

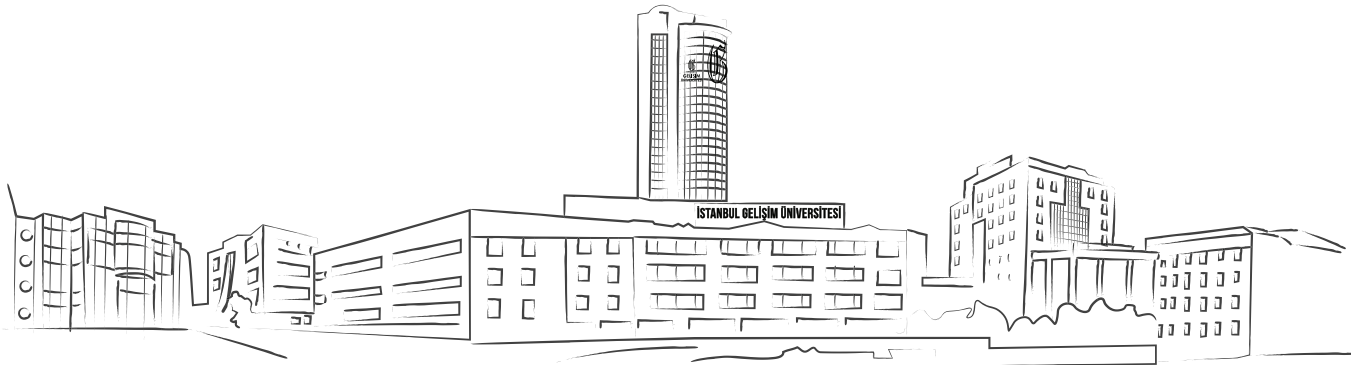


ISTANBUL  
**GELISIM**  
UNIVERSITY

**WEEKLY PRESS RELEASE**

**APRIL 20 - APRIL 24, 2020**

**VOLUME 4 / ISSUE 10**



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## AGENDA OF PERSONNEL

- No record has been registered on **Personnel Agenda** for the dates of 20.04.2020-24.04.2020.

**Note:** Personnel birthdays celebrated in the previous bulletins will not be published any more due to the obligations regarding data security within the scope of the **Personal Data Protection Law (KVKK)**.

## The Impact Rankings 2020



**Warning from the expert: Do not forget to video chat with the elderly**

APRIL 20 2020



Reminding that the elderly have not been able to leave the house for about a month due to the coronavirus, Lecturer Mehmet Başçillar drew attention to the fact that the psychosocial effects of living alone are extremely severe. Underlining that seniors should be interviewed with their loved ones in this period, Başçillar said: "There is a need for social workers to be employed in psychosocial services to be offered to the elderly."

Expressing that extraordinary measures are taken to protect the health of the elderly population at the global and national level, Mehmet Başçillar, the Lecturer from Istanbul Gelisim University Social Service Department, stated

that 1.3 million elderly individuals live alone at home according to current data. Stating that the psychosocial effects of not leaving the house and living alone for about a month have been extremely severe, Başçillar said: "According to the research conducted with 44 thousand people diagnosed with coronavirus in China, 88% of those who lost their lives due to the virus are 60 years and older. This spooky rate explains the importance of the measures taken better."

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**Anxiety for coronavirus causes repetition of behavior**

APRIL 20 2020



Saying that the coronavirus pandemic caused anxiety and obsession in many people, Specialist Psychologist Selin Kalabaş stated that the pandemic is more affected by obsessive people. Kalabaş spoke: "They would wash their hands for hours and take various precautions for both protecting themselves from the virus and the fear of infecting someone else. Anxiety and fear cause repetition of behavior in people."

The coronavirus outbreak that affects the world threatens physical as well as mental health. Stating that people constantly wash hands and use disinfectants because the hygiene is the main actor in protection against

viruses, Specialist Psychologist Lect. Selin Kalabaş from Istanbul Gelisim University (IGU) said: "One of the negative effects of coronavirus is that it increases the occurrence of some psychiatric diseases."

