



**Istanbul Gelisim
Vocational School**



IGVS

Monthly E-Bulletin

May
2023

Volume 3 / Issue 5

myo.gelisim.edu.tr

Dear Young People,

Istanbul Gelisim Vocational School, which started its education life in 2008, started to publish a monthly E-Bulletin as of 2021. We are very happy to bring you the May issue of our e-bulletin and to share with you the developments in our Vocational School. I believe you will enjoy reading our bulletin and I present my greetings and respect with the hope of meeting you in a new issue.

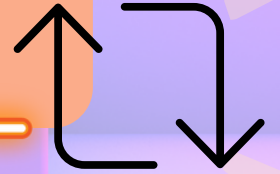
You can follow all the developments in our Vocational School on our social media channels.

***Director of IGVS
Assist. Prof. Ismail Cem AY***

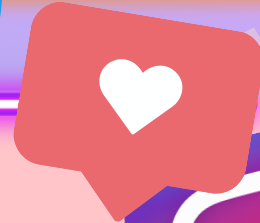
Facebook:
igumyo



Twitter:
igumyo



Instagram:
igumyo



ISTANBUL GELISIM UNIVERSITY IS 16TH IN THE WORLD AND 1ST IN TURKEY IN THE FIELD OF "QUALITY EDUCATION"!

Times Higher Education (THE), the ranking institution of world universities, has been announced the Impact Ranking of 2022. Among the 1180 universities in the world, Istanbul Gelisim University (IGU) increased its success ranking, which was 24 last year, to 16th place in the category of "Quality Education" by increasing 8 steps this year. It continued to maintain its success last year, ranking 1st among Turkish universities.

The success of Istanbul Gelisim University (IGU) was ranked in five different categories in line with the United Nations Sustainable Development Goals, in the list of 1406 universities, which are listed in the 2022 ranking of the UK-based, world's leading higher education rating agency, Times Higher Education (THE). In the Impact Ranking 2022 list, Istanbul Gelisim University (IGU) increased its degree from 24th to 16th among 1180 world universities in the "Quality Education" category, while maintaining its 1st place among Turkish universities.

5 ACHIEVEMENTS FROM 5 DIFFERENT CATEGORIES

In the ranking carried out in line with the categories in 17 fields determined by the United Nations within the scope of the Sustainable Development Goals (SDG), Istanbul Gelisim University is among the universities of Turkey, with its studies in the field of education, innovative projects and its contributions to the society;

- SDG4: Ranked 1st in Turkey in the Quality Education category,
- SDG7: Ranked 4th in Turkey in Accessible and Clean Energy category,
- SDG3: Ranked 12th in Turkey in the category of Healthy and Quality Life,
- SDG6: Ranked 12th in Turkey in the category of Clean Water and Sanitation
- SDG17: Ranked 24th in Turkey in the Partnerships for Purposes category, it proved itself in many areas such as lifelong learning practices, community-oriented learning, personal development opportunities, quality and sustainability of the education provided.



"IN THE INTERNATIONAL RANKING, WE HAVE INCREASED OUR SUCCESS 8 STEPS!"

Abdulkadir Gayretli, Chairman of the Board of Trustees of Istanbul Gelisim University (IGU), who made a statement about the ranking in which the effects of ecological, economic and environmental sustainability practices on society according to the United Nations 17 Sustainable Development Goals are aimed, stated that while Istanbul Gelisim University was among the top 100 universities in the "Quality Education" category in the past years but today it is in the 16th place in the world ranking and he said:

"Istanbul Gelisim University has added a new one to its national and international successes with its growing experience and strong tradition over the years. In the 2022 rating of Times Higher Education (THE), one of the most respected higher education rating institutions in the world, we moved up 8 places from our 24th place in the "Quality Education" category in the world ranking, to 16th this year. This rating, which we received from a reputable organization, makes us proud and motivates us for years to come. We are preparing for the future by being open to continuous development for this purpose. By hosting many national and international large scale projects within our university, we are shaping scientific achievements and the future."



"WE SUPPORT SUSTAINABLE DEVELOPMENT GOALS"

Stating that they continue to work to achieve better every year with the slogan of "Be Open to Development!" Abdulkadir Gayretli emphasized that 65 programs within the university are accredited by international accreditation institutions and that they will continue to provide education at international standards. Stating that they are the first Turkish university to teach sustainability as a compulsory course, Gayretli said, "Under the leadership of Prof. Dr. Erol Özvar, The President of the Higher Education Institution (YÖK), we want universities to be leading institutions in raising qualified manpower and creating knowledge and technology accumulation in line with Turkey's development goals, and we support sustainable development goals. We have made education and research our mission for the future of the world and humanity. We continue to work by giving importance to sustainability in order to leave a better world to future generations and to achieve lasting success."

Times Higher Education (THE), Impact Ranking (Impact Ranking) 2022 list can be found [here](#).



