

Istanbul Gelişim University

School of Foreign Languages' Monthly Bulletin

August 2023



**What you
will read
in this
month's
issue:**

- Latest News of SOFL
- World Friendship Day
- International Cat Day
- World Photography Day
- August 30th - Victory Day
- Staying Motivated for Language Learning
- IGÜ and Avcilar Science and Art Center cooperation
- English Idioms
- Daily English Learning Tips
- Our Staff's Academic Activities
- Our instructors of SOFL
- SFOL on Social Media

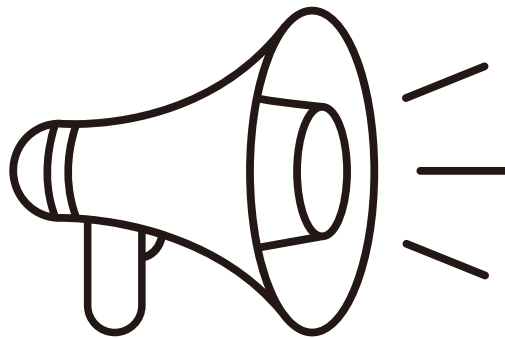


Block E



Latest News of SOFL

AUGUST



YDYO

- **Summer school quizzes were conducted on 30.08.2023**
- **Educational project with Avcilar Bilsem was ended and students were certified.**

August 3rd



World Friendship Day

August 8th



International Cat Day

August 19th



World Photography Day

August 30th



ISTANBUL
GELISIM
UNIVERSITY

 igugelisim



AUGUST
30

HAPPY
VICTORY DAY

Staying Motivated for Language Learning



Staying motivated for language learning can be challenging, but here are some tips to help:

- 1. Set Clear Goals:** Define specific, achievable goals for your language learning journey. Whether it's being able to hold a conversation or watch a movie without subtitles, having clear goals can keep you focused.
 - 2. Celebrate Small Wins:** Acknowledge and celebrate your progress, even the small achievements. Each step forward is a step closer to your ultimate goal.
 - 3. Find Personal Reasons:** Connect language learning to your personal interests or career aspirations. Having a meaningful reason to learn can fuel your motivation.
 - 4. Diversify Learning:** Use a variety of resources like books, videos, apps, and language exchange partners to keep your learning experience engaging.
 - 5. Visualize Success:** Imagine the benefits of mastering the language. Visualizing yourself successfully using the language can inspire you to keep going.
 - 6. Surround Yourself:** Immerse yourself in the language by changing your phone or computer settings, following social media accounts, or joining online communities that use the language.
 - 7. Track Progress:** Keep a record of your progress, like noting new words learned or recording conversations. Seeing your growth can boost motivation.
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Staying Motivated for Language Learning



8. Learn Through Enjoyment: Incorporate the language into activities you enjoy, such as reading a favorite book or watching a movie in the target language.

9. Practice Consistency: Establish a daily routine for language practice. Consistency builds momentum and makes learning a habit.

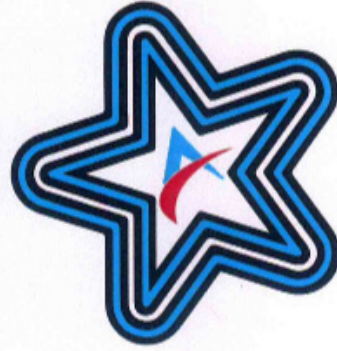
10. Stay Patient: Language learning is a gradual process. Be patient with yourself and recognize that setbacks are normal. Don't let frustration hinder your motivation.

11. Remind Yourself Why: Whenever you feel demotivated, remind yourself of the reasons you started learning the language in the first place.

12. Share Progress: Share your language learning journey with friends, family, or online communities. Positive feedback can boost your motivation.

Remember that motivation can fluctuate, but with determination and the right strategies, you can maintain your enthusiasm throughout your language learning adventure.

