them with skills such as creative thinking, media analysis and data processing.

For more information and to register for these courses, you can contact the faculty members of the Department of Communication and Design.





VOICE-OVER WORKSHOP HELD AS PART OF WEDNESDAY WORKSHOPS!



Within the scope of the Wednesday Workshops event series organized by Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), Department of Radio, Television and Cinema, a Voiceover Workshop was held with the participation of voiceover artist Elif Yılmaz. We would like to thank Elif Yılmaz for her participation and sharing her valuable information with us.





FESTIVALS

**SUSTAINABILITY THROUGH THE POWER OF
CINEMA: INTERNATIONAL SUSTAINABILITY
SHORT FILM FESTIVAL ENDS WITH A
MAGNIFICENT GALA**



The International Sustainability Short Film Festival, organized for the first time in collaboration with Istanbul Gelişim University Public Relations and Promotion Directorate and the Faculty of Fine Arts, was held between November 27-29, 2024. The festival ended with a magnificent gala after an intensive three-day program. The event, which aims to draw attention to the sustainable development goals of the United Nations by using the power of cinema, provided young filmmakers with an important platform to express themselves. Awards were given in high school and international categories at the festival.





THE 11TH INTERNATIONAL UŞAK SHORT FILM FESTIVAL TOOK PLACE!



The 11th International Uşak Short Film Festival, supported by Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), directed by Assist. Prof. Emre Doğan, Department Head of Radio, Television and Cinema Department, and organized within the Apart Art Association, an external stakeholder of the department, took place with a full program at the Kadıköy Barış Manço Culture Center on December 14-15, 2024.

Radio, Television and Cinema Department students took part in the festival's shooting and organization teams.





SCIENTIFIC STUDIES



SCIENTIFIC STUDIES

RES. ASST. EZGİNAZ KARA'S FULL TEXT STUDY PUBLISHED
IN THE BOOK OF THE 2ND NATIONAL INTERIOR
ARCHITECTURE CRITICAL APPROACHES SYMPOSIUM!

İçmeys II

TASARIM EĞİTİMİ

II. iç mimarlık eleştirel yaklaşımlar sempozyumu

16-17 Mayıs 2024

Sempozyum Bilim Kurulu

Prof. Dr. M. Gül AKDENİZ (Bireni Üni.)
Prof. Dr. Ömer ALTAN
Prof. Dr. Banu ARAYDIN
Prof. Dr. Osman ARAYICI (MSGSÜ)
Prof. Dr. Burçin Cenn ARABACIOĞLU (MSGSÜ)
Prof. Dr. Didem BAS (Tuluya Üniversitesi)
Prof. Dr. Cengiz BERRON (Nisantasi Üniversitesi)
Prof. Dr. Özge CORDAN (İTÜ)
Prof. Dr. Ervin GABİR (İTÜ)
Prof. Dr. Nâzır EVCEL (Beykent Ü.)
Prof. Dr. İpek FİTÖZ (MSGSÜ)
Prof. Dr. Deniz Ayşe KANOĞLU (A. Kerkibar Üni.)
Prof. Dr. Umut TUĞLU KARSI (İstanbul Üni.)
Prof. Dr. Rabia KOŞE DOĞAN (Saklık Üni.)
Prof. Dr. Önder KÜÇÜKEMAN (Halic Ü.)
Prof. Dr. Özkan Kaya ÖZTÜRK (MSGSÜ)
Prof. Dr. Fırat SEÇER KARİFTAS (Halic Ü.)
Prof. Dr. Sevil SATIR (İSAMU)
Prof. Dr. A. Selhan Yalçın USAL (Maltepe Ü.)
Prof. Dr. Nurgün YENER
Prof. Dr. Mualla YILDIZ (İSAMU)
Doç. Dr. Damla ALTUNCU (MSGSÜ)
Doç. Dr. Sazdet AYTIŞ (MSGSÜ)
Doç. Dr. Zeynep ÇABUK (MSGSÜ)
Doç. Dr. Özge ÇAKIR KASIF (Halic Üni.)
Doç. Dr. Aysegül DURUKAN (Akdeniz Üni.)
Doç. Dr. Selman ERTAS BEŞİR (Akdeniz Üni.)
Doç. Dr. Özge İLAHİDOĞU (İTÜ)
Doç. Dr. I. Ezra KAVUT (MSGSÜ)
Doç. Dr. Güler KOCA (İsk Üni.)
Doç. Dr. Esin SARIMAN ÖZEN (MSGSÜ)
Doç. Dr. Saliha SABANCI (İSAMU)
Doç. Dr. Eda SÖNMEZ (Nisantasi Üni.)
Doç. Dr. Tülay ÖZDEMİR CANBOLAT (Çukurova Üni.)
Doç. Dr. Serpil ÖZDER (İsk Üni.)
Doç. Dr. Handan ÖZSÖKÜNTÜ KASAP (Maltepe Üni.)
Doç. Dr. Fatih UŞ (İOMU)
Doç. Dr. Bilge YARABEL DOĞAN (İstinye Ü.)
Doç. Dr. Nevrihan ŞAHİN YILDIZ (Çedik Üni.)
Dr. Öğr. Üye. Onurcan AĞAYRAK (İSAMU)
Dr. Öğr. Üye. Hande ALTINOK KAYARA (MSGSÜ)
Dr. Öğr. Üye. Emrah ÇOBANOĞLU (Halic Üni.)
Dr. Öğr. Üye. Zilide EDİRNE (Halic Üni.)
Dr. Öğr. Üye. Arzu ERCETİN (İTÜ)
Dr. Öğr. Üye. Zeynep FIRAT EREN (Halic Üni.)
Dr. Öğr. Üye. Gülşah KARYAĞDI (Beykent Üni.)
Dr. Öğr. Üye. Hayal MERİÇ (Arel Üni.)
Dr. Öğr. Üye. Banu ÖZKAZANCI (İstinye Üni.)
Dr. Öğr. Üye. Eda SEÇİRCİ (Halic Üni.)
Dr. Öğr. Üye. Arslan SÖĞÜT (MSGSÜ)
Dr. Öğr. Üye. Anday TÜRKMEN (Çedik Üni.)
Dr. Öğr. Üye. Selin ÜST (Özyeğin Üni.)
Dr. Öğr. Üye. Başak YARDIMCI YURTTAS (Bireni Üni.)

