

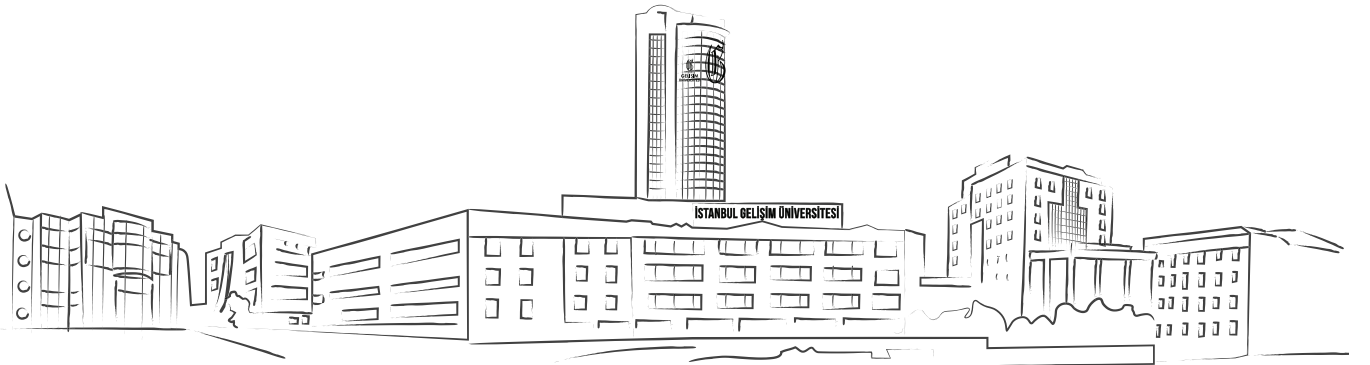


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AGENDA OF PERSONNEL

Asst. Prof. Dr. Ahmet Serdar KÜÇÜK has been assigned as Head of the Department of English Language and Literature at the Faculty of Economics, Administrative and Social Sciences on July 01, 2020.

Asst. Prof. Dr. Eren EFE has been assigned as Head of the Department of New Media at the Faculty of Economics, Administrative and Social Sciences on July 01, 2020.

The Impact Rankings 2020



NEWS

Sevilay Kaygalak Urban Studies Article Award found its winner

June 29 / 2020



The Sevilay Kaygalak Urban Studies Article Award, organized by Praxis magazine for the first time this year, found its owner with an online ceremony held yesterday. For the article "Intergenerational Approach to Education in Slums: Borders, Expectations, Preferences", Asst. Prof. Dr. Leyla Bektaş Ata was awarded.

The winner of the Sevilay Kaygalak Urban Studies Article Award, organized by Praxis, Turkey's leading academic journal, was Asst. Prof. Dr. Leyla Bektaş Ata from Istanbul Gelisim University with article titled "Intergenerational Approach to Education in Slums: Borders, Expectations, and Preferences" that deals with intergenerational education and professional translations in a slum

neighborhood in Izmir. The ceremony was held yesterday on the online platform due to coronavirus pandemics. Sharing her feelings before the ceremony, Ata said: "It is a pleasure for me to be worthy of this award. Such awards are very limited in the field of social sciences. It is very valuable for me that the qualitative research I have done received an award."

You can visit www.gelisim.edu.tr to see the detailed news.

Pandemic increases, net exchange reserve decreases**June 29 2020**

Stating that she determined the presence of a statistically significant co-integration relation between Covid-19 and net exchange reserves in Turkey at a long-term in one of her studies, Assoc. Prof. Dr. Gülgün Çiğdem said: “With this study, it was determined empirically that the net exchange reserve is the cause of the number of cases, the number of cumulative cases and the rate of infection in the short term. According to my study, there is a relation between the change in reserves and the pandemic.”

Assoc. Prof. Dr. Gülgün Çiğdem gave the following information about her work published in Journal of Business, Economics and Finance (JBFEF): “It is empirically determined with the study that the reason for the increase in COVID-19 data is the lack of “sufficient” resources to prevent mass unemployment and bankruptcies caused by preventing the spread of pandemic, identifying and treating cases, and promoting isolation and social distance for protection purposes in the pandemic process. According to the results of the analysis, 1 percent increase in the rate of infection reduces the net foreign currency reserve by 719.9 percent. In other words, a decrease in the net exchange reserve brings about an increase in the rate of infection.”

