

School of Foreign Languages' Monthly Bulletin

October 2023



**What you
will read
in this
month's
issue:**

- Latest News of SOFL
- International Coffee Day - 1st October
- World Vegetarian Day - 1st October
- World Mental Health Day - 10th October
- The 100th anniversary of the Republic of Turkey
- Halloween
- Conference - 9th October
- Cultural Insights in English-Speaking Countries
- English Idioms
- English Riddles
- Our Staff's Academic Activities
- Our instructors of SOFL
- SFOL on Social Media



Block E



Latest News of SOFL

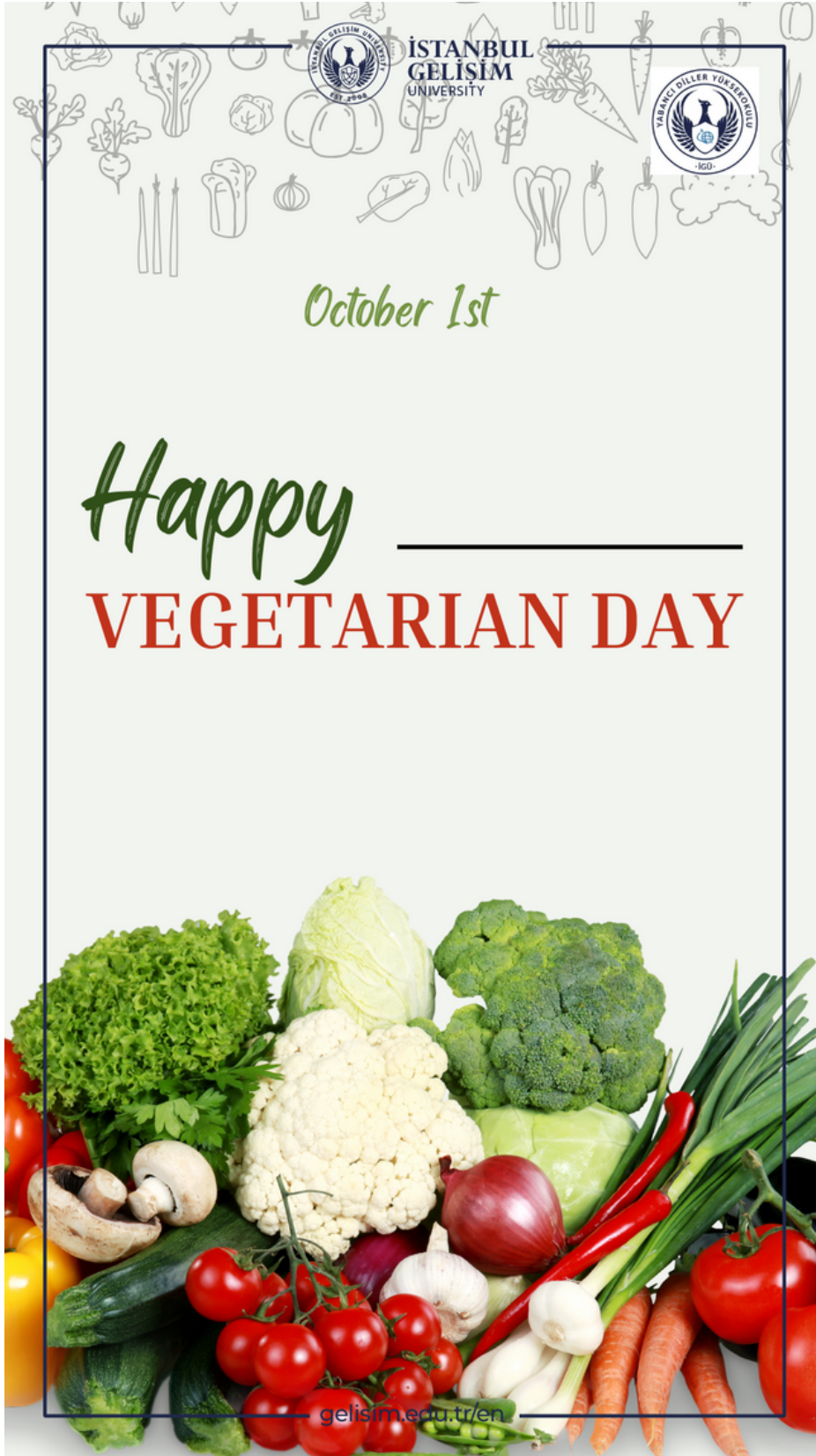
OCTPBER




YDYO


- **The proficiency exam 6 was held on October 18**
 - **Conference was held in block E - Conference hall on October 9th**
 - **Exemption List 6 was announced .**
 - **Track 4 Quiz dates were announced.**
 - **The proficiency exam results which was held on October 19 were announced on 27.10.2023**
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October 1st