SCImago University Rankings 2023 Results



SCIMAGO
INSTITUTIONS
RANKINGS

SCImago University Rankings has published its 2023 report, which ranks the research, innovation and social impacts of world universities according to percentiles. SCImago University Rankings is a ranking system that measures the social and scientific impact and innovation of universities around the world.

SCImago University Rankings aims to give a general idea about universities by measuring their performance in terms of research, innovation and social impact. The report published after the research can help students, academicians, researchers and other interested parties evaluate universities.

For students, this ranking helps them learn about the quality, effectiveness and prestige of a university in international education. For academic staff and researchers, this ranking provides information on the research activities and effects of universities in different disciplines.

The research performance of SCImago Turkey University Ranking of Istanbul Gelisim University, where multidisciplinary studies are intense, draws attention. According to the evaluation of SCOPUS research output data; Istanbul Gelisim University ranked 2nd in Law, 5th in Civil Engineering, 7th in Industrial Engineering, 32nd in Psychology, 9th in Engineering, 3rd in Environmental Science and 7th in Business Administration among the universities in Turkey.

SCImago University Ranking is very significant for measuring and evaluating the performance of universities, particularly in developing countries. This ranking increases the international recognition of universities in these countries. This ranking offers a more comprehensive perspective when measuring the performance of universities, focusing not only on research impact but also on social impact and sustainability.

SCImago Institutions Rankings

Area	World	Middle East	OECD	Turkey
Environmental Science	630	20	352	3
Business, Management and Accounting	1096	45	759	7
Engineering	1363	45	901	9
Civil and Structural Engineering	575	22	358	5
Industrial and Manufacturing Engineering	928	41	541	7
Economics, Econometrics and Finance	1592	97	979	26
Energy	1967	146	1117	27
Computer Science	2489	164	1516	29
Social Sciences				
Law	774	22	623	2
Sociology and Political Science	1355	42	1044	12
Geography, Planning and Development	1424	81	908	16

When the data of Istanbul Gelisim University in the Evolution of the Institute are analyzed, it is seen that the investment made by the university in scientific research has increased in recent years and the quality of its scientific output has increased as well. This is very crucial in terms of increasing the academic impact and social benefit of the university. Moreover, the increase in innovation capacity and the increase in interaction with the society are among the other factors that demonstrate the success of the university.



Academicians from IGU are on the "Best Scientists" list of the world and countries!

Research.com, one of the world's leading research and academia portals, has announced the list of the "Best Scientists" of the world and countries. Istanbul Gelisim University academics were shown among the best scientists in Turkey and the world with their degrees in "Engineering and Technology", "Economy and Finance" and "Neuroscience".



Research.com

ACADEMICIANS FROM IGU
ARE ON THE LIST OF THE
WORLD'S AND COUNTRIES' 'BEST SCIENTISTS'!

SCIENTIST	SCIENCE FIELD	NUMBER OF SCIENTIST FROM TÜRKİYE	TÜRKİYE RANKING	WORLD RANKING
PROF. DR. BAHRI ŞAHİN	ENGINEERING AND TECHNOLOGY	47	17	4020
PROF. DR. KEMAL SİTKİ TÜRKER	ECONOMICS AND FINANCE	6	4	5870
DOÇ. DR. UĞUR FİDAN	NEUROSCIENCE	1	1	1183

Research.com, one of the world's most significant online academic portals for scientists, has announced its "Best Scientists" list. In the list, which is prepared on the basis of studies created by scientists in their own fields, the criteria of the list are created by taking into consideration the awards received by the researchers, academic publications and the number of citations, as well as based on the D-Index data. According to the ranking, 3 academicians of Istanbul Gelisim University, which progressed with the vision of "Research University", were included in the "Best Scientists" list.

Great success in the fields of "Engineering and Technology", "Economics and Finance" and "Neuroscience"!

Istanbul Gelisim University, which is modern, developing, producing and advancing with an understanding of quality education, stands out with its science, technology and R&D studies. According to the list created on the basis of the D-index created for the purpose of measuring, evaluating and monitoring the performance of scientists in terms of scientific productivity, 3 academicians from Istanbul Gelisim University were included in the list of "Best Scientists" with their successful work.

Istanbul Gelisim University Rector Prof. Dr. Bahri Şahin ranked 17th among 47 scientists from Turkey and 4020th in the world in the field of Engineering and Technology.

Prof. Dr. Kemal Sıtkı Türker from IGU Faculty of Dentistry achieved an important success by being 4th among 6 scientists from Turkey and 5870th in the world.



Asst. Prof. Dr. Festus Victor from the Faculty of Economics, Administrative and Social Sciences of IGU was the only scientist from Turkey to be ranked in the field of Economics and Finance, and he was ranked 1183 in the world.