Sempozyum Düzenleme Kurulu

Prof. Dr. Fırat SEÇER KARİFTAS (Sempozyum Başkanı)
Dr. Öğr. Üye. Fatma Ceylan GÜNEY YÜKSEL
Dr. Öğr. Üye. Sena YUMAZ
Dr. Öğr. Üye. Başak ÖZAYDINÇAT
Dr. Öğr. Üye. Umut ÖZBEK
Dr. Öğr. Üye. Ayşe Gülsen URAL
Dr. Öğr. Üye. Mustafa Kemal YURTTAS
Öğr. Gör. Selçuk BAYIR AYDIN
Öğr. Gör. Sevin DİRİHAN
Öğr. Gör. Esen SEYMEN
Öğr. Gör. Burçin Fatma TUNÇ EDİR
Ar. Gör. Burak ÇOKRİKCI
Ar. Gör. Çan ERİBOL



Res. Asst. Ezginaz Kara, a faculty member of the Department of Interior Architecture and Environmental Design, presented her paper titled “The Impact of Sustainability on Interior Design” at the 2nd Interior Architecture Critical Approaches Symposium on May 17, 2024, between 11:30 and 12:30. The relevant study was edited after the presentation and published in the 2nd National Interior Architecture Critical Approaches Symposium Book in full text format on pages 169-179.

We congratulate Res. Asst. Ezginaz Kara and wish her continued success.



SCIENTIFIC STUDIES

**THE ABSTRACT BOOK OF THE INTERNATIONAL
SHORT FILM, VIDEO AND PHOTOGRAPHY
SYMPOSIUM HAS BEEN PUBLISHED!**

**uluslararası
kısa film
video ve
fotoğraf
sempozyumu**

**international
short film
video and
photography
symposium**

BİLDİRİ ÖZETİ KİTAPÇIĞI

19-20-21 Ekim 2023

ABSTRACT BOOKLET

19-20-21 October 2023



The abstract book of the International Short Film, Video and Photography Symposium organized by Istanbul Gelişim University (IGU), Faculty of Fine Arts (FFA), Department of Radio, Television and Cinema and its external partner Apart Art Association has been published.

The booklet also includes abstracts of papers by Eda Türkay and Okan Kırbacı, research assistants at the Radio, Television and Cinema Department.



SCIENTIFIC STUDIES

ASSIST. PROF. ASLI KASAR'S BOOK CHAPTER HAS BEEN PUBLISHED!



The book chapter of Dr. Aslı Kasar, Head of the Department of Communication and Design at the Faculty of Fine Arts at Istanbul Gelisim University, titled "Human Relations Theory and Communication From the Perspective of Sustainable Development (Elton Mayo)" was included in the book titled "Integrating Organizational Theories With Sustainable Development." This important work was published by IGI Global in December.

We congratulate Assist. Prof. Aslı Kasar for this international success and wish her continued success in her work.



SCIENTIFIC STUDIES

A NEW ARTICLE BY ASSIST. PROF. EMRE DOĞAN!



The article titled “Defense of Modernity and Enmity of Postmodernity in the Cinema of Christopher Nolan: The Tenet Example” by Assist. Prof. Emre Doğan, Department Head of the Radio, Television and Cinema Department, was published in the Electronic Journal of the Faculty of Communication of İnönü University.

We congratulate Assist. Prof. Emre Doğan and wish him continued success.



NEW PRESENTATION FROM LECTURER MUHAMMED SAİD ERDEMONAR!



Muhammed Said Erdemonar, Lecturer at the Department of Interior Architecture, Faculty of Fine Arts, Istanbul Gelisim University (IGU), made his presentation titled “Marble Waste & Building Cycle” on the Metametrik Youtube channel on November 20, 2024.

Mermer Atıkları & Yapı Döngüsü | Muhammed Said Erdemonar: Metametrik Çarşamba Buluşmaları 220

MERMER ATIKLARININ YAPIDA YAŞAM DÖNGÜSÜ KAPSAMINDA DEĞERLENDİRİLMESİ

Muhammed Said ERDEMONAR





SCIENTIFIC STUDIES

RESEARCH ASSISTANT EZGİNAZ KARA GAVE A PAPER PRESENTATION AT THE 13TH POSTGRADUATE STUDIES CONGRESS!



Istanbul Gelisim University (IGU) Faculty of Fine Arts (FFA) Department of Interior Architecture and Environmental Design Res. Asst. Ezginaz Kara attracted attention with her study titled "Social Housing Projects and Design Criticism in Turkey: A Study on the Example of Ankara KuzeyKent TOKİ Project" at the 13th Turkey Postgraduate Studies Congress.

We congratulate our Research Assistant Ezginaz Kara and wish her continued success.



ARTISTIC ACTIVITIES



HENRY FANTIN-LATOURE (1836–1904)



He is a French painter and engraver. He is known especially for his works in the fields of still life and portrait. He received a traditional French art education and there are traces of the impressionist movement of the period in his works. He worked in a more academic style. Fantin-Latour is especially notable for his detailed and elegant still lifes, vibrant colors and use of light. A deep aesthetic understanding and realism come to the fore in his works. He is also known for his friendships with many important artists in the art world, especially Édouard Manet and Charles Baudelaire.





NORTHERN BREEZE: RESA SEFFA PARK'S "SPACES" ALBUM



Resa Saffa Park is a Norwegian singer, songwriter, and actress. Her music often combines elements of jazz, folk, and indie-pop. With her unique vocal style and emotional depth, she offers listeners an intimate musical experience. Her songs often feature personal stories and themes. Resa Saffa Park is also known for her acting career. She gained attention for her performance in the Norwegian science fiction series "Beforeigners". However, her musical career stands out as an important part of her artistic expression.

