

IGVS
MONTHLY PRESS RELEASE

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Volume 1 / Issue 9



Dear Young People,

Istanbul Gelisim Vocational School, which started its education life in 2008, started to publish a monthly E-Bulletin as of 2021. We are very happy to bring you the september issue of our e-bulletin and to share with you the developments in our Vocational School. I believe you will enjoy reading our bulletin and I present my greetings and respect with the hope of meeting you in a new issue.

You can follow all the developments in our Vocational School on our social media channels.

Director of IGVS
Assist. Prof. Dr. İsmail Cem AY



World universities are ranked according to their ‘Power of Influence’: Istanbul Gelisim University ranked 24th in Quality Education!

Times Higher Education (THE) Impact Ranking 2021, the world university ranking organization, has been announced. In the ranking, Istanbul Gelisim University (IGU) has achieved a great success by taking the 24th place among the universities that provide the highest quality education in the world.

In the category of ‘Quality Education’, Istanbul Gelisim University has achieved a great success by ranking 24th among 1240 universities worldwide. At the same time, the university ranked 1st, leaving 45 universities from Turkey in the ranking.

Please [click here](#) for more information.

BEING a STUDENT in IGVS

Foods that Boost the Immune System Against COVID-19

Covid-19 is a respiratory disease that started in Wuhan, China's Hubei province and spread all over the world. The symptoms of COVID-19 disease in infected people are different, and they usually show symptoms such as difficulty in breathing, cough, loss of sense of smell and taste, muscle pain and fatigue. Covid-19 is a viral disease. The immune system of the person is very important in the prevention and recovery of viral diseases. The best way to keep the immune system strong is to eat the right foods. There has also been a trend towards foods that strengthen the immune system during the pandemic. Of course, the immune system should be kept strong not only in disease processes, but also with the right, adequate and balanced nutrition continuous. Some studies show that some foods and some compounds in the chemistry of foods are protective against Covid-19 or seem to be helpful in overcoming the disease more easily.

You may have heard of the proverb "You are what you eat". In order to be healthy individuals with a strong immune system, it is necessary to include adequate and balanced nutrition, as well as foods that are predicted to be immune-boosting, in our daily diet.

Against Covid-19, as a Food Engineer, I would like to tell you about these foods that contain components that are predicted to strengthen immunity;

- Anti-viral foods: Antiviral substances that



are effective against viruses or protect them from the harmful effects of viruses are called antivirals. COVID-19 is also a viral disease and some antiviral drugs are used in its treatment. It is also possible to strengthen the immune system by consuming foods with antiviral effects. In recent years, many scientific studies have focused on these foods. Antiviral foods; Foods rich in vitamins A, B, C, and D are foods rich in zinc, brews, selenium, nutraceuticals, polyphenols, functional foods, fermented foods, nuts, and fish.

- Iron-Zinc-Selenium: Our body needs various minerals as well as vitamins. These microelements are thought to be effective in creating defense against COVID-19. Iron is an essential element in respiration, metabolic energy production, production of red blood cells, and many cellular reactions in the body. Its deficiency can lead to conditions such as weakness, fatigue and weakening of the immune system. Foods containing iron; It is found in foods such as liver, red meat, fish, eggs, legumes and molasses. Zinc is in the structure of many en-



zymes in our body. Generally, foods of animal origin are rich in zinc content. Examples of these foods are red meat, seafood, eggs, milk and foods such as walnuts and hazelnuts. Selenium is an essential trace element for the proper functioning of the immune system. It is also a powerful antioxidant. Selenium; found in liver, eggs, seafood, turkey, chicken, sunflower seeds and mushrooms