“I am confident that Istanbul Gelisim University, which continues to progress with the vision of Research University, will achieve greater success”

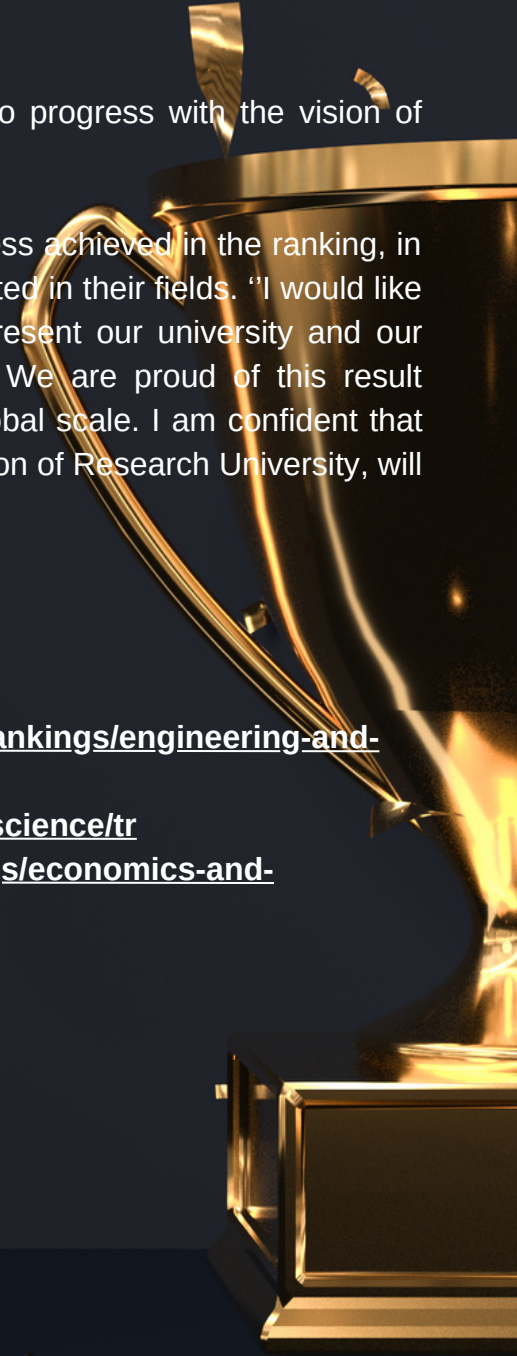
IGU Rector Prof. Dr. Bahri Şahin made a statement about the success achieved in the ranking, in which scientists are evaluated only for the studies they have conducted in their fields. “I would like to congratulate our esteemed academicians who successfully represent our university and our country in the “Best Scientists” list published by Research.com. We are proud of this result through academic publications, awards and citations made on a global scale. I am confident that Istanbul Gelisim University, which continues to progress with the vision of Research University, will achieve greater success in the future as well.”

Click below for the lists;

Engineering and Technology : <https://research.com/scientists-rankings/engineering-and-technology/tr>

Neuroscience : <https://research.com/scientists-rankings/neuroscience/tr>

Economy and Finance : <https://research.com/scientists-rankings/economics-and-finance/tr>





Happiness at Gelisim!

Istanbul Gelisim University **students' satisfaction** has been certified by TSI.

Istanbul Gelisim University registered its quality with the ISO 10002 Customer Satisfaction Management System Certificate given by the Turkish Standards Institute. It successfully completed the inspection carried out by TSI on 18-19-20 July 2022.

TSI APPROVED STUDENTS' SATISFACTION WITH THIS CERTIFICATE

With the Student Satisfaction and Complaint Management System carried out by the Dean of Students of Istanbul Gelisim University, it is aimed to manage the requests, expectations and complaints of the students more efficiently and to increase the satisfaction level in the services and activities offered to the students. IGU, which has achieved success both with the trainings it gives to its employees and the workshops it organizes and by evaluating and resolving the complaints and suggestions from the students through two different programs, was entitled to receive the certificate approved by the Turkish Standards Institute by meeting all the standards. [Click](#) to access detailed information.



İGÜ
KARYON
Kariyer Yönlendirme
Uygulama ve Araştırma Merkezi



İGÜ
MMK
Mezunlar ve Mensuplar
Kordinatörlüğü

Değerli İGÜ mezunları ve öğrencileri,
iş arayanların nitelikleri ile işverenlerin
aradığı özellikleri eşleştiren yeni

İŞ BULMA PLATFORMU

erişime açıldı. Üye olarak açık pozisyonları
görüntüleyebilir ve başvuru yapabilirsin.

Detaylı bilgi ve
Başvuru için



metsis.gelisim.edu.tr

Dear IGU graduates and students, the new
job search platform that matches the
qualifications of job seekers with the
features sought by employers has been
opened to access. For detailed
information, you can scan the QR code.