Resa Saffa Park is a Norwegian singer-songwriter who has released various albums, EPs, and singles throughout her musical career. She has created a unique style by blending jazz, indie, and folk elements in her music. "God Is Drunk" (2018): Resa Saffa Park's debut album represents the beginning of her musical journey. The album showcases the artist's emotional depth and lyrical talents. "Spaces" (2022): This album stands out with minimalist arrangements and jazz-inspired vocals. Her songs deal with themes of melancholy, freedom, and inner journey. The album reflects Resa Saffa Park's maturing musical identity. "Madness. Let me in!" (2023): This is the artist's newest album, consisting of 7 songs and lasting 22 minutes in total. The tracks on the album include "Maintenance So High", "Kids Lack Rock 'n' Roll", and "Heavy".

"Dumb and Numb" EP (2020): This EP highlights Resa Saffa Park's emotional narrative and vocal talents. "Sassy" (2018): This single reflects the artist's energetic and original style. "Dandelions" (2021): This single showcases Resa Saffa Park's lyrical depth and melodic talents. "Heavy" (2023): Also featured on the album "Madness. Let me in!", this song draws attention with its powerful vocal performance. "Beni Vur" (2024): Released in Turkish, this single shows the artist incorporating different cultural influences into her music.

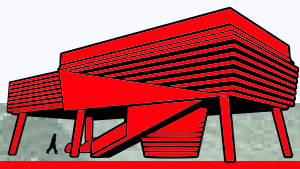
Resa Saffa Park's first major musical effort, "Spaces", is one of the most important milestones in her musical journey. This album represents the artist's efforts to transform her personal stories and emotional depth into a musical form. The album stands out with its minimalist arrangements and jazz-inspired vocals. Her songs deal with themes of melancholy, freedom and inner journey. "Spaces" was a platform where Resa Saffa Park showcased her talents as both a songwriter and a vocalist. The tracks on the album were crafted with emotional finesse and managed to create an intimate atmosphere.

Among the standout songs on the "Spaces" album:

- "Dandelions": Showcasing fragile beauty and a powerful vocal performance, this track sets the emotional tone for the album.
- "Heartbreak Serenade": This song, which describes the traces of an emotional breakup, draws attention with its simple arrangement.
- "Call My Name": The more upbeat and hopeful track of the album.

Overall, the album offers an impressive listening experience for listeners looking for deep emotion and atmospheric narrative. It is a work that highlights Resa Saffa Park's talents as both an artist and a storyteller.





FUNCTIONAL AND MINIMAL: EAMES HOUSE



The Eames House, also known as Case Study House No. 8, was designed and built in 1949 by renowned designers Charles and Ray Eames. Located in the Pacific Palisades region of California, this house is a striking example of the simple and functional design principles of modern architecture. Built as part of the "Case Study Houses" program, one of the pioneering movements of the period in American architecture, the structure showcases the innovative use of prefabricated materials and how minimalism can be combined with a modern lifestyle.

"Transparent, minimal, functional..."

The design of the Eames House draws attention with its harmony with its surroundings and its functionality. This structure, which the designers used for living and working, is located on the slope of a steep hill, among eucalyptus trees. The house, built using steel beams and prefabricated panels, has an open plan layout. The wide glass facades bring the view of the outside environment to the interior, while allowing the space to be illuminated with natural light. In the interior, simple furniture, personal objects of the designers and artistic touches ensure that the house offers a warm and friendly atmosphere.

Today, the Eames House is considered one of the most important structures of modern architecture and is a source of inspiration for students of design and architecture alike. Added to the U.S. National Register of Historic Places in 2004, the house is now open to the public as a museum, welcoming visitors who want to explore the Eames design legacy. The Eames House is a masterpiece that demonstrates that architecture is not only aesthetic, but also a tool to make life more functional and enjoyable.





WE CHOSE A MOVIE!

AUTHOR: RES. ASST. EDA TURKAY

2046 (WONG KAR-WAI, 2004)

2046, a romantic drama film directed by Wong Kar-wai and co-produced by China, Germany, France and Hong Kong, also contains elements of science fiction. A sequel to the director's 2000 film *In the Mood for Love*, 2046 tells the love story of two characters, Mr. Chow and Ms. Chan.

Mr. Chow is presented to the audience as having undergone a serious character transformation between *Love Time* and 2046. Mr. Chow, who plays the gentlemanly lover role in *Love Time*, has returned from Singapore, where he went in the finale of the film, in 2046. The time he spent in Singapore has changed Mr. Chow in the exact opposite direction, turning him into someone who is distant from love and living a profligate life. In this sense, 2046, which can be used as a lesson for a character narrative, achieves a significant success by being shaped by techniques that support this narrative - such as the transmission of the story through a narrator. 2046 is both the name of the novel written by Mr. Chow and the period in which the story in the novel takes place, as well as a room number where Mr. Chow carries his story from *Love Time* to the present.

Wong Kar-wai's 2046, in which he combines three-dimensional character structures, social background and elements specific to different genres in a single narrative, is a production that should not be missed as an example of successful screenwriting and directing.

Tag:
Director: Wong Kar-wai Producer: Wong Kar-wai, Amedeo Pagani, Marc Sillam, Eric Heumann Writer: Wong Kar-wai Cast: Tony Leung Chiu-wai, Faye Wong, Gong Li, Takuya Kimura, Zhang Ziyi, Carina Lau, Chang Chen





BENDENİZ

Stage Passport, Tragedy & Drama, Black Comedy, One Act / 80 minutes



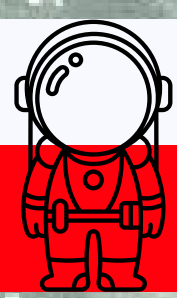
Team Written by: Ayça Bildik
Directed by: Hakan Emre Ünal
Assistant Director: Nadire Eda Kavak
Motion Design: Gizem Bilgen
Music: Eylül Kavak Öz, Mustafa Öz
Poster Design: Ethem Onur Bilgiç
Lighting Design: Alev Topal
Cast: Ayça Bildik
Production Assistant: Zeynep Engin, Onur Can Kaplan
Assistants: Ceyda Cihan

"If you ride a bike, you won't be afraid of falling, Deniz."