October 10th

 İSTANBUL
GELİŞİM
UNIVERSITY



**WORLD
MENTAL
HEALTH
DAY**



gelisim.edu.tr/en

October 29th



ISTANBUL
GELISIM
UNIVERSITY



**CUMHURİYET
100. YILI**

**29 Ekim
Cumhuriyet Bayramımız
Kutlu Olsun.**



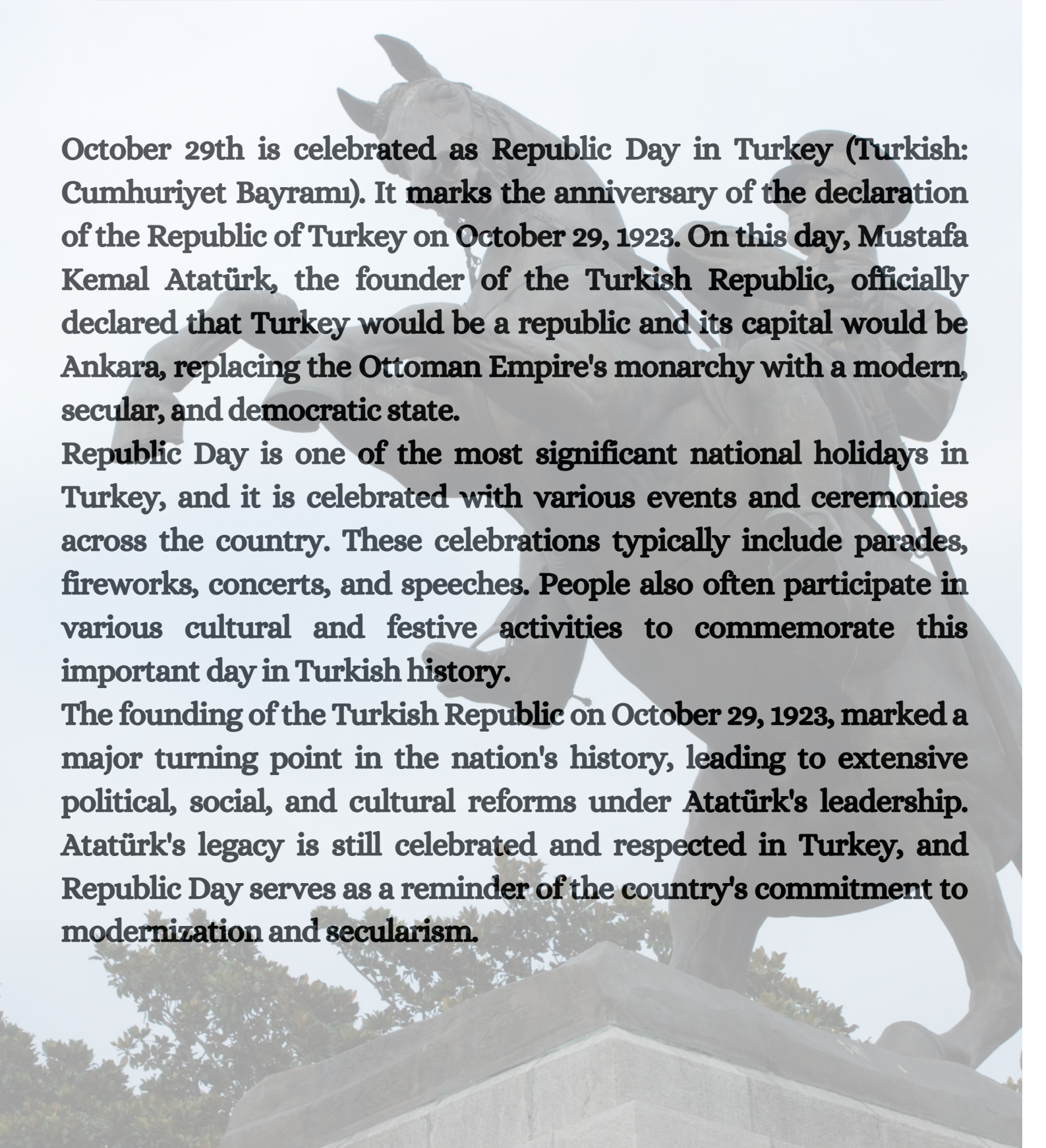
gelisim.edu.tr/en

October 29th

October 29th is celebrated as Republic Day in Turkey (Turkish: Cumhuriyet Bayramı). It marks the anniversary of the declaration of the Republic of Turkey on October 29, 1923. On this day, Mustafa Kemal Atatürk, the founder of the Turkish Republic, officially declared that Turkey would be a republic and its capital would be Ankara, replacing the Ottoman Empire's monarchy with a modern, secular, and democratic state.

Republic Day is one of the most significant national holidays in Turkey, and it is celebrated with various events and ceremonies across the country. These celebrations typically include parades, fireworks, concerts, and speeches. People also often participate in various cultural and festive activities to commemorate this important day in Turkish history.