OUR ACADEMICS WRITE

Bioactive Peptides

Lecturer Eda ŞENSU DEMİR

Food Technology Program

Proteins are the most important macronutrient group that contributes to the growth and maintenance of the body (Shahidi & Zhong, 2008). Besides their nutritional role, proteins are responsible for various physicochemical and sensory properties of foods and function as functional and health-promoting components (Shahidi & Zhong, 2008). Many of the physiological and functional properties of proteins are generally attributed to biologically active peptides encoded in the native sequence (Gobbetti et al., 2007). Biogenic or bioactive peptides can be produced by digestive enzymes during gastrointestinal digestion by proteolytic enzymes through food processing (maturation, fermentation, cooking), storage, or in vitro hydrolysis (Carrasco-Castilla et al., 2012).

Bioactive peptides mainly contain 3-20 amino acid units, but in some cases they are larger in size (Shahidi & Zhong, 2008) and can be considered as components of functional foods that can exert regulatory activities in the human organism regardless of their nutritional function (Gobbetti et al., 2007).

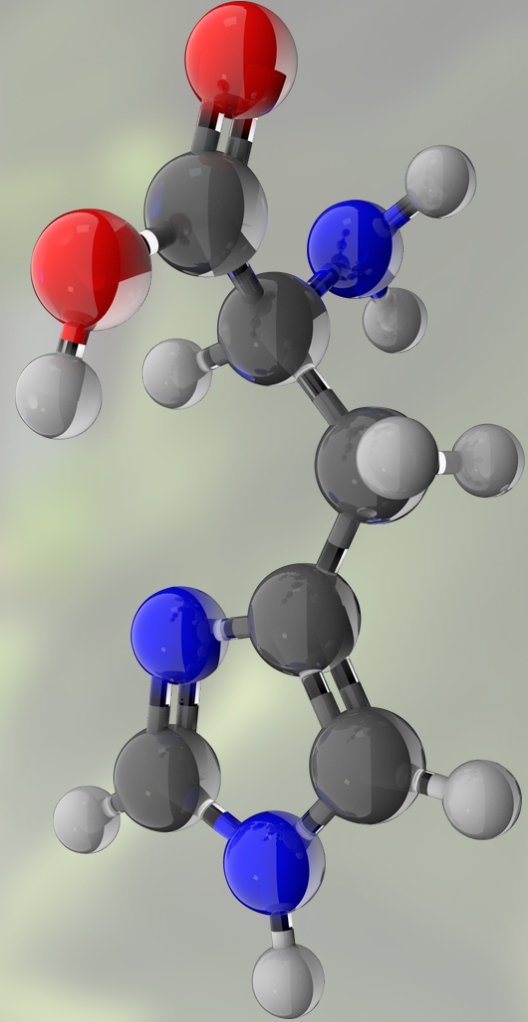


In vitro and some in vivo studies show a wide range of biological functions attributed to bioactive peptides: opioid-like, mineral-binding, immunomodulatory, antimicrobial, antioxidative, antithrombotic, hypocholesterolemic, antihypertensive (Coda et al., 2012), and antitumor. (Rizzello et al., 2015; Rizzello et al., 2012).

There is a marked increase in interest in health-promoting functional foods, dietary supplements, and pharmaceutical preparations containing bioactive peptides (Coda et al., 2012). Numerous studies have been conducted on bioactive peptides derived from animal proteins, especially caseins, which appear to be proteins with high functional potential.

Recently, the scientific community has been exploring the possibility of obtaining bioactive peptides from plants. In particular, the scientific community and public interest in plant foods is increasing due to the identification of bioactive peptides derived from plant food proteins, their higher sustainability than animal foods, and increasing consumer needs for a healthy and balanced diet. Cereals (meeting half of the world's protein needs) and legumes are the main targets of this research as both are rich sources of protein with a complementary amino acid spectrum (García et al., 2013; Malaguti et al., 2014). However, many other vegetables (semolina, algae, edible mushrooms, garlic, ginkgo biloba seeds, turmeric, sesame, peanuts, alfalfa, spinach, sunflower, hemp seeds, tubers, cocoa beans, and others) contain bioactive peptides (García et al. et al., 2013)

In general, sequences showing the same bioactivities can be released from natural proteins derived from plant or animal matrices. For example, the ACE-inhibitory (with antihypertensive effect) dipeptide AI could be isolated from a soy sauce and kidney bean proteins, as well as from milk after gastrointestinal digestion (Nakahara et al., 2010; Tagliazucchi et al., 2016). The antihypertensive peptide SY has been isolated from protein hydrolysates of soybean, garlic, cereals, milk, porcine sarcoplasmic and chicken proteins (Castellano et al., 2013; García et al., 2013; Iwaniak & Dziuba, 2009).