IGU and Avcilar Science and Art Center's cooperation



İSTANBUL GELİŞİM ÜNİVERSİTESİ
VE
AVCILAR BİLİM VE SANAT MERKEZİ MÜDÜRLÜĞÜ
EĞİTİMDE İŞ BİRLİĞİ PROTOKOLÜ

IGU and Avcilar Science and Art Center's Cooperation: A Community Service Project



As mentioned in the July issue of our school's monthly bulletin, our cooperative educational project with Avcilar Bilsem was started in the middle of July and came to an end on the 11th of August. Certificates were handed to students by our school principal Dr Sahin Gok. The ceremony was conducted in the presence of students and their parents.

English Idioms

Break a leg

A way to wish someone good luck, often used before a performance or event.



Let the cat out of the bag

To reveal a secret unintentionally.



English Idioms

On the same page

To have a shared understanding or agreement about something.



Don't cry over spilled milk

Don't waste time worrying about things that have already happened and cannot be changed.



Daily English Learning Tips

- 1. Practice Speaking:** Engage in conversations with native speakers or language exchange partners to improve your speaking skills.
 - 2. Read Regularly:** Read English newspapers, books, articles, or online content to enhance your vocabulary and comprehension.
 - 3. Watch Movies/TV Shows:** Watch English-language films or TV shows to improve listening skills and familiarize yourself with different accents.
 - 4. Listen to Podcasts/Music:** Tune into English podcasts or music to train your ears to different speaking styles and tones.
 - 5. Use Language Apps:** Utilize language learning apps that offer interactive lessons, exercises, and quizzes.
 - 6. Keep a Journal:** Write a daily journal in English to practice writing skills and track your progress.
 - 7. Flashcards:** Create flashcards to memorize new words and their meanings.
 - 8. Join English Groups:** Participate in online forums or social media groups where you can discuss various topics in English.
 - 9. Set Goals:** Set achievable language goals to stay motivated and measure your progress.
 - 10. Consistency is Key:** Dedicate a specific amount of time each day to practice and stick to your routine.
- Remember, learning a language takes time and patience, so don't be discouraged by slow progress.
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Our Staff's Academic Activities

In SFOL, we support our instructors' academic endeavors.



Webinars

Webinars and events take place on a regular basis because the need for being up to date when it comes to teaching in the 21st century, makes seminars an inseparable part of professional development. For a detailed list of webinars on English language teaching, you can visit the following website:

<https://webinars.eltngl.com>

Our Staff's Academic Activities

Gökhan Alyan - Delivered a presentation

Doğuş University: International conference on English Language and Literature- Loneliness and Isolation in Literature

July 2023



Our School On Social Media

As always, our school was very active on social media to announce important events or celebrate public or national and international holidays. Here, we will take a look at some of them without any explanation because sometimes a picture is worth a thousand words!

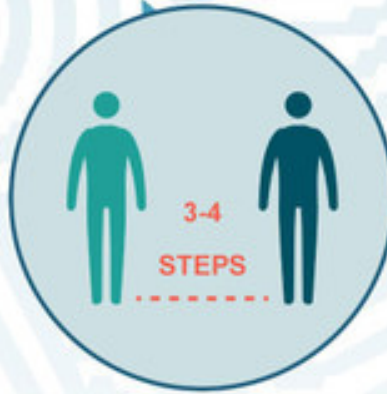




PROTECTING FROM THE VIRUS IN OUR HANDS



COVER YOUR MOUTH AND NOSE WITH DISPOSABLE PAPER TISSUES DURING COUGHING AND SNEEZING. IF THERE IS NO TISSUE, USE THE INNER SIDE OF YOUR ELBOW.



AVOID CLOSE CONTACT SUCH AS HANDSHAKING AND HUGGING.



AVOID CROWDED PLACES AS MUCH AS POSSIBLE.



DO NOT TOUCH YOUR MOUTH, NOSE AND EYES WITH DIRTY HANDS.



WASH YOUR HANDS WITH WATER AND REGULAR SOAP FOR AT LEAST 20 SECONDS.



USE HAND SANITIZER IF THERE IS NO WATER AND SOAP.