The founding of the Turkish Republic on October 29, 1923, marked a major turning point in the nation's history, leading to extensive political, social, and cultural reforms under Atatürk's leadership. Atatürk's legacy is still celebrated and respected in Turkey, and Republic Day serves as a reminder of the country's commitment to modernization and secularism.



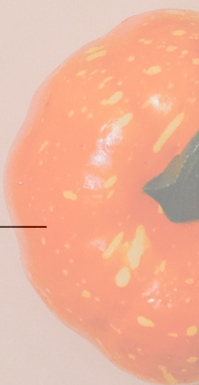
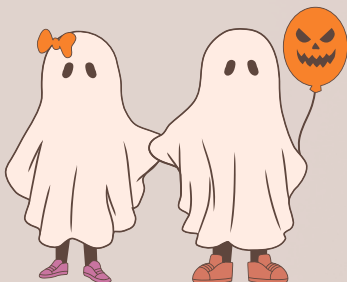
Halloween

Halloween is a popular holiday celebrated in several countries, primarily in the United States, Canada, and the United Kingdom, but it has also gained recognition in other parts of the world. It is celebrated on the night of October 31st.

Halloween has a rich history and is associated with various traditions and customs.



One of the most recognizable aspects of Halloween is the tradition of wearing costumes. People, especially children, dress up as various characters, often including ghosts, witches, monsters, superheroes, and more. Costume parties and contests are common during this time.



