



**JUNE 2022 | ISSUE 18 | VOLUME 2**

**MONTHLY EVENTS AND NEWS BULLETIN**



# June

# 2022

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**June 5: World Environment Day**



**June 6: Dietitians' Day**



**June 22: Amasya Circular**



# CONTENTS



- 04** SOCIAL MEDIA ACCOUNTS
- 05** OUR UNIVERSITY'S 1ST AND 2ND FROM FACULTY OF HEALTH SCIENCES
- 08** INTERVIEW WITH THE 1ST OF IGU ELİF KAHRAMAN
- 09** INTERVIEW WITH THE 2ND OF IGU KÜBRA AKTEPE
- 10** EFFECTS OF ENVIRONMENTAL HEALTH ON HUMAN HEALTH
- 12** LET'S LIVE HEALTHY, AND AVOID OBESITY! EVENT
- 14** OUR GUEST OF THIS MONTH
- 15** JUNE 6 WORLD DIETICIANS DAY
- 17** ENGLAND AND GERMANY ERASMUS+ STAFF EXPERIENCE
- 21** THE FIRST SPARK OF THE NATIONAL STRUGGLE: AMASYA CIRCULAR
- 22** WHO IS WHO?



## ISTANBUL GELİŞİM UNIVERSITY IS 16TH IN THE WORLD AND 1ST IN TURKEY IN THE FIELD OF "QUALITY EDUCATION"!



Times Higher Education (THE) Impact Ranking 2022, the ranking institution of world universities, has been announced. Among the 1180 universities in the world, Istanbul Gelişim University (IGU) increased its success ranking, which was 24 last year, to 16th place in the category of "Quality Education" by increasing 8 steps this year. It continued to maintain its success last year, ranking 1st among Turkish universities.

The success of Istanbul Gelişim University (IGU) was ranked in five different categories in line with the United Nations Sustainable Development Goals, in the list of 1406 universities, which are listed in the 2022 ranking of the UK-based, world's leading higher education rating agency Times Higher Education (THE).

In the Impact Ranking 2022 list, Istanbul Gelişim University (IGU) increased its degree from 24th to 16th among 1180 world universities in the "Quality Education" category, while maintaining its 1st place among Turkish universities.

Click [here](#) to see the details of the news.



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İGÜ Sağlık Bilimleri Fakültesi



# New News

Now you can send all your opinions, suggestions, news or articles to us at [sbfbulten@gelisim.edu.tr](mailto:sbfbulten@gelisim.edu.tr).



OUR UNIVERSITY'S 1ST AND 2ND

# CONGRATULATIONS!

FROM FACULTY OF HEALTH SCIENCES





# FACULTY OF HEALTH SCIENCES

## 2021-2022 ALUMNI

2021-2022 graduation ceremony was held with the participation of the Dean of the Faculty of Health Sciences Prof. Dr. Rifat MUTUŞ and our Deputy Deans Assoc. Prof. Arda ÖZTÜRKCAN and Asst. Prof. A. Yüksel BARUT. The 1st and 2nd places in the university were the students of our faculty.

Elif Kahraman from the Department of Nutrition and Dietetics (TR), Faculty of Health Sciences was the winner of both university and faculty. She received her award for her success in the Faculty from Prof. Dr. Rifat MUTUŞ, the Dean of the Faculty of Health Sciences.

As the Faculty of Health Sciences, we congratulate Elif KAHRAMAN and Kübra AKTEPE.





**ELİF KAHRAMAN FROM THE FACULTY OF HEALTH SCIENCES, DEPARTMENT OF NUTRITION AND DIETETICS GRADUATE RANKING FIRST AT IGU!**

2021-2022  
Graduates

**KÜBRA AKTEPE FROM THE FACULTY OF HEALTH SCIENCES, DEPARTMENT OF HEALTHCARE MANAGEMENT GRADUATE RANKING SECOND AT IGU!**



Congratulations!

You made it.



# INTERVIEW WITH

# THE 1ST OF IGU

# ELİF KAHRAMAN

## Resume

I was born in 1998 in Trabzon. I attended primary, secondary and high school there. In 2018, I won the Nutrition and Dietetics Department, Faculty of Health Sciences at Istanbul Gelişim University with a full scholarship and completed my undergraduate degree in 2022.

### Question 1: How was your undergraduate education life and what did you do during this period?

I tried to work disciplined throughout my undergraduate education. My love and interest in my department also motivated me for this. I tried to participate in online webinars that became more and more popular with the pandemic, and to have information on different subjects. During this period, I also graduated from Istanbul University, Faculty of Open and Distance Education, Health Institutions Management Associate Degree Program.