- **Vitamin A:** Vitamin A is a vitamin that protects especially against respiratory diseases. It is found in foods as provitamin-A, and it is converted into vitamin A after ingestion with food. While vitamin A is found in liver, eggs, milk and butter among foods of animal origin, there are also foods of vegetable origin such as carrots, spinach and chard.
- **Vitamin C:** Vitamin C, also known as Ascorbic acid, functions in the formation of antibodies known as white blood cells, and is also a powerful antioxidant. It is a vitamin that cannot be stored in the body, so it must be taken daily. The average daily requirement is 65-90 mg. In Covid-19, the disease can be overcome by the body's formation of antibodies against the virus. Antibody formation in the body is expected with the vaccine. Vitamin C is mainly found in citrus fruits (orange, tangerine, lemon, grapefruit, citrus) and green leafy vegetables (lettuce, arugula, parsley, spinach, broccoli, etc.).
- **Vitamin D:** Vitamin D is a vitamin known for the formation of healthy bone structure and strengthening the immune system. In studies conducted, the incidence of COVID-19 is higher in patients with low vitamin D levels. It has been determined that patients with high vitamin D levels have a lower rate of getting the disease. Vitamin D foods are also available in the form of vitamin D1, D2 and D3. Especially vitamin D3, known as Devit-3, is produced in the body by sunlight. Apart from being synthesized by sunlight, vitamin D is also found in liver, egg yolk, butter, trout, fatty fish such as tuna, and mushrooms.
- **Vitamin E:** Vitamin E is a powerful antioxidant. It has direct or indirect effects on immune cells. It is clinically important as it reduces the risk of respiratory tract diseases and may have important protective functions against COVID-19. Foods containing vitamin E: olive oil, hazelnuts, walnuts, almonds, spinach, parsley, lettuce, green leafy vegetables such as broccoli, avocado, fish such as salmon, mackerel, anchovy.
- **Anthocyanin:** Anthocyanin is actually a purple-toned color pigment found in some fruits and vegetables. However, it is an important pigment in keeping the immune system strong, protecting the person from diseases, and being energetic and fit during the day. Foods rich in anthocyanins are cherries, blueberries, pomegranates, raspberries, cranberries and red cabbage.
- **Glutathione:** It is one of the antioxidants that plays an important role in our immune system. In order to increase glutathione synthesis in the body, foods of animal origin such as eggs, red meat, fish and dairy products (kefir, etc.) and foods of vegetable origin such as garlic, onions, cabbage should be consumed.
- **Probiotics:** They are fermented foods containing live bacteria and yeasts that are beneficial for the intestinal flora, which is also effective on our digestive system and immune system. Its use is recommended by experts both in the protection of the immune system and in the treatment process. The probiotic effect of a food is measured by the type and number of live microorganisms it contains. Although kefir comes first among probiotic foods, foods such as pickles, ayran, yoghurt, tarhana, micro algae, cheese, boza and kombucha, which can provide probiotic effect with the number of live microorganisms, can be consumed by looking at the number of cfu/gr they contain.
- **Water Consumption:** With the consumption of water, the excretion of toxic substances in the body takes place. Water is necessary for the transport and absorption of vitamins and minerals that we take with food in our daily diet. In addition, the body needs water in the production of white blood cells, which is a factor in our strong immunity. Dai-

ly water consumption depends on the age, weight, gender, daily energy consumption of individuals, but we can recommend daily water consumption of 2-2.5 liters on average.

- Adequate and balanced nutrition should be emphasized, while menu planning should include not only carbohydrates, but also foods containing fat, protein, vitamins and minerals in a balanced way. In this period of inactivity, exercise should be done at home for a healthy life along with proper nutrition, and uncontrolled weight gain should be avoided. In the pandemic process, foods that will strengthen the immune system should be included in a balanced menu planning. I remind you that the average 60% of the human body is water, I recommend paying attention to water consumption for the proper functioning of the body functions. In the process, I wish you a healthy life where the pandemic is overcome by paying attention to mask, social distance and hygiene rules.

Lecturer Kübra SAĞLAM
Head of Food Processing Department

Why Radio and Television Programming?

With the digital age, many important innovations have entered our lives. The foremost of these is using social media, digital video watching sites and digital film, series and documentary watching platforms and being not only a consumer but also a content producer on these platforms.

Today, capabilities such

With the pandemic period, this importance and various digital needs increase greatly. This period brought along the needs such as the increase in video calls, online events, concerts, exhibitions and participation in projects. In this case, it has allowed the birth of many business lines for our sector, and even when the pandemic process is over, we

not be wrong to say that both our program teachers and students started this new digital age a few steps ahead with the curriculum courses they took, such as video shooting, lighting techniques, editing techniques, diction and communication techniques.