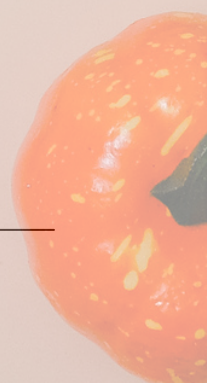
Halloween

Trick-or-Treating

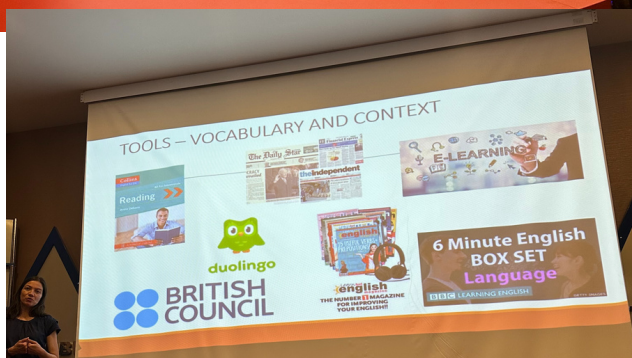
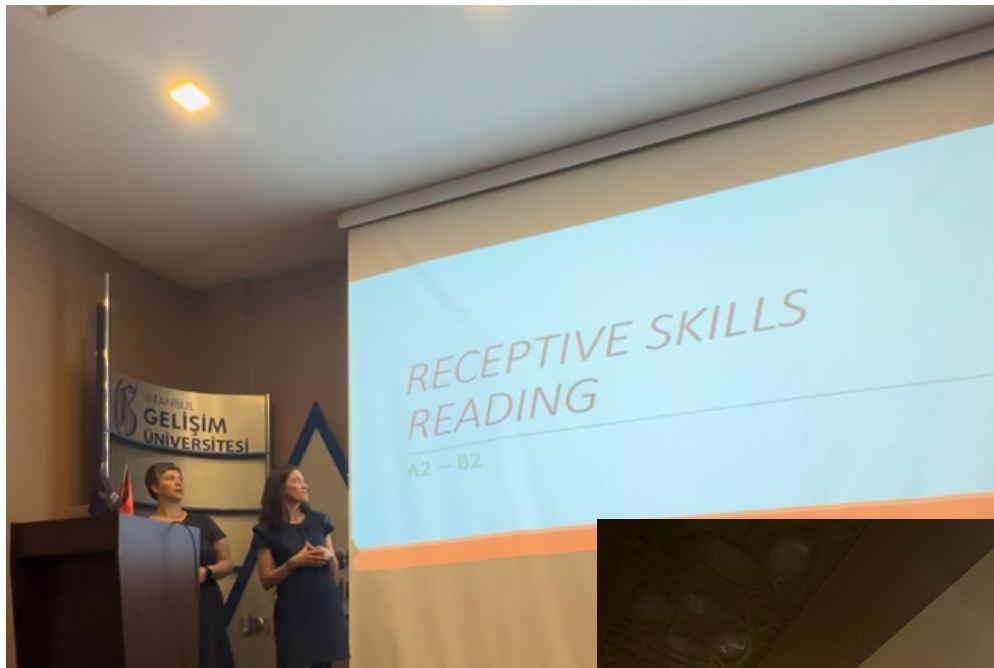
Children go from house to house, often saying "Trick or treat!" at the door. They are usually given candy or other treats as a reward. This tradition is a major part of Halloween for many people.



Costume parties and gatherings are common, and they often feature themed decorations, games, and activities.



Conference: 9th October



Cultural Insights in English-speaking Countries

United States

The United States is known for its cultural diversity, with a melting pot of people from various backgrounds and ethnicities.

Individualism: Americans tend to value individualism and self-reliance, and personal achievements are highly regarded.

Patriotism: The United States has a strong sense of national pride and patriotism, often displayed through symbols like the flag and national anthem.

United Kingdom

Politeness: British culture places a strong emphasis on politeness and etiquette. Queuing, using "please" and "thank you," and a sense of propriety are important.

Humor: British humor is known for its wit and irony, and is often self-deprecating. The UK has a rich comedy tradition.

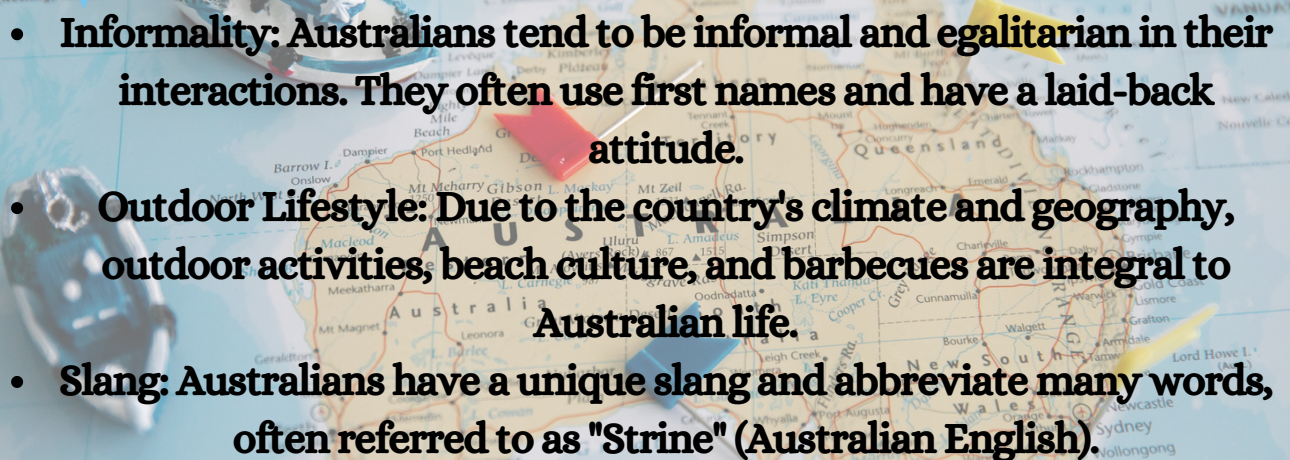
Tradition: The UK has a deep respect for tradition and history, seen in events like the Changing of the Guard at Buckingham Palace.