### Question 2: What were the factors that enabled/supported you to be the first in the University and Faculty?

First of all, my family has been my biggest supporter and helper in making this degree. Being a student at the same faculty as my sister was also a facilitating factor for me. Likewise, the knowledge and experience of all my lecturers in the department were also effective in my love for my department. Another factor was our relationship with my friends, with whom I share the same class and whom I care very much.

### Question 3: What are your goals and plans after graduation?

My primary goal is to continue my graduate education. My long-term plans include becoming an academician.

### Question 4: Do you have any advice for your friends, university and faculty?

I believe that no matter the circumstances, hard work and effort will pay off. That's why I recommend them to all my student friends to study consistently. In addition, I think that those who are highly interested in the department should not be content with undergraduate education but should take graduate education.

### Question 5: What did you do in your extracurricular time during your undergraduate life?

As I mentioned I followed and attended many departmental and non-departmental webinars during extracurricular times. I used my extracurricular time efficiently by enrolling in many certificate programs.

### Question 6: Finally, how did it make you feel to receive an award from our Rector and Chairman of the Board of Trustees at the graduation ceremony?

It was very honorable. Receiving this degree for the effort I have tried to show for 4 years has been an experience that will leave a mark throughout my life and will be a motivation for other successes in my life from now on. I would like to thank my family and all my lecturers, who have contributed so much to me.



# INTERVIEW WITH THE 2ND OF IGU KÜBRA AKTEPE

IGU 2021-2022 graduation ceremony was celebrated with great enthusiasm at the Yahya Kemal Beyatlı Performance Center on June 21, 2022 with the participation of all our graduate students, their valuable families and our valuable academics. The students of the Faculty of Health Sciences, who took the first and second places, left their mark on this meaningful day. We directed the microphone to our students to share this pride.

## Resume

I'm Kübra AKTEPE. I was born in Tosya in 1997. I studied Primary and Secondary School in Kargı and High School in Tosya Health Vocational High School. I graduated from Anadolu University, Department of Elderly Care in 2017. In 2018, I won the Department of Health Management, Faculty of Health Sciences at İstanbul Gelişim University with a full scholarship. In 2019, I benefited from the double major program provided by our university and started to study at the Department of Nursing simultaneously. In 2022, I completed my undergraduate education in both Health Management and Nursing Departments.

### Question 1: How was your undergraduate education life and what did you do during this period?

I can say that my undergraduate education life was very busy due to my double major. However, my interest in both of my departments and my desire to be in good in health sciences became my motivation. I have made an effort to constantly improve myself by participating in the seminars provided by our university and online programs organized in different institutions.

### Question 2: What were the factors that enabled/supported you to be the first in the University and Faculty?

I would like to express my endless thanks to Asst. Prof. Gülay TAMER, who has shed light on my path with her support, knowledge and experience throughout my undergraduate education, and who has always been by my side with her understanding and tolerance. In addition, I would like to thank my precious family, who have made great efforts to get me to where I am today, who always motivate me and have the biggest share in my success.

### Question 3: What are your goals and plans after graduation?

First of all, I am trying to be appointed with the KPSS. In addition, I am aiming to do a master's degree because I am always open to learning new things and I love my field very much. It is one of my biggest dreams to gain clinical experience and become an academician at the university.

### Question 4: Do you have any advice for your friends, university and faculty?

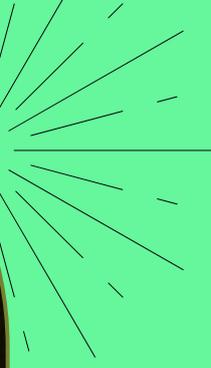
I advise all my friends to be willing to constantly improve themselves and make an effort. Because I believe that there is nothing we cannot do when we really want and work. I wish our university's motto "Be Open to Development" to be a reference for my friends.

### Question 5: What did you do in your extracurricular time during your undergraduate life?

I can say that I spend the rest of my time preparing for the KPSS, and then participating in online seminars and getting certificates to improve myself.

### Question 6: Finally, how did it make you feel to receive an award from our Rector and Chairman of the Board of Trustees at the graduation ceremony?

It was an indescribably proud feeling. It made me very happy to reward all my hard work in this way. I would like to express my endless thanks to our respected Rector, our respected Chairman of the Board of Trustees, my respected professors and my very esteemed family for making me feel this way.