If you went to watch the Bendeniz Giray Show these days, you are likely to encounter a surprise. But don't worry, there is something better instead: BenDeniz Show. BenDeniz Show contains plenty of trauma, escape, experiences from office life, memories from workshops that are the key to individual salvation, and much more.

Written by Ayça Bildik and starring in the leading role; directed by Hakan Emre Ünal, whom we know from the play What's This Yusuf Umut'un Hali, we witness the trauma caused by Deniz's brother's unexpected death at a young age spreading to every stage of her life and what Deniz goes through during this struggle in the form of a tragicomic one-person show. Deniz, who thinks that running away from the city she lives in, her family, and even herself will end her trauma, seeks individual salvation in the workshops she attends, but after a while, the workshops turn into addiction and she eventually quits her job and establishes her own workshop, turning the workshops into her job. Things don't go as she wants in the workshops and she finds a solution by organizing a support night for the workshop and inviting Giray Altınok, but she is left halfway through and the stage is left to her, and with a moment of courage, she tells and tells...

Enjoy watching!



ACTUARIAL EXPERT



Actuaries or actuaries are a professional group that evaluates current risks related to insurance, finance, etc. They deal with situations that affect life, such as death, disability, accident, injury, illness, retirement, as well as unforeseen situations that affect property, such as earthquakes, floods, fires, etc., and the financial risk results that arise from these natural disasters. They benefit from disciplines such as mathematics, statistics, and economics during these evaluations.

In short, actuaries or actuarial experts are people who make financial risk assessments, develop solutions, and analyze the long-term consequences of these solutions. As a result of the risk analysis they conduct, they ensure that steps are taken to prevent or minimize possible financial losses.





WHAT'S IN THE CITY?

CONTENT: RES. ASST. EMEL ÇIRIŞOĞLU

JANUARY EVENTS

1. Conference Name: "Solo Botter: Komet"

Location: Casa Botter, Beyoglu

Date: Until January 12, 2025

Website: [click here](#)



The exhibition offers a wide range of selections, from the political figure paintings that Komet, who passed away in 2022, produced since the 1960s to his minimalist "alto modern" works. While Komet oscillates between reality and fantasy, seriousness and absurdity in his paintings, he also presents an interdisciplinary language that questions the norms of modern life thanks to the deep connections he establishes with literature and philosophy.

2. Exhibition Name: "All The Good Memories Are Stored"

Location: Anna Laudel Istanbul, Beyoğlu **Date:** Until January 12, 2025

Website: [click here](#)

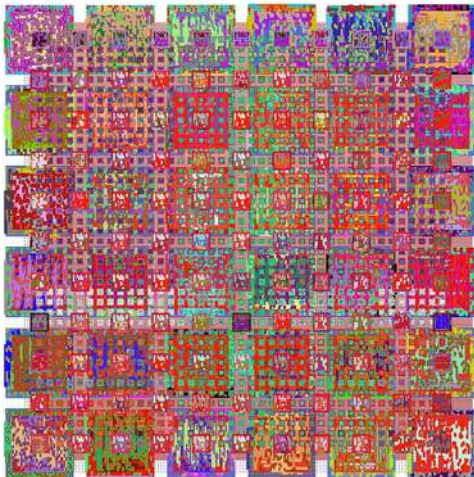


Ramazan Can and Cem Sonel's thought-provoking exhibition showcases the masterful integration of seemingly disparate materials, from woven carpets and concrete to neon and LED installations. This eclectic mix acts as a conduit to reflect on and challenge the fluidity of time and memory in today's ever-changing world. The interplay of digital LED elements with traditional woven textiles offers a contemporary reinterpretation of cultural motifs, seamlessly merging personal memories with collective memory.

3. Exhibition Name: "In the Footsteps of Vera Molnár"

Location: Pera Museum **Date:** Until January 26, 2025

Website: [click here](#)



About the Exhibition: The exhibition "In the Footsteps of Vera Molnár" focuses on the works of computer art pioneer Vera Molnár and the works of 16 contemporary artists inspired by her. Molnár was a pioneer of digital art who produced systematic images using algorithms. The exhibition brings together works by artists who adopted her methods and visual language.



INTERVIEWS



WE HAD AN INTERVIEW WITH LECTURER SERENAY İNCEOĞLU ABOUT HER ACADEMIC LIFE!

Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA), Interior Architecture and Environmental Design (Eng.) Program Lecturer Serenay İnCEOğlu answered our questions about her career and research areas:

1. First of all, can you introduce yourself and tell us about your education?

First of all, hello, after completing my undergraduate education in Architecture at Istanbul Aydın University, I decided to do a master's degree in the same field. Throughout my education, I focused on architecture and cinema, spatial psychology and the transformation of space throughout history. I studied architecture and art history during my undergraduate studies and this study gave me an important perspective in the process of deciding which branch of architecture I would focus on in my academic life. I aim to use the knowledge and experiences I gained during my education to guide my academic career.



2. What topic did you focus on in your master's thesis and how did you choose this topic?

During my master's degree, I completed my thesis "Analysis of a director at the intersection of architecture and cinema: Wes Anderson". The process of choosing this topic began with the addition of film analysis courses to the foundation of my undergraduate architecture and art history courses, in line with my already great interest in cinema.

Architecture and cinema establish a strong relationship through spatial design. Cinema creates an emotional and visual world by using spaces in the telling of the story.

This situation made me think deeply in an academic sense and provided me with an important opportunity to see the gaps in the literature. In addition, the fact that studies in the cinema-architecture section have not yet become widespread in our country also encouraged me to write my thesis in this field.