Cultural insights in English-speaking countries

Canada

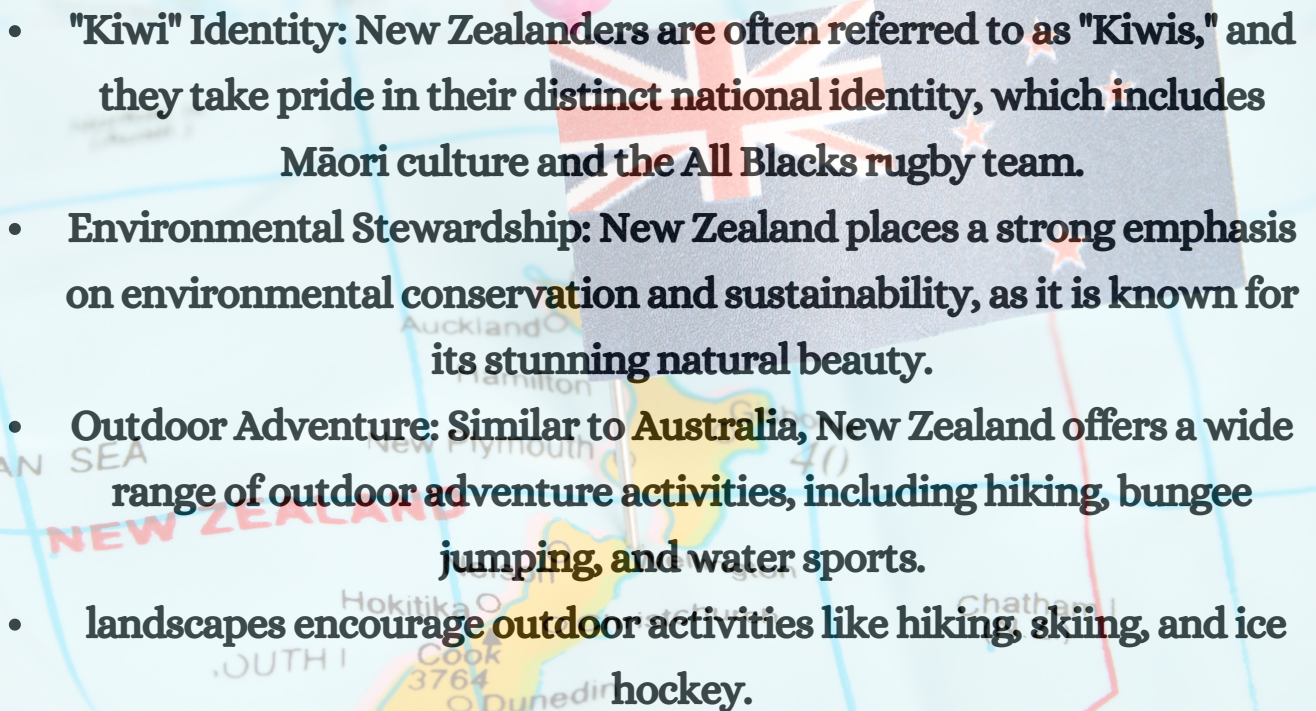
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- **Multiculturalism:** Canada embraces multiculturalism, with a diverse population. This is reflected in policies promoting inclusivity and diversity.
 - **Politeness:** Canadians are often stereotyped as extremely polite and courteous, with "sorry" being a commonly used word, even for minor inconveniences.
 - **Outdoor Activities:** Canada's vast natural landscapes encourage outdoor activities like hiking, skiing, and ice hockey.

Australia

- 
- **Informality:** Australians tend to be informal and egalitarian in their interactions. They often use first names and have a laid-back attitude.
 - **Outdoor Lifestyle:** Due to the country's climate and geography, outdoor activities, beach culture, and barbecues are integral to Australian life.
 - **Slang:** Australians have a unique slang and abbreviate many words, often referred to as "Strine" (Australian English).