You can visit www.gelisim.edu.tr to see the detailed news.

Smoking also causes muscle contraction**June 30 2020**

Noting that smoking causes many metabolic damages in the human body, Asst. Prof. Dr. Engin Işık Abanoz said: “Muscle contraction occurring in oxidative muscle fibers is just one of them. Even one cigarette per day affects exercise capacity.”

Stating that smoking shortened the average life expectancy by 5 to 8 years, Head of Istanbul Gelisim University Recreation Department Asst. Prof. Dr. Engin Işık Abanoz said: “As a result of changes in body metabolism due to smoking, exercise capacity and physical activity level are directly affected and the quality of life of the person is impaired. There are studies supporting that smokers’ quality of life scores are significantly lower than non-smokers.”

You can visit www.gelisim.edu.tr to see the detailed news.

60 kilograms on our spine in the offices: Workplace yoga from the expert**July 01 2020**

Staying home for a long time during the pandemic also left people immobile. Physiotherapist Gülşah Konakoğlu gave suggestions on a workplace yoga not to stay still in the offices along with the new normal. Expressing that being immobile puts a 60-kilogram load on the spine, Konakoğlu said: “We can practice a certain yoga flow or stretching exercises every hour on the day. We can do it for 5 minutes and continue our work.”

Especially office job brings back pain, a stiff neck and stretched shoulders. Stating that working at a desk for more than 8 hours in a fixed position without moving at all exhausts our body, Physiotherapist Lect. Gülşah Konakoğlu from Istanbul Gelisim University (IGU) School of Health Sciences Department of Physiotherapy and Rehabilitation said: “Our back hurts, we put a load on our neck, and our muscles around the hip and shoulder are tightened. Therefore, by adding some of the yoga exercises we know at this point to the office environment, we can increase our energy and keep fit. We wear masks for a long time and our breathing is very important now. We breathe carbon dioxide in these masks. In this sense, we can work by balancing our breath.”

You can visit www.gelisim.edu.tr to see the detailed news.

Tweets by Trump increase anti-vaxxer**July 02 / 2020**

A study in the U.S. revealed that tweets by US President Donald Trump increased anti- vaxxer. Psychiatrist Dr. Onur Okan Demirci said: “These studies show that politicians’ discourses strengthen the thoughts of conspiracy theorists.”

“THE THOUGHT OF THE CONSPIRACY THEORISTS ARE STRENGTHENED”
According to the research, it is shown that there is an increase in the number of people reacting against the vaccine as a result of Trump’s hesitant tweets about COVID-19 vaccine, Psychiatrist Dr. Onur Okan Demirci from Istanbul Gelisim University said: “These studies show that politicians’ discourses also

strengthen the thoughts of conspiracy theorists. According to the results of the research, it is seen that the people who become suspicious due to such tweets are also the ones who believe in the conspiracy theories like Princess Diana was murdered, and the climate changes have been made by China on purpose.”

You can visit www.gelisim.edu.tr to see the detailed news.

What are the effects of pandemic on education?**July 03 / 2020**

Stating that COVID-19 outbreak has unexpected positive results in terms of education and training, Asst. Prof. Dr. Derya Kavgaoglu said: “The student who experiences distance education gains learning autonomy, and the teacher who experiences distance education starts to produce original teaching design.”

“POSITIVE RESULTS REVEALED”
Stating that COVID-19 pandemic brought about a global transformation in terms of educational practices, Asst. Prof. Dr. Derya Kavgaoglu said: “The transformation required the transfer of school-based established educational

processes to the completely digital platform. The countries of the world produced their own formulas quickly in order to continue education and minimize losses. Turkey could be considered among the countries which produced a strong education policy in a very short time and provided healthy and problem-free transition from school based education to the digital education. The data in the report titled ‘Education in the COVID-19 Outbreak 2020’ published by the Organization for Economic Development and Cooperation (OECD) also supports this evaluation. With the same research report, OECD also found that the crisis produced an unexpected series of positive results for education and training.”