The name of our program is Radio and Television Programming; but we don't just give lectures on radio and television. We have a wide range of courses including audio-visual techniques and media from cinema to journalism, from advertising to new media, communication. Our aim in this course content is to give our students the opportunity and freedom to discover themselves. When we observe our graduate students, we also have graduates who came to our program, after taking lessons from our teachers, discovered that they had more talent for cinema and started working in the field of cinema after graduation and shot their own films; We also have graduates who discover that they are talented in journalism and write their own column in the newspapers. It is possible to multiply the opportunities to work in the sector with examples. In addition, there are also graduates who have completed 4 years with a vertical transfer exam and who want to progress on the path of academics, not only in the sector. Our lack of academics as well as the lack of



as taking videos and photos on social media, editing and editing them, making live broadcasts, paying attention to shooting angles, light, color, background, making podcasts, addressing the masses as a content publisher, retaining them and using verbal and nonverbal communication subtleties have a greater power and importance among our young friends.

will follow a roadmap suitable for the digital age, both in terms of business, education and socialization. Thus, the importance and preference rate of Radio and Television Programming will increase even more.

We are one of the programs that adapt to the digital education process that comes with the pandemic period, and that works efficiently. It would

workforce in the media sector in our country are waiting to be filled by our young students. The rate of students who took the Vertical Transfer Exam and won is high; In this regard, both the support of us program teachers and the free Vertical Transfer Exam course provided by our university increase the success rate.

One of the most important business lines of our program is the opportunity to be your own boss. When we look at our students who can achieve this, they start their journey by taking education in



our program and establishing their own teams by collaborating with their willing and talented friends. Later, by continuing this cooperation and establishing their own production companies, they can both earn financial and moral gain from the work they enjoy and become the boss of their own business. We are in contact with many of our graduates who have achieved this. When necessary, we direct our students, who are currently studying, to their side; we support both in terms of expanding the application areas and inspiring.

In our program, we are in warm communication with both our alumni and students. As program instructors, we are already a young and dynamic team, and we are all doing our doctorate in various fields of communication and we are successfully on the way to becoming experts. We always trust ourselves in communication and we instill this trust in our students.

Lastly, I would like to mention that we have a student club called “Photography and Video”, which was founded by students of Radio and Television programming and is chaired by our students. As program instructors, we provide consultancy and carry out our activities by adapting to the digital age with our students. Although we took a break from our face-to-face activities during this pandemic period, we have increased our online activities. We conduct online interviews, invite people who are experts in the sector to our online events, and benefit from their knowledge and experience. We will continue our activities until our students graduate. We want our new students who will join us to take over our club and have fun while gaining knowledge and experience and improving their CVs. We welcome you to the Radio and Television Programming program family.

Lec. Ferit Arda ARICA
Head of Department of Audio-Visual Techniques and Media Production



Surname of The Child in The Event of Divorce

According to our Turkish Civil Code, paternity is established between the child and the mother at birth. Between the child and the father, paternity is established by marriage to the mother, recognition or judgment. In addition, in accordance with Article 282 of the Turkish Civil Code, paternity can also be established through adoption.

Pursuant to Article 292 of the Turkish Civil Code, a child born out of wedlock is subject to the provisions regarding children born spontaneously in marriage, in case the parents marry each other. That is, if the parents are married, the child carries the family surname. However, if the mother has a double surname due to a previous marriage, the child carries her bachelor surname (Turkish civil code, art. 321).

Court of Appeals General Assembly dated 25.12.2013 and 2013/18-464 E., 2013/1698K. in the jurisprudence no. " In the event that the marriage union between the mother and father ends with divorce, the joint child takes the surname of the father, in other words, the surname of the family. If the child's surname is determined by this method, the joint child's surname, etc. It is not possible to change it based on the circumstances under Article 321 of the Turkish Civil Code.

However, a joint child has the right to change his surname at any time if he meets the conditions of the provision of Article 27 of the Turkish Civil Code, together with being an adult."

In addition, the General Assembly of the Supreme Court of Appeals dated 19.06.2015 and

with his own surname after the divorce.

As a result, if the Supreme Court of Appeals General Assembly Decisions on this matter are summarized, it is concluded that it is not possible to change the surname of the joint child with his own surname if the custody



2013/18-2352E., 2015/1710K. In the case law no. 321 of the Turkish Civil Code, it is stated that a child born when his parents are married will bear his father's surname, and it is not possible for the child to take another surname. Article 4 of the Surname Law contains regulations regarding taking surnames for the first time. For this reason, it has decided that this provision of the Law will not be applicable to the mother and father's requests for the mother and father to change the surname of the joint child

right of the joint child is given to the mother after the divorce of the parents.