Currently, there are only a few commercial products on the market containing bioactive peptides from plant sources (Carrasco-Castilla et al., 2012). However, bioactive peptides are viable candidates for a new era in pharmaceutical products, especially with sensitive concerns about the side effects of small molecule drugs and increasing attention to fresher and 'greener' foods and nutraceuticals with health-promoting or health-promoting properties (Danquah & Agyei, 2008). 2012; Lemes et al., 2016; McClean et al., 2014).

Bibliography

- Carrasco-Castilla, J., Hernandez-Alvarez, A. J., Jimenez-Martinez, C., Gutierrez-Lopez, G. F., & Davila-Ortiz, G. (2012). Use of proteomics and peptidomics methods in food bioactive peptide science and engineering. *Food Engineering Reviews*, 4, 224–243.
- Castellano, P., Aristoy, M. C., Sentandreu, M. Á., Vignolo, G., & Toldrá, F. (2013). Peptides with angiotensin I converting enzyme (ACE) inhibitory activity generated from porcine skeletal muscle proteins by the action of meat-borne *Lactobacillus*. *Journal of Proteomics*, 89, 183–190.
- Coda, R., Rizzello, C. G., Pinto, D., & Gobbetti, M. (2012). Selected lactic acid bacteria synthesize antioxidant peptides during sourdough fermentation of cereal flours. *Applied and Environmental Microbiology*, 78, 1087–1096.
- Danquah, M. K., & Agyei, D. (2012). Pharmaceutical applications of bioactive peptides. *OA Biotechnology*, 1, 1–7.
- García, M. C., Puchalska, P., Esteve, C., & Marina, M. L. (2013). Vegetable foods: A cheap source of proteins and peptides with antihypertensive, antioxidant, and other less occurrence bioactivities. *Talanta*, 106, 328–349.
- Gobbetti, M., Minervini, F., & Rizzello, C. G. (2007). Bioactive peptides in dairy products. In Y. H. Hui (Ed.), *Handbook of food products manufacturing* (pp. 489–517). New Jersey, USA: Wiley-Interscience, Wiley & Sons Publication, Inc., Hoboken.
- Iwaniak, A., & Dziuba, J. (2009). Animal and plant proteins as precursors of peptides with ACE inhibitory activity – An in silico strategy of protein evaluation. *Food Technology and Biotechnology*, 47, 441–449.
- Lemes, A. C., Sala, L., da Costa Ores, J., Cavalcante Braga, A. R., Buranelo Egea, M., & Fernandes, K. F. (2016). A review of the latest advances in encrypted bioactive peptides from protein rich waste. *International Journal of Molecular Sciences*, 17, 950.
- Malaguti, M., Dinelli, G., Leoncini, E., Bregola, V., Bosi, S., Cicero, A. F., & Hrelia, S. (2014). Bioactive peptides in cereals and legumes: Agronomical, biochemical and clinical aspects. *International Journal of Molecular Sciences*, 15, 21120–21135.
- McClellan, S., Beggs, L. B., & Welch, R. W. (2014). Antimicrobial activity of antihypertensive food-derived peptides and selected alanine analogues. *Food Chemistry*, 146, 443–447.
- Nakahara, T., Sano, A., Yamaguchi, H., Sugimoto, K., Chikata, H., Kinoshita, E., & Uchida, R. (2010). Antihypertensive effect of peptide-enriched soy sauce-like seasoning and identification of its angiotensin I-converting enzyme inhibitory substances. *Journal of Agricultural and Food Chemistry*, 58, 821–827.
- Rizzello, C. G., Nionelli, L., Coda, R., & Gobbetti, M. (2012). Synthesis of the cancer preventive peptide lunasin by lactic acid bacteria during sourdough fermentation. *Nutrition and Cancer: An International Journal*, 64, 111–120.
- Rizzello, C. G., Hernández-Ledesma, B., Fernández-Tomé, S., Curiel, J. A., Pinto, D., Marzani, B., Coda, R., & Gobbetti, M. (2015). Italian legumes: Effect of sourdough fermentation on lunasin-like polypeptides. *Microbial Cell Factories*, 14, 168.
- Shahidi, F., & Zhong, Y. (2008). Bioactive peptides. *Journal of AOAC International*, 91, 914–931.
- Tagliazucchi, D., Shiamsia, S., & Conte, A. (2016). Release of angiotensin-converting enzyme inhibitory peptides during in vitro gastro-intestinal digestion of camel milk. *International Dairy Journal*, 56, 119–128.

What Effects Does New Media Have on Leisure Activities?

Lect. Simge YILMAZ
Department of Audio-Visual
Techniques and Media Production

Habits and tendencies such as leisure time, traveling, resting, sports, reading books and developing friendship relations have been replaced by virtual relationships. Mass media and communication technologies are one of the most basic leisure time tools. In recent years, mass media and communication technologies have an important place in the life of individuals and society. Especially cinema is one of the most basic socialization, leisure time and entertainment industry tools, which spend time together both individually, with family or as a group.