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**In quarantine, parents are also beginning to be exhausted**

APRIL 21 2020



Under the influence of the outbreak millions of people worldwide, as well as in Turkey, were closed at their homes. In this process, while there are occasional crises in family communication, Psychiatrist Assoc. Prof. Dr. Sevcin Karakoç stated that families should evaluate this to spend more time and bond with their children.

Stating that coronavirus quarantine is an opportunity to correct the relationship, Assoc. Prof. Dr. Karakoç said, "instead of collaborative steps voices such as 'Don't do it, stop, shut up' from many houses started to rise."

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**IGU is ranked 1st in Turkey and among the world's top 100 universities with high-quality education****APRIL 22 2020**

The international prestigious higher education ranking agency Times Higher Education (THE), known as the 'Oscar of Higher Education', announced the 'University Impact Ranking 2020', in which universities aim to measure their contribution to the sustainable development of societies. Being ranked 96th among the World's top 100 universities providing high-quality education Istanbul Gelisim University (IGU) became 1st from Turkish universities. In the general ranking, IGU is ranked among 600 universities in the world and left 19 Turkish universities behind.

THE 1st AMONG THE PARTICIPANTS FROM TURKEY

Istanbul Gelisim University (IGU) has succeeded to be among the first hundred universities in the world under the title of "High Quality Education" by being ranking many universities in the ranking that was realized in accordance with the 17 sustainable development goals set by the United Nations (UN) and evaluating the contributions of the universities to the society with their studies and innovative projects in the field of education. Under the title "Quality Education", Istanbul Gelisim University took part in the 1st ranking in 34 universities Turkish participant universities.

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**Coronavirus diagnosis time can be reduced to 1 minute: They are waiting for support****APRIL 23 2020**

Microbiology Specialist Dr. Asiye Karakullukçu is preparing to develop the biosensor, which can detect the previously developed hospital infections in 1 minute, for the diagnosis of Covid-19. Karakullukçu said: "If we can get the support we need, we can detect the diagnosis of coronavirus in 1 minute with 1 drop of blood. We plan to develop the same sensor and make it ready for use in a very short time."

Developing a biosensor that can detect the hospital infection that caused thousands of people to die every year in 2017, within minutes, Istanbul Gelisim University (IGU) the School of Health Sciences Asst. Prof. Dr. Asiye Karakullukçu said that they could develop the same sensor for the use in the diagnosis of Covid-19. Karakullukçu stated: "The method used today for diagnosis is based on a swab sample. Our goal here is to develop a biosensor that anyone can easily use, which can measure a person's reaction to Covid-19 with a drop of blood, not a respiratory sample."

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# IGUZEB

## Istanbul Gelisim University Distance Education



Due to COVID-19, distance education process has started in universities in accordance with the decision taken by the **Council of Higher Education (YÖK)**. Istanbul Gelisim University **Distance Education Unit (IGUZEB)**, which has been operating since 2016, works at full capacity in order to continue the educational life of students efficiently in this process, with its technical infrastructure and experience.

**IGUZEB** has made that its vision to increase the knowledge and experience of our faculty members to the level of **international e-learning standards** with the use of distance education technologies aiming the life-long and unlimited learning awareness of distance education as student-centered, independent of time and place. In this context, it continues to work on digital content development with technologies based on e-learning, by providing the necessary technical support to existing **associate, undergraduate and graduate programs** carried out within our university.

In this challenging process that our country and the world live, our students can follow their lessons with the distance education system and access **the course content such as video, notes, test** prepared by our faculty members with the support of digital infrastructure. They can view their homework and deliver their homework to their lecturers through the same system.

The system provides the opportunity to attend live classes and communicate simultaneously with their lecturers, and then watch the course video again. Our students can enter the exams of the courses they are responsible for online. In the exam system, **questions and time have been meticulously prepared** in accordance with this infrastructure. All these materials are accessed through a computer, tablet or mobile device with internet connection. If our students have any questions about the process, after they send support requests, our personnel will help them.

**As IGUZEB**, we work to provide the most efficient education by using of all the possibilities of **digital technology** in order to avoid interruption of education.



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# THINGS TO KNOW



## ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

### What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

### How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

### What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

### What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing **a surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.



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