**5 JUNE WORLD ENVIRONMENT DAY**

# Effects of Environmental Health on Human Health

**Public Health Specialist Assistant Professor Nurten ELKİN, Head of the Department of Child Development Faculty of Health Sciences Istanbul Gelisim University, talked about the effects of environmental health on human health on 5 June World Environment Day.**

Environment; It is a physical, chemical, biological, social, economic and cultural environment in which people and all other living things maintain their relationships and interact with each other throughout their lives. Environmental pollution basically occurs in the form of air, soil and water pollution in nature and ultimately affects the entire ecosystem, including humans. As a result of the negativities arising as a result of industrialization, the development of technology and population growth, nature and the environment are affected, and the size of pollution is increasing rapidly day by day. Whether in urban or rural areas, air, soil and water, which are our natural resources, are polluted for various reasons, harming plant and animal existence, as well as negatively affecting human health through the food chain. The nature we live in has its own unique physical, chemical and biological properties. Considering these features, we can classify environmental pollution as physical, chemical and biological pollution. Air, soil and water pollution can be a direct cause of disease, as well as facilitate the spread of some diseases or affect the course of some diseases.

## **AIR POLLUTION**

The quality of the air we breathe has a direct impact on our health. The air we breathe contains nitrogen (N<sub>2</sub>), oxygen (O<sub>2</sub>), argon (Ar), and carbon dioxide (CO<sub>2</sub>). In addition to these, there is about 0.25% water vapor in the air we breathe. In this mixture, the most important gas for humans is oxygen. Not only the presence of polluting gases in the air but also the lack of oxygen and the change in the proportions of gases in the composition of normal air are called air pollution. Population growth, the growth of cities, the intensification of transportation, and the development of industry bring about an increase in air pollution, and the effects of the content of the inhaled air increasingly continue. While pollutants arising from traffic, transportation, industry and heating are the most important factors of air pollution; meteorological events, topographic structure, and chemical transformation processes also have negative effects on air pollution and climate. Air pollution; may be caused by natural activities or human activities. For example, natural activities such as forest fires and lightning cause an increase in the nitrogen content of the atmosphere. On the other hand, fires lit for various purposes, occurring fires, smoke from factory and house chimneys, and exhaust gases from vehicles cause the release of toxic gases such as carbon monoxide, sulfur dioxide and nitric acid in large quantities into the air. Therefore, gas emissions, whether naturally or man-made, can cause pollution by changing the gas ratios in the atmosphere. Millions of people around the world are exposed to air pollutants above legally safe standard concentrations. Air pollution ranks eighth among mortality risk factors and is responsible for 2.5% of deaths in developing countries. The World Health Organization estimates that air pollution causes more than three million unexpected deaths annually. The development of technology and thus the increase in energy consumption, the increase in the population and the need for heating, the growth of cities, the widespread use of motor vehicles and the expansion in the industrial industry are the main causes of air pollution. Air pollution causes an increase in ischemic heart diseases, regression in lung development, decrease in respiratory functions, increase in respiratory system symptoms, exacerbation of asthma and chronic obstructive pulmonary disease (COPD). As a result, it may cause an increase in hospital admissions and an increase in the cardiopulmonary death rate. It causes direct damage by affecting cellular, molecular and inflammatory pathways in neurological systems or increases susceptibility to central nervous system-related diseases.



## SOIL POLLUTION

Soil is an indispensable natural resource, together with air and water, for the survival of living natural resources. Soil pollution is the deterioration of the physical, chemical, biological and geological structure of the soil as a result of human activities. It is stated that the pollution in question arises as a result of wrong agricultural techniques, using wrong and excessive fertilizers and agricultural pesticides, and leaving waste and residues, toxic and dangerous substances in the soil. Today, it is a fact that soil pollution has become a global problem. Generally, the soil pollution is caused by many reasons such as poor hygiene habits, excessive use of pesticides in agriculture, inadequacies in the disposal of solid and liquid wastes, unplanned urbanization, livestock wastes, industrial and mining wastes, and use of untreated polluted water for irrigation in agricultural land, radioactive pollution and air pollution fallout. As a result of these factors, human health is adversely affected as a result of the contamination of vegetables and fruits grown on soils contaminated with heavy metals and pastures where animals graze. Soil pollution is pollution that cannot be removed from nature and cannot be recycled. The end point of both air pollution and water pollution in nature is soil pollution.