In this new digital age, where communication technologies are integrated into our lives and enabling us to connect in any situation and in any environment via computers and smart phones, all individuals in the world are under the influence in a short time and communicate through the virtual world instead of face-to-face communication and socialization. Especially in the pre-internet era, individuals preferred to be face-to-face in their family, friend and community relations. People whose habits have changed with the Internet have tended to socialize through new media tools, which are independent of space and time, and which are also easy and cheap to use.





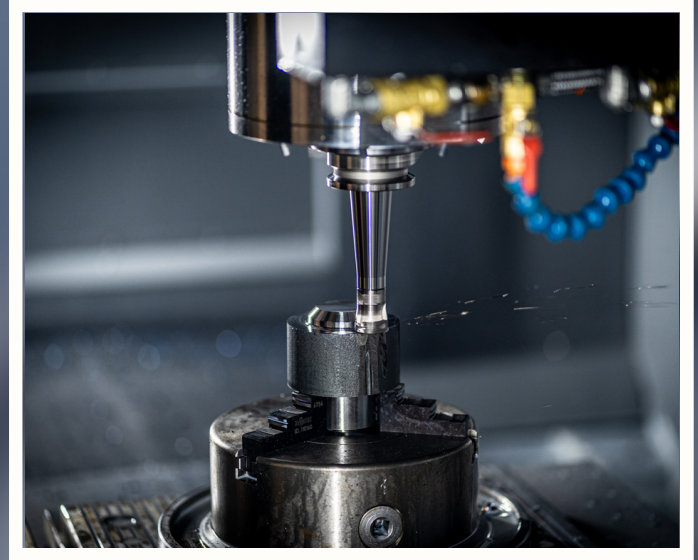
Today, internet-based smart mobile devices that change and develop depending on the effect of technological developments, movies and TV series watching platforms that offer services for a certain fee, online sites and social media channels where digital identities are built cause a global change and transformation of society. With the introduction of new media and the applications it brings into our lives, besides playing an active role in the use of free time, it can turn users into digital addicts over time. This situation leads to a transformation in the lifestyle of the masses, and the masses have begun to see technological devices as a basic necessity.

With digital technology and the new media, digital broadcasting and smart phones it brings, individuals do not use their free time only to meet their physiological needs. Apart from these needs, people experience short-term pleasures through activities such as watching movies and TV series, listening to music, playing games, and messaging, which are considered ordinary. It also spreads its ordinary activities to other users through social media tools. In addition, it is seen that they are used for image and identity work, which has a long-term effect. For example, digital users who share the movies and TV series they watch or the music they listen to, the games they play, the activities on social media, express their likes with comments, and interact with each other in line with the messages they receive, on the one hand, do activities that increase their level of pleasure. On the other hand, it prefers to direct the thoughts of other individuals and to promote it in the direction they want. One of the purposes of making this choice can be shown to be more free in filling the content of profiles created through new media. Because individuals have the opportunity to construct their digital identities slightly or completely different from their real life identities. In this case, it brings with it the use of new media as a tool to prefer to show oneself more knowledgeable, cultured, talented, physically and psychologically strong, and happy.

Individuals build their digital identities according to how they want to appear, then share them with other individuals and follow the feedback. Thus, ordinary leisure activities turn into systematic leisure activities that are not planned at that moment, but are thought about and performed in line with an achievement.



Engine Club is a club established within the body of Istanbul Gelisim University, Department of Health, Culture and Sports (HCS). Club consultancy is carried out by Lecturer Yasemen KARAMAN, Head of Engine Program of Istanbul Gelisim Vocational School. Our club is a club where works are carried out to bring original ideas to life, its members can improve themselves technically or administratively, and its doors are open to everyone, not just engine students. The aim of our club is to cooperate with relevant institutions, to plan and organize joint studies, to participate in conferences, congresses and workshops, to organize technical trips, to participate in sectoral fairs, to create training workshops, to strengthen the industrial and social relations of students and academicians, in addition to the social and cultural development of our students.



Our club's fields of activity are;

- Collaborating with relevant organizations,
- Attending conferences, congresses and workshops,
- Organizing technical trips,
- Following academic and professional fairs,
- Strengthening sectoral ties with students and academics,
- Organizing interviews with various speakers.