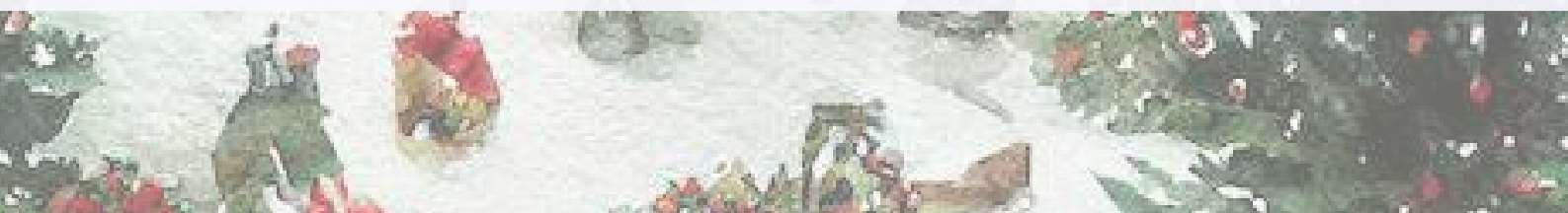
3. What are the sources or theoretical frameworks that inspire you the most when shaping your academic work?

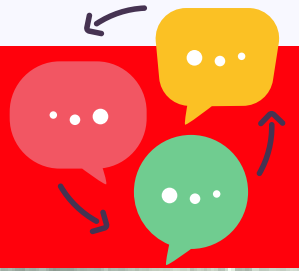
In my academic studies, I generally tried to focus on spatial psychology, perception, readability and architectural history, and Early Republican architecture. In particular, the work of my professors at Mimar Sinan Fine Arts University, where I completed my master's degree, greatly shaped my approach to the subject. These theoretical frameworks allowed me to conduct my analyses and analyses more deeply.



4. In which areas do you plan to deepen your academic studies in the future?

In the future, I plan to conduct more in-depth studies, especially on space-city-psychology. Research in this field has an important place in terms of both scientific and social contributions. In addition, in my ongoing doctoral process, I aim to conduct studies on space that unites architecture and other art disciplines on a common ground and to carry this field further. In this process, I aim to conduct more comprehensive research with an interdisciplinary perspective by establishing various academic collaborations. In this way, I hope to contribute to both the academy and my students.





WE INTERVIEWED OUR STUDENT ZEYNEP ÖZTÜRK ABOUT HER EDUCATION LIFE AND ERASMUS PROCESS!

Zeynep Öztürk, a fourth-year student at the Department of Interior Architecture and Environmental Design, Faculty of Fine Arts, Istanbul Gelisim University (IGU), answered our questions about her education and the Erasmus process:



1. Hello, thank you for accepting the interview offer. First of all, can you tell us a little bit about yourself?

I'm Zeynep, a fourth-year student of Interior Architecture and Environmental Design. I'm originally from Trabzon, Of, but I was born and raised in Istanbul.

2. What made you choose the Department of Interior Architecture and Environmental Design?

I have been interested in art since my childhood and wanted a place where I could show my creative side and reflect myself. As someone with high aesthetic concerns, the negativities in the places I entered were affecting my mood. At this point, I aimed to create places that were good for people's inner world and to bring art and architecture together on a common ground. There was no other department on my list of preferences, I am quite happy with my choice.

3. Which country and university did you go to? What are the main reasons why you chose this country?

I chose Kielce University of Technology in Poland. I wanted to be in a country where I could easily visit other countries in Europe geopolitically. At the same time, since the university I chose was a technical university, I made my choice considering that it would be beneficial for me academically.



4. What are the most important gains you hope to achieve during the Erasmus process, academically, culturally or personally?

I wanted to improve my English, which I learned mostly in theory in academic terms, in practice and experience producing architectural projects in a different language in a different country. I thought that getting to know different cultures and living my life on my own outside of my comfort zone would contribute to my personal development. The process went as I expected and I had an experience beyond my expectations.

5. What were the difficulties you faced during the preparation process and how did you overcome these difficulties?

I think the most difficult part of the Erasmus process was finding a visa appointment. Unfortunately, I did not have a personal solution for this. I was able to find a visa appointment very late, I constantly checked the system and fortunately it did not cause any problems in terms of the process.

6. How do you plan to use the experiences you gained in your future career or personal life after your return from Erasmus?

I think that my English, which I improved by speaking to my teachers and friends during the Erasmus process, will have a positive impact on my career. In my personal life, I have seen countries at the age of twenty that I would have seen at the age of thirty, and this has expanded my horizons incredibly. The people I have met and seen have allowed me to look at the world from a different perspective.