## WATER POLLUTION

More than two-thirds of the human body is water. Some diseases pose a great danger to human health by causing a decrease in body water. For example, the most important cause of death in diarrhea is water loss. Water is the main component of blood and tissue fluids in our body. Water is needed for the execution of all physiological events that occur in our bodies. It is necessary to ensure that the water, which is of vital importance, is used without contamination, harmful chemicals and disease-causing microorganisms. In the same way, it is important for health to remove the water that is used and becomes waste in a way that does not harm people. It is possible for the water and other wastes used in regions with unfavorable infrastructure to reach streams, seas and even lakes directly. This situation leads to the pollution of surface and underground waters and the water, which is of vital importance, to reach a dangerous level for health. Water pollution; industrial, domestic, agricultural and thermal. Industrial pollution: Power plants, steel mills, paper mills, refinery and automobile factories, chemical production factories, textile factories. Domestic pollution: Sewage and garbage are the leading factors of domestic pollution. Detergents containing large amounts of phosphate and nitrate are also among the household waste. Agricultural pollution: Chemical fertilizers used to increase production in agriculture, some chemicals used to fight insects and pesticides can pass into the soil with rain water, pollute groundwater, and chemical substances reaching streams can cause the end of life in streams. Thermal pollution: Water used for cooling machinery in nuclear reactors, power plants and other industrial areas causes thermal pollution. Diseases Associated with Water; It can be in the form of diseases caused by water, caused by the absence of water, transmitted by aquatic organisms and transmitted by vectors associated with water.

As a result; The environment is a physical, chemical, biological, social, economic and cultural environment in which people and other living things maintain their relationships and interact with each other throughout their lives. Air, soil and water, which are necessary for our life, are of great importance for our health. Therefore, maintaining a healthy life is only possible with a healthy environment.



# "LET'S LIVE HEALTHY, AND AVOID OBESITY!" EVENT



**Within the scope of the European Obesity Week, consultancy of our professors from Istanbul Gelisim University, Faculty of Health Sciences, Nutrition and Dietetics Department of Turkish and English were on the field. Asst. Prof. Ayşe Huri ÖZKARABULUT, Lecturer Eda Merve KURTULUŞ, Lecturer Münevver Başak ONAT, Lecturer Zeynep Şeyda TUT in order to raise awareness of obesity; hold the event named as "Let's Live Healthy, Let's Avoid Obesity" with the cooperation of our department students and Beylikdüzü Municipality.**

The aim of the event was to bring the public together with the health science professions and dietitian candidate students from the Turkish and English departments of Nutrition and Dietetics of our university. Detailed body composition analysis, nutritional status and physical activity evaluation of the participants were evaluated throughout the day on Tuesday, May 24, 2022, at the Çamlık Activity Area, Beylikdüzü Municipality.

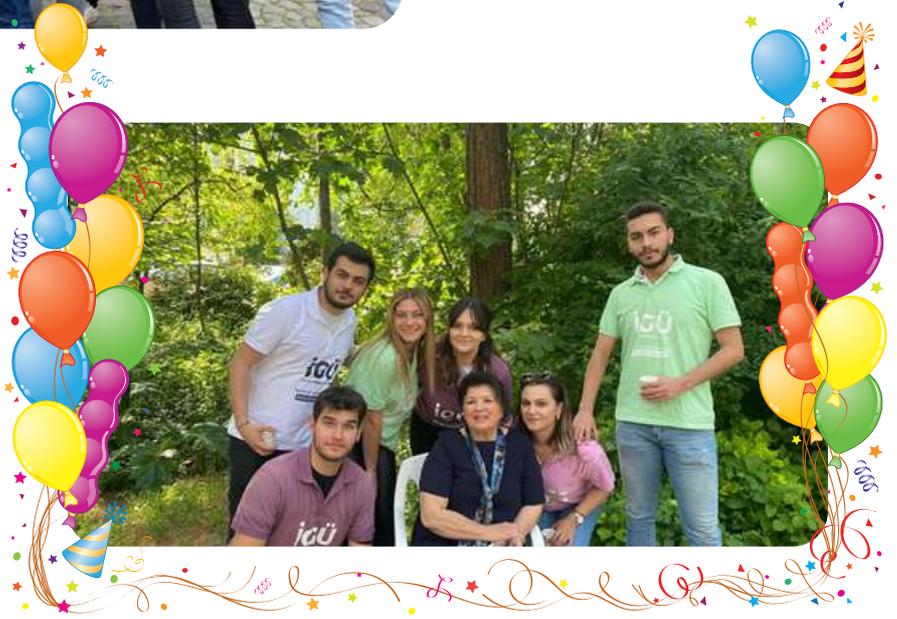
Our university, which takes service to the community and mass education as its mission, took its place in the field to spread the awareness of obesity to a wider part of society. In addition to the evaluated measurements, brochures prepared by our students were delivered to the public people, who showed great participation.