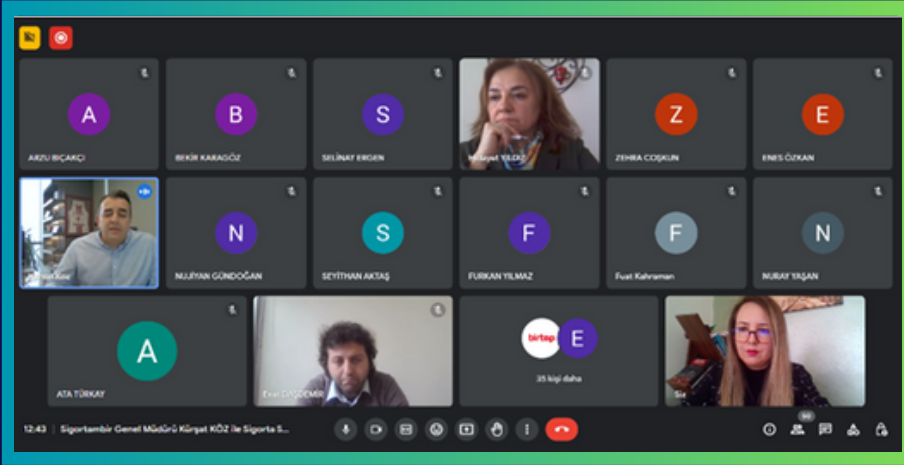
OUR EVENTS



An event called "Let's Ask Someone Who Knows, How to Become an Entrepreneur in the IT Sector" was organized by the IGVS Web Design and Development Program. The event was moderated by the head of the program, lecturer Çisem Yaşar, and with the participation of Yazılıma.Org Founder Ömer Faruk Kocaman. The event started with the introduction of the participant, his interest in software and continued with the emergence of his company, Yazılıma.Org. He gave information about the situations he encountered in this process, technopark initiatives, incubation centers and the e-book process, and the event was completed with a question-answer dialogue at the end of the event.

An interview was held with Director Mert DİKMEN within the IGVS Photography and Video Club. The event started with the participant's introduction of himself and continued with the sharing of information about the cinema industry. In the last part of the event, questions from the students were included and a plaque was presented to our guest. We would like to thank Hatice SARIYAR, the club advisor and lecturer who played an important role in the realization of the event, and Tuğçe ÖZCİHAN, a 2nd year student of IGVS Radio and Television Programming, who acted as the moderator of the event.





An online interview was held for the insurance industry as the IGVS, Banking and Insurance program. SİGORTAMBİR General Manager Kürşat KÖZ attended the interview moderated by Assist. Prof. Dr. Duygu ÇELİK. In the event, the relationship between insurance, artificial intelligence and technology was examined.

NEWS FROM IGVS

Zeynep Özcan, lecturer of IGVS Public Relations and Advertisement Program, titled "An Analysis of the Role of Phenomenal Doctors in Turkey in Medical Tourism: The Example of Instagram" was published in the April 2023 issue of the International Media and Communication Research Peer-reviewed Journal (MEDIAJ). Access link is below.

<https://dergipark.org.tr/tr/download/article-file/2878489>

Article titled "The Effect of Safety Climate in Workplaces on Productive Organizational Energy of Employees: A Research in Textile Industry" co-written with Derya ÇEVİK TAŞDEMİR and Yakup DURMAZ by Assist.Prof.Dr. Güfte CANER AKIN from the IGVS, Occupational Health and Safety Program, published in the International Journal of Quality & Reliability Management which is ESCI - Scopus Indexed. Access link is below.

<https://www.emerald.com/insight/content/doi/10.1108/IJQRM-09-2022-0272/full/html>



The report titled "February 6, 2023 Turkey Earthquakes: Report on Geoscience and Engineering Impacts" was published, in which Lect. Muhammet CEYLAN from the IGVS, Construction Technology Program contributed as an EERI team member in the earthquake study conducted by "Earthquake Engineering Research Institute" (EERI) and "Geotechnical Extreme Event Reconnaissance Association" (GEER) after the Kahramanmaraş earthquakes. Click to access.

<https://www.eeri.org/about-eeri/news/16294-geer-and-eeri-release-joint-report-on-2023-kahramanmaras-earthquakes>

<https://www.colorado.edu/ceae/2023/05/05/brad-wham-shares-key-findings-post-earthquake-reconnaissance-turkey>

Assist. Prof. Dr. Kaan KOÇALI, an academican of Istanbul Gelisim Vocational School, Occupational Health and Safety Program, received the "Best Researcher" awards in the "Social Sciences" and "Health" fields at the "International Research Awards on Science, Health and Engineering" event held in India. Click for detailed information.

https://shen.sciencefather.com/awards-winners/?gv_search=kocali

Assist. Prof. Dr. Kaan KOÇALI, an academician of Istanbul Gelisim Vocational School, Occupational Health and Safety Program, has published an article named "Evaluation on the Term Near Miss in Occupational Health and Safety" in the TR Indexed Eurasia Term Magazine.

Access link is below.

<https://doi.org/10.31451/ejatd.1079890>

IGVS Occupational Health and Safety Program academician Dr. Faculty Member Kaan KOÇALI's article "Perspective on Child Labor Situation in Terms of Occupational Health and Safety: The Case of Turkey" was published in the Journal of Human and Social Sciences. The link for access is below.