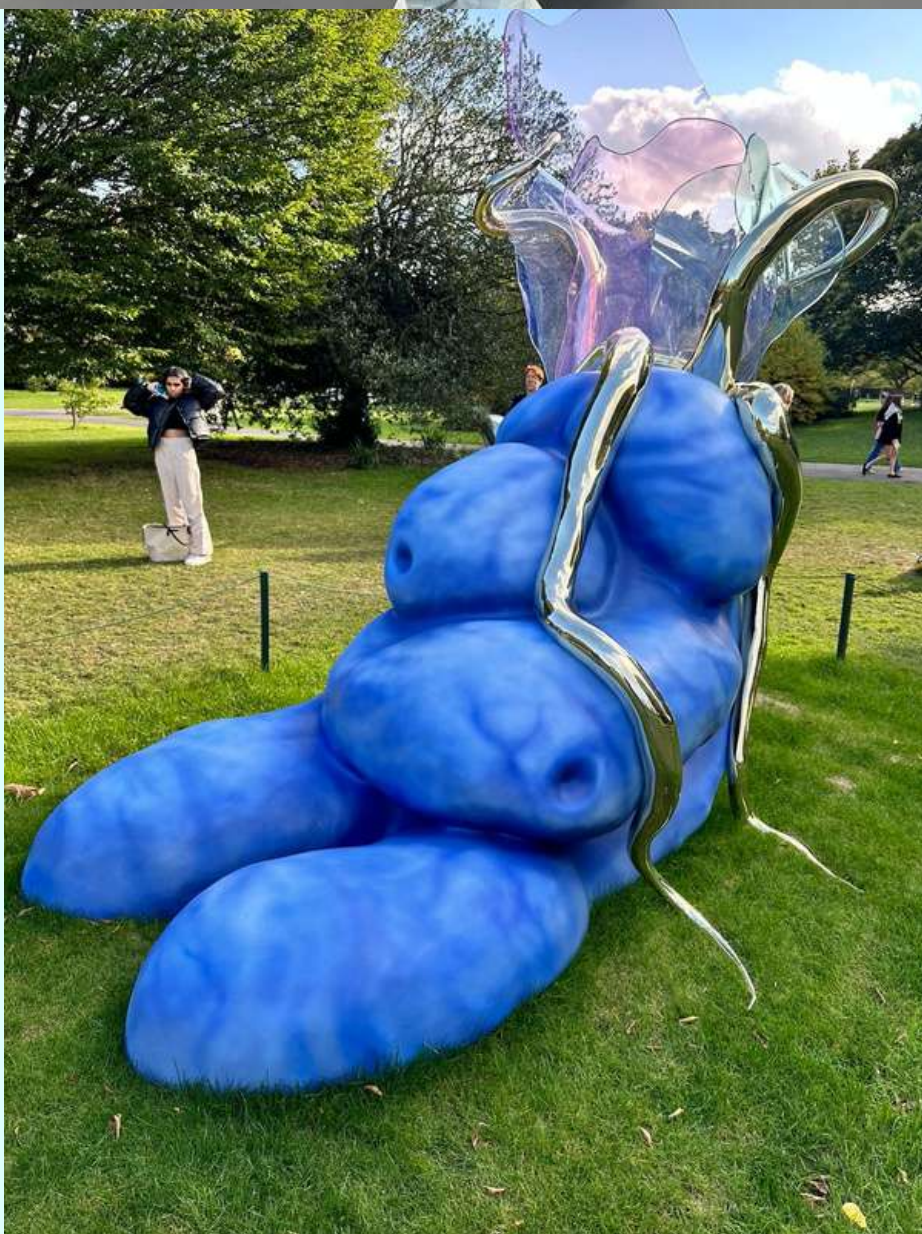
CULTURAL JOURNEY



ON FRIEZE LONDON 2024 ART FAIR...



Frieze London 2024 art fair opened on October 9th in specially prepared venues for the fair in London's Regents Park and will be a meeting point for art lovers and collectors with world art until October 13th, 2024. Works from galleries from England and around the world are exhibited here consistently every year. This art fair is also visited by the managements and authorities of the art world museums and galleries in Turkey. It is possible to see contemporary developments and innovative practices in world art here. Every year, in addition to classical and popular arts, seeing extremely daring and innovative works here can also be a guide for some artists. The expectations of the audience and art circles from contemporary art practices reach higher levels every year. Therefore, it is seen from the forms of the sculptures in the gardens and the experimental dimensions of the works exhibited in the fair areas. Frieze Masters, organized simultaneously with Frieze London, is the most important event that completes this large international fair. It is an annual contemporary art fair that was first held in 2003 in London's Regent's Park. Developed by the founders of the contemporary art magazine Frieze, the fair has since expanded to four more cities, in addition to acquiring several other art fairs. As an art event, it remains important in international art history and continues to expand by adding new venues.



Frieze focuses on contemporary art. Frieze London continues to be an important event for art lovers around the world. It is an indication that more and more people are interested in contemporary art year after year. The organizing committee and the team aim to make this art fair better every year, and to eliminate past shortcomings for collectors, galleries and visitors. For example, there were long queues on the VIP day in 2022, which caused disappointment. A spokesperson for the fair said, "Our aim is to create the best possible experience for collectors and galleries."

Frieze London 2024 has made things even more convenient for collectors. As an innovation, Frieze London 2024 offers art lovers a unique VIP experience. For example, the VIP preview allows collectors to see and purchase art in advance. This special status is granted via digital invitations in the Frieze dashboard and app. VIP guests can also return without making a reservation, making their visit more flexible and enjoyable. This year, Frieze London brings together European, American, Asian, Middle Eastern and African art from over 270 galleries from 47 countries. Frieze London 2024 has become the most global fair to date. The fair is showcasing incredible works of art. Notable sales included a \$3.8 million work by Kerry James Marshall and a \$1.5 million figurative work by Neo Rauch. The solo exhibition arrangements at the Frieze Masters 2024 edition have undoubtedly turned into an extremely productive viewing environment for viewers. In addition, the Frieze Sculpture 2024 fair in Regent's Park also met with the audience with different sculptures this year. The sculpture fair opened on September 18 and continued until October 18. This year, the London Frieze art fair hosted a very large audience.



As a result, Frieze London 2024 has managed to bring together the most exciting contemporary art from all over the world. Frieze London, Frieze Masters, Frieze Sculpture 2024 can be described as a successful organization that renews itself in an expansion that suits its own characteristic identity. Collectors, galleries, artists and art lovers are already eagerly and excitedly waiting for the upcoming 2025 Frieze Art Fair...

SOURCE:

[Frieze London 2024 Art Fair](#)

Wikipedia Photos are selected from the author's own archive.





GASTRONOMY JOURNEY



“ARE YOU READY TO DISCOVER THE PHENOMENON OF GASTRONOMIC SYNESTHESIA?”



The article by Assoc. Prof. Dr. Murat Doğan, Vice Dean of Istanbul Gelisim University (IGU), Faculty of Fine Arts (FFA) and one of the academic staff of the Gastronomy and Culinary Arts Department, was published in Hotel Restaurant & Hi-Tech Magazine. The article was featured in the magazine with the title “Are You Ready to Discover the Gastronomic Synesthesia Phenomenon?” The text of the relevant article is below.

Dear readers, I would like to start my article with a few questions.