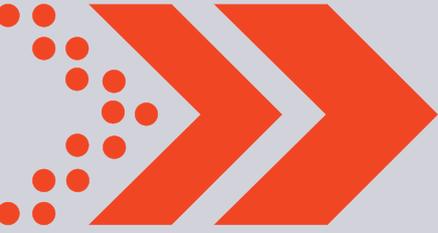
Our 2nd, 3rd and 4th grade students in charge of the event took the body composition analysis of the participants, the analysis results were evaluated by our dietician instructors, and the participants's questions about healthy nutrition were answered in detail. The participants expressed their satisfaction with the event and demanded that such events be repeated under the leadership of our university.

[Click here for the details of the news.](#)



# FRAMES FROM THE EVENT





# OUR GUEST OF THIS MONTH

**Asst. Prof. Dr. A. Yüksel BARUT**



It is said that the French writer Marcel Proust chatted with the characters he created and asked them some questions.

It is stated that he wrote these questions, also known as the "Proust Questionnaire", at the age of 13 and answered them himself when he was 20.

Using these questions prepared by him, we ask these questions to an experienced faculty member for each issue.

**1-Let's say you decided to start a new society and you discovered a beautiful island. What would be the first rule you put in place?**  
Republic

**2-Which of the inventions would you like to be the inventor of?**  
X-Ray.

**3-If you could witness any event in the past or future, which event would you choose?**  
I would like to witness the day of October 29, 1923.

**4-If you were to write a book, what would it be named?**  
Did we live?

**5-If they made a movie about your life, which actor /actress would you like to play you?**  
Mehmet ASLANTUĞ

**6-What are the 5 words that best describe you?**  
State, discipline, time, trust, love.

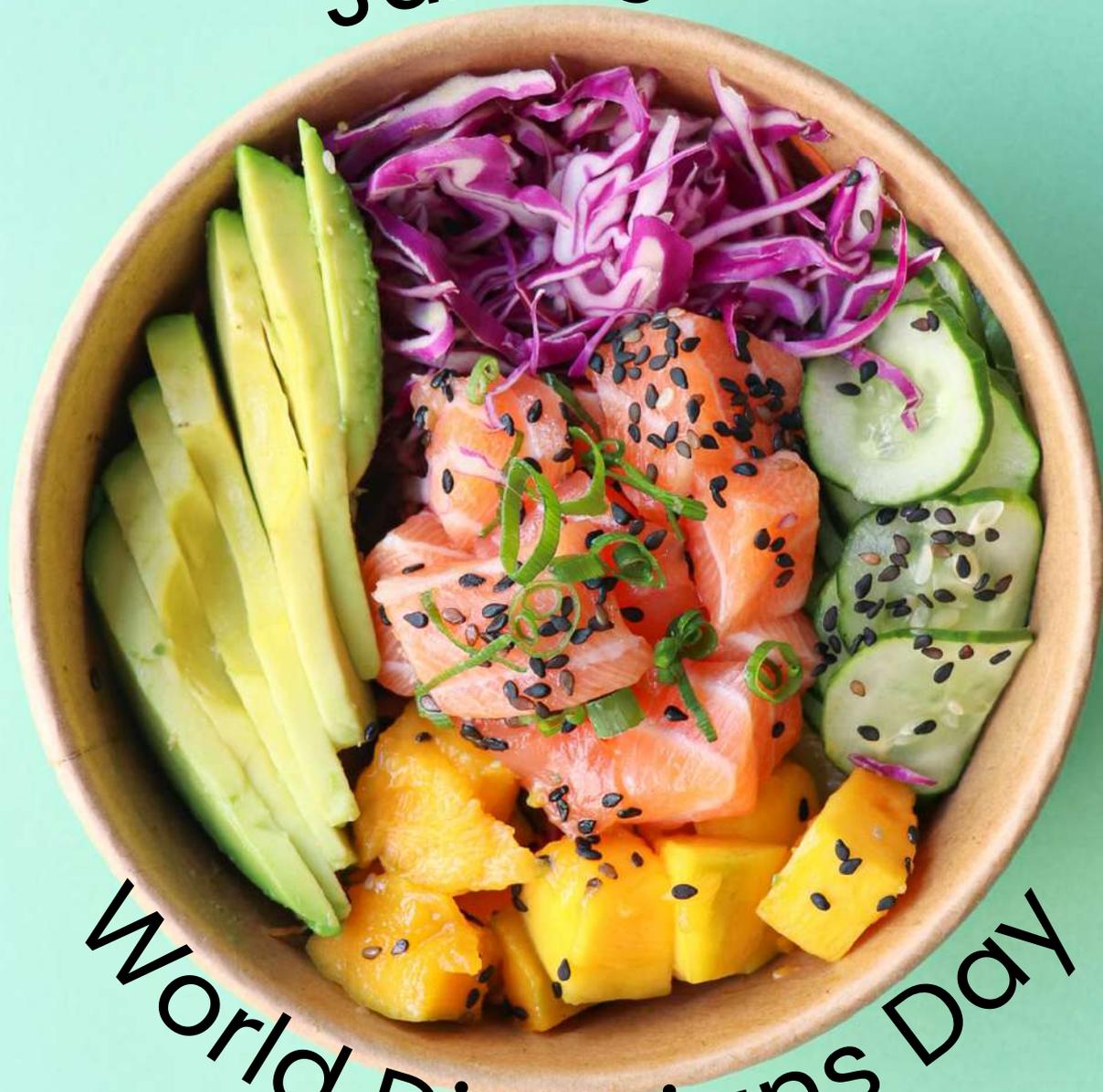
**7-What kind of talent would you like to have?**  
What makes love indispensable between people.