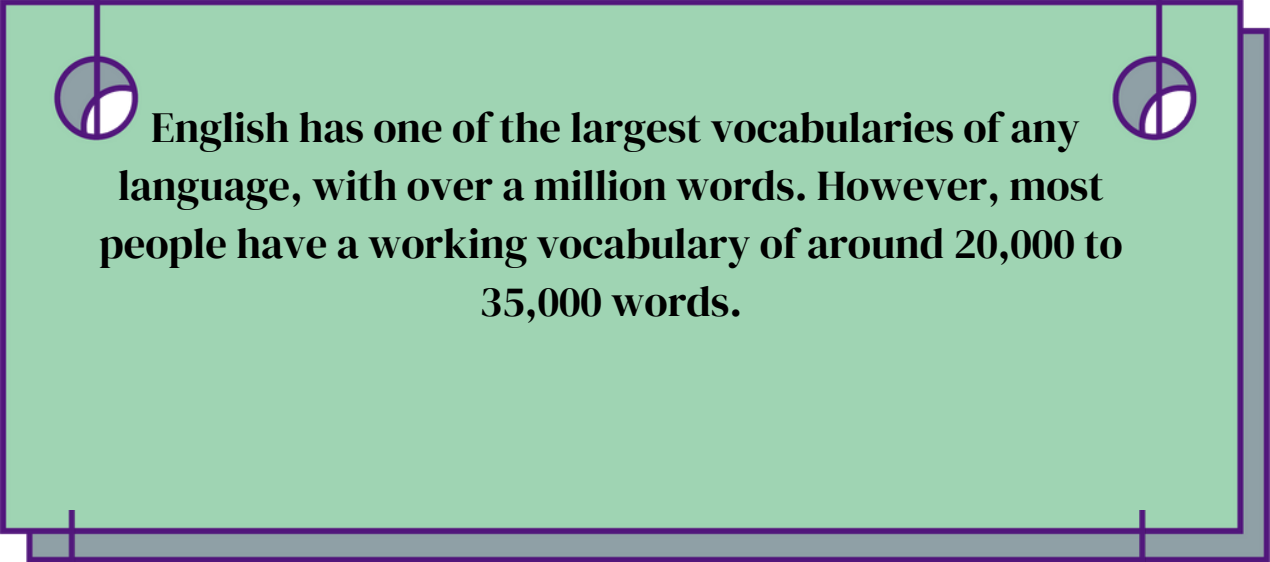
Cultural insights in English-speaking countries

New Zealand

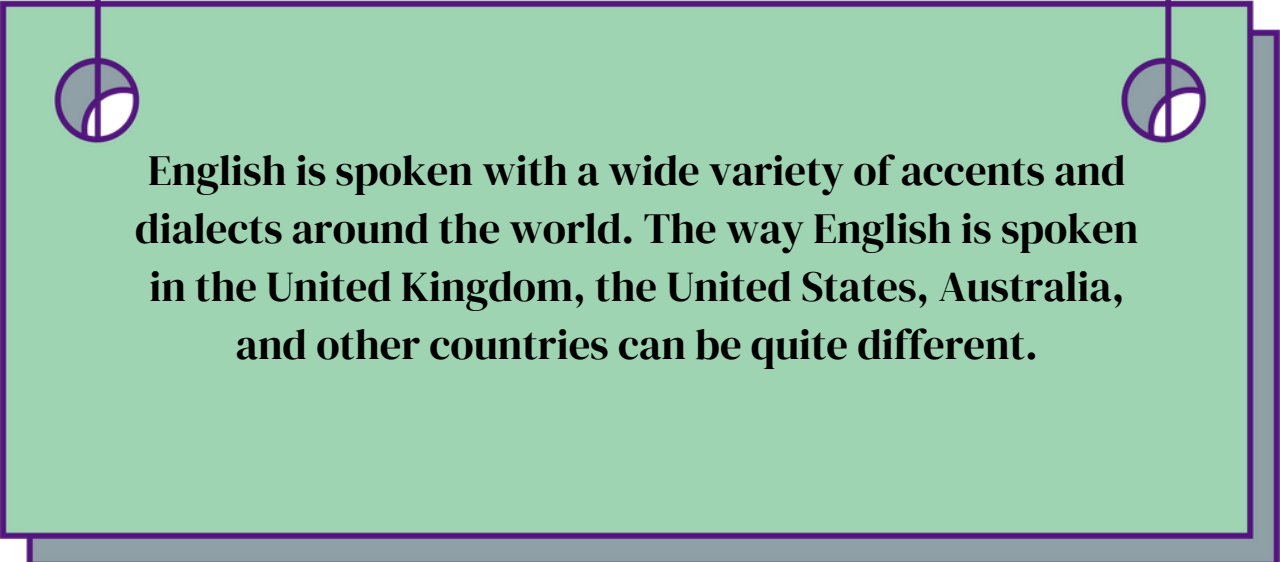
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- **"Kiwi" Identity:** New Zealanders are often referred to as "Kiwis," and they take pride in their distinct national identity, which includes Māori culture and the All Blacks rugby team.
 - **Environmental Stewardship:** New Zealand places a strong emphasis on environmental conservation and sustainability, as it is known for its stunning natural beauty.
 - **Outdoor Adventure:** Similar to Australia, New Zealand offers a wide range of outdoor adventure activities, including hiking, bungee jumping, and water sports.
 - **landscapes encourage outdoor activities like hiking, skiing, and ice hockey.**