First question: “Can you taste sound or hear color?” Yes, the question may seem absurd to you. Professor, I can almost hear you say, “What are you aiming for by asking us such irrational questions?” Here comes another question.

Second question: “Do you know the colors of the number 5 and the letter M?”

The answer to the two questions I asked is hidden in the concept of “Synesthesia”. Synesthesia is a phenomenon that causes sensory transitions such as tasting colors or perceiving the color of sounds. In fact, it is very likely that we have experienced this sensory transition at some point in our lives. You probably agree with me. Some of us describe this situation by saying, “I think the wires in my brain are cross-connected...” Because while there is a reason for only one sense to be activated in our brain, something happens that activates two or more senses. We call this the phenomenon of synesthesia. Let me say this from the beginning. Synesthesia is not a disease or health problem. However, it is a neurological condition that involves the abnormal mixing of

Istanbul Gelişim Üniversitesi
Güzel Sanatlar Fakültesi Dekan Yardımcısı
Doç. Dr.

Murat Doğan

Gastronomik sinestezi fenomenini keşfetmeye var mısınız?

anlayabiliriz. Örneğin bir şekil, renk algılama duygusunu uyandırabilir veya işitilen bir sözcük spesifik bir tadı uyandırabilir. Biz buna sözcüksel-tatsal sinestezi diyoruz ki bu en nadir görülen sinestezi biçimlerinden biridir.

Sinestezi yeteneği

Bazı şefler, gurmeler ve tat uzmanları bir tür tat sinesteziye sahiptir. Bunu yemek hazırlama, iyi bir tadım yapma veya lezzetleri eşleştirme konusunda kullanırlar. Yapılan çalışmalar sinestezi yeteneğine sahip olanların ilgisiz duyuşal uyarılar arasındaki ilişkileri güvenilir bir şekilde görebildiklerini göstermiştir. Sinestezi yeteneğine sahip insanların beyinleri üzerine çalışmalar yapılmıştır. Bu araştırma yöntemlerinin en önemlilerinden biri, fonksiyonel manyetik rezonans görüntüleme (fMRI) dir. Bu tarama yöntemi beyin hangi bölgelerinin en aktif olduğunu gösterebilmektedir. Örneğin deneye sözcükler sunulduğunda beyin tatla ilgili bölgelerinde aktivasyonun olduğu gözlemlenmiştir. Tüm bunlara ek olarak sinestezik bireylerin beyinlerinin farklı bölgeleri incelendiğinde, çok daha fazla miyelinli olduğu anlaşılmıştır. Bana miyelin nedir diye sorabilirsiniz. Miyelin sinir sisteminde yer alır. Sinir hücrelerinin güçlendiren, koruyan ve yakıtı yağlı bir ortundur. Sinesteziklere asıl yaptığı katkı ise nöronların elektrik sinyallerinin nörondan daha hızlı geçmesini sağlamasıdır.

Sinestezi yeteneğine sahip şefler

Sinestezik şeflerin içinde en bilineni Amerikanlı bir pasta şefi Tania Camerino'dur. O gördüğü ve duyduğu her şeyin bir tadının olduğunu söylemiştir. Şef sıra dışı bu duyuşal yeteneğini misafirlerine

sunduğu yemeklere entegre etmektedir. Misafirleri için yosun aromalı pamuk şekeri ve ıstırıya chevici'nin içinde yer aldığı menüler sunarken müziğin tadından da ilham almıştır. Misafirler Çaykovski'nin 1812 Uvertürü'nü dinlerken müzikteki dalgalanmalarla aldıkları tat yoğunluğunun yükselip düştüğünü fark etmişlerdir.

Gastronomik Sinestezi

Büyüleyici ve gizemli nörolojik bir durum olan gastronomik sinestezi fenomeni, bilimsel araştırmalara daha fazla konu olmaya başladı. Bilimsel anlamda gastronomik sinestezi fenomeni hem nörobiyoloji alanında hem de gastronomik deneyimlerde, çok duyuşlu entegrasyonu geliştirme potansiyeline derin etkiler bırakacağı benziyor. Bu bağlamda bir şeyler söylemek gerekirse, 2017 yılında insan-gıda etkileşimine yönelik çok duyuşlu yaklaşımlar üzerine yapılan bir çalışmada Carlos Velasco ve arkadaşları çok duyuşlu bilim ve mutfak inovasyonunun kesişimini öne çıkarmışlardır. Böylece lezzet, tat ve koku ipuçlarının bütünleşmesinden kaynaklanan ve çeşitli diğer duyuşal tarzlardan etkilenen çok duyuşlu bir yapı, gastronominin kapsamına girmeye başlamıştır.

Sonuç olarak ortaya çıkan yeni verilerin ve bunların mutfaka yansımalarının, duyuşal algılarımızı ve dolayısıyla gastronomik deneyimlerimizi “hackleme” potansiyelini beraberinde getirmiştir. Yapılan çalışmalardan çıkan sonuçlara göre birden fazla insan duygusunu uyarmak için tasarlanmış çok duyuşlu yemek tasarımları, şeflere, belirli ve birçok duyuşlu lezzet veya yemeğe katkıda bulunan farklı girdileri kontrol etme ve manipüle etme yeteneği sunabilecektir.

What is the phenomenon of synesthesia?

Synesthesia, which means “perceiving together,” is the name given to multiple experiences in which a sensory stimulus also causes another unrelated sensory experience. When we consider our five senses of sight, touch, taste, and hearing, we reach twenty possible combinations. However, when we investigate the phenomenon of synesthesia a little, we can understand that it involves more complex processes. For example, a shape can stimulate the perception of color, or a word heard can evoke a specific taste. We call this lexical-gustatory synesthesia, which is one of the rarest forms of synesthesia.