**8-Who is your hero?**  
Gazi Mustafa Kemal ATATÜRK.

**9-Who is your favourite author?**  
Uğur MUMCU.

**10-What word would be the summary of the years you lived?**  
Love.

June 6



World Dieticians Day



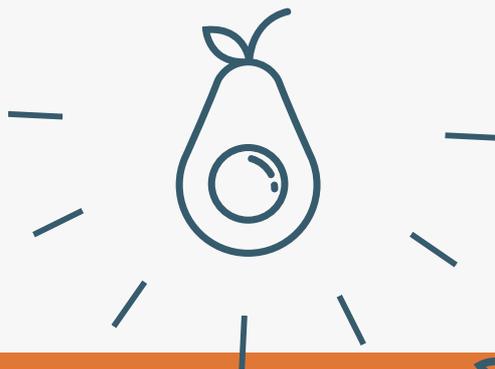
# 6th of June World Dietitians Day

*The Head of Nutrition and Dietetics (Turkish) Department, Faculty of Health Sciences, Istanbul Gelisim University Asst. Prof. Ayşe Huri ÖZKARABULUT made statements about the 6th of June World Dietitians Day.*

Asst. Prof. Ayşe Huri ÖZKARABULUT, "The first day that dietitians graduate in our country is June 6th. Dietitians' Day has been celebrated on June 6th since 1986. All our valuable dietitians who have an important place in the protection of human health, in the treatment of diseases, in the nutrition of pregnant women, children, adults and the elderly, in public health, in menu planning and kitchen management in catering companies, in the nutrition of athletes, celebrate their days as they take part in improving health and increasing the quality of life. I wish the continuation of their success." said.

"First of all, I would like to define a dietitian. The title of the dietitian is given to people who have successfully completed a 4-year undergraduate education in the Department of Nutrition and Dietetics. Nutrition and Dietetics is a science that includes areas such as nutrition principles, food processing methods, food chemistry, maternal and child health, nutrition in diseases, nutrition in public health, nutrition in athletes, gut health-microbiota and sustainable nutrition. Dietitians are health professionals who raise awareness and provide education to individuals and society in the light of nutrition science; protection and maintenance of health from the first moment of life to the last moment. Due to problems such as malnutrition habits of individuals and society or the inability to eat adequately and balanced, chronic diseases have become widespread. In terms of public health, this situation is at a critical level and it is vital to raise public awareness about healthy eating." Asst. Prof. Ayşe Huri ÖZKARABULUT said that "The prevalence of obesity has become an epidemic, increasing day by day. According to the data from the World Health Organization, Turkey ranks first in the obesity rate in Europe. With this situation, the profession of the dietitian has become more important today. Factors such as a sedentary lifestyle, wrong eating behaviors, social media and television's promotion of unhealthy food advertisements, and the increase in fast-food centers are the reasons for the increase in obesity. It is very important to raise awareness of the public about healthy nutrition by dietitians about this situation."