It's important to remember that these are general cultural insights and may not apply to every individual within these countries. Local customs, values, and norms can vary from one region to another, and people's attitudes and behaviors can differ widely. When interacting with people from these countries, it's always a good practice to be open, respectful, and willing to learn about their specific cultural practices and expectations.

Did you know?



English has one of the largest vocabularies of any language, with over a million words. However, most people have a working vocabulary of around 20,000 to 35,000 words.



English is spoken with a wide variety of accents and dialects around the world. The way English is spoken in the United Kingdom, the United States, Australia, and other countries can be quite different.

English Idioms

The early bird catches the worm:

Being proactive and starting early can lead to success or advantages.



Spill the beans:

To reveal a secret or share information that was meant to be kept confidential.



English Riddles

I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?



Answer: An Echo

I have keys but open no locks. I have space but no room. You can enter, but you can't go inside. What am I?



Answer: A keyboard

Our Staff's Academic Activities

In SFOL, we support our instructors' academic endeavors.



Webinars

Webinars and events take place on a regular basis because the need for being up to date when it comes to teaching in the 21st century, makes seminars an inseparable part of professional development. For a detailed list of webinars on English language teaching, you can visit the following website:

<https://webinars.eltngl.com>

Our School On Social Media

As always, our school was very active on social media to announce important events or celebrate public or national and international holidays. Here, we will take a look at some of them without any explanation because sometimes a picture is worth a thousand words!

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iguydyo · Original audio



View insights

Boost post



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41 likes



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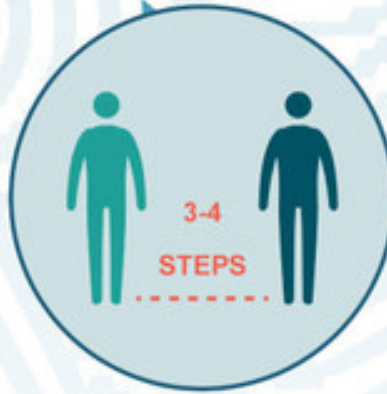
41 likes
iguydyo Conference -Reading Skills
October 9



PROTECTING FROM THE VIRUS IN OUR HANDS



COVER YOUR MOUTH AND NOSE WITH DISPOSABLE PAPER TISSUES DURING COUGHING AND SNEEZING. IF THERE IS NO TISSUE, USE THE INNER SIDE OF YOUR ELBOW.



AVOID CLOSE CONTACT SUCH AS HANDSHAKING AND HUGGING.



AVOID CROWDED PLACES AS MUCH AS POSSIBLE.



DO NOT TOUCH YOUR MOUTH, NOSE AND EYES WITH DIRTY HANDS.



WASH YOUR HANDS WITH WATER AND REGULAR SOAP FOR AT LEAST 20 SECONDS.



USE HAND SANITIZER IF THERE IS NO WATER AND SOAP.