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**GELISIM**  
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AGENDA OF PERSONNEL

ACADEMIC

As of 02.08.2021, **Asst. Prof. Didem TETİK KÜÇÜKELÇİ** has been appointed as the Head of the Department of Management Information Systems in Faculty of Economics, Administrative and Social Sciences.

NEWS

**ISTANBUL GELISIM UNIVERSITY JOURNAL OF HEALTH SCIENCES ACCEPTED TO TUBITAK ULAKBIM TR INDEX!**

AUGUST 2 2021



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İSTANBUL GELİŞİM ÜNİVERSİTESİ  
SAĞLIK BİLİMLERİ DERGİSİ

***Istanbul Gelisim University Journal of Health Sciences (IGUSABDER)***, which has been published regularly three times a year since 2017 by our publishing house, started to be indexed in Turkey's most respected index, ***TUBITAK ULAKBIM TR Index***, as of 2020. With this journal, the number of journals indexed in TR Index by Istanbul Gelisim University has increased to two.

It was stated that the journal's applications to national and international indexes will continue.

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## THIS ILLNESS IS DIFFICULT TO DIAGNOSE

AUGUST 2

2021



Emphasizing that attention deficit and hyperactivity disorder (ADHD), which has been on the agenda of children for the last ten years, is also high in adults, **Asst. Prof. Alişan Burak Yaşar** stated that according to the results obtained in a study, one out of every twenty adults has this disease, and said, "Six percent of adults have attention deficit and hyperactivity disorder."

Defining attention deficit and hyperactivity disorder as a kind of "hidden pandemic", Istanbul Gelisim University Asst. Prof. Alişan Burak Yaşar pointed out that the incidence of this lifelong disease in adults is quite high. In a meta-analysis article, especially in adults, 6 to 7 percent of attention deficit and hyperactivity disorder were detected, Asst. Prof. Yaşar said, "At least one out of every 20 people have symptoms of this disease."

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## POOL-BORNE INFECTIONS ARE CAUSED BY PARASITES

AUGUST 3

2021



Providing information about pool-borne infections, Public Health Specialist **Dr. Nurten Elkin said**, "Pool-related infections are usually caused by parasites (43.6 percent). As viral agents, adenovirus, hepatitis A, norovirus and echovirus are generally detected."

Public Health Specialist Dr. Nurten Elkin evaluated swimming pools in terms of health.

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**MAKE YOUR TOP FIVE PREFERENCES WELL****AUGUST 2****2021**

With the announcement of the results of the Higher Education Institutions Exam (YKS), the preference period for university candidates has begun. Giving advice to the candidates for the period that will start on August 5 and end on August 20, **Abdulkadir Gayretli said**, "Especially make your first five choices in order to benefit from the preference scholarships."

"EVERY STUDENT CAN STUDY IN ANY DEPARTMENT"

Reminding that the number of candidates whose exams are valid according to the 2021 YKS results is 2 million 416 thousand 748, Istanbul Gelisim University (IGU) Chairman of the Board of Trustees Abdülkadir Gayretli stated the candidates should not take a gap year, thinking that they will not be able

to get into the department they want and added:

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**ARTMINI EXHIBITION OPENED IN QUEBEC, CANADA****AUGUST 6****2021**

Attended by Turkish painter Ahmet Özel, the 15th Artmini Exhibition has been opened in Quebec, Canada. The exhibition, opened at the Louise-Carrier Gallery on June 27, can be visited until September 5.

The 15th Artmini Exhibition, where 256 works of 135 artists from 21 countries came together, opened its doors to art lovers. Participating from Turkey to the exhibition opened in Quebec, Canada, Istanbul Gelisim University **Asst. Prof. Painter Ahmet Özel**, takes part with two of his works.

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# THINGS TO KNOW



## ABOUT NEW CORONAVIRUS



All necessary measures are taken for the **coronavirus** revealed in Turkey and the World at **Istanbul Gelisim University**. **Things to know about coronavirus are as follows:**

### What are the new coronavirus symptoms?

- The most common symptoms are **fever, cough and respiratory distress**.
- In severe cases, **pneumonia, severe respiratory failure, kidney failure and death** may occur
- Incubation period is between **2 and 14 days**.