Ayşe Huri ÖZKARABULUT concluded her speech by saying, "Happy June 6th, Dietitians' Day to our valuable dietitians, who have a great responsibility to protect and maintain health by enlightening individuals and society in order to raise healthy generations, by producing solutions to the problems experienced."



# ERASMUS+ STAFF EXPERIENCE



**Rumeysa Nur AKBAS,  
Research Assistant at  
Istanbul Gelisim University  
Faculty of Health Sciences  
Speech and Language  
Therapy Department,  
participated in the training  
program at The University  
of Manchester, located in  
Manchester, located in the  
North-West region of the  
United Kingdom, within the  
scope of ERASMUS+ Staff  
Mobility in May 2022.**

Res. Asst. Rumeysa Nur AKBAS, who experienced ERASMUS+ Staff Mobility hosted by The University of Manchester, conveyed the following information:

Due to the COVID-19 pandemic, I was able to make this visit, which I was entitled to about 3 years ago. I have been on touristic trips to many European countries before. But the first country I went to for educational purposes was the United Kingdom.

The UK has always been a country that I was curious about and wanted to visit. It was a pleasure for me to realize this request within the scope of ERASMUS+.



Even the thought of visiting Manchester, which witnessed the history, was the city where the atom was first disintegrated, the first railway was built, the book written by Karl Marx and Friedrich Engels, together with being an industrial city, and I was very excited.

In addition to its historical past, the calmness and quietness of the city, the sense of peace brought by this situation, and the lush nature of its nature attracted my attention. Since the city is not very big, I adapted to the city center in a few days and visited the places to go. During this visit, I was also in London, the capital and most populous city of the country.



During my time at The University of Manchester, I met many university academic staff and doctoral student colleagues. In this way, I had the opportunity to participate in many theoretical and practical trainings where I gained new awareness.

I recommend that all our students experience the ERASMUS+ Study or Internship Mobility experience, and I would like to thank Istanbul Gelişim University, Foreign Relations and ERASMUS Coordinatorship for providing me this opportunity.



[Click here for the details of the news.](#)



# ERASMUS+ STAFF EXPERIENCE



GERMANY



Ümran ALTUNDAL, Research Assistant at Istanbul Gelisim University Faculty of Health Sciences Social Work (English) Department, participated in the German Vechta University training program within the scope of ERASMUS+ Staff Mobility between 16-20 May 2022.



# ERASMUS EXPERIENCE IN GERMANY



Between 16-20 May 2022, within the scope of Erasmus+ Staff Training Mobility, Res. Asst. Ümran ALTUNDAL stated the following about Erasmus+ Staff Mobility:

"This was my first Erasmus and abroad experience. Therefore, it was very valuable for me to have this opportunity. First of all, I must say that Magnus FRAMPTON, academician in the Department of Social Work, helped me a lot before and during the mobility. In fact, although it is not compulsory within the scope of education, we had the opportunity to compare the social work practices of both countries by presenting my work on the pandemic for an interactive lesson. In this context, we were able to have meetings with M. Frampton before the mobility, by holding online meetings or by correspondence in the e-mail environment, while making plans about my mobility, as well as having interviews about my research presentation. This was important because while we were sharing intercultural experiences, we thought about which discourses we could use to express this more clearly. Since the courses is interactive, I spent the other days and hours outside of the courses as a tourist in Germany.

First, I visited Hamburg city on Monday after spending Saturday and Sunday in Bremen. On Tuesday, we made our trip to Münster to meet with M. Frampton both face-to-face and to see the daily life of Germany closely. We visited many historical, cultural and natural places here.

On Wednesday, I visited Vechta University in Vechta province and had a campus trip with Erasmus Office Coordinator Sarah Winkler and got information about the university. I would like to say that it has a nice campus for our students who want to experience Erasmus at the university.

I gave a presentation on my research on Thursday. Then we talked to the students about their national and international social work experiences during the pandemic.

When I evaluated all the mobility as a research assistant in the Social Work Department, I had the opportunity to make observations on the social work of Germany by catching the opportunity to be an intermediary in the social work experience sharing between the two countries. Apart from that, both Magnus Frampton and Erasmus Office Coordinator Sarah Winkler provided quick responses to everything I asked or wondered about my entire mobility process and supported me to carry out my entire process meticulously. This can be an important indicator for our students who want to have an Erasmus experience. I think that the Erasmus experience will be a great opportunity for our students who are considering going for a longer-term, and I would definitely recommend them to take advantage of it."