<https://doi.org/10.53048/johass.1062934>

IGVS Occupational Health and Safety Program academician Dr. Faculty Member Kaan KOÇALI's international book chapter study titled "Semiological Analysis of Occupational Health and Safety-Themed Public Ads: You Can Rewind the Movie. What About The Life" has been published in the book "Theoretical and Empirical Researches in Social Sciences-2". The link for access is below.

<https://iksadyayinevi.com/wp-content/uploads/2022/12/SOSYAL-BILIMLERDE-TEORIK-VE-AMPIRIK-ARASTIRMALAR-II.pdf>

IGVS Food Technology Program lecturer Eda ŞENSU's article "Investigation of changes in some bioactive properties of phenolic extracts from pulp and seed tissues of Ziziphus Jujuba during in vitro digestion" was published in The Journal of Food. The access link is below.

<https://dergipark.org.tr/en/pub/gida/issue/76635/1265978>

The article titled "The Effect of Economic Growth and Inflation on Military Expenditures in Turkey: ARDL Analysis" by Lect. Atilla AYDIN from IGVS, Air Logistics Program was published in Bucak Faculty of Business Journal. Access link is below.

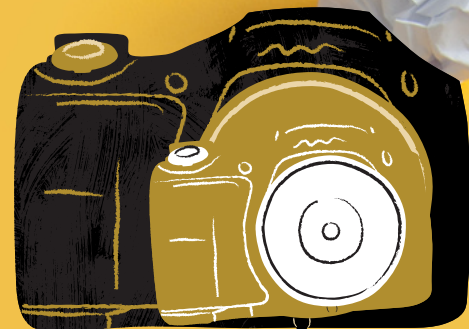
<https://dergipark.org.tr/tr/pub/bifd/issue/77029/1263880>

The article of Lect. Atilla AYDIN from IGVS, Air Logistics Program titled "The Effect of Hysteria on Unemployment for Turkish Economy: Evidence from Unit Root Tests with Structural Breaks" was published in Econharran Journal. Access link is below.

<https://dergipark.org.tr/tr/pub/econharran/issue/77155/1169159>

Lect. Atilla Akalın presented his oral proceeding titled "A Freudian Interpretation of the Causalist Philosophy of Action" at the ESJER 11th Symposium on Social Sciences held in Lausanne, Switzerland, between May 20-22.

Dr. Şeyda ŞANLI has been appointed a doctor faculty member of the IGVS Justice Program. Şeyda ŞANLI was dressed in a gown at the ceremony held under the chairmanship of IGVS Director İsmail Cem AY and attended by the members of the board of directors. We wish her success in her academic life.





AGENDA OF PERSONNEL



Asst. Prof. Dr. Seyda SANLI has been appointed to the “Assistant Professor” staff of the Istanbul Gelisim Vocational School Justice Program at our university.

Lect. Kubra SAGLAM has been appointed as the “Department Head” to the Food Processing Department of Istanbul Gelisim Vocational School.



MASTHEAD



Istanbul Gelisim Vocational School



COORDINATOR

Lect. Görkem Gülay DOĞAN ATICI

TRANSLATION COORDINATOR

Assist. Prof. Duygu ÇELİK

Lect. Fehim İLHAN

GRAPHIC DESIGN

Lect. Furkan GÖZELCE

Lect. Zeynep ÖZCAN

SOCIAL MEDIA SPECIALIST

Lect. Zeynep ÖZCAN

ADDRESS

Cihangir, Şehit Jandarma Komando, J.
Kom. Er Hakan Öner St. No: 1, 34310
Avcılar/İstanbul

With the recent global developments, the importance of energy efficiency has come to the fore even more. Many countries, especially in Europe, have announced various measures in order to use energy efficiently and to save energy. In our country, important steps have been taken and continue to be taken in this regard.



REPUBLIC OF TÜRKİYE MINISTRY OF ENERGY AND NATURAL RESOURCES

In cooperation with the Ministry of Environment, Urbanization and Climate Change, the Ministry of Treasury and Finance and the Ministry of Interior, loans up to 50,000 TL with a maturity of 60 months and an interest rate of 0.99 were provided in order to have the thermal insulation of the houses without thermal insulation done. We present to your information the "Heat Insulation Campaign in Residences" promotional video prepared by the Ministry of Energy and Natural Resources in order to use energy efficiently and to save energy...

[Click to access.](#)



PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.



HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.


/SaglikBakanligi

saglik.gov.tr

For Detailed Information,
Please Read QR Code.



www.gelisim.edu.tr

THINGS TO KNOW



ISTANBUL
GELISIM
UNIVERSITY

ABOUT NEW CORONAVIRUS



ISTANBUL
GELISIM
UNIVERSITY

All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.