### How is the virus transmitted?

- It can be transmitted by the contact of the droplets caused by **coughing and sneezing** with the contact of the **mouth, nose and eyes** of other individuals in certain environment and by touching the surfaces where the droplets adhere and taking hands **into the mouth, nose or eyes**.

### What to do to be protected from the virus?

- When **coughing or sneezing**, the mouth and nose should be covered with a **disposable tissue**, if there is no handkerchief, the mouth should be closed with the **upper sleeve or elbow**, not with the palms.
- **Handshaking and hugging** should be avoided.
- **Mouth, nose and eyes** should not be touched with dirty hands.
- Hands must be washed for **at least 20 seconds** in accordance with the **Handwashing Instructions** found in the toilets. In the absence of water and soap, **alcohol-containing hand antiseptics** should be used. **Cologne of 70-80 degrees** also serve as disinfectants.
- Offices and classrooms must be **ventilated hourly**.
- Places frequently used by many people such as common areas and door handles should be **disinfected every 2 hours**.
- Hands **must be washed** after using **public transportation**.
- Because the virus progresses faster in people with low immune system; **a balanced and healthy diet** is required. Foods **must be washed thoroughly** before consumption.

### What to do if there are symptoms?

- If you have come from countries with infections **in the past 14 days**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- If you are **coughing, have a fever and have difficulty at breathing**, apply to the **nearest healthcare facility** by wearing a **surgical mask**.
- **Always wear your mask** when you are in the same room with **a person who is recommended insulation** at home.





## PROTECTION AGAINST VIRUS IS IN OUR HANDS



THE MOUTH AND NOSE SHOULD BE CLOSED WITH PAPER TOWEL DURING COUGHING AND SNEEZE. IF YOU DO NOT HAVE ANY WIPE, THE INSIDE OF THE ELBOW SHOULD BE USED.



CLOSE CONTACT SHOULD AVOID LIKE HANDSHAKE AND HUGGING.



IT SHOULD BE STAYED AWAY FROM CROWDED ENVIRONMENTS.



DO NOT TOUCH THE MOUTH, NOSE AND EYES WITH DIRTY HANDS.

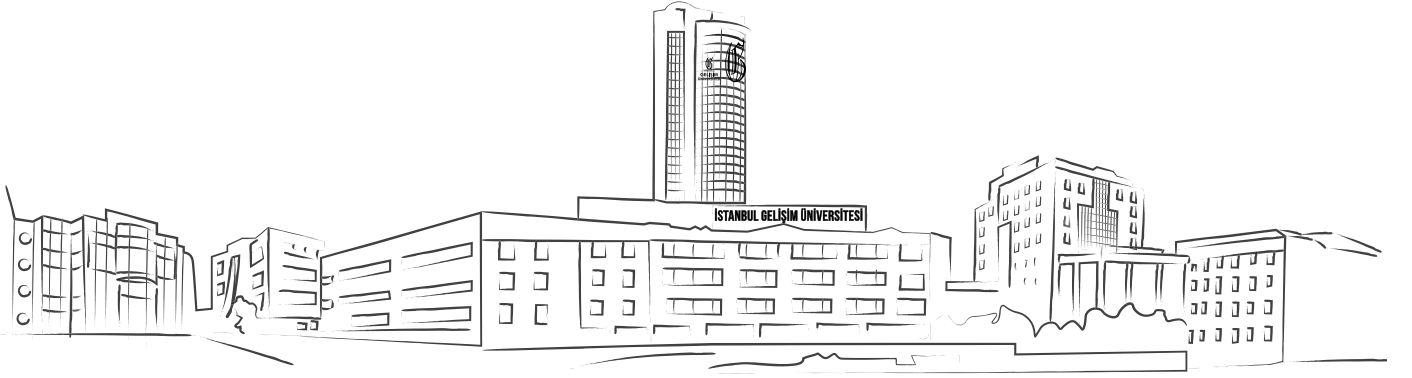


HANDS MUST BE WASHED WITH WATER AND NORMAL SOAP FOR AT LEAST 20 SECONDS.



ALCOHOL CONTENT HAND ANTISEPTICS SHOULD BE USED IN CASE OF THERE IS NO WATER AND SOAP.





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