Assist. Prof. Dr. Gülay TAMER

## THE FIRST SPARK OF THE NATIONAL STRUGGLE: AMASYA CIRCULAR

**"The integrity of the homeland and the independence of the nation are in danger. The independence of the nation will be saved by the determination and decision of the nation."**

"I landed in Samsun on the 19th of May, 1919". These words have very deep meanings for Gazi Mustafa Kemal Pasha and the Turkish Nation. The process that started on that day constitutes the foundations of the establishment of the Republic of Turkey. Amasya Circular, on the other hand, is the first founding document that forms the foundations of the fully independent Republic of Turkey, based on national sovereignty, and is the most important turning point of the National Struggle.

Amasya Circular is a national awakening alarm calling for the Turkish Nation's independence and liberation. Very important decisions emerged from the negotiations that continued until the morning of 22 June. On 22 June, the unity of the homeland and the independence of the nation were loudly announced to the whole world with the sentence. "The independence of the nation will be saved by the determination and resolution of the nation." This sentence has been the foundation of the national struggle and the beginning of the road to independence.

With this circular, the National Struggle ceased to be just an idea but turned into action and a movement. With this circular, Gazi Mustafa Kemal Pasha determined the target, strategy and method of the National Struggle that started in Anatolia. This circular is a declaration of independence and also a torch of independence. This circular is the first written document of principles of resistance, defence, struggle and war. Amasya Circular is the first milestone of the road to the Republic...

The Amasya Circular is the first step towards appropriating the national will and the idea of national sovereignty, calling the nation to claim sovereignty and independence, and trying to make the nation have a say in self-determination.

The Amasya Circular, aiming for victory with each of its articles, will remain as golden letters that cannot be erased from our history and our memories.

Happy 103rd Anniversary!



# ABBAS VESİM EFENDİ



Abbas Vesim Efendi, also known as Kambur Vesim Efendi, was born in Bursa in 1689. It is thought that he is the son of the doctor Ömer Şifai from the Bursa and that he learned Persian from him with medical science.

Vesim Efendi, who received medical education from Ali Münşi and Ömer Şifai from Bursa, famous doctors of the golden age of Islam, took philosophy lessons from Yanyalı Esat Efendi, astronomy and astrology from Ahmet Mısri, medicine and talik writing lessons from Kâtibzade Mehmed Refi Efendi. Abbas Vesim Efendi knew enough Arabic, Persian, ancient Greek and Latin to write. He went to Hejaz, Damascus and Egypt for a while for education. He improved his knowledge in the field of medicine by taking part in scientific research. After his education, he returned to Istanbul towards the end of the 1720s and opened a pharmacy and a surgery around the Sultan Selim Mosque. Abbas Vesim Efendi, who spent 40 years of his life as a physician, died in 1760.

Abbas Vesim Efendi, who attaches great importance to researching not only the treatment but also the causes (etiology) of diseases, became famous when he discovered the tuberculosis microbe. At the end of the 18th century, he wrote a two-volume book called “Düsturu’l-Vesim fi Tıbbi’l-Cedid ve’l-Kadim” (“Vesim's Rules on Old and New Medicine”), benefiting from the works of ancient physicians such as İbn-i Sina, the information he learned from his own teachers, and the works of some Western doctors who came to Istanbul. This work in manuscript form consists of a preface, four chapters and an afterword, and it consists of 2083 pages. The work, which compares Eastern and Western Medicine and is an excellent corpus, has a great importance in terms of our medical history.





# ISTANBUL GELISIM UNIVERSITY

## FACULTY OF HEALTH SCIENCES

# MASTHEAD

### FACULTY OF HEALTH SCIENCES

Prof. Dr. Rifat MUTUŞ

Dean of Faculty of Health Sciences

Assoc. Prof. S. Arda ÖZTÜRKAN

Vice Dean of Faculty of Health Sciences

Asst. Prof. A. Yüksel BARUT

Vice Dean of Faculty of Health Sciences

### BULLETIN TEAM

Asst. Prof. Emrah TÜNCER

Asst. Prof. Gülay TAMER

Res. Asst. Engin ÇAĞLAR

Res. Asst. Rumeysa Nur AKBAŞ

Res. Asst. Ümran ALTUNDAL

Res. Asst. Tuğba TÜRKCAN