In the case of annulment of marriage or divorce, in the second paragraph of Article 4 of the Surname Law dated 21.6.1934 and numbered 2525, which regulates the determination of the surname of the child within the scope of the right of custody, "In cases of dissolution of marriage or divorce, even if the child is entrusted to his mother, or takes the name he chooses." The regulation in the form of the Consti-

tutional Court was canceled with the decision of the Constitutional Court dated 08.12.2011 and numbered 2010/119, principle, 2011/165, and in the justification of the annulment decision, the provisions of the international convention, which includes the need for women and men to have equal rights and responsibilities during and at the end of the marriage. By making reference and stating that the spouses are in

In the decision of the Constitutional Court published in the Official Gazette dated 02/10/2015, it was stated that there was no clear regulation on the fate of the surname of the joint child whose custody was given to the mother as a result of the divorce case, and that different judicial decisions emerged. It is stated that the provision of Article 321 of the Turkish Civil Code "If the parents are married, the

After this Constitutional Court decision, the judicial authorities started to evaluate the requests for surname change of mothers who were divorced under certain conditions and whose custody rights were granted to them.

Undoubtedly, the parent who has custody must protect the best interests of the child in all kinds of works and transactions related to the joint child.

The best interests of the child are the criteria that must be taken into account in all matters concerning the child and are taken into account in determining what is best for the child in a given concrete case. At the same time, the best interest of the child undertakes a function that guarantees the rights of the child.

In accordance with the principle of the best interests of the child, the mother cannot demand that the child be given her maiden name, without giving any reason, simply by claiming that she has custody. When a lawsuit is filed by the mother to change the child's surname after the divorce, the best interests of the child are taken into consideration. The case that is substituted for the surname change should be followed meticulously. If the child has the best interests, the maiden name of the mother who is granted custody can be given to the child by the court. If there is no superior interest, the case should be dismissed.

Lec. Gözde Canan TURAN
Justice Program



the same legal position in terms of the rights and obligations they have during the continuation of the marriage and in the divorce, the fact that the right to choose the surname of the child, which is granted to the man within the scope of the right of custody, is not granted to the woman, will result in discrimination based on gender in terms of the use of the custody right. It was stated that it was decided to be canceled due to the fact that it was found to be in violation of Articles 10 and 41 of the.

child carries the surname of the family" does not carry the condition of certainty. With this decision of the Constitutional Court, it has been decided that there is no special regulation in the Turkish Civil Code and other special laws regarding the determination of the surname of the joint child in case of termination of the marriage union and which surname it will bear, and that the intervention in this regard does not bear a legal element. It concluded that there had been a violation of the right to respect for family life.

Urban Transformation and Its Implementation

As it is known, our country is frequently affected by earthquakes and other natural events due to its geographical location. It is obvious that these earthquakes, which we experience frequently, unfortunately cause loss of life and property.

In the 1950s, an intense migration started due to industrialization to cities such as Istanbul, Izmir and Ankara, and this uncontrolled growth could not be met by the existing areas and residences, and then slums began. When we come to the 1980s, the transformation process of these slum areas has come to the fore. The two major earthquakes we experienced in 1999, the 17 August Gölcük-centered Marmara Earthquake and the 12 November Düzce Earthquake, caused significant loss of life and property. As a result, the country's economy has been severely hit. This negative situation showed that the existing building stocks should be investigated and those with risky building status should be renewed with urban transformation. Unfortunately, the consecutive Van earthquakes in 2011 have once again revealed how unhealthy the cities we live in are surrounded by.

In the results of the researches made after these earthquakes, it was concluded that there are around 20 million

building stocks and 1/3 of this, approximately 7 million buildings, is not resistant to earthquakes. In order to renovate these structures that are not safe against earthquakes, the Law No. 6306 "On Transformation of Areas Under Disaster Risk" was adopted on 16.05.2012. As a result, all the buildings within the borders of the country were included in the scope of the Law No. 6306 and it was stated that they

be followed for Risky Building Detection and then Urban Transformation Applications. According to this;

- Application for risky structure detection

It is possible for a single owner to apply for a risk assessment for the building at their own expense, in order to have the building risk assessment done. But for rebuilding the building and all other decisions, a 2/3 majority in



should be evaluated accordingly. If the building is determined to be "risky" regardless of the earthquake zone, location or age, necessary engineering services are provided by making use of the Law No. 6306.

The following steps should

the building is required. This ratio is calculated according to the number of shares, not the number of owners. Another important issue is that in order to benefit from the provisions of the Law, risk assessment must be carried out by the institutions or organi-

zations licensed by the Ministry.