You can visit www.gelisim.edu.tr to see the detailed news.



DEGREES AND PROGRAMS



EVERY WEEKDAY A NEW PROGRAM

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**STUDY AT ISTANBUL
GELISIM UNIVERSITY**

LIVE IN ENGLISH

16 JUNE

20.00 **MECHATRONICS ENGINEERING & ECONOMICS AND FINANCE**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. KHALID O. MOH. YAHYA
GUEST: ASST. PROF. DR. LUKMAN OLOGORUN AYINDE

23 JUNE

20.00 **ARCHITECTURE & CHILD DEVELOPMENT**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. MOHAMMAD BAHARVAND
GUEST: PROF. DR. WILLIAM MOSIER

30 JUNE

20.00 **INDUSTRIAL ENGINEERING & POLITICAL SCIENCE**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. MEHDI SAFAEI
GUEST: ASSOC. PROF. ANNAMARIA CSISZER

7 JULY

20.00 **ELECTRICAL ELECTRONICS ENGINEERING & INTERNATIONAL RELATIONS**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. AHMED AMIN SOLYMAN
GUEST: ASST. PROF. DR. KERUKE WAKIZAKA

14 JULY

20.00 **COMPUTER ENGINEERING & INTERNATIONAL LOGISTICS AND TRANSPORTATION**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASSOC. PROF. SHEHZAD ASHRAF
GUEST: ASSOC. PROF. ALIREZA ARSHADI

21 JULY

20.00 **CIVIL ENGINEERING & BUSINESS ADMINISTRATION**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. MASOUD DERAKHSHANDEH
GUEST: ASST. PROF. DR. SETARE NOROZPOUR
GUEST: PROF. DR. ZAFAR U. AHMAD

28 JULY

20.00 **ENGLISH LANGUAGE AND LITERATURE & GASTRONOMY**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. TARIK EL-HADARY
GUEST: ASSOC. PROF. REHAB AHMED MOHAMED

4 AUGUST

20.00 **PSYCHOLOGY & SOCIAL WORK**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. AMAN SADO ELEND
GUEST: ASST. PROF. DR. ASHIFA KARIVELIPARAMBIL MOHAMMED ASHRAF

11 AUGUST

20.00 **PHYSIOTHERAPY & SOCIOLOGY & AVIATION**

MODERATOR: ASST. PROF. DR. FESTUS VICTOR BEKUN - UMEDJON HAITMURADOV
GUEST: ASST. PROF. DR. MOTAZ ALAWNA
GUEST: ASST. PROF. DR. HIBA GHANEM
GUEST: PROF. DR. OSMAN ERGUVEN VATANDAS

IGUZEB

Istanbul Gelisim University Distance Education



Due to COVID-19, distance education process has started in universities in accordance with the decision taken by the **Council of Higher Education (YÖK)**. Istanbul Gelisim University **Distance Education Unit (IGUZEB)**, which has been operating since 2016, works at full capacity in order to continue the educational life of students efficiently in this process, with its technical infrastructure and experience.

IGUZEB has made that its vision to increase the knowledge and experience of our faculty members to the level of **international e-learning standards** with the use of distance education technologies aiming the life-long and unlimited learning awareness of distance education as student-centered, independent of time and place. In this context, it continues to work on digital content development with technologies based on e-learning, by providing the necessary technical support to existing **associate, undergraduate and graduate programs** carried out within our university.

In this challenging process that our country and the world live, our students can follow their lessons with the distance education system and access **the course content such as video, notes, test** prepared by our faculty members with the support of digital infrastructure. They can view their homework and deliver their homework to their lecturers through the same system.

The system provides the opportunity to attend live classes and communicate simultaneously with their lecturers, and then watch the course video again. Our students can enter the exams of the courses they are responsible for online. In the exam system, **questions and time have been meticulously prepared** in accordance with this infrastructure. All these materials are accessed through a computer, tablet or mobile device with internet connection. If our students have any questions about the process, after they send support requests, our personnel will help them.

As IGUZEB, we work to provide the most efficient education by using of all the possibilities of **digital technology** in order to avoid interruption of education.



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THINGS TO KNOW



ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.





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