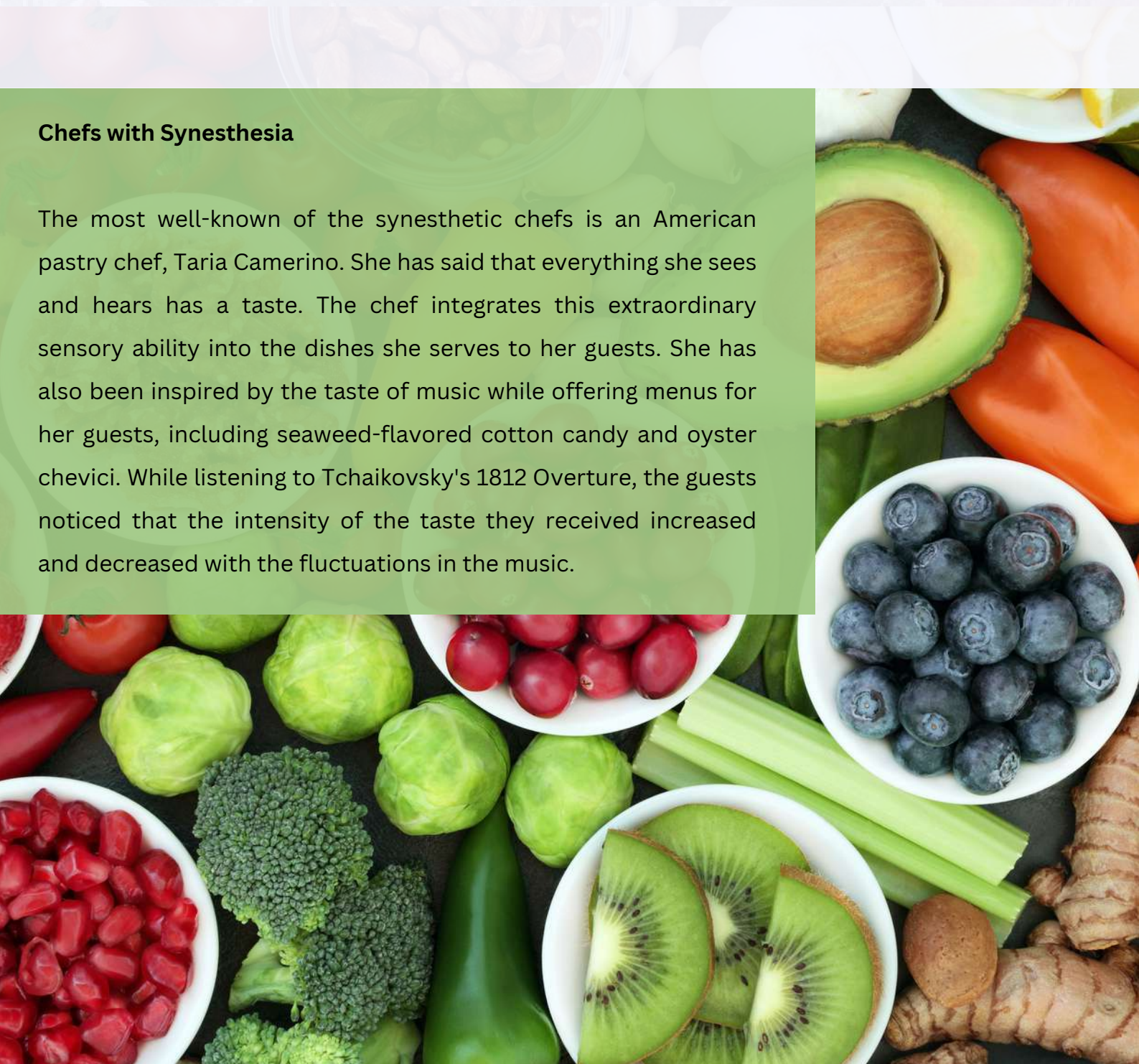


Synesthesia Ability

Some chefs, gourmets, and tasters have a type of gustatory synesthesia. They use it to prepare food, to make a good tasting meal, or to match flavors. Studies have shown that those with synesthesia can reliably see relationships between unrelated sensory stimuli. Studies have been conducted on the brains of people with synesthesia. One of the most important of these research methods is functional magnetic resonance imaging (fMRI). This scanning method can show which areas of the brain are most active. For example, when words are presented to the subject, activation is observed in the areas of the brain associated with taste. In addition to all this, when different areas of the brains of synesthetic individuals are examined, it is understood that they are much more myelinated. You may ask me what myelin is. Myelin is found in the nervous system. It is a fatty coating that strengthens, protects, and insulates nerve cells. Its main contribution to synesthetes is that it allows electrical signals to pass from neuron to neuron faster.

Chefs with Synesthesia

The most well-known of the synesthetic chefs is an American pastry chef, Taria Camerino. She has said that everything she sees and hears has a taste. The chef integrates this extraordinary sensory ability into the dishes she serves to her guests. She has also been inspired by the taste of music while offering menus for her guests, including seaweed-flavored cotton candy and oyster chevici. While listening to Tchaikovsky's 1812 Overture, the guests noticed that the intensity of the taste they received increased and decreased with the fluctuations in the music.



Gastronomic Synesthesia

The fascinating and mysterious neurological phenomenon of gastronomic synesthesia has become increasingly the subject of scientific research. In scientific terms, the phenomenon of gastronomic synesthesia seems to have profound implications for the potential to enhance multisensory integration in both the field of neurobiology and gastronomic experiences. In this context, Carlos Velasco and colleagues highlighted the intersection of multisensory science and culinary innovation in a 2017 workshop on multisensory approaches to human-food interaction. Thus, a multisensory structure resulting from the integration of flavor, taste and smell cues and influenced by various other sensory modalities has begun to enter the scope of gastronomy.

The resulting new data and its reflection in the kitchen has brought with it the potential to "hack" our sensory perceptions and therefore our gastronomic experiences. According to the results of the studies, multi-sensory food designs designed to stimulate more than one human sense will provide chefs with the ability to control and manipulate the different inputs that contribute to a specific and multi-sensory taste or dish.

Stay healthy... Assoc. Prof. Dr. Murat Doğan



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