- Demolition of risky structures

At least 60 days are given to the flat owners for the demolition of the buildings that are determined to be risky. If the owners do not carry out the demolition process, in this case, the evacuation and demolition of risky structures is carried out or done by the local authorities with the participation of the local administrations, with the cost of demolition being covered primarily from the special account of the transformation projects.

- State Aids

According to Article:16 of the Implementation Regulation of the Law No. 6306, rent assistance can be provided for up to 48 months or interest support can be provided for loans in risky and reserve structure areas. However, in order to benefit from these aids and supports, there is a condition that the risky building must be evacuated by agreement.

Although urban transformation is mentioned more with earthquakes, it has objectives that need to be examined in a much broader framework. These;

- Improving and developing the physical, environmental and infrastructure problems of constantly growing cities due to this growth
- Developing economic development strategies to improve the quality of life in urban areas where social degradation is seen
- Developing strategies to ensure the most effective use of urban areas
- Building safer structures by demolishing structures that are not resistant to earthquakes in areas at risk of earthquakes

When we look at the characteristics of the regions and buildings planned for urban transformation in general;

Sources:

https://webdosya.csb.gov.tr/db/altyapi/icerikler/6306_uygulama_yonetmel-g_26-6-2020-20200702134527.pdf

<https://webdosya.csb.gov.tr/db/altyapi/icerikler/kira-yardimi-kilavuzu-20190513095551.pdf>

<https://altyapi.csb.gov.tr/>

<https://www.resmigazete.gov.tr/eskiler/2012/05/20120531-1.htm>

https://www.imo.org.tr/resimler/ekutuphane/pdf/17877_54_56.pdf

<https://myo.gelisim.edu.tr/bolum/insaat-teknolojisi-70/haber/%E2%80%9Ccafet-riski-altindaki-alanlarin-donusturulmesine-yonelik-kentsel-donusum%E2%80%9D>

- Buildings are not earthquake resistant,
- It is damaged,
- It is too old to be repaired or modified,
- There are problems with the infrastructure that will negatively affect the living conditions,
- The buildings have lost their functions and are physically distorting the image of the city,
- The city has transportation and parking problems,
- School, hospital, park and shopping facilities, which are the requirements of a healthy and modern city life, are missing or insufficient.
- The development of crime has increased and has become an economic burden for other parts of the city.

In the light of this information, it can be said that urban transformation is a solution not only for buildings damaged by earthquakes, but also for urban problems arising from unplanned settlements and for the rehabilitation of these cities. Until now, urban transformation in our country has been perceived only as the renewal of buildings, while areas with high rents are preferred by construction companies, many slum areas have been left behind in the transformation journey due to low rent.

However, urban transformation is a formation that should be perceived as a whole with its economic, social and environmental dimensions and when applied correctly, it is a beneficial investment for both our present and our future.

Yasemin KILIÇ ERDİM
Head of Construction Department

NEWS from IGVS

Istanbul Gelişim Vocational School graduation ceremonies for the 2019-2020 and 2020-2021 academic years were held.

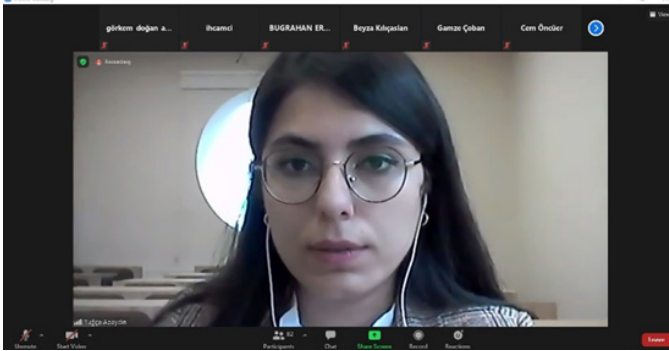


After the speech of Asst. Professor İsmail Cem AY, Director of İGMYO, the programs of our vocational school experienced the enthusiasm of graduation in different sessions. We congratulate our graduates of Istanbul Gelişim Vocational School and wish them success, health and happiness in the new period of their lives.

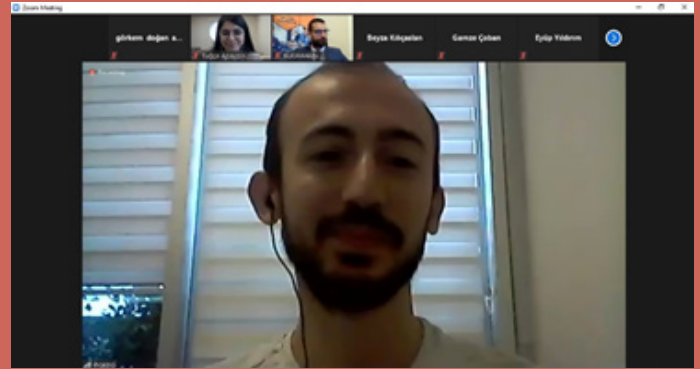


An online orientation program was organized by Istanbul Gelişim Vocational School in order to accelerate the acquaintance of the newly joined students with the academic and administrative structure and their adaptation to the university environment.

In the orientation program, which was moderated by IGVS, Lecturer Tuğçe APAYDIN, on 22.09.2021, Deputy Director of IGVS Buğrahan ERGÜN and IGVS Secretary İbrahim Hasan CAMÇİ made an informative speech about our university. At the orientation meeting, respectively, IGU Pro-



motional Video, Student Dean's Promotional Video, Student Affairs Department Promotional Video, Library and Documentation Department Promotional Video, Career Development Center Promotional Video, Alumni Association Promotional Video, Erasmus Coordinatorship Promotional Video, Psychological Counseling Unit Promotional Video, Information Technology Department Promotional Video, Distance Education Unit Promotional Video and Health, Culture and Sports Department's Promotional Video were shared with our students. IGVS, Lecturer Fatih Frank ALPARSLAN took part as a speaker in the orientation program for our foreign students.



Bionic Robot Arm and Hand project at TEKNOFEST final

The team named Parzival Robotics, which is among the finalists of the Aviation, Space and Technology Festival TEKNOFEST Technology Contest for the Benefit of Humanity, Disabled Friendly Category, took its place in TEKNOFEST with its "Bionic Robot Arm and Hand" project. The "Bionic Robot Arm and Hand" can perform its movements with the EEG brain wave control sensor.

"IT WILL BE USED FOR PEOPLE WHO LOSE LIMB"

Electrical and Electronics En-



gineer Assist. Prof. Dr. Ekrem Süzen, who was the mentor of the project team, made a statement about the project. Assist. Prof. Dr. Ekrem Süzen from Istanbul

Gelisim University, who stated that they made it to the finals with a robot hand project that has different control types than the robot hands produced today, said, "We have 3 control types, first with Flex Sensor, Muscle signals (EMG) and finally with Brain waves (EEG). The most important area where we can use this project will be people who have lost any of their limbs."

"CAN BE USED ON FEET, LEGS AND BACK"

Stating that the best control will be determined in those who experience limb loss, and that type of control will be used, Dr. Süzen said, "By making some more improvements, it can be used in places where physical strength is high, for example, on the feet, legs and back. Thus, transactions will be carried out in a healthier, more reliable and high performance manner.

"MUSCLE CONTROL A RARELY USED CONTROL METHOD"

Emphasizing that they have two purposes with the 'Bionic Robot Arm and Hand Project', Dr. Süzen said, "We aim to lead a better life for people who have lost any of their limbs in an accident or from birth. Another goal of ours is to draw attention to controlling thinking, which is not used much

nowadays. Muscle control is a very rarely used control method. As the Parzival Robotics team, we aim to use these control types more."

The project team includes Istanbul Gelisim University (IGU) students Ramazan Yasin Kaya, İbrahim Aktaş, Ahmet Kerem Kutlu and Tunağan Yılmaz.



Related links are below.

<https://www.dha.com.tr/teknoloji/biyonik-robot-kol-ve-el-projesi-teknofest-finalinde/haber-1849711>

<https://www.star.com.tr/teknoloji/uzvunu-kaybeden-kisiler-icin-kullanilacak-teknofeste-finale-kaldi-haber-1654188/>

IGVS, Occupational Health and Safety Program, Assist.Prof.Dr. Güfte CANER AKIN presented her oral paper titled “The Effects of Technological Developments in Machinery on Noise Level and Psychosocial Factors” at the International Social Sciences Conference with the theme “Economic, Social, Political and Technological Developments and Their Effects in the World” organized by Çanakkale Onsekiz Mart University. The study was published in the 34th chapter of the international book “Current Research in Social Sciences”. Access link is below.

<http://usbkonferansi.comu.edu.tr/dosyalar/Usb-konferansi/sosyal-bilimlerde-gu-ncel-aras-tirmalar-uluslararasi-kitap.pdf>



IGVS, Food Technology Program, Lecturer Nurullah Zekeriya AKAR's article titled “INVESTIGATION OF THE EFFECTIVENESS OF EMPOWERED ELECTRIC FIELD (PEF) TECHNIQUE ON MICROBIAL LIPASE ENZYME ACTIVITY IN RAW MILK” was published in Engineering Sciences and Design Journal. Access link is below.



<https://dergipark.org.tr/tr/pub/jesd/issue/64976/876275>

Project of the Year Peer Mentor Applications Opened!

As IGU Career Center, we organize dozens of organizations, consultancy services and trainings to prepare our students for business life.

In our Peer Mentor project, we aim to create a student group that we will select through interviews in the form of representatives from each department. We will regularly give workshops and trainings to the student group we have created to develop the competencies expected by the industry. At the same time, they will have the opportunity to develop their basic skills such as teamwork, leadership and communication by taking part in all the activities we will do during the year. Click [here](#) for detailed information about this carefully pre-



İGÜ AKRAN MENTORUNU SEÇİYOR!

Bu Programda Seni Bekleyenler:

**DONANIMLI CV
ALANINDA DERİN NETWORK
REFERANS MEKTUBU
SERTİFİKA
OFİS STAJI
AKRAN MENTORE ÖZEL PROGRAM VE
EĞİTİMLERDEN YARARLANMA**



Son Başvuru: 20.09.2021

Mülakat Tarihleri: 21.09.2021/23.09.2021

AGENDA OF PERSONNEL

1- Murat NİZAM has been assigned as a Lecturer to the Flight Operations Management Program at Istanbul Gelisim Vocational School, as of 16.08.2021

2- As of 23.08.2021, Tuğçe ÖZTÜRK has been appointed as Lecturer to the Department of Logistic in the Vocational School.

3- As of 01.09.2021, Lect. Elif SÜRER has been appointed to the Istanbul Gelisim Vocational School, Automotive Technology Program as the Head of the Program.

4- As of 20.09.2021, Duygu ÇELİK has been appointed to the Istanbul Gelisim Vocational School Banking and Insurance Program as the Head of Department.

The following lecturers have been appointed to the academic units of our university as of the specified date.

TITLE	NAME	SURNAME	DATE OF APPOINTMENT	FACULTY	DEPARTMENT
Lect.	BİLGE	ARTUÇ	31.08.2021	IGVS	COMPUTER-AIDED DESIGN AND ANIMATION
Lect.	MURAT	KARAOVA	31.08.2021	IGVS	COMPUTER-AIDED DESIGN AND ANIMATION
Asst. Prof.	CEYDA	CEVAHİR YILDIZ	31.08.2021	IGVS	COMPUTER PROGRAMMING
Lect.	ESRA	BÜYÜKEMİR KARAGÖZ	31.08.2021	IGVS	INTERIOR DESIGN
Lect.	MİNEL	KURTULUŞ	31.08.2021	IGVS	INTERIOR DESIGN
Lect.	BAHAR	YAMAN	31.08.2021	IGVS	CONSTRUCTION TECHNOLOGY
Lect.	MUHAMMET	CEYLAN	31.08.2021	IGVS	CONSTRUCTION TECHNOLOGY
Asst. Prof.	KAAN	KOÇALI	31.08.2021	IGVS	OCCUPATIONAL HEALTH AND SAFETY
Asst. Prof.	MURAT	BAŞAL	31.08.2021	IGVS	LOGISTICS
Asst. Prof.	FATMA	ULUTÜRK	31.08.2021	IGVS	CIVIL AIR TRANSPORTATION MANAGEMENT
Lect.	ZEYNEP HANDAN	ULUKUZ	31.08.2021	IGVS	CIVIL AVIATION CABIN SERVICES
Lect.	TAHİR	GÜRDİL	31.08.2021	IGVS	CIVIL AVIATION CABIN SERVICES (ENGLISH)
Lect.	ÇİSEM	İNANÇ	31.08.2021	IGVS	APPLIED ENGLISH AND TRANSLATION
Lect.	HATİCE RUMEYSA	KIZILGÖZ		IGVS	HEALTH AND SECURITY



Masthead

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THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur.
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with a **person who is recommended insulation** at home.





